



March 24th Program: Sierra Donor Services

Len opened the program and tour of the facility with an overview of story as a heart donor recipient. Len received his transplant 9 years ago. He was on the waiting list for 3 months, and 1 week after going through 18 months of testing and diagnosis to confirm he was a good candidate. Len's quote of the day – "You are your own Best Advocate when working with the medical system". Len will provide a full story of his journey at a meeting in the coming weeks.

Sierra Donor Services recently relocated to West Sacramento from Natomas and serve the immediate area as a non-profit, organ, eye and tissue transplant donor networking serving nearly four million people in Northern California and Nevada. They have another facility in Tennessee.

Deanna Santana started our Vocational visit with an overview of the program. National average for donations are – 89K tissue transplants; 48K sight related procedures, and in 2016 there were 33K organ transplants. If you want to be a donor contact them for assistance or go on-line to the national donor registry. Having it identified on your driver's license is a start. Identifying yourself on the registrar can help speed up the process. Time is vital with harvesting organs, bones, skin and nerves, for future transplants and / or research.

Past three years there has been 242K life transformations with 726 of them being lifesaving. One donor can save 8 lives.

Deanna's young son passed away in a vehicle accident a few years ago. They donated organs from his passing and impacted the lives of many people. Their family story was inspirational!!!!

1 – 3 will die while waiting for an organ donation.

After the introduction, and overview, of the facility and program. We went on a facility tour that covered the following areas: ocular observation/scope room; warehouse, morgue, back-lab, recovery suites, sterilization, and ocular room.

Lunch was provided by Savior Café—a new family owned local breakfast and lunch café located in the Lowe's shopping center.

Submitted by **Drew Gidlof**



Chips from the Buzzsaw

Weekly Newsletter of the
Rotary Club of West Sacramento
Volume 68, No 32
March 27, 2017

SPEAKER PROGRAM

March 31st
Len Strickland, Heart Transplant
Presentation

April 7th
Laine Himmelman, Habitat of
Greater Sacramento

April 14th
Tom Wallace, Construction of
the Hoover Dam

April 21st
Awards Program

April 28th
OPEN

May 5th
Azra Bajramovic, Refugee
Resettlement

May 12th
Club Vocational Visit



Club 558 of District 5180
PO Box 288
West Sacramento, CA
95691
Meets Every Friday at
Club Pheasant, 12:15 pm

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Len Strickland opens the program with his story of his heart transplant



Paul Kolarik all scrubbed up and ready to learn how to do transplants

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.

Visitors and Guests March 24th, 2017

Guests

Ellen Kolarik — Paul Kolarik's wife

March 24, 2017— Meeting Summary

Presiding: **President Bill**

Pledge: **Len Strickland**

Opening Blessing: **Tim Carnahan**

OPENING REMARKS FROM PRESIDENT WILD BILL

Greeting. Since we are here at Sierra Donor Services, I thought I would investigate Rotary and Donors Registry "Rotary for Life, Be a Gift to the World." Many clubs have registration websites or links to Registration Networks on the DMV. No ethic, economic, or political influence is considered in the process of transplant selection. It is programs like this that make me proud to be the 68th President of our Mighty Rotary Club of West Sacramento.



Heine has a look at a cornea

Leadership Team
President *Bill Bevier
Past President *Heine Roikjer
President-Elect *Jim Cahill
Treasurer *Chris Bradford
Secretary *Peter Anderson
Sergeant at Arms Wayne Enke
Membership *Tim Kwong
The Rotary Foundation *Barry Kalar
5 Avenues of Service
Community Service *Christian Montgomery Denise Seals
International Service *Paul Kolarik
Vocational Service *Drew Gidlof
Club Service *Shaun Morrow
Generational Services *Joanie Kapell *JoAnn Moffett
Program Speakers *Dan Ramos *Troy Bird
Interact Counselor *Charyl Silva
Bulletin Editor Amanda Bailey –Interim
Revenue Maker *Jaclyn Powell
Grant Administration Luan Christ
Sunshine Chair Kathleen O’Leary
Business Liaison *Dan Ramos
Publicity Chair *Carol Bogart
*Board Member

Birthdays & Anniversaries	
March Birthdays	
Carol Bogart	9th
JoAnn Moffett	18th
Peter Anderson	11th
Doug Dickson	14th
Denice Seals	21st
Drew Gidlof	27th
Mark Engstrom	28th
March Anniversaries	
Wayne and Dee Enke	27th — 46 yrs


Club Calendar
April Board of Directors Meeting—4/5/17, 5:30pm, Clark Pacific
Yolo County Food Bank Work Day—4/8
Vocation Service Awards—4/21/17
Rotary Work Day– 4/29, Westfield Park, 9:00am

NOTE TAKER SIGN-UPS
March 31st — Mike Campbell
April 7th — Chris Bradford
April 14th — Amanda Bailey
April 21st — Amanda Bailey
April 28th — Jeff Post
May 5th — OPEN

Meals on Wheels Program Expansion

The staff at the Senior’s Center could use some more help. With our new members I am hoping that we can get 8 more volunteers to run a route on either Tuesdays or Wednesdays. It requires about one to one and one half hours of your time once every four weeks, delivering meals to about 12 elderly or disabled West Sacramento residents. You would be working with a partner, so grab a Rotary friend and let me know that you are willing to both help out. When we get 8 volunteers I will meet with you and we will organize our new group. Thanks for considering this way to provide *Service Above Self*.

Submitted by Tom Wallace


**Notes Non Rotarian Volunteer Mondays: Route 1 3/27 Tim Carnahan and Luan Christ
Mondays: Route 5 4/3 Jeanne** and Mike** 4/10 Joanie Kapell and JoAnn Moffett 4/17 Tom Wallace 4/24 Dick Marshall and Troy Bird
Wednesdays: Route 5 4/5 Lyle Bassett and Bob Ceccato 4/12 Marty Garozzo 4/19 Gina Borges and Jim Cahill 4/26 Jeff Post and Kent Ramos
Thursdays: Route 1 3/30 Ken Ruzich 4/6 John Raney 4/13 Tom Wallace and Tissy Simmons 4/20 Steve Heringer and Robb White**
Thursdays: Route 2 4/6 Mike Campbell and Dan Ramos 4/13 Leonor Dicdican and Barry Kalar 4/20 Ron Morazzini and Len Thomas 4/27 Jon Pearman
Thursdays: Route 5 4/6 Shaun Morrow 4/27 Mark Engstrom

Your Newsletter Crew

Editor: **Amanda Bailey**

amanda.bevier.bailey@gmail.com

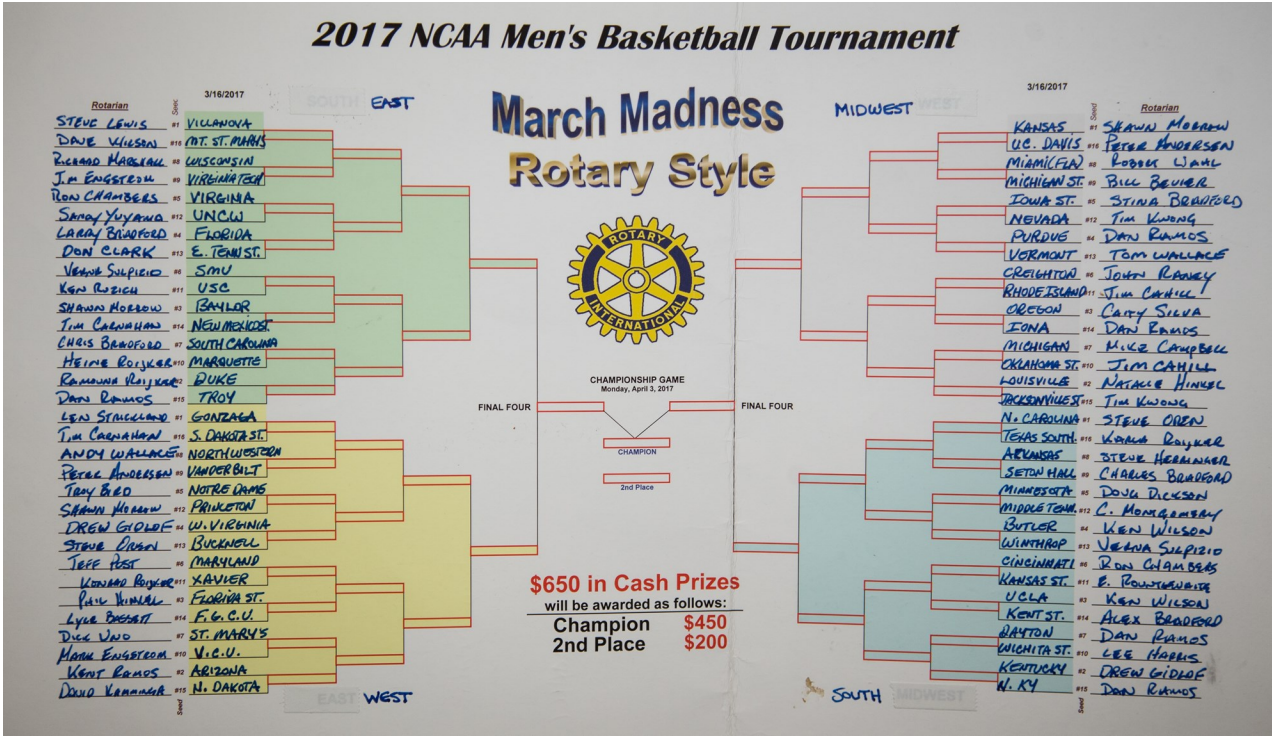
Photos By: **David Kamminga**

davidkamminga@frontiernet.net



\$\$\$ FUNdraising \$\$\$

Because our Mighty club knows how to have FUN while raising FUNds



Bill's Box

Greetings,

We had a wonderful meeting hosted by Sierra Donor Services at their West Sacramento location. One should learn something new everyday, and we did. From our younger members, Christian and Kevin, to our long time older member Dick, and all of us "in-betweeners," we learned how important this donor services organization is and the work it provides.

We started the meeting a little early with sandwiches, chips and beverages and then rushed through opening remarks and the usual template agenda. Len started the presentation with his personal story and turned the program over to Deanna who told her donor story and the story of other volunteers, both donors and receivers. For us attending the meeting, it was very special.

I want to stress the importance of the District Leadership Assembly this coming weekend, April 1st at Natomas High School. Future presidents, board members, committee chairs, anyone can benefit from attending. There are many programs offered, something for everyone. You can register on-line, flyers have been in the newsletters. The day starts with a little social/food and adjourns around 1:00pm.

And finally, to compensate for starting the meeting early, we adjourned later than usual. Thank you everyone.



Thank You and Rotary Up!, Bill

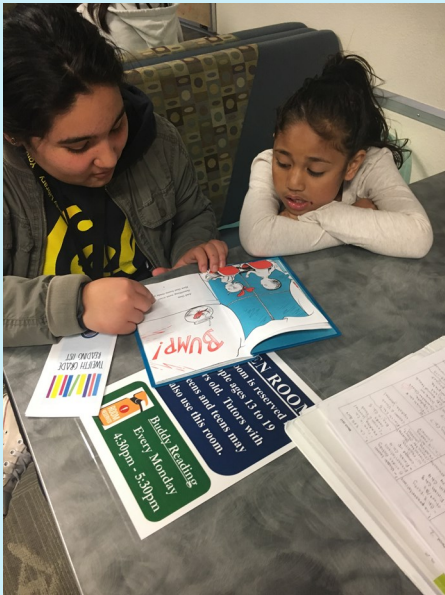


Future Rotarians



Chunks from the Buzzsaw

River City High School Interact Club News



Top Left: River City High School Interactor and their Reading Buddy for the week

Top Right and Right: West Sacramento Rotary sponsored women's self defense class for River City High School girls



The Club is Currently looking for someone to host an exchange student for June and July. Please contact Steve Oren if interested.



ROTARY YOUTH EXCHANGE (RYE) UPDATE

Helene Gilbert, Kennedy High School

Helena will be joining the club at our April 14th gathering for her Country Presentation.

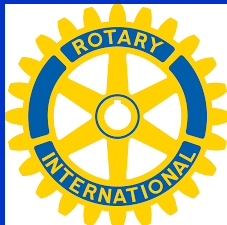
Bob Marley Would be Proud

What does Jamaica make you think of? Rum? Warm ocean breezes? Reggae? Snorkeling?

The Rotary Club of Lucca didn't want visitors to think of litter-filled beaches. So its members, local Rotaractors and other volunteers recently picked up over 3,000 plastic bottles plus plastic bags, glass bottles, and natural debris from their coastline as part of the Ocean Conservancy's International Coastal Cleanup Day.

"The Greatness of a man is not in how much wealth he acquires, but in his integrity and his ability to affect those around him positively." — Bob Marley

Submitted by **Paul Kolarik**



Rotarians assembled
to see the ocular
transplant
preparation video

The Mighty Rotary Club of West Sacramento in the News!

The club's story *A 'Nest' for Bikers & Hikers on the Clarksburg Trail* is published in:



The Rotary District 5180 Newsletter (March 2017 edition, pages 17-20)

West Sacramento's local online newspaper **WestSacWeb.com** (online, 2/25/17, now posting): <http://westsacweb.com/a-nest-for-bikers-and-hikers-on-the-clarksburg-trail-with-strong-support-p4958-146.htm>

And in the **West Sacramento News Ledger** (March 1, 2017 edition), West Sacramento's long-time local weekly.

Social Media: Pinterest, LinkedIn, Facebook, Twitter, Google+, Tumblr, StumbleUpon

Does this club know how to Rotary Up or what!?!?

Rotary Up!!!

YOUR LINKS TO ROTARY

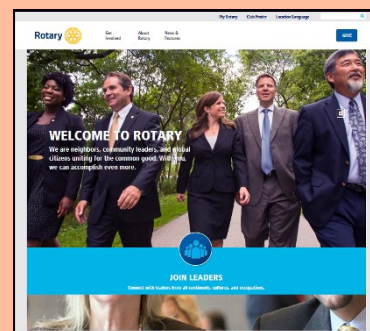


www.rotaryclubofwestsacramento.org



JUST SEARCH FOR:
"ROTARY CLUB OF WEST
SACRAMENTO"

<http://www.facebook.com/#!/pages/Rotary-Club-of-West-Sacramento/12087025467716>



www.rotary.org



Rotary District 5180
<http://www.clubrunner.ca/portal/home.aspx?did=5180>



Kevin Baldwin has a look into
the freezer



Rotarians at Work

The Mighty Rotary Club of West Sacramento

ROTARY AT WORK DAY

What: Community Tree Planting

Where: Westfield Park 508 Poplar Avenue, West Sacramento

When: Saturday, April 29th, 2017 9:00 am

Please feel free to invite others.

Please Sign Up with **Christian Montgomery** (650) 223-4210 or cmontgomery@mwattorneys.com

AND

Park Repair in Clarksburg

See you there!



YOLO COUNTY FOOD BANK WORK DAY AND TOUR

Saturday, April 8th, 2017

Space limited to 12. Contact **Shaun Morrow** for more information.



Christian Montgomery announces the signups for the Rotary Work Days in April

DISTRICT LEADERSHIP ASSEMBLY

Join District 5180 Leaders on APRIL 1, 2017

Natomas High School

3301 Fong Ranch Rd

Sacramento

7:45am-1pm

Keynote:

Speaker Sean Hogan (PDG District 5050, Canada)

Visiting Presenters

Wyn Spiller (Zone 25 RRF Coordinator)

Vicki Puliz (Zone 25 Public Image Coordinator)

Michael Juric (Zones 25/26 Education Chair)

Who Should Attend?

Presidents (plus PEs and PENs)

Foundation Chairs

Secretaries

Treasurers

Club Chairs:

(Service, Public Image, Membership, Youth, Vocational, International, Community Service)

Other Members

Register Now!!

<https://District5180TrainingAssembly.eventbrite.com>

Questions:

Contact Assembly Chair: Bruce Stimson at bstimson1@earthlink.net

RYE International Culinary Event

Sunday April 2, 2017

1:00-4:00

Fair Oaks Veterans Hall

8990 Kruitof Way

Fair Oaks, Ca 95628



\$25

Taste culinary treats from around the globe prepared by our inbound and outbound exchange students.

Great food, entertainment and raffle.

For tickets or more information please contact:

Maggie Hoy- maggiehoy@gmail.com (916)705-6404

Sherie Tobin- ryechair5180@gmail.com (916)616-6974

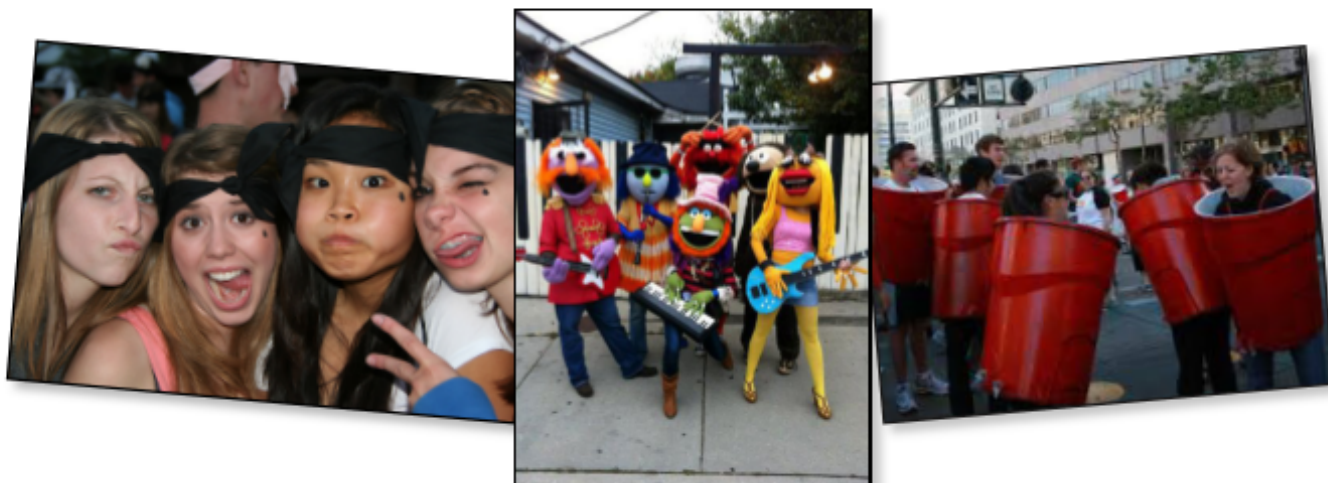
Proceeds help fund RYE student district conference costs.



Jim's Zany Photo Contest

Let's Share the Fun!

Take Pictures at Your Events and Share the Zaniest!



The Very Simple Guidelines

- Each Rotary Club may submit two pictures.
- The pictures must be taken at a Rotary Club meeting, project, or event.
- Something in the pictures should indicate they were taken at a Club event.
- A member of the Club must be in the pictures – though not necessarily identifiable.
- **The pictures should depict a fun time in progress.**
- The pictures are to be taken and submitted between July 1, 2016 and April 15, 2017. Be sure to indicate the Club's name and the activity taking place with each picture submitted. Please also provide a name and contact information for someone with knowledge of the picture in case a question arises.
- All pictures submitted to contest guru Jim Tracy – within the discretion of the contest guru – will be displayed at the 2017 District 5180 Conference.
- Pictures may not be altered with Photoshop or any other program.
- The winning photo will be determined by vote of Rotarian attendees at the 2017 District Conference in Santa Clara.
- The photographer of the winning picture and his/her club will be recognized at the 2017 District Conference, and the winning picture will be featured in the District 5180 Newsletter and on the District 5180 website.

That's all, folks. Submit your entries to Jim Tracy at james.tracy09@comcast.net by April 15, 2017.

ADDITIONAL ANNOUNCEMENTS

- The Club's Steak Dinner fundraiser event date and details are to be determined. More information to follow. Direct any questions, comments, or concerns to **President Bill**.
- The Rotary Foundation Centennial Dinner will be held May 20th and the Folsom Community Center. Dinner will be at 6:30. The program for the evening will be John Germ, the 2016-2017 Rotary International President.
- The Tijuana trip has been rescheduled for Memorial Day weekend.
- The District Leadership Assembly will be held April 1st at Natomas High School.
- Thank you to **Marty Garozzo, Siva, and John Raney** for holding scholarship interviews.

2016-2017
Rotary International President
John F. Germ



2016-2017
Rotary District 5180 Governor
Barbara J. Tracy



2016-2017
Rotary District 5180 Assistant Governor
Angela Spease



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate at McClellan Park	Walnut Grove	12:30pm	Tony's Place
	Sacramento	12:15pm	Red Lion Hotel—Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
Tues	Oroville Sunrise	7:00am	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:10pm	Peachtree Country Club
	Sacramento Breakfast	7:15am	Evan's Kitchen	Rancho Cordova	12:15pm	Rancho Cordova City Hall
	West Sacramento Centennial	7:00am	Collins Teen Center	Loomis Sunset	5:30pm	Refer to Home Page
Wed	Arden Arcade	Noon	Piatti	Carmichael	6:30pm	Ancil Hoffman Golf Course Clubhouse
	Folsom Lake—Folsom	Noon	Empire Ranch Golf Club	South Placer—Rocklin	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service District	Citrus Heights	12:15pm	Citrus Heights City Hall
	Laguna Sunrise	7:45am	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
	East Sacramento	Noon	Evan's Kitchen Banquet Room	Yuba City	12:15pm	Hillcrest Plaza Room
Thu	Elk Grove	12:15pm	Chason's Crab Stadium	Midtown Sacramento	5:30pm	Café Bernardo
	Historic Folsom	7:00am	Folsom Veterans Hall (VFW)	Lincoln	Noon	Lincoln Women's Club (2nd/4th)
	Roseville Sunrise	7:00am	Gingers Restaurant	Lincoln	6:00pm	Beermann's Restaurant (1st/3rd)
	South Yuba County	7:00am	Peach Tree Restaurant	South Sacramento	11:30am	Casa Garden Restaurant
	Pocket-Greenhaven	7:30am	Aviators, Executive Airport	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	North Sacramento	Noon	Lemmon Law Office (1st)	Roseville	Noon	Sierra View Country Club
	North Sacramento	5:30pm	Mama Kims (3rd)	Gridley	Noon	Parish Hall
Fri	Rocklin-Loomis Basin	7:00am	The Window Box Cafe	Rotart eClub	6:00pm	Next mtg February 9th
	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Denny's
	Point West	7:00am	Doubletree Hotel	Granite Bay	12:15pm	Cattlemens Steakhouse
	Twin Rivers	6:15pm	Aviator's Restaurant (1st and 3rd)			



Bike to

Scott's on the River

Sunday, May 21, 2017



5th
Annual



5th
Annual

Join fellow cyclists and Rotarians
for a fun day of riding, fellowship and food
while supporting the eradication of Polio.



Meet at 8:30 a.m. at the beginning of the
American River Bike Trail near Folsom Lake
(Beale's Point) for a 38 mile ride, or join us at
the Hazel Bridge, Goethe Park or Watt Avenue.
This is an unsupported ride. Please bring
your own water, food, gear and supplies.



Lunch will be served on the North Patio
Scott's on the River at the Westin Sacramento
4800 Riverside Blvd., Sacramento CA 95822

Cost: \$50.00 per person includes lunch and \$25 donation to Polio Plus.
This event is limited to the first 50 registrants.

Register on Eventbrite at: <https://www.eventbrite.com/e/bike-to-scotts-on-the-river-tickets-31106614722>

Questions to Sandi Sava at gorotary5180@gmail.com (916) 920-5983, or
Desiree Wilson at desiree918@comcast.net (916) 284-5867

Thursday, May 25th @ 7:05 PM

Sacramento River Cats vs. Memphis Redbirds!

ENJOY THESE EXCITING BENEFITS!

- \$3, \$5 or \$6 OF EVERY TICKET SOLD SUPPORTS "END POLIO NOW"! (Each individual Rotarian or Club purchasing tickets will receive the Paul Harris Fellow credit)
- SPONSOR DESERVING KIDS! (The River Cats will match all "Child Donation" tickets distributed by the District.
- A GREAT EXPERIENCE FOR THE WHOLE FAMILY! (Invite your family, friends, and co-workers – you still get the Paul Harris Fellow credit))
- SEAT SELECTION IS BASED ON BEST SEATS AVAILABLE AT TIME PAYMENT IS RECEIVED.

CONTACT INFORMATION

NAME: _____
RI MEMBER ID #: _____
ROTARY CLUB OF: _____
ADDRESS: _____
CITY/STATE/ZIP: _____
PHONE: (____) _____
E-MAIL: _____



TICKET OPTIONS

PRICE LOCATION (# OF SEATS x \$\$ = ____)

\$15 Child Donation _____ = \$ _____
(\$5 to END POLIO NOW)

\$15 Assembly _____ = \$ _____
(\$3 to END POLIO NOW)

\$22 Senate Seats _____ = \$ _____
(\$6 to END POLIO NOW)

TOTAL DUE = _____

Can't make it, but you still want to support "END POLIO NOW"?

Tickets purchased for "Rotary Night" can be exchanged at the Raley Field Box Office for any Sunday – Thursday regular season game, all season long!

To place your order, please return this order form with payment to your Club Organizer or Tom Cicchini.

For questions contact: Tom Cicchini
2200-B Douglas Blvd., #150
Roseville, CA 95661

Please make checks payable to "Rotary District 5180"
(916) 773.1938 or at tom.cicchini@raymondjames.com

Catch the feeling.

