



70 Years of Service Above Self



"Mighty is as Mighty Does"

Chips from the Buzzsaw

Weekly Newsletter of the
Rotary Club of West Sacramento

Volume 70, No 30

March 18, 2019

Dana Howard

California Conservation Corps

Dana Howard is the Director of Communications and Recruitment for the California Conservation Corps. Seeing first-hand how the CCC's mission transforms the lives of young men and women motivates him to spread the word about the tremendous impact the Corps makes daily. Dana oversees the CCC's communication, marketing and outreach and develops the heart touching stories of how the Corps is setting lives on a positive and fulfilling direction. He also leads CCC recruitment in developing a smooth enrollment process and targeting under-represented segments of California's young adults.

Prior to the CCC, Dana served the state of California as Deputy Director of Communications and Public Relations for Covered California. He helped lead and implement the communications strategy for Covered California's historic first open enrollment. Dana was the principal spokesperson for the exchange as well as innovating new communication platforms to keep service channels, consumers, and stakeholders informed about critical developments in obtaining health coverage.

Before joining Covered California, Dana was the Chief of Business Outreach and Industry Relations for California's Department of Toxic Substances Control. He also spent 18 years as an anchor and reporter at ABC10 in Sacramento, where he won multiple Emmy Awards for investigative journalism. Dana also worked for WWL-TV in New Orleans, KHSL in Chico, KPIX in San Francisco, KCBS-TV in Los Angeles, CNN, and ABC. During his more than three decades in broadcast news, Dana earned Emmy, Associated Press, RTNDA, Best of the West, and New Orleans Press Club awards. He is a graduate of the University of the Pacific and resides with his family in Elk Grove, CA.

BIRDISM

**If you judge
people, you have
no time to love
them.**



Club 558 of District 5180
PO Box 288
West Sacramento, CA
95691
Meets Every Friday at
Club Pheasant, 12:15

MEETING RECAP

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Dre Gidlof and his guest



Dick Marshall leads the club in song



March 15, 2019 Meeting Summary

Presiding: **President T-Bird Troy**

Pledge: **Barry Kalar**

Song: **Dick Marshall "Star Spangled Banner"**

Opening Blessing: **Lori Hawkins**

Foundation Drawing: **Barry Kalar**

Raffle: **Barry Kalar, 41,453, 5 of Clubs**

Visiting Rotarians and Guests March 15, 2019

Guest
Lynetta Moses — CCC
Dana Howard — CCC

Visiting Rotarians
Fred Terchert — Sacramento

Left: Security getting a call, Heine Roikjer and Marty Garozzo
Below: Girl Scout Cookie Delivery



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"Mighty is as Mighty Does"

CELEBRATIONS

Bell Ringers

Lori Hawkins rang the bell of her new grand baby.
Peter Anderson rang the bell for his birthday.
Denice Domke rang the bell for his birthday.
Drew Gidlof rang the bell for his birthday.
Mark Engstrom rang the bell for his birthday and for his new grand baby.
Michael Campbell rang the bell for is New Zealand

Kwong Gong

Jeff Post rang the Kwong Gong for his new grand baby.



Winner Winner Bellringer!



Barry Kalar tries for the Joker but wins a free lunch



Mark Engstrom negotiates his birthday

Service Above Self



“Mighty is as Mighty Does”

Right:
Marty
Garozzo
and Judy
Ratley



T-Bird Troy's

OPENING REMARKS FROM THE Meeting on 3/15/2019

1. **It is believed that a "true Scotsman" doesn't wear underwear under his kilt.** In 2016, a survey on YouGov put this belief to the test by asking what Scottish men today actually wear under their kilt. The results: 55% said they wear underwear, 38% said they wear nothing, and 7% said they wear shorts/other. So, don't feel kilty if you've ever gone commando.
2. **Research shows that men feel manlier when they're wearing a kilt.** According to Dr. Erwin Kompanje, there are psychological benefits of wearing a kilt. Studies show that men in kilts feel more confident and masculine because it attracts the opposite sex, which positively increases one's self awareness.
3. **It's kilt tradition to wear a dead animal head over your crotch.** Traditional kilt attire includes a sporran, which is a small pouch that's worn around the waist and rests in the center of the groin. One variation is a "full mask sporran" made from taxidermy animal heads, particularly badgers, foxes, and small woodland animals.
4. **March 17th is when Patrick died.** Saint Patrick is a saint of the Catholic Church, and his holy day is the day of his death, and subsequent entrance to heaven, rather than the day of his physical birth. After spending most of his adult life converting pagans of Ireland to Christianity, St. Patrick went to his reward on March 17th, 461 AD.
5. **St. Patrick wasn't Irish.** St. Patrick wasn't Irish, and he wasn't born in Ireland Patrick's parents were Roman citizens living in modern-day England, or more precisely in Scotland or Wales (scholars cannot agree on which). He was born in 385 AD. By that time, most Romans were Christians and the Christian religion was spreading rapidly across Europe.
6. **Legend says St. Patrick drove all the snakes from Ireland.** According to legend, St. Patrick drove all the snakes, or in some translations, "toads," out of Ireland. In reality, this probably did not occur, as there is no evidence that snakes have ever existed in Ireland, the climate being too cool for them to thrive. Despite that, scholars suggest that the term "snakes" may be figurative and refer to pagan religious beliefs and practices rather than reptiles or amphibians.
7. **Patrick's color is blue.** The original color associated with St. Patrick is blue, not green as commonly believed. In several artworks depicting the saint, he is shown wearing blue vestments. King Henry VIII used the Irish harp in gold on a blue flag to represent the country. Since that time, and possible before, blue has been a popular color to represent the country on flags, coats-of-arms, and even sports jerseys.



Save the Dates



Denise Seals, Quirina Orozco, Katie Villegas, Lori Hawkins, and Pedro Cisneros



Ken Rizuch and Lyle Bassett



Marty Garozzo and Jeff Post



Ron Chambers and Wayne Enke

Club Calendar

SPEAKER PROGRAM

March 22nd
Mick Martin
BGlues Harmonica player

March 29th
RCHS Speech Contest

April 5th
Rick Hill
Warden, Folsom Prison

April 12th
West Sacramento Sheriff John McGuiness

April 19th
Marisa Green
Yolo County Child Protective Services

April 26th
Stan Atkinson
TV Host and Newscaster

May 3rd
Vocational Service Day

May 10th
Attorney Lauren Jones
Wills and Trust

May 17th
Scott Moak
Former Sacramento Kings Vice President

May 24th
DARK — Memorial Day Weekend



March 2019

****Notes Non Rotarian Volunteer**

Mondays: Route 5

3/4 Paul Kolarik and John Hills
3/11 Dick Marshall and Troy Bird
3/18 Tim and Gloria** Carnahan

Wednesdays: Route 2

3/6 Lee Harris
3/13 Jeff Post and Nick Esquivel
3/20 John Raney and Elizabeth Munguia
3/27 Tim Kwong

Wednesdays: Route 5

3/6 Jeff Post and Kent Ramos
3/13 Lyle Bassett and Bob Ceccato
3/20 Marty Garozzo
3/27 Mark Roberts

Thursdays: Route 1

3/7 Steve and Donna** Heringer
3/14 Ken Ruzich
3/21 John Raney
3/28 Tom Wallace and Tissy Simmons

Thursdays: Route 2

3/7 Len Thomas and Amy Busch
3/14 Carol Bogart and Ken Wilson
3/21 Mike Campbell and Dan Ramos
3/28 Leonor Dicdican** and Barry Kalar

Thursdays: Route 5

3/7 Mark Engstrom
3/14 Kat Gallagher and Dave Santiago
3/21 Dusty Dumars and Tim Kuzelka**
3/28 Shaun Morrow



MEMBERSHIP SPOTLIGHT

Leadership Team	
President	Troy Bird
President-Elect/Secretary	Peter Anderson
Treasurer	Chris Bradford Dustin Dumars
Past President	Bill Bevier
Membership	Tim Kwong
Speaker Chair	Mike Campbell
Interact Advisor	Lee Harris
Youth Service	Joanie Kapell JoAnn Moffett
Club Service	Shaun Morrow
Community Service	Dan Ramos
International Service	Kumar Sivakumaran
Sgt. at Arms/Fine Master	Jeff Post
Song Master	Dick Marshall
Club Prayer	Tim Carnahan
Social Media/Webmaster	Jacklyn Powell Amy Busch
Bulletin Editor	Amanda Bailey
Rotary Youth Exchange	Steve Oren
Meals on Wheels	Tom Wallace
Sunshine Chair	Carol Bogart
Scholarships	Ken Wilson
Club Photographer	David Kamminga



Shaun Morrow and his badge



The Cookie Man



Security has arrived

70Years of Service Above Self



"Mighty is as Mighty Does"

Birthdays & Anniversaries	
March Birthdays	
David Santiago	5th
Carol Bogart	9th
JoAnn Moffett	9th
Peter Anderson	11th
Doug Dickson	14th
Denise Domke	21st
Drew Gidlof	27th
Mark Engstrom	28th
March Anniversaries	
Wayne and Dee Enke	27th, 48 years
Kat and Brian Gallagher	29th, 5 years



Dre Gidlof and Visitor Fred Tiechert



Seriously ill/hospitalized; badly hurt; having surgery; a loved one passes away — Members or close family—

Please contact **Sunshine Chair**
Carol Bogart, at
carol@bogartonline.com





West Sacramento Rotary Contact:
Paul Kolarik, pesko@sbcglobal.net
Tim Kuzelka, tck@bturnerlaw.com
Judith Ratley, Judith.ratley@gmail.com
Kumaraswamy Sivakumaran,
kskumaran2002@gmail.com

**DRINKING WATER FOR ESCUELA SANTA TERESA DE JESUS
NUEVA CAPITAL, TEGUCIGALPA, HONDURAS**

International Partners

West Sacramento Rotary Club, CA.
Vail Rotary Club, CO.

Host Club

Club Rotario Tegucigalpa Metropolitano, HN.

Problem:

- Approximately 1,000 to 1,200 school children in school without drinking water meeting standards
- The children are between the ages of four and seventeen with poor sanitation facilities
- They stay in school from 6:00 am to 6:00 pm to escape violence and engage in studies and activities

Solution:

- Replace existing storage tank of 600 gallons with a reinforced concrete tank of 30,000 gallons
- Include chlorination system and filtration, as appropriate, and rehabilitate sanitation facilities
- Estimated cost is about \$40,000



Washing cutlery



Drinking untreated water



Sanitation facilities in the school

APRIL 27, 2019

**TEXAS
HOLD-EM TO FEED-EM**



**Rise
AGAINST HUNGER**

**Rotary
District 5180**

FOOTHILL COMMUNITY CENTER
5510 DIABLO DRIVE, SACRAMENTO

Join us on April 27th, for our District wide fundraiser to raise funds for our food packing event to benefit Rise Against Hunger.

ADMISSION

Tournament Buy-In.....\$50
Poker Add-Ons.....\$50
Raffle Tickets.....\$20
Drink Tickets.....\$1
(Alcohol=4 Tickets/Water=1 Ticket)

BE A \$250 TABLE SPONSOR:

2 Admissions + \$1000 Extra Chips
Logo/Name or Ad on Event PowerPoint
Logo/Name displayed prominently
Logo/Name displayed via Social Media
Logo/Name or Ad in Event Program

TOURNAMENT ADMISSION GETS YOU: \$3000 Chips, Food and 10 Drink Tickets

FOR MORE INFORMATION PLEASE CONTACT RICH HALE
916-599-5457 OR HALE2@SUREWEST.NET
OR RANDY GREEN RGREEN@FOXHILLFINANCIAL.COM

Inspire. Connect. Act.

Rotary District 5180 Blood Drive Challenge

Jack Arney has a new challenge for us with BloodSource! For more than 60 years, Rotarians with families, friends and co-workers have teamed up to ensure a safe and plentiful blood supply for our communities. Our nonprofit organizations – working together – add up to a world of good.



Join your fellow Rotarians in changing lives!



Change lives!

Donate from **April 16, 2018 to April 15, 2019** and change lives in multiple ways. Your blood donation helps patients live and inspires others to do good. Make sure to mention your Rotary Club when you – or family, friends and co-workers – give a gift of life.

Inspire!

Donating blood exemplifies the Rotary motto of **Service Above Self** and with BloodSource, your donation goes further.

FOUR clubs will receive financial sponsorships (awarded at the 2019 District Conference) with one winner selected in each the following categories: highest percentage of club membership, and most points attained for a small, medium and large club. It's your choice to use the financial sponsorship for events, special projects or in ways your Rotary Club impacts communities.

Rewarding!

In addition to MyBloodSource Rewards redeemable online for various items, you'll also earn the following for your club:

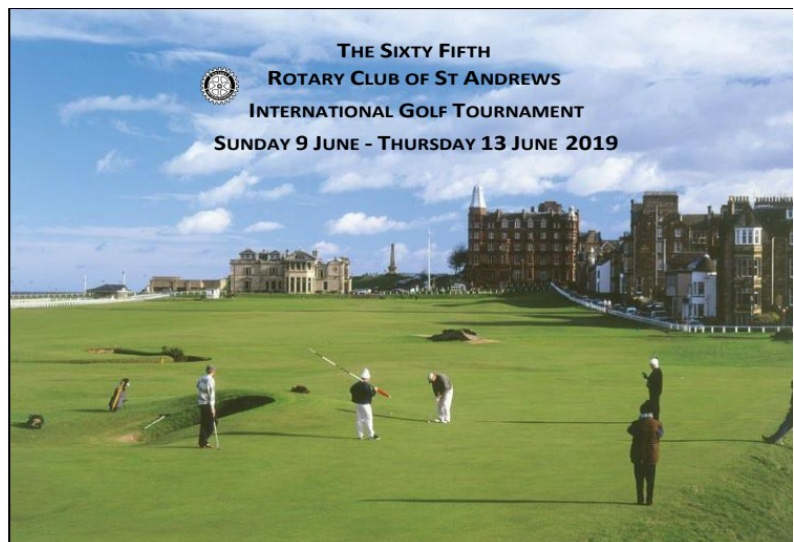
You give: Whole Blood	Automated Donation (platelets/plasma)
You receive: (1) Rotary Point	(2) Rotary Points




Schedule your donation at my.bloodsource.org or call 866.822.5663 and make it count by telling them it's for your Rotary Club!

Questions?

For Blood Drive Challenge Information or to schedule a speaker for your club program, contact: **Angelina Pilet** (Folsom Lake Rotary Club) at 916.453.3741 or email APilet@bloodsystems.org



Stay Connected to Rotary



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.

ADDITIONAL ANNOUNCEMENTS

Please see **Siva** or refer to his email for any information on the club's International Honduras Water Project.

As Siva pointed out, this is not just his project, but the entire club's project. All members should think about pledges as they are tax deductible. Contact Siva for more information. He has the forms.

WE HAVE REACHED OUR GOAL!!!!

Please see **Mike Campbell** and **Dan Ramos** for information on the Yolo County Food Bank.

See **Katie Villegas** for more information on the Yolo County Children's Alliance.

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"Mighty is as Mighty Does"

4 Way Test

Of the Things we Think, Say or Do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and better **FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?



ROTARY HISTORY

Rotary's Wheel Emblem

A wheel has been the symbol of Rotary since our earliest days. The first design was made by Chicago Rotarian Montague Bear, an engraver who drew a simple wagon wheel, with a few lines to show dust and motion. The wheel was said to illustrate "Civilization and Movement." Most of the early clubs had some form of wagon wheel on their publications and letterheads. Finally, in 1923, the present gear wheel, with 24 cogs and six spokes was adopted by the "Rotary International Association." A group of engineers advised that the geared wheel was mechanically unsound and would not work without a keyway in the center of the gear to attach it to a power shaft. So, in 1923 the keyway was added and the design which we now know was formally adopted as the official Rotary International emblem.

Stay Connected to Rotary



YOUR LINKS TO ROTARY

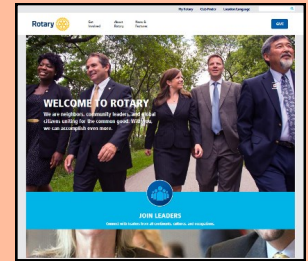


www.rotaryclubofwestsacramento.org



JUST SEARCH FOR:
"ROTARY CLUB OF WEST
SACRAMENTO"

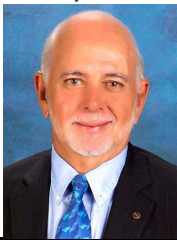
<http://www.facebook.com/#!/pages/Rotary-Club-of-West-Sacramento/12087025467716>



www.rotary.org

Rotary District 5180
<http://www.clubrunner.ca/portal/home.aspx?did=5180>

2018-2019
Rotary International President
Barry Rassin



2018-2019
Rotary District 5180 Governor
Jack Arney



2018-2019
Rotary District 5180 Assistant Governor
Megan Ham



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate at McClellan Park	Walnut Grove	12:30pm	Tony's Place
	Sacramento	12:15pm	Red Lion Hotel—Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
Tues	Oroville Sunrise	7:00am	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:10pm	Peachtree Country Club
	Sacramento Breakfast	7:15am	Evan's Kitchen	Rancho Cordova	12:15pm	Rancho Cordova City Hall
	West Sacramento Centennial	7:00am	Collins Teen Center	Loomis Sunset	5:30pm	Refer to Home Page
Wed	Arden Arcade	Noon	Piatti	Carmichael	6:30pm	Ancil Hoffman Golf Course Clubhouse
	Folsom Lake—Folsom	Noon	Empire Ranch Golf Club	South Placer—Rocklin	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service District	Citrus Heights	12:15pm	Citrus Heights City Hall
	Laguna Sunrise	7:45am	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
	East Sacramento	Noon	Evan's Kitchen Banquet Room	Yuba City	12:15pm	Hillcrest Plaza Room
Thu	Elk Grove	12:15pm	Chason's Crab Stadium	Midtown Sacramento	5:30pm	Café Bernardo
	Historic Folsom	7:00am	Folsom Veterans Hall (VFW)	Lincoln	Noon	Lincoln Women's Club (2nd/4th)
	Roseville Sunrise	7:00am	Gingers Restaurant	Lincoln	6:00pm	Beermann's Restaurant (1st/3rd)
	South Yuba County	7:00am	Peach Tree Restaurant	South Sacramento	11:30am	Casa Garden Restaurant
	Pocket-Greenhaven	7:30am	Aviators, Executive Airport	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	North Sacramento	Noon	Lemmon Law Office (1st)	Roseville	Noon	Sierra View Country Club
	North Sacramento	5:30pm	Mama Kims (3rd)	Gridley	Noon	Parish Hall
Fri	Rocklin-Loomis Basin	7:00am	The Window Box Cafe	Rotart eClub	6:00pm	Next mtg February 9th
	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Denny's
	Point West	7:00am	Doubletree Hotel	Granite Bay	12:15pm	Cattlemens Steakhouse
	Twin Rivers	6:15pm	Aviator's Restaurant (1st and 3rd)			