



Rotary Opens Opportunities



Musings from A Military Minister



The Mighty Rotary Club of West Sacramento met on March 5, 2021 and invited noted author, speaker, chaplain, ordained minister, and retired U.S. Army Colonel David Giammona to speak and provide some of his wisdom. A highly decorated military veteran and West Sacramento native (James Marshall HS Class of 1974), Col. Giammona gave a moving presentation with three key points to ponder. He his three points were succinctly put into three words: Foundational; Complacency; and Perseverance.

Foundational

"If you want to change the world, start by making your bed."

— Adm. William H McRaven.

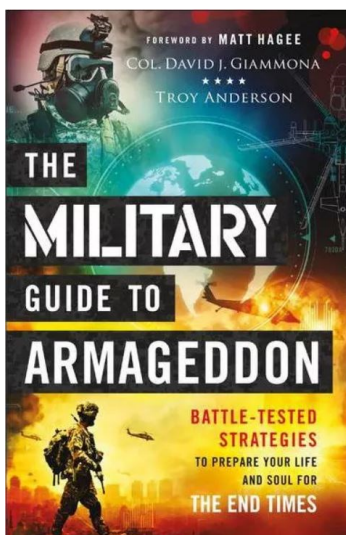
Col. Giammona used Admiral McRaven's famous quote as an example of how little things relate to big things. In other words: if we can't do the little things right, we can expect to do the big things right. Little things are the foundational things.

The Colonel shared that he learned about foundational principles he while in basic training. He shared that foundational principles can make or break our lives. He personally has been to places where he has not seen foundational values and expressed his gratitude for living in the United States.

Complacency

Complacency can kill. This is what Col. Giammona advised in his presentation. He related the story of his experience in Afghanistan, in the middle of a war zone, where a Commander in his unit wanted him to travel in a convoy. The soldiers in the convoy were not carrying weapons and had become complacent because of little activity. The soldiers had slowly put themselves in a very dangerous situation where they could get themselves killed.

Col. Giammona warned that we can get into a routine of complacency. If we do not stop and examine our lives every once in a while, complacency can lead to dangerous territory and unwanted results.



Chips from the Buzzsaw

Weekly Newsletter of
the Mighty

Rotary Club of West
Sacramento

Volume 72, No. 15

March 5, 2021



Rotary Opens Opportunities



Club 558 of District 5180
PO Box 288
West Sacramento, CA
95691
Meets Every Friday at
Club Pheasant, 12:15



Continued from page 1

Perseverance

With regard to perseverance, Col. Giammona advised us to turn towards each other, and towards God. He spoke about the time when he had to undergo a night training course in the Army and got to a point where he asked why he was even in the Army. He could have stopped at that point, but realized that God could give him the strength to go on. We can turn to God, our spouses, our friends, coworkers, and even fellow Rotary Club members to help us get through difficult times. We are built to do life together.

Col. Giammona retired in June 2018 after 32 years of military service in the Army. While in service, he was responsible for religious support for all 75 Army installations around the world. He is an ordained Assembly of God Minister who has a Master of Divinity from Golden Gate Baptist Seminary, a Master of Science in Counseling and Marriage and Family Therapy from Columbus State University, and a Master of Strategic Studies at the Army War College. Included in his impressive resume is: four years at the Pentagon; three tours of combat duty in Iraq, Afghanistan, and Saudi Arabia; and numerous awards including the Legion of Merit, Bronze Metal, and the Joint Service Commendation Service Metal.

He is also a noted author, writer, speaker, and recently published a book entitled The Military Guide to Armageddon: Battle – Tested Strategies to Prepare Your Life and Soul for the End Times. This book was cowritten with Troy Anderson and is sold everywhere.

After the floor was opened for questioning, President -Elect **David Kamminga** asked whether Col. Giammona believed that we are currently in the end of times since this has been said for the last 2000 years. Col. Giammona found this to be a great question and explained that the end times does not actually mean the destruction of the world. It means a change in leadership and that God is taking over where man has failed.

Continued at page 3

Kwong Gongers

Peter Anderson - Happy Birthday!

JoAnn Moffett - Happy Birthday!

Alex Hirsch - Happy Birthday! (Polio+)

Alex Hirsch - Congratulations on being appointed to the Planning Commission! (Foundation)

THANK YOU FOR YOUR CONTRIBUTIONS!!

MEETING RECAP

Inside this issue: CHIPS 72.15 03/05/21—		Visiting Rotarians and Guests	Meeting Summary
Program of the Week Musings from a Military Minister	1	Visiting Rotarians —— None were announced Guests —— Pastor Claude Perez and Col. David Giammona (Ret.) Guests of Dan Ramos	Presiding: John Raney
Meeting Recap Meeting Summary	3		Guest Speaker: Retired Army Colonel David Giammona, an internationally known author, speaker, and chaplain, spoke to the club about foundational principles, consistency, and perseverance. He also introduced his book, <u>The Military Guide to Armageddon: Battle – Tested Strategies to Prepare Your Life and Soul for the End Times</u> , and answered questions from members about apocalyptic scripture.
Save the Dates! Birthdays and Anniversaries	4		Announcements about club business were made and several members rang the Kwong Gong, including newest member Alex Hirsch, twice! (TY!)
Membership Spotlight Rotarians at Work	5		
The President’s Page	6		
Stay Connected to Rotary Object of Rotary 4 Way test Sunshine Chair Contact District 5180 Leadership	7-8		

Continued from page 2

Dan Ramos asked Col. Giammona how he liked retirement life and what he has been doing since retiring from the military. The Colonel responded by saying that he doesn't consider himself retired. He has simply received new marching orders, to become an author and speaker. Because of the pandemic, he has been able to appear all over the world from the comfort of his own home.

Patti Palamidessi and the Colonel reminisced about their years at James Marshall High School. Patty also asked where his book could be purchased and where he could be heard on the radio. She immediately purchased the Colonel's book, as did **David Kamminga**. (See page 1 for the book cover.)

Kumaraswamy Sivakumaran rounded out the questions by asking the Colonel whether we should be trying to change others or ourselves first. Col. Giammona responded that he cannot change anybody and that he's not out to change anyone. He agreed that we should absolutely change ourselves. As a minister and counselor himself, he recognizes his ability to help another person change into who they want to be, whether that be in a relationship with somebody else or with themselves. He ended his response by saying "I can't change anybody, but I know someone who can."

The Colonel and **Dan Ramos** will be meeting at the Pheasant Club at some point in April in case anybody is interested in having him autograph their book.

Club News and Updates

Before the presentation, **JoAnn Moffett** announced that March 19 is the date for the River City High School Speech Contest and that she is looking for help in the form of timers and judges.

Kumaraswamy Sivakumaran reported a small delay in the Annual Report for the Teguchigalpa Water Project in that it the submitted project still needed to be reviewed and approved by both sponsoring clubs. There is a status report that needs to be reviewed by both him and President Rainy, as well as their counterparts at the Honduras Rotary Club. After this review, the status report will be reviewed by the Rotary Foundation.

Continued at page 5

Save the Dates

SPEAKER PROGRAM

Stay Tuned!



March/April 2021

****Notes Non Rotarian Volunteer**

Mondays: Route 7

3/15	Joanie Kapell and JoAnn Moffett
3/22	Tom Wallace
3/29	Paul Kolarik and John Hills
4/5	Tom Wallace
4/12	Joanie Kapell and JoAnn Moffett

Wednesdays: Route 1

Jeff Post and Kent Ramos will deliver this route each week until further notice.

Wednesdays: Route 5

3/17	Dan Ramos and Mike Campbell
3/24	Dustin Dumars and Pedro Cisneros
3/31	Steve and Donna Heringer
4/7	Shaun Morrow
4/14	Dan Ramos and Mike Campbell

YFB/YCCA Food Distributions

Our Club continues to volunteer in food distribution efforts for Yolo Food Bank and Yolo County Children's Alliance on Alternating Weeks at Alyce Norman Education Center, 1200 Anna Street and at West Sacramento City Hall.

Please see Club Service Chair Shaun Morrow for more information and to volunteer.

Birthdays & Anniversaries

March Birthdays

Katie Villegas	Mar 02
Alex Hirsch	Mar 02
David Santiago	Mar 05
Carol Bogart	Mar 09
JoAnn Moffett	Mar 09
Peter Anderson	Mar 11
Denice Domke	Mar 21
Drew Gidlof	Mar 27
Mark Engstrom	Mar 28

March Anniversaries

Wayne and Dee Enke	27th, 50 years
Kat and Brian Gallagher	29th, 7 years

Birthdays & Anniversaries

April Birthdays

Matt Morrow	Apr 05
Clark Cameron	Apr 23
Barry Kalar	Apr 25
Judith Ratley	Apr 27

April Anniversaries

Christopher and Stina Bradford	11th, 23 years
Tom and Lanell Wallace	16th, 61 years
Alicia and Andrew Mittleman	26th, 13 years
Danny and Julie Ramos	29th, 37 years

Clarksburg Schoolhouse Cleanup!

Please join Steve Heringer and Mike Campbell on March 20, 2021 9 to noon to help clean up the Clarksburg Schoolhouse. Light duty work and food will be provided.

Please see Steve or Mike for more information!

Asparagus Picking, Anyone?

It's asparagus picking season! The Collins Farm in Davis, one of the supporters and food contributors to Yolo Food Bank, needs asparagus pickers! Approximately 14 volunteers are needed on Mondays, Wednesdays and Fridays.

Please see Shaun Morrow for more information!

MEMBERSHIP SPOTLIGHT

Leadership Team

President John Raney
President-Elect David Kamminga
Past President Peter Anderson
Secretary Amy Busch
Treasurer Dustin Dumars
Club Service Shaun Morrow
Community Service Mike Campbell Quirina Orozco
International Service Kumaraswamy Sivakumaran
Vocational Service Drew Gidlof David Santiago
Membership Denice Domke
Meals on Wheels Tom Wallace
RI Foundation Barry Kalar
WSR Foundation Jim Engstrom
Speaker Chairs Dan Ramos Troy Bird
Youth Service Joanie Kapell JoAnn Moffett
Scholarships Ken Wilson
Meals on Wheels Tom Wallace
Interact Advisor Kat Gallagher

ARE YOU INTERESTED IN SPONSORING A NEW MEMBER?

KNOW ANYONE INTERESTED IN BECOMING A MEMBER?

Check out the New Member Process.....(a little refresher)

1. Attend the required 3 Rotary weekly meetings as a guest of your sponsor, who is an active Rotary Club of West Sacramento member.
2. Fill out the application to become a member and submit it to the Board of Directors for approval.
3. Once approved, you will be published in the weekly *Chips from the Buzzsaw*, for three weeks, giving members time to submit concerns, questions, and comments to the Board.
4. Once you are inducted as a new member, you will receive your red badge (provisional member), and fulfill the requirements to exchange it for a blue badge (permanent, active member).

Questions? Contact Denice Domke, Membership Chair or John Raney, President

Leadership Team

Song Master Dick Marshall
Fine Master Tim Kwong
Club Photographer David Kamminga
Sergeant-at-Arms Steve Oren
Webmaster Peter Anderson
Sunshine Chair Carol Bogart
Bulletin Editor Kat Gallagher

Continued from page 3

Shaun Morrow reported about the club's continued participation with YCCAs food distribution which takes place approximately every two weeks. Shaun also mentioned that the Collins Farm in Davis has its asparagus season and is looking for 14 people to help harvest asparagus on Mondays Wednesdays and Fridays. Collins Farm contributes produce to YCCA's food distribution program.

Steve Heringer gave an update that the Clarksburg Schoolhouse cleanup is proceeding on **Saturday, March 20** with a light duty cleanup and that food will be provided. The event will take place between nine and 11:30 AM.

The next Rotary club meeting will take place on March 19, 2021, with the Speech Writing Contest.

The President's Page

Raney's Remarks



You Got Me Singing the Blues

By Guy Mitchell

Well, I never felt more like singin' the blues
'Cause I never thought that I'd ever lose
Your love dear, why'd you do me this way?
Well, I never felt more like cryin' all night
'Cause everythin's wrong, and nothin' ain't right
Without you, you got me singin' the blues.

The moon and stars no longer shine
The dream is gone I thought was mine
There's nothin' left for me to do
But cry-why-why-why over you (cry over you)
Well, I never felt more like runnin' away
But why should I go 'cause I couldn't stay
Without you, you got me singin' the blues.

Well, I never felt more like singin' the blues
'Cause I never thought that I'd ever lose
Your love dear, why'd you do me this way?
Well, I never felt more like cryin' all night
'Cause everythin's wrong, and nothin' ain't right
Without you, you got me singin' the blues.

Oh, the moon and stars no longer shine
The dream is gone I thought was mine
There's nothin' left for me to do
But cry-why-why-why over you (cry over you)
Well, I never felt more like runnin' away
But why should I go 'cause I couldn't stay
Without you, you got me singin' the blues

ADDITIONAL ANNOUNCEMENTS

- ◆ Please remember to mute your microphones when you are not using them during Zoom meetings. Please also remember to unmute when you talk.
- ◆ Zoom meetings are going to be recorded so your new Bulletin Editor doesn't have to worry about typing so fast.
- ◆ Please don't hesitate to send additional announcements to Kat Gallagher via e-mail: kat@gilaw.org.

Stay Connected to Rotary



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.

Rotary Opens Opprtunities



The 4 Way Test

Of the Things we Think, Say or Do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and better **FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Rotary





Seriously ill/hospitalized;
badly hurt; having surgery; a
loved one passes away —
Members or close family—

Please contact **Little Miss
Sunshine Chair, Carol
Bogart, at**
carol@bogartonline.com



New QR Code! \$\$\$\$\$\$

Use this QR Code to send money to
Rotary! See Treasurer Dustin
Dumars for more info!

Time To Visit Club Runner and Update Your Information?

1. Go to <http://portal.clubrunner.ca/7521>
2. Click **MEMBER LOGIN** (upper right corner)
3. If you forgot your password, or have never logged in, click “New and existing users: retrieve login and/or reset password” on the bottom of the screen. You will receive an e-mail with instructions to reset your login.
4. Once logged in, click **MEMBER AREA** (top left corner).
5. Click **EDIT MY PROFILE** (center of screen)
6. Update your information (including birthdate and anniversary)

Stay Connected to Rotary



YOUR LINKS TO ROTARY

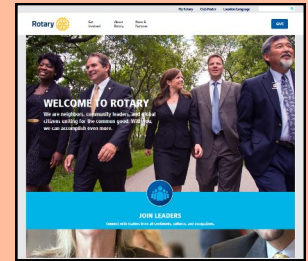


www.rotaryclubofwestsacramento.org



JUST SEARCH FOR:
"ROTARY CLUB OF WEST
SACRAMENTO"

<http://www.facebook.com/#!/pages/Rotary-Club-of-West-Sacramento/12087025467716>



www.rotary.org

Rotary District 5180
<http://www.clubrunner.ca/portal/home.aspx?did=5180>

2020-2021
Rotary International President
Holger Knaack



2020-2021
Rotary District 5180 Governor
Brent Hastey



2020-2021
Rotary District 5180 Assistant Governor
Megan Ham



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate at McClellan Park	Walnut Grove	12:30pm	Tony's Place
	Sacramento	12:15pm	Red Lion Hotel—Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
Tues	Oroville Sunrise	7:00am	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:10pm	Peachtree Country Club
	West Sacramento Centennial	7:00am	Collins Teen Center	Loomis Sunset	5:30pm	Refer to Home Page
Wed	Arden Arcade	Noon	Piatti	Carmichael	6:30pm	Ancil Hoffman Golf Course Clubhouse
	Folsom Lake—Folsom	Noon	Empire Ranch Golf Club	South Placer—Rocklin	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service District	Citrus Heights	12:15pm	Citrus Heights City Hall
	Laguna Sunrise	7:45am	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
	East Sacramento	Noon	Evan's Kitchen Banquet Room	Yuba City	12:15pm	Hillcrest Plaza Room
Thu	Elk Grove	12:15pm	Chason's Crab Stadium	Midtown Sacramento	5:30pm	Café Bernardo
	Historic Folsom	7:00am	Folsom Veterans Hall (VFW)	Lincoln	Noon	Lincoln Women's Club (2nd/4th)
	Roseville Sunrise	7:00am	Gingers Restaurant	Lincoln	6:00pm	Beermann's Restaurant (1st/3rd)
	South Yuba County	7:00am	Peach Tree Restaurant	South Sacramento	11:30am	Casa Garden Restaurant
	Pocket-Greenhaven	7:30am	Aviators, Executive Airport	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	North Sacramento	Noon	Lemmon Law Office (1st)	Roseville	Noon	Sierra View Country Club
	North Sacramento	5:30pm	Mama Kims (3rd)	Gridley	Noon	Parish Hall
Fri	Rocklin-Loomis Basin	7:00am	The Window Box Cafe	Rotart eClub	6:00pm	Next mtg February 9th
	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Denny's
	Point West	7:00am	Doubletree Hotel	Granite Bay	12:15pm	Cattlemens Steakhouse
	Twin Rivers	6:15pm	Aviator's Restaurant (1st and 3rd)			