



Rotary Happens



Making Dreams Real



Chips from the Buzzsaw

Weekly Newsletter of the
Rotary Club of West Sacramento

Volume 71, No 2

July 19, 2019

A Star is *Re*-Born!

Bethany Knudsen, Development Officer at Saint John's Program for Real Change, was our speaker on Friday and she brought with her the "Star of the Show", **Nizzie**, a single mother whose life has been dramatically changed by the good works at St. John's. St. John's Program for Real Change provides more than shelter and food. They provide the ability to rise above devastating, negative elements and achieve job-readiness and self-sustainability. Entry into the program is limited and each step is extremely rigorous. But, those who see it through, end up with rewarding, happy, and productive lives – for themselves, and for their children. Nizzie's testimony to that fact was powerful and moving to say the least. St. John's is currently serving 270 women and children daily with a waitlist of over 250 more in desperate need of services.



National Daiquiri Day came and went without so much as a squeeze of lime as **Peter Anderson** navigated his way through his second meeting as President of the Mighty Rotary Club of West Sacramento. Past President **Dick "Torme" Marshall** was back and never sounded better as he led us in America The Beautiful, which it is.

After 71 years of Service Above Self, we got this!



MEMBERSHIP DUES ARE DUE!

Membership dues for the
Mighty Rotary Club of
West Sacramento are
\$250. Please pay this by

August 1st.

If you have any questions
or concerns, contact
Club Treasurer **Dustin
Dumars** or President
Peter.



Club 558 of District 5180
PO Box 288
West Sacramento, CA
95691
Meets Every Friday at
Club Pheasant, 12:15

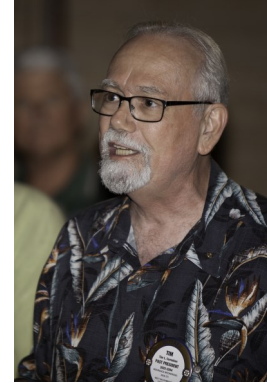
What do we really know about ...

Kat Gallagher

An investigative report from CHIPS club reporter, Tim Carnahan

So we already knew that Kat Gallagher is an attorney at Gallagher Jones LLP, but we have recently determined that she is the same Gallagher as the named partner in the firm. But knowing that is not enough to get a grip on what really makes her tick.

Consider that even her sponsor, Amy Busch, probably did not know before inviting her to *join* our club in November 2017 that Kat can solve a 3x3 Rubik's Cube. And that's just the beginning of insights and talents that CHIPS has uncovered.



Kat was born in the Philippines and moved to Southern California at age 13, but since 2014 Kat has been married to a man with the same last name, Brian Gallagher! When she joined our club she also neglected to reveal that she is left handed (something that does not deter her from playing mostly pop songs with a right-handed steel string guitar, although not upside down like Jimi Hendrix.) Nor did we know that in high school she was an accomplished dancer (ballet & contemporary). Interestingly, Kat is able to write backwards, just like her idol, Leonardo DaVinci, which just makes you wonder

what other secrets she holds.

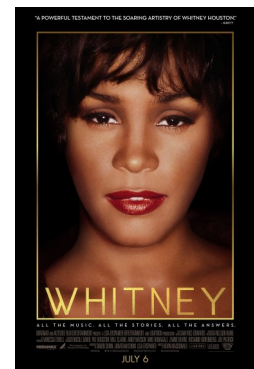
Of course we know that Kat is now a co-chair (along with Lee Harris) of our Interact program, and she has admitted that Rotary's Youth Services is the area wherein she is most passionate.

Here are some of the questions CHIPS posed to Kat after Friday's lunch meeting, along with her rather cautious answers:

What is your favorite inspirational song? "Whitney Houston's 'Greatest Love of All'. It gives me chills just thinking about it."

What sporting activities do you most enjoy? "Skiing and Golf"

So there you have it! We get the feeling we'll be hearing a lot more from Kat in the years to come and we are fortunate to have *someone* in the club that can solve Rubik's Cube, perhaps even while dancing.



MEETING RECAP

Inside this issue:

CHIPS 71.2 7/19/2019—

Program of the Week	1-2
A Star is Re-Born & Kat Gallagher	
Meeting Recap	3
Meeting Summary	
Save the Dates!	5
Meals on Wheels Schedule	
Upcoming Speaker Programs	
Membership Spotlight	6
Birthdays and Anniversaries	
Sunshine Chair Contact	
Stay Connected to Rotary	8-9
Object of Rotary	
4 Way test	
West Sac Rotary in the News	
Additional Announcements	
Rotary History	
District 5180 Leadership	
Other District Club Meeting Information	



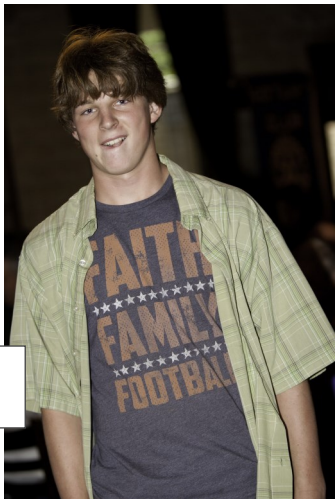
Amy Busch wins a free lunch



International Service Chair
Siva Sivakumaran



Past President Ed
Rounthwaite



Well said young man...



President Peter, 1st Lady
Linda & Jean Sawitzky

Meeting Summary

Presiding: **Peter Anderson**
Pledge: **Bill Bevier**
Opening Blessing: **Tim Carnahan**
Foundation Drawing: **Bill Bevier**
Raffle: **Amy Busch**

Visiting Rotarians and Guests

Visiting Rotarians

Babs Sandeen - Centennial
Nancy Kirchhoff - Clarksburg

Guests

Linda Anderson - First Lady
Jean Sawitzky - Peter Anderson
Caleb McElfish - Steve Heringer
Kalia Quenga - Interact
Aubrey Winger - Interact



Steve Heringer and Caleb
McElfish

YOLO COUNTY CHILDREN'S ALLIANCE PRESENTS:

SCHOOL SUPPLY DRIVE

Starting July 22

Where:

**Sail Inn Grotto and Bar
West Sacramento**

**Sunday July 28th, 10am-2pm stop by and
meet us! We'll be there accepting supplies!**

What is Needed?

A: All Grades HS: High School/Middle School K-6: Elementary School

- Erasers-A
- Tab Dividers-A
- 2 pocket folders (no brads/metal prongs in the middle)-A
- 12 pack Crayons-K-6
- Composition Notebooks Wide Ruled-K-6
- Ruler-A
- Highlighters-HS
- Index Cards Lined-K-6
- College ruled spiral Notebook-A
- Scientific/Graphing Calculator-HS
- Pencil Pouch-A
- Protractor-HS
- Compass-HS
- Mechanical Pencils or #2 Pencils-A
- Pencil Sharpener-A
- 1-inch Binder-A
- Lined paper college Ruled-A



Save the Dates



Kat with Interact President Kalia Quenga & Vice President Aubrey Winger

From The Desk of Chairman MOW

Our Meals on Wheels program needs two more volunteers to join the 36 Rotarians from our club who are presently delivering. You will work with a partner who is experienced in delivering a specific route of approximately 12 meals once every four weeks. Usually, the deliveries take less than one hour. If you are willing to join our dedicated crew, please contact me, Tom Wallace, at tswhm@calbroadband.net, or by telephone, (916) 744-1125.



Tom's Corner

There he is...



SPEAKER PROGRAM

July 26th
Melissa Washington with the Women Veterans Alliance



July 2019
**Notes Non Rotarian Volunteer

Mondays: Route 5
7/1 Paul Kolarik and John Hills
7/8 Dick Marshall and Troy Bird
7/15 Tim and Gloria** Carnahan
7/22 Joanie Kappell and JoAnn Moffett
7/29 Paul Kolarik and John Hills

Tuesdays: Route 8
7/2 Jeff Post and Kent Ramos
7/9 Barry Kalar and Tim Kuzelka
7/16 Tom Wallace and Steve Heringer
7/23 Shaun Morrow and Pedro Cisneros
7/30 Jeff Post and Kent Ramos

Wednesdays: Route 2
7/3 Jeff Post and Nick Esquivel
7/10 John Raney and Elizabeth Munguia
7/17 Tim Kwong
7/24 Lee Harris
7/31 Jeff Post and Nick Esquivel

Wednesdays: Route 5
7/3 Lyle Bassett and Bob Ceccato
7/10 Marty Garozzo
7/17 Mark Roberts
7/24 Jeff Post and Kent Ramos
7/31 Lyle Bassett and Bob Ceccato

Thursdays: Route 1
7/4 Independence Day — NO DELIVERY
7/11 Ken Ruzich
7/18 John Raney
7/25 Tom Wallace and Tissy Simmons

Thursdays: Route 2
7/4 Independence Day — NO DELIVERY
7/11 Carol Bogart and Ken Wilson
7/18 Mike Campbell and Dan Ramos
7/25 Leonor Dicdican** and Barry Kalar

Thursdays: Route 5
7/4 Independence Day — NO DELIVERY
7/11 David Santiago and Kat Gallagher
7/18 Dustin Dumars and Tim Kuzelka
7/25 Shaun Morrow

MEMBERSHIP SPOTLIGHT

Leadership Team	
President	Peter Anderson
President-Elect	John Raney
Past President	Troy Bird
Secretary	Amy Busch
Treasurer	Dustin Dumars
Club Service	Shaun Morrow Chris Bradford
Community Service	Mike Campbell Quirina Orozco
International Service	Siva Sivakumaran
Vocational Service	Drew Gidlof David Santiago
Membership	Ed Rounthwaite
Membership Development	Denice Domke
Meals on Wheels	Tom Wallace
RI Foundation	Barry Kalar
WSR Foundation	Jim Engstrom
Speaker Chairs	Dan Ramos Troy Bird
Youth Service	Joanie Kapell JoAnn Moffett
Scholarships	Ken Wilson
Rotary Youth Exchange	Steve Oren



Shaun Morrow says, “SIGN UP TO HELP IN THE BEER BOOTH!”



Our very own power-couple, Marty Swingle and Babs Sandeen

One of the Mighty ones, Past President Mark Engstrom



Pedro “You Talkin’ To Me” Cisneros

Birthdays & Anniversaries	
July Birthdays	
Kevin Baldwin	8th
Troy Bird	17th
David Kamminga	17th
July Anniversaries	
Mr. and Mrs. Joe Villanueva	2nd, 17 years

Leadership Team	
Club Chaplain	Tim Carnahan
Interact Advisors	Lee Harris Kat Gallagher
Song Master	Dick Marshall
Fine Master	Tim Kwong
Club Photographer	David Kamminga
Sergeant-at-Arms	Steve Oren
Social Media/Webmaster	Jacklyn Powell Amy Busch
Sunshine Chair	Carol Bogart
Bulletin Editor	Andy Wallace



Seriously ill/hospitalized; badly hurt; having surgery; a loved one passes away — Members or close family—

Please contact **Little Miss Sunshine Chair, Carol Bogart**, at carol@bogartonline.com

P.E.O. Chapter UJ

Invites you to join us for a

Wine Tasting and Art Show Grand Island Vineyards

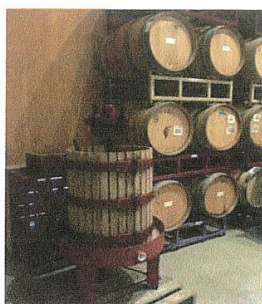
12484 Highway 160, Walnut Grove, CA. 95690

August 10, 2019

1 PM to 3 PM

Donation: \$20

(Donations support P.E.O. Scholarships)



Please RSVP by **August 6, 2019**



Make checks payable to "P.E.O. Chapter UJ".

Send to: Cynthia Salman, 14535 Sutter Island Road, Courtland, CA. 95615

Please indicate on your check how many people in your group.

Special Thanks to The Sisters of Chapter UJ for the
loan of their art.

Stay Connected to Rotary



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.

ADDITIONAL ANNOUNCEMENTS

———From District Governor Ray Ward———

In an effort to show how creative and fun our clubs can be, your District 5180 marketing Team is challenging you to create your own Lip Sync Videos and to submit them to the District to be shared with the entire Rotary community! Please note that we are not looking for professional production values or special effects! Our District video (see YouTube link below) was shot on a cell phone and edited with a \$30 software package. Our goal is to have every club participate, have fun, and celebrate what makes them special with a little music.

- Rules:
- Have Your Club Create a Concept for a Lip Sync Video - Something Fun
 - Pick Any Song(s) You Want (You Do Not Have to Use 3 Little Birds!)
 - Video Your Version
 - Post it on your Website and/or your Facebook page
 - Let Marketing Chair, Bill Bowen, know that your video has been posted.
 - Videos must be submitted to Bill by 10/01/2019 to be judged.
 - Videos will be judged by Small, Medium or Large club size.
 - Winners will be announced at the October 2019 "Escape to Rotaryville" Conference in Reno.

<https://youtu.be/ljeuqGWSh0c>

70 Years of Service Above Self



"Mighty is as Mighty Does"

The 4 Way Test

- Of the Things we Think, Say or Do:
1. Is it the **TRUTH**?
 2. Is it **FAIR** to all concerned?
 3. Will it build **GOODWILL** and better **FRIENDSHIPS**?
 4. Will it be **BENEFICIAL** to all concerned?

Time To Visit Club Runner and Update Your Information

1. Go to <http://portal.clubrunner.ca/7521>
2. Click **MEBER LOGIN** (upper right corner)
3. If you forgot your password, or have never logged in, click "New and existing users: retrieve login and/or reset password" on the bottom of the screen. You will receive an e-mail with instructions to reset your login.
4. Once logged in, click **MEMBER AREA** (top left corner).
5. Click **EDIT MY PROFILE** (center of screen)



Stay Connected to Rotary



YOUR LINKS TO ROTARY

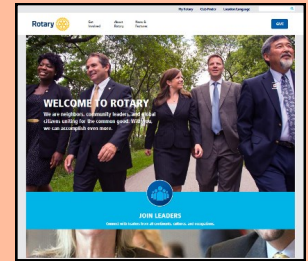


www.rotaryclubofwestsacramento.org



JUST SEARCH FOR:
"ROTARY CLUB OF WEST
SACRAMENTO"

<http://www.facebook.com/#!/pages/Rotary-Club-of-West-Sacramento/12087025467716>



www.rotary.org

Rotary District 5180
<http://www.clubrunner.ca/portal/home.aspx?did=5180>

2019—2020
Rotary International President
Mark Maloney



2019—2020
Rotary District 5180 Governor
Ray Ward



2019—2020
Rotary District 5180 Assistant Governor
Megan Ham



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate at McClellan Park	Walnut Grove	12:30pm	Tony's Place
	Sacramento	12:15pm	Red Lion Hotel—Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
Tues	Oroville Sunrise	7:00am	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:10pm	Peachtree Country Club
	Sacramento Breakfast	7:15am	Evan's Kitchen	Rancho Cordova	12:15pm	Rancho Cordova City Hall
	West Sacramento Centennial	7:00am	Collins Teen Center	Loomis Sunset	5:30pm	Refer to Home Page
Wed	Arden Arcade	Noon	Piatti	Carmichael	6:30pm	Ancil Hoffman Golf Course Clubhouse
	Folsom Lake—Folsom	Noon	Empire Ranch Golf Club	South Placer—Rocklin	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service District	Citrus Heights	12:15pm	Citrus Heights City Hall
	Laguna Sunrise	7:45am	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
	East Sacramento	Noon	Evan's Kitchen Banquet Room	Yuba City	12:15pm	Hillcrest Plaza Room
Thu	Elk Grove	12:15pm	Chason's Crab Stadium	Midtown Sacramento	5:30pm	Café Bernardo
	Historic Folsom	7:00am	Folsom Veterans Hall (VFW)	Lincoln	Noon	Lincoln Women's Club (2nd/4th)
	Roseville Sunrise	7:00am	Gingers Restaurant	Lincoln	6:00pm	Beermann's Restaurant (1st/3rd)
	South Yuba County	7:00am	Peach Tree Restaurant	South Sacramento	11:30am	Casa Garden Restaurant
	Pocket-Greenhaven	7:30am	Aviators, Executive Airport	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	North Sacramento	Noon	Lemmon Law Office (1st)	Roseville	Noon	Sierra View Country Club
	North Sacramento	5:30pm	Mama Kims (3rd)	Gridley	Noon	Parish Hall
Fri	Rocklin-Loomis Basin	7:00am	The Window Box Cafe	Rotart eClub	6:00pm	Next mtg February 9th
	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Denny's
	Point West	7:00am	Doubletree Hotel	Granite Bay	12:15pm	Cattlemens Steakhouse
	Twin Rivers	6:15pm	Aviator's Restaurant (1st and 3rd)			