



Jr. ROTC Program at RCHS

By Barry Kalar

Our speaker today, **Major John Sherinian USAF Ret.** shared his love and passion for the River City High School, Jr. ROTC program. Major Sherinian served in the USAF from 1996-2001 as an enlisted Airborne Cryptologic Linguist (There is a mouthful), and as an officer from 2001-2018 achieving the rank of Lt. Colonel. He participated in multiple overseas operations and over 111 combat hours on the RC-135 Rivet Joint and E-3 AWACS aircraft. John holds two Masters Degrees in Aviation History and Military Operational Arts and Sciences. He currently heads the Jr. ROTC program at RCHS and is married with two children residing in Carmichael.

John was given the opportunity to become the Senior Aerospace Science Instructor at RCHS immediately after retiring from the military. As such, he was able to start the Jr. ROTC program at RCHS two years ago. The USAF picks up one-half of the cost of the program while the school district and fund raisers help to cover the remaining costs for joint exercises, competitions, PT uniforms, and field trips. Books, uniforms and computers are provided for the participating students, all they are asked to pay for is the cleaning.

The Jr. ROTC Program meets at 7:30 am before school and also after classes in the afternoon. While you might think that the program is a recruitment tool, its primary purpose is to help student become better leaders and citizens of character who improve their community.

Some of the typical activities include two days of P.T. (Physical Training), Drill, Leadership studies. But they also learn life skills like how to balance a checkbook, critical thinking and community services and support. Not to anyone's surprise, John shared that many of the female cadets make some of the best leaders in the program.

Due to some recent curriculum changes, the program currently has only about 35 members and is considered an elective subject.

The Aerospace Curriculum includes topics such as: History of Aviation – Wars – Science of Flight – Space – Cultural Studies – Leadership – Military History and Structure (Ranks) – Economics – Physical Education. Last year the program was awarded the OUTSTANDING AWARD W/ MERIT. Only one such award is given each year.

Rotary Happens

Making Dreams Real



Chips from the Buzzsaw

Weekly Newsletter of the

Rotary Club of West Sac-
ramento

Volume 71, No 6



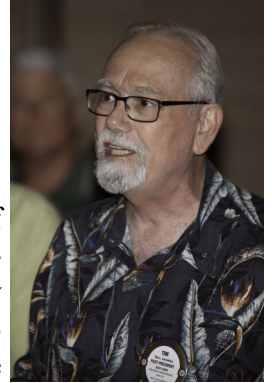
Club 558 of District 5180
PO Box 288
West Sacramento, CA
95691
Meets Every Friday at
Club Pheasant, 12:15

What do we really know about ...

Amy Busch

An investigative report from CHIPS club reporter, Tim Carnahan

Turns out we've learned quite a bit about Amy Busch since she joined in January of 2017. She addressed our club awhile back about her pretty traumatic upbringing ... homeless, parents in and out of jail – you get the picture. Along the way she was impacted by various people who helped her get through all that. In fact during last Friday's CHIPS exclusive interview, Amy revealed that those are the very people who inspired her to become



a volunteer herself.

If she could be like them she could help others. She spoke of that journey and indicated volunteerism helped her past some of her most depressing times. (Ultimately, the perfect solution - join Rotary!)



Nominated by Quirina Orozco, Amy had jumped into Rotary with both feet. Of course as Club Secretary you see her each week as she greets us at the meeting room entrance along with our Club Treasurer, Dusty Dumars. Those are two jobs that require lots of hours, for little recognition.

Hopefully you already knew she's also giving back through "Caring for Yolo's Youth" (you remember, the loaded backpacks for foster and at risk kids).

But now for the juicy and current stuff: Did you know that Amy owns a horse? (If not you heard it here first). In fact she revealed that it is her goal to become a competitive roper! Maybe become the first person in the history of our club to have the classification: Roper!



Amy also does very well in other competitive fields. For example, she is very accomplished in the art of roping a husband through softball. Yes that's where Amy and Neil met.



Nothing like a happy ending to ruin an expose'.

MEETING RECAP

Inside this issue:

CHIPS 71.6 8/16/2019—

Program of the Week Jr. ROTC Program at RCHS	1
An Investigative Report Tim Carnahan	2
Meeting Recap Meeting Summary	3
Save the Dates! Meals on Wheels Schedule Upcoming Speaker Programs	5
The President's Page Bell Ringers	6
Membership Spotlight Birthdays and Anniversaries Sunshine Chair Contact Proposed Members	7
Stay Connected to Rotary Object of Rotary 4 Way test West Sac Rotary in the News Additional Announcements Rotary History District 5180 Leadership Other District Club Meeting Information	8-9



Troy Bird gets a free lunch!
Draws 6 of diamonds
second time this year!



**Jacob Rabin &
Tim Carnahan**



**Dick Marshall and his
guest, Faith Casey**

Meeting Summary

- Presiding: **Peter Anderson**
- Pledge: **Wayne Enke**
- Opening Blessing: **Tim Carnahan**
- Song Master/Song: **Dick Marshall /
“National Anthem”**
- Envelope Drawing: **Ken Ruzich**
- Raffle: **Troy Bird**

Visiting Rotarians and Guests

Visiting Rotarians

Nyan Roberts

Guests

- Donna Heringer - Steve Heringer
- Faith Casey - Dick Marshall
- Tammy Linker - Denice Domke
- Ramona Roikjer - Heine Roikjer
- Jacob Rabin - Judy Ratley

Sport your Rotary Shirt!

Ribbon Cutting • Activities For All Ages • Tours
Saturday, August 24, 2019
10:00 am - 1:00 pm



Nourish 

233 Harter Avenue, Woodland , CA

Free Event • Community Invited • No RSVP

YOLO FOOD BANK GRAND OPENING and OPEN HOUSE



Steve Heringer and his wife, Donna Heringer



The Roikjer Family
Heine, Ramona & Little Kenny

Save the Dates

SPEAKER PROGRAM

August 23rd

Spreck Rosekrans – Executive Director to restore the Hetch Hetchy Valley in Yosemite NP

August 30th

District Governor Ray Ward

From The Desk of Chairman MOW

Our Meals on Wheels program needs two more volunteers to join the 36 Rotarians from our club who are presently delivering. You will work with a partner who is experienced in delivering a specific route of approximately 12 meals once every four weeks. Usually, the deliveries take less than one hour. If you are willing to join our dedicated crew, please contact me, Tom Wallace, at tswhm@calbroadband.net, or by telephone, (916) 744-1125.

FIRESIDE CHAT at the Marshall Ranch

The next Rotary Club of West Sacramento Fireside Chat is coming up on **January 29th!** This is a fun requirement for the Club's new members to earn their Blue badge. However, is it sure to be a good time and memorable experience that everyone, Rookies and Long time Members alike, are guaranteed to enjoy!



New Member Introductions September 9



**Frequent visiting Rotarian
Nyan Roberts**



August 2019

****Notes Non Rotarian Volunteer**

Mondays: Route 5

8/5	Dick Marshall and Troy Bird
8/12	Tim and Gloria** Carnahan
8/19	Joanie Kappell and JoAnn Moffett
8/26	Paul Kolarik and John Hills

Tuesdays: Route 8

8/6	Barry Kalar and Tim Kuzelka
8/13	Tom Wallace and Steve Heringer
8/20	Shaun Morrow and Pedro Cisneros
8/27	Jeff Post and Kent Ramos

Wednesdays: Route 2

8/7	John Raney and Elizabeth Munguia
8/14	Tim Kwong
8/21	Lee Harris
8/28	Jeff Post and Nick Esquivel

Wednesdays: Route 5

8/7	Marty Garozzo
8/14	Mark Roberts
8/21	Jeff Post and Kent Ramos
8/28	Lyle Bassett and Bob Ceccato

Thursdays: Route 1

8/1	Steve and Donna** Heringer
8/8	Ken Ruzich
8/15	John Raney
8/22	Tom Wallace and Tissy Simmons
8/29	Steve and Donna** Heringer

Thursdays: Route 2

8/1	Len Thomas and Amy Busch
8/8	Carol Bogart and Ken Wilson
8/15	Mike Campbell and Dan Ramos
8/22	Leonor Dicdican** and Barry Kalar
8/29	Len Thomas and Amy Busch

Thursdays: Route 5

8/1	Mark Engstrom
8/8	David Santiago and Kat Gallagher
8/15	Dustin Dumars and Tim Kuzelka
8/22	Shaun Morrow
8/29	Mark Engstrom

The President's Page

PETER'S PRINCIPAL Opening Remarks From Friday's Meeting

National Airborne Day on August 16th marks the date of the first official Army parachute jump at Fr. Benning, Georgia. This is the first time that someone jumped out of a perfectly good airplane.

I am Peter Anderson and it is days like these that make me proud to be the 71st President of the Mighty Rotary Club of West Sacramento!



Bell Ringers

Tim Carnahan - 70th Birthday



Selling cards from Hawaiian Deck



Buy a card for \$30

Get a Historic Map of Hawaii
and a Free Lunch!



MEMBERSHIP SPOTLIGHT

Leadership Team	
President	Peter Anderson
President-Elect	John Raney
Past President	Troy Bird
Secretary	Amy Busch
Treasurer	Dustin Dumars
Club Service	Shaun Morrow Chris Bradford
Community Service	Mike Campbell Quirina Orozco
International Service	Siva Sivakumaran
Vocational Service	Drew Gidlof David Santiago
Membership	Ed Rounthwaite
Membership Development	Denice Domke
Meals on Wheels	Tom Wallace
RI Foundation	Barry Kalar
WSR Foundation	Jim Engstrom
Speaker Chairs	Dan Ramos Troy Bird
Youth Service	Joanie Kapell JoAnn Moffett
Scholarships	Ken Wilson
Rotary Youth Exchange	Steve Oren

Proposed for Membership
Jacob Rabin Chris White Lenise Mowrey Tammy Linker



Tammy Linker



Dan Ramos and JoAnn Moffett before meeting

Birthdays & Anniversaries	
August Birthdays	
Elizabeth Esquivel	4th
Tim Carnahan	14th
Phillip Nance	15th
Lee Harris	17th
Amy Busch	25th
Len Strickland	30th
August Anniversaries	
Jeremiah and Lisa Smith	10th, 16 years
Tim Kwong and Usha Dutt	14th, 9 years
Ron and Julie Chambers	16th, 34 years
Paul and Ellen Kolarik	26th, 29 years

Leadership Team	
Club Chaplain	Tim Carnahan
Interact Advisors	Lee Harris Kat Gallagher
Song Master	Dick Marshall
Fine Master	Tim Kwong
Club Photographer	David Kamminga
Sergeant-at-Arms	Steve Oren
Social Media/Webmaster	Jacklyn Powell Amy Busch
Sunshine Chair	Carol Bogart
Bulletin Editor	Andy Wallace





Seriously ill/hospitalized; badly hurt; having surgery; a loved one passes away — Members or close family—

Please contact **Little Miss Sunshine Chair, Carol Bogart**, at carol@bogartonline.com

Stay Connected to Rotary



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the: ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of ideal of service by every Rotarian to his/her/ personal, business and community life;

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideals of service.

ADDITIONAL ANNOUNCEMENTS

———From District Governor Ray Ward———

In an effort to show how creative and fun our clubs can be, your District 5180 marketing Team is challenging you to create your own Lip Sync Videos and to submit them to the District to be shared with the entire Rotary community! Please note that we are not looking for professional production values or special effects! Our District video (see YouTube link below) was shot on a cell phone and edited with a \$30 software package. Our goal is to have every club participate, have fun, and celebrate what makes them special with a little music.

Rules:

- Have Your Club Create a Concept for a Lip Sync Video - Something Fun
- Pick Any Song(s) You Want (You Do Not Have to Use 3 Little Birds!)
- Video Your Version
- Post it on your Website and/or your Facebook page
- Let Marketing Chair, Bill Bowen, know that your video has been posted.
- Videos must be submitted to Bill by 10/01/2019 to be judged.
- Videos will be judged by Small, Medium or Large club size.
- Winners will be announced at the October 2019 "Escape to Rotaryville" Conference in Reno.

<https://youtu.be/ljeuqGWSh0c>

70 Years of Service Above Self



"Mighty is as Mighty Does"

The 4 Way Test

Of the Things we Think, Say or Do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and better **FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Time To Visit Club Runner and Update Your Information

1. Go to <http://portal.clubrunner.ca/7521>
2. Click **MEBER LOGIN** (upper right corner)
3. If you forgot your password, or have never logged in, click "New and existing users: retrieve login and/or reset password" on the bottom of the screen. You will receive an e-mail with instructions to reset your login.
4. Once logged in, click **MEMBER AREA** (top left corner).
5. Click **EDIT MY PROFILE** (center of screen)



Stay Connected to Rotary



YOUR LINKS TO ROTARY

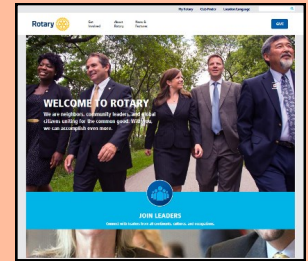


www.rotaryclubofwestsacramento.org



JUST SEARCH FOR:
“ROTARY CLUB OF WEST
SACRAMENTO”

<http://www.facebook.com/#!/pages/Rotary-Club-of-West-Sacramento/12087025467716>



www.rotary.org

Rotary District 5180
<http://www.clubrunner.ca/portal/home.aspx?did=5180>

2019—2020
Rotary International President
Mark Maloney



2019—2020
Rotary District 5180 Governor
Ray Ward



2019—2020
Rotary District 5180 Assistant Governor
Megan Ham



District 5180 Rotary Clubs Meeting Times and Locations So You Can Make Up Each Week

Day	Who	When	Where	Who	When	Where
Mon	Foothill Highlands	12:15pm	Lions Gate at McClellan Park	Walnut Grove	12:30pm	Tony's Place
	Sacramento	12:15pm	Red Lion Hotel—Woodlake	Fair Oaks	6:45pm	Fair Oaks Community Clubhouse
Tues	Oroville Sunrise	7:00am	The Monday Club	Oroville	Noon	The Monday Club
	Rancho Cordova Sunrise	7:00am	Cordova Casino	Marysville	12:10pm	Peachtree Country Club
	West Sacramento Centennial	7:00am	Collins Teen Center	Loomis Sunset	5:30pm	Refer to Home Page
Wed	Arden Arcade	Noon	Piatti	Carmichael	6:30pm	Ancil Hoffman Golf Course Clubhouse
	Folsom Lake—Folsom	Noon	Empire Ranch Golf Club	South Placer—Rocklin	Noon	Whitney Oaks Golf Club
	El Dorado Hills	7:15am	Community Service District	Citrus Heights	12:15pm	Citrus Heights City Hall
	Laguna Sunrise	7:45am	Valley Hi Country Club	North Sacramento	12:15pm	Doubletree Hotel
	East Sacramento	Noon	Evan's Kitchen Banquet Room	Yuba City	12:15pm	Hillcrest Plaza Room
Thu	Elk Grove	12:15pm	Chason's Crab Stadium	Midtown Sacramento	5:30pm	Café Bernardo
	Historic Folsom	7:00am	Folsom Veterans Hall (VFW)	Lincoln	Noon	Lincoln Women's Club (2nd/4th)
	Roseville Sunrise	7:00am	Gingers Restaurant	Lincoln	6:00pm	Beermann's Restaurant (1st/3rd)
	South Yuba County	7:00am	Peach Tree Restaurant	South Sacramento	11:30am	Casa Garden Restaurant
	Pocket-Greenhaven	7:30am	Aviators, Executive Airport	Folsom	7:00pm	Rotary Clubhouse-Lew Howard Park
	North Sacramento	Noon	Lemmon Law Office (1st)	Roseville	Noon	Sierra View Country Club
	North Sacramento	5:30pm	Mama Kims (3rd)	Gridley	Noon	Parish Hall
Fri	Rocklin-Loomis Basin	7:00am	The Window Box Cafe	Rotart eClub	6:00pm	Next mtg February 9th
	Orangevale	7:00am	La Placita Restaurant	Natomas	7:15am	Denny's
	Point West	7:00am	Doubletree Hotel	Granite Bay	12:15pm	Cattlemens Steakhouse
	Twin Rivers	6:15pm	Aviator's Restaurant (1st and 3rd)			