

Rotary *O-Pinion*

THE MAGIC OF ROTARY

Meeting each Monday 12:00 p.m. – Owatonna Country Club
Four-Way Test 1) Is it the truth? 2) Is it fair to all concerned?
3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

OFFICERS

ANN MILLER: Past President

TOM PARTRIDGE: President

ANNIE HARMAN: President-Elect

LOIS NELSON: Secretary

BRAD VETTRUS: Treasurer

RYAN GILLESPIE: Assistant District Governor

KELLEN HINRICHSEN: President-Elect Nominee

FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

BOARD OF DIRECTORS

Dick Slieter

Ann Miller

Lois Nelson

Tom Partridge

Lonna Lysne

Ryan Gillespie

Brad Vettrus

Tom Dufresne

Kellen Hinrichsen

Mike Jensen

Glen Meger

John Connor

Annie Harman

THE PRIMARY PURPOSE OF ROTARY IS TO SUPPORT COMMUNITY INITIATIVES THAT INCLUDE LEADERSHIP OPPORTUNITIES SO THAT MEMBERS WILL ENGAGE IN SERVICE ACTIVITIES THAT PROMOTE YOUTH IN OUR COMMUNITY AND AROUND THE WORLD.

PROGRAMS

Jan. 20: Charlie Mandile, Executive Director, Free Clinic

Jan 27: Business Meeting/Erin Baker, Camp Enterprise Attendee

Feb 3: Christina Wright-Peterson, Executive Director: Season's Hospice

Feb. 10: Pearl Randon, United Way Youth Support Coordinator

Feb. 17: Glen Meger/Funerals today

Feb. 24: Business Meeting: Classification Talk and review of Owatonna, 2024: Brad Meier

March 3: Kris Busse: State of the City

March 10: Edna Ringhofer, Healthy Seniors

March 17: Tim Penny

March 24: Tim Murray—Bravo Zulu House, Winnebago

March 31: Business Meeting

ROTARY O'PINION

Monday, February 3, 2025

Editor: Todd Hale

THIS WEEK: Welcome to Christina Wright-Peterson, Executive Director, Season's Hospice

BIRTHDAYS: None

STUDENT ROTARIANS: A ROTARY welcome to Anna Knoll, Hannah Nelson, Amanda Clubb, Lauren Nelson, and Karys Richardson

IN-BOUND EXCHANGE STUDENT: Lea from Belgium

FROM THE BOARD MEETING:

*ROTARIAN Chief Jeff Mundale has completed training as Youth Protection Officer for our club.

*130 items have been turned in for Crutches for Africa. The project will continue though Feb. 14.

*\$500 was sent to morning ROTARY for their tree project (trees and plaque planted north of North Street.)

***ROTARY INTERNATIONAL CONVENTION IN CALGARY:** Get your cowboy hat! Your ROTARY pals in friendly Canada are excited to welcome you to signaure convention events, including dinner in their homes, a country music jamboree, and boot-stompin' celebrations of the Western culture in Calgary. "We're a big small-town city, and so the hospitality we have, the ticketed events, the experiences.....they will be fantastic!" says Mark Starratt, co-chair of the Host Organization Committee for the RI Convention, June 21-25. Get tickets at rotarycalgary2025.org.

*February is Peacebuilding and Conflict Prevention Month.

*Membership resignations have been received from Jim Wendorf, Tom Kuntz and Andy Michaletz. Dr. Greenwood has requested inactive status.

WINTERS' IMPACT ON YOUR MOOD

With shorter and darker days, you may feel your mood and energy fading. For some, this isn't just a seasonal slump, it could be a Seasonal Affective Disorder (SAD) Unlike the common "winter blues", SAD is a form of depression that typically occurs during the colder months and often improves with the arrival of spring. While its exact causes aren't fully understood, reduced sunlight exposure is believed to play a role by impacting our internal clocks and hormones. All in all, I'm sick of winter. Bring on spring!

*So anyway: Ole and Lena were getting on in years. Ole was 92 and Lena was 89. One evening they were sitting on da porch in their rockers and Ole reached over and patted Lena on her knee. "Lena, vat ever happened tew our sex relations?", he asked. "Vell Ole I yust don't know," replied Lena. "I don't tink ve even got a card from dem last Christmas"