

Rotary O-Pinion

ROTARY OPENS OPPORTUNITIES

Meeting each Monday 12:00 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth? 2) Is it fair to all concerned?;
3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

OFFICERS

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FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

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THE PRIMARY PURPOSE OF ROTARY IS TO SUPPORT COMMUNITY INITIATIVES THAT INCLUDE LEADERSHIP OPPORTUNITIES SO THAT MEMBERS WILL ENGAGE IN SERVICE ACTIVITIES THAT PROMOTE YOUTH IN OUR COMMUNITY AND AROUND THE WORLD.

PROGRAMS

March 8: Dr, “Nuga”, Pres, Riverland and Barb Embacher, V.P. Academic Affairs

March 15: Mayor Tom Kuntz/Kris Busse: State of the City

March 22: Keith Hiller, Owatonna Police Chief

March 29: Maureen Schlobohm and Nancy Ness, co-directors of Community Pathways

April 5: Roger Warehime, Manager, Owatonna Public Utilities

April 12: Brad Meier, President, Owatonna Chamber of Commerce

April 19: Rick Heidick: Fast for Hope

April 26: Jenna Tuma, New Owatonna Parks and Recreation Director

May 3: Open

May 10: Open

My 17: Open

May 24: Open

May 31: Memorial Day...no meeting

ROTARY O'PINION

Monday, April 12, 2021

Editor: Todd Hale

THIS WEEK: An update on Owatonna business from Brad Meier, President of the Owatonna Chamber of Commerce. Program will be via Zoom.

BIRTHDAYS: Bruce Paulson, April 13, Cory Mensink, April 14, Doug Ruth, April 17

APRIL STUDENT ROTARIANS: Arian Piepho, Emily Hagen, Gabe Tratz, and Lauren Phelps

NOTES FOR ROTARIANS

Attracting Younger Members: The Washington D.C. ROTARY Club has instituted what it calls 'Rule of 35'. Members under age 35 can qualify for a reduced application fee and dues, and have to pay for meals for meetings they attend, as opposed to paying a flat fee quarterly. In all other respects, they are treated as regular members.

This month marks 100 years of ROTARY in Australia, France, Japan and Mexico.

In 2020, the ROTARY FOUNDATION awarded more than \$300 million in grants for the first time.

The ROTARY Club of Melbourne and District 9800 (Australia) are hosting an online symposium on the future of peace leadership on April 21 and 22. Register at peaceleadership.org.au.

A DAY OF GIVING

This Saturday will feature two important fundraising events in Owatonna. The Young Life Cake Auction will take place at Trinity Lutheran Church. All bidding will be virtual. The auction will be shown on Owatonna Live.com. beginning at 11:00 Saturday morning. The public is invited to walk through to view the cakes from 8:00-11:00 a.m. You can place bids then if you wish. There will also be sale cakes available at \$40.00. Note that the auction will NOT be broadcast on radio this year

The St. Mary's 'Night of Knights' auction will be held at St. Mary's school beginning at 7:00 p.m. Participants will need to register for a bidder number and then may view and bid on items the night of the event using the following link: <https://one.bidpal.net.smsnok/welcome>. Online registration is open all this week.

DON'T SIT TOO LONG!

The more time you spend sitting, the more likely you are to develop diabetes or heart disease and die prematurely...and that's especially true if you don't exercise regularly, according to Abby King, PHD, a professor of health research and policy at Stanford University School of Medicine. A 2017 study that tracked 7,985 adults over age 45 found that those who sat the most had nearly twice the risk of dying over a four-year period compared with those who sat the least. Lose your risk by getting up every 30 minutes to take a walk. Go get a drink of water or walk around a bit.

A FAVORITE MEMORY

My favorite childhood memory is my back not hurting!

SCHOOL NOTES

Prom is back on this year! The date is May 8. It will be held at the Four Seasons. The only change is that there will be no Grand March and participants will be required to wear masks.

Graduation will be held this year outdoors at the football field on June 6. The outdoor event will still allow each grad four tickets for their guests. The district expects up to 1500 spectators, spread out on either side of the field.

So anyway: The bride was escorted down the aisle and when she reached the altar, the groom was standing there with his golf bag and clubs at his side. She said, "What are your golf clubs doing here?" He looked her right in the eye and said, "This isn't going to take all day, is it?"