



O-Pinion

Owatonna, Minnesota

ROTARY SERVING HUMANITY

Meeting each Monday 12:10 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth? 2) Is it fair to all concerned?
3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

OFFICERS

MARK FRITSCH: President
SHANE SATTLER/DIANE HOLLAND Secretary **JIM BRUNNER** Treasurer
COREY MENSINK Past President

FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

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AREA MEETING PLACES & TIMES

Austin	Mondays	Noon	Holiday Inn	Winona	Wednesdays	Noon	Westfield Golf Club
Janesville	Thursdays	Noon	Purple Goose Eatery	Northfield	Thursdays	12:15	United Methodist Ch.
Owatonna Early Edition	Wednesdays	7 AM	Owatonna Fire Hall	Great Rochester	Wednesdays	12:10	Double Tree Hotel
Rochester Risers	Tuesdays	7 AM	Hilton Garden Inn	Rochester	Thursdays	11:30	Holiday Inn
Red Wing	Tuesdays	Noon	St. James Hotel	Waseca	Thursdays	Noon	Miller/Armstrong
Faribault	Wednesdays	Noon	Bernie's Grill	Albert Lea	Wednesdays	Noon	Riverland College
Greater Mankato	Wednesdays	11:55	Courtyard by Marriott				

UPCOMING PROGRAMS

DATE

July 18	Matt Ketelson, Chairman of Board: Chamber of Commerce
July 25	Jackie Warehime, Outbound returnee from Paraguay
August 1	Jim Gleason: SCFF Preview
August 8	Breezaine Bigeagle, Outbound returnee from Mexico
August 15	Alfred Zdrzil: Reduction of domestic violence
August 22	Minnesota Vikings Super Bowl Host Committee
August 29	Chris Coleman, St. Paul Mayor
Sept. 5	No meeting...Labor Day
Sept. 12	Mike Jensen: Culturefest Preview
Sept. 19	United Way kickoff
Sept. 26	Anne Cummins, Federal Correction Institution, Waseca
October 3	Owatonna Foundation Week
October 10	Candidates: County Commissioner
October 17	Candidates: City Council
October 24	Candidates: School Board
October 31	Candidates: State House and Senate
November 7	Awarding of Vern White Award
November 14	District Gov. Visit

ROTARY O'PINION

Monday, August 15, 2016

Editor: Todd Hale

THIS WEEK: Welcome to Alfred Zdrazil, a member of St. Paul ROTARY, who along with Janice Barker, Assistant Ramsey County Attorney will address the topic of domestic violence. Zdrazil is a retired prosecutor with 38 years of experience. He specialized in prosecuting homicide, domestic violence, sexual assault and child abuse cases with the Ramsey County Attorney's office and the Minnesota Attorney General's office. In 2003 he was honored as the Minnesota Prosecutor of the Year by the Minnesota State Bar Association. Barker has handled every type of criminal case and has extensive experience as a trial litigator and is passionate about breaking the cycle of violence in domestic cases and thereby reducing violence in the community.

BIRTHDAYS: Chad Lange, Aug. 15, Lonna Lysne, Aug. 19

ROTARY NOTES

This is fair week in Owatonna...the week that some folks take vacations to come to the fair, some attend the fair daily, the town seems vacated until you get to the fairgrounds, meetings are postponed, and diets go out the window! Here are some other fair facts to ponder:

*Over 860 gallons of waste grease is collected at each year's fair.

*The State Fair was once held in Owatonna. The State Fair dairy show was held at the Steele County Free Fair in 1944-'45.

*Look for a special display regarding two well-known Steele County auto race drivers of the past...Glen Anderson and Carl Souvie. Also look for a display related to Dick Reinhardt who has served the Steele County Free Fair as a board member for 54 years and who worked in the ticket audit at the state fair for 58 years.

*This year over 80 musical acts will perform at the fair, most of them free to all.

*In 1906, the fair was held in downtown Owatonna and the big thrill ride was the "Slide of Life" which provided a thrilling slide from the courthouse to Central Park.

*The longest continuous vendor at the SCFF is Burke's Taffy...This is their 94th year at the fair.

*The Wells Fargo Auto Museum will feature a display of pickup trucks from 1910 to 1970.

*The new fair mascot will be revealed to the public on Tuesday night at 5:30 p.m. in Fair Square Park. All three mascots, Steely, Stella and ????? will be located at the "Fair Chair" near the Flower Building for photos all fair week.

*Next year's fair dates are August 15-20. The slogan for 2017 is "Scream and Moo with Lots to Do"

*The Owatonna Izaak Walton League will celebrate its 90th birthday on Saturday of fair week. Stop by the Ike building for special activities to celebrate.

Ceasing driving causes depression

Older adults that are forced to stop driving experience a sharp reduction in their social network and nearly double their risk of depressive symptoms, according to a study in the Journal of the American Geriatrics Society. Researchers also found that driving cessation contributes to diminished physical and cognitive functioning and greater risk of admission to long-term care facilities. It's important to ensure mobility and social functioning when adults stop driving, researchers say, since at-home activities may not be as physically or socially beneficial as activities they replace.

Little known facts for ROTARIANS

*Coca-Cola was originally green.

*It is impossible to lick your elbow.

*The state with the highest percentage of people who walk to work: Alaska

So anyway: A computer once beat me at chess, but it was no match for me at kick boxing!

When I married Miss Right, I had no idea her first name was "Always"

My husband got 8 out of ten on his driver's test...the other two managed to jump out of his way!