

Rotary



O-Pinion

Owatonna, Minnesota

Meeting each Monday 12:10 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth?; 2) Is it fair to all concerned?;

3) Will it build good will and better friendships?; 4) Will it be beneficial to all concerned?

OFFICERS

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FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

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AREA MEETING PLACES & TIMES

Austin	Mondays	Noon	Holiday Inn	Winona	Wednesdays	Noon	Westfield Golf Club
Janesville	Mondays	6 PM	St. Ann's Parish	Northfield	Thursdays	12:15	Northfield Golf Club
Owatonna Early Edition	Wednesdays	7 AM	Owatonna Fire Hall	Great Rochester	Thursdays	Noon	Kahler Grand Hotel
Rochester Risers	Tuesdays	7 AM	Hilton Garden Inn	Waseca	Thursdays	Noon	Miller/Armstrong
Red Wing	Tuesdays	Noon	St. James Hotel	Albert Lea	Fridays	Noon	Ramada Inn
Faribault	Wednesdays	Noon	Bernie's Grill				
Mankato	Wednesdays	12:10	Old Main Village				

UPCOMING PROGRAMS

DATE

Nov. 25	Business Meeting/Camp Enterprise Students Morgan Malo & Isaac Torres
Dec. 2	Mike Johnson, Owatonna Fire Chief
Dec. 9	Glen Meger: Trends in funeral services today. Also OHS Carolers
Dec 16	Tim Penny, Director, So. Minn. Initiative.
Dec. 23	Christmas Show with Emma Hellevik of Medford
Dec. 30	Business Meeting plus Jeff Williams, OHS Football Coach
Jan. 6	Lesa Anderson, Nurse Administrator, O-Clinic..Future Care Deliver
Jan. 13	Joe Bass, Union Pacific "Operation Lifesaver"
Jan. 20	Diane Dulaney, RN: "Aroma Therapy"
Jan. 27	Business meeting
Feb. 3	Program on: "Fast for Hope"
Feb. 10	Free Clinic of Steele County: Anne Draeger
Feb. 17	Open
Feb. 24	Business Meeting
Mar. 3	Tim Boyer, 911 Call Center
Mar 10	Open
Mar. 17	Open
Mar. 24	Open

ROTARY O'PINION

Monday, December 16, 2013

Editor: Todd Hale

THIS WEEK: Welcome to Tim Penny, Director, Southern Minnesota Initiative Foundation.

BIRTHDAYS: Bill Regan, Dec. 21

STUDENT ROTARIANS: Luke Wanous, Martin Gleason, Brandon Krogman and D.J. Chatelaine

IN-BOUND EXCHANGE STUDENTS: Adish Hirve, India, Thor Thanormthin, Thailand

ROTARY NOTES:

Next week we will have our annual Christmas musical program at the club meeting. We will welcome Emma Hellevik from Medford as our musical guest. Emma has a beautiful voice and is looking forward to performing for ROTARIANS. Bring along wives or significant others if you wish.

December is "Family Month" on the ROTARY calendar. Get your entire family involved in a ROTARY project.

An interesting fact: Although the United States spends more money on health care than any other country, it placed 30th on the 2013 Save the Children Mothers' Index, which ranks nations according to maternal well-being. The U.S. maternal mortality rate doubled from 1987 to 2006. (Some of this increase reflects better reporting.) Only five countries in the developed world have a higher rate than the United States: Albania, Latvia, Moldova, Russia and Ukraine. The disparity is even greater amount African-American women. In New York City, the maternal mortality rate for black women is 83.6 per 100,000, worse than the rate in North Korea. Among developed countries, the U.S. is the only one without laws mandating some form of paid leave for women after they give birth, and it has the least favorable environment for mothers who want to breastfeed. An increase in breastfeeding rates could prevent 911 infant deaths annually in the country. It could also save the U.S. economy \$13 billion each year in costs associated with diseases that could be prevented by nursing.

A bit of history about our state for ROTARIANS:

*Minnesota became the 32nd state on May 11, 1858 and was originally settled by a lost tribe of Norwegians seeking refuge from the searing heat of Wisconsin and Michigan winters.

*Minnesota gets its name from the Sioux Indian word, "mah-nee-soo-tah", meaning, "No, really...they eat fish soaked in lye (lutefisk)". (Note: No matter how it's prepared, it's like chomping on cardboard...soaked in lye solution then repeatedly dipped in fresh water to diffuse the lye...Yuck!!!)

*The state song of Minnesota is "Someday the Vikings will"....Aw, never mind.

*The Mall of America in Bloomington covers 9.5 million square feet and has enough space to hold 185,000 teenagers, yapping away on their cell phones.

*Madison, Minnesota is known as "The lutefisk capital of the world"...avoid this city at all costs.

*Downtown Minneapolis has an enclosed skyway system covering 52 blocks, allowing people to live, work, eat and sleep without ever going outside. The only downside to this is that a Norwegian occasionally turns up missing.

*The Hormel Company of Austin, Minnesota produces 6 million cans of Spam a year, even though no one actually eats it. Spam is a prized food in Japan and Hawaii...Spam sushi!!

*Frank C. Mars, founder of the Mars Candy Co., was born in Newport, Minn. His 3 Musketeers candy bar originally contained three bars, one wrapper, each filled with a different flavor of chocolate, Spam and lutefisk.

*The snowmobile was invented in Roseau so as to allow families a means of attending 4th of July picnics.

*The "Spam Diet" was invented in Minnesota which consists of looking at a plate of Spam until you lose your appetite. Much like the "lutefisk diet."