

Rotary O-Pinion

ROTARY: BE THE INSPIRATION

Meeting each Monday 12:00 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth? 2) Is it fair to all concerned?;
3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

OFFICERS

RYAN GILLESPIE, President
DIANE HOLLAND, Secretary
KEITH HILLER, Past President

TROY KLECKER, President Elect
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FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

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PROGRAMS

October 22: Meet the Candidates: Sheriff
October 29: Meet the Candidates: School Board/City Council
November 5: Presentation of Vern White Award
November 12: Iringo Exchange Student
November 19: Kerry Hjelmgren, Faribault/Owatonna Honoring Choices
November 26: Rotary Foundation Presentation plus report from Camp Enterprise students
December 3: Mike Becker, Dist. Gov.
December 10: Judge Luening: Veteran's Court/ OHS Christmas Carolers
December 17: Holiday cheer and songs: Jeff Elstad, Kim Schaufenbuel and Kim Cosens
December 24: No meeting
December 31: No meeting
January 7: Maddy Lykken: "New Generation Exchange"
January 14: Dani Heine, Chief Diversity Officer, Riverland College
January 21: Owatonna Clinic: "Future of Health Care"
January 28: Mac Hamilton, Developer
February 4: Al Zdrzil: "Fight Against Human Trafficking"
February 11: School District Foundation
February 18: Plans for a new high school
February 25: Open
March: All Mondays open except March 4
April: All Monday's open

ROTARY O'PINION

Monday, December 17, 2018

Editor: Todd Hale

THIS WEEK: This is our final meeting of 2018. There will be no meetings on December 24 or 31. Today we will enjoy the music of the season compliments of three very talented ROTARIANS: Kim Schaufenbuel, Jeff Elstad accompanied by Kim Cosens.

BIRTHDAYS: None this week. Betsy Rossi, January 3

STUDENT ROTARIANS: Last day for Emma Zimmerman, Gabrielle Guimond, Matt Segler, Nick Staska and Sydney Kretlow.

ROTARIAN NOTES

As we come to the end of 2018, a big THANKYOU to those who go the extra mile on behalf of our club. Thanks to the board members, to officers, to Katy Kreutter and the Owatonna Bus Co. for providing transportation for our students, to Kim Cosens for piano playing that sets us apart from most all other clubs, to John Muellerleile for leading us in song.

ROTARIAN Laura Resler is at home recuperating from heart by-pass surgery. She will be back with us soon.

Note opening program dates for March and April. If you have a program in mind and wish to schedule it, see program chair Todd Hale soon before he fills the dates.

NOTES FOR ROTARIANS

Many ROTARIANS fly for their business. Here's a hint from the Travel section of the Star/Tribune. Passengers on airlines should avoid the tap water, coffee and tea served on a plane, saying there may be harmful bacteria in the water that comes from various municipal systems and is stored in the airplane's tanks.

Did you know? The human body has an estimated 60,000 miles of blood vessels. That's more than two times the circumference of Earth.

Some health notes

Gout problems? People who ate about 20 cherries each day were less likely to experience flare-ups of gout, according to a study of 633 patients with the condition. Cherries contain compounds that help neutralize uric acid.

A spoonful of sugar doesn't just help the medicine go down....when it comes to hiccups (contractions of the diaphragm), it IS the medicine. "eating the grainy sugar crystals forces you to swallow harder than normal, and this resets your diaphragm to stop the spasms," says Claire Martin, a nutritionist.

The Owatonna Country Club has hired a new manager. He is Dan Jacott. He comes to us with over 20 years of experiences in club management, most recently as the GM of Majestic Oaks Golf Club in Ham Lake.

Anyone who uses the library has been assisted at one time or another by Dave Lubahn. Dave is retiring at the end of this month. There will be a reception for him this Friday, December 21, from 2:30-4:30 in the second floor reading room at the library. He has served the library for 31 years!

A holiday note: Three wise WOMEN would have: Asked directions, arrived on time, helped deliver the baby, cleaned the stable, made a casserole, brought practical gifts and there would be Peace on Earth!

HAVE A VERY MERRY CHRISTMAS AND HAPPY NEW YEAR. NEXT MEETING WILL BE JANUARY 7.