



ROTARY SERVING HUMANITY

Meeting each Monday 12:10 p.m. – Owatonna Country Club Four way test: 1) Is it the truth? 2) Is it fair to all concerned?;

3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

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AREA MEETING PLACES & TIMES

NoonHoliday InnNoonPurple Goose Eatery7 AMOwatonna Fire Hall7 AMHilton Garden InnNoonSt. James HotelNoonBernie's Grill11:55Courtyard by Mariott

Winona Northfield Great Rochester Rochester Waseca Albert Lea

WednesdaysNoonThursdays12:15Wednesdays12:10Thursdays11:30ThursdaysNoonWednesdaysNoon

Westfield Golf Club United Methodist Ch. Double Tree Hotel Holiday Inn Miller/Armstrong Riverland College

UPCOMING PROGRAMS

November 7: Awarding of Vern White Award

November 14: District Gov. Jim Hunt Visit

November 21: Dr. Brian Bunkers, Mayo Health System, Owatonna

November 28: Deb Knutson: Canoe Journey down the mighty Mississippi to the Gulf

December 5: Former Congressman Tim Penney

December 12: Patrick Donahue, James J. Hill Center

December 19: Program on Rotary Foundation

December 26: Margaret Sager, Returnee from Brazil

January 2: Lizzie: Farewell

January 9: Kathleen Segna, Principal, St. Mary's School

January 16: Duke Pieper, author of book, "I'm Alive, Courage, Hope and a Miracle

January 23: Marcus Jarvis, Immigration Lawyer

January 30: Melanie Tschida, Red Cross

February 6: Dan McIntosh, County Attorney

February 13: Dave Beaver, Manager, Owatonna Airport

February 20: Open

February 27: Open

ROTARY O'PINION

Monday, December 5, 2016

Editor: Todd Hale

<u>THIS WEEK:</u> Former Congressman Tim Penney will relate his thoughts on the recent election and what it means for Washington. Plenty of time for questions.

<u>BIRTHDAYS</u>: Betsy Lindgren and Roger Warehime, Dec. 3, Denny Meillier, Dec. 4, Diane Holland, Dec. 6, Dr. Beth Gilthvedt, Dec. 8

<u>STUDENT ROTARIANS</u>: Welcome to Ashley Green, Samantha Mundale, Grayson Ogle and Samantha Schwartz.

IN-BOUND EXCHANGE STUDENTS: Lizzie (Zimbabwe) and Leticia (Brazil)

NOTES FOR ROTARIANS

NOTE THAT THE OHS CHRISTMAS CAROLERS WILL BE PAYING US A VISIT AT NEXT WEEK'S MEETING. THEY WILL ARRIVE AROUND NOON.

How low do you turn your heat in your home at night? If you turn down your heat to 62 degrees, you'll lower your energy bill by as much as 15%. You'll sleep deeper. The ideal temperature for snoozing is between 60 degrees F and 67 degrees F. because a hot house interferes with your body's ability to snag shut-eye and cuts into restorative sleep, says the National Sleep Foundation. Plus, research shows that you're more likely to overeat when sleep-deprived, increasing your risk of weight gain.

HIDDEN FEES: In 2012, a Los Angeles restaurant owner discovered a neon light on his property that had been walled over but never disconnected. After 77 years of uninterrupted use, it had amassed \$17,000 in electric bills.

Somebody ought to cross a ballpoint pen with coat hangers so that the pens will multiply instead of disappearing!

A MESSAGE FROM JOHN GERM, RI PRESIDENT

"Through our vocations and in our clubs, in our communities, and across continents, we are touching the lives of people we don't know and might never meet. And, in every part of the world, every single day, whether they know it or not, people are living better, safer and healthier lives because of the work of ROTARY. The people we help might not have met a single ROTARIAN. They might not even know that ROTARY exists. But, they are drinking clean water from a bore well that ROTARY dug. They're learning to read with books that ROTARY gave them. They're living lives that are better, happier, and healthier because of ROTARY SERVING HUMANITY."

The end of the year is near. Here's how you know you are living in 2016:

*You accidentally enter your PIN on the microwave.

*You haven't played Solitaire with real cards in years.

*You have a list of 15 phone numbers to reach your family of three.

*You e-mail the person who works at the desk next to you.

Finally: Jake had proposed to young Gina and was being interviewed by his prospective father-in-law. "Do you think you are earning enough to support a family?" the older man asked the suitor. "Yes sir," replied Jake, "I'm sure I am."

"Think carefully now," said the father. "There are twelve of us...."