

The

# O-Pinion



Owatonna, Minnesota

Meeting each Monday 12:10 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth?; 2) Is it fair to all concerned?;

3) Will it build good will and better friendships?; 4) Will it be beneficial to all concerned?

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**FACEBOOK PAGE:** [www.facebook.com/RotaryClubofOwatonna](http://www.facebook.com/RotaryClubofOwatonna)

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## AREA MEETING PLACES & TIMES

Austin	Mondays	Noon	Holiday Inn	Winona	Wednesdays	Noon	Westfield Golf Club
Janesville	Mondays	6 PM	St. Ann's Parish	Northfield	Thursdays	Noon	Northfield Golf Club
Owatonna Early Edition	Tuesdays	7 AM	Owatonna Fire Hall	Great Rochester	Thursdays	Noon	Kahler Grand Hotel
Rochester Risers	Tuesdays	7 AM	Hilton Garden Inn	Waseca	Thursdays	Noon	Miller/Armstrong
Red Wing	Tuesdays	Noon	St. James Hotel	Albert Lea	Fridays	Noon	Ramada Inn
Faribault	Wednesdays	Noon	Bernie's Grill	North Mankato	Fridays	Noon	Best Western Hotel
Mankato	Wednesdays	Noon	Old Main Village				

## UPCOMING PROGRAMS

### Date

### Program

February 13

Robin Miller: Humor in Dealing with Trauma

February 20

The new Koda Living Community

February 27

Business Meeting...(Meet at History Center)

March 5

Owatonna Police Department: Chief Keith Hiller

March 12

Visiting Angels Franchise...Craig Wahl (Meet at History Center)

March 19

Tanya Paley: Safe and Drug Free Coalition

March 26

County Commissioner Special Election Candidates

April 2

Beth Kallestad, Cannon River Watershed Partnership

April 9

Jacob Forster and Alec Anderson "From a Student's Perspective"

April 16

Christy Tryhus, Simply Balanced Coaching and Training

April 23

STRIVE Students

**REACH WITHIN TO EMBRACE HUMANITY**

# **ROTARY O'PINION**

Monday, February 6, 2012

Editor: Todd Hale

**THIS WEEK:** Welcome to Dr. Keith Paley who will speak about Preventive Medicine

**BIRTHDAYS:** Justin Schultz, Jan. 30, Steve Olsen, Feb. 1, Dave Olson, Feb. 11

**STUDENTS OF THE MONTH:** Welcome to Emily Kasper, Anna Bastyr, Savannah Wunderlich and Ty Haley

**EXCHANGE STUDENTS:** Johan Wagner Frandsen, Denmark, Carla deOliveria Silva, Brazil

## **ROTARY NOTES**

### **FEBRUARY IS "WORLD UNDERSTANDING MONTH" ON THE ROTARY CALENDAR**

This Friday's boys basketball game (2/10/12) against Mayo at Owatonna High School is called "Coaches vs. Cancer" night. All funds raised during half-time activities will be turned over to the American Cancer Society. You are urged to wear purple and pack the gym!

From RI President Kalyan Bennerjee

"When we in ROTARY work for peace, we don't do it by negotiating treaties or demonstrating in the streets. Instead, we build peace by example...by working together, whatever our nationality or background, and putting others' needs above our own. We build peace by dealing with the problems that disrupt people's ability to live normal, peaceful lives...whether those problems are a lack of water, or sanitation, or safe, affordable housing; whether they stem from a shortage of education or health care, or need to build productive and positive connections between communities. In everything we do, we rely on our good name."

A strategic partnership between ROTARY INTERNATIONAL and Mercy Ships will help deliver vital health care services to West Africa. The Foundation will provide packaged global grants for ROTARY clubs and districts to assemble vocational training teams of medical professionals, who will work with Mercy Ships' medical staff. The ROTARIAN volunteers will also share their expertise with local health care workers. "The scope of ROTARY's service to humanity is truly monumental, and the synergy of our organizations working together will be an even greater force," says Don Stephens, president and founder of Mercy Ships. Established in 1978, the charity uses its hospital ships to deliver free health care and assistance in sustainable development to developing countries. Its 16,500 ton state-of-the-art "Africa Mercy"...the largest nongovernmental hospital ship in the world, is now based in Lome, Togo.

**WELCOME TO OUR NEWEST MEMBERS: LUCAS GLASCOW AND TERRY SCHNEIDER!**

The annual cost of the common cold and flu to the U.S. economy and health care system, attributable to lost productivity, physician visits, and medicine is \$40 billion. According to a first-of-its-kind Canadian study released in September, employees who come to work sick cost employers twice as much in productivity losses as those who stay home. The Queen's University researchers say preventive measures could have a large economic impact.

So anyway: Hospital regulations require a wheel chair for patients being discharged. One elderly gentleman was already dressed and sitting on the bed with a suitcase at his feet when the student nurse came in the room. He insisted he didn't need any help to leave the hospital. After a chat about rules being rules, he reluctantly let the nurse wheel him to the elevator. On the way down, the nurse asked him if his wife was meeting him. "I don't know," he said. "She's still upstairs in the bathroom changing out of her hospital gown."