

Rotary O-Pinion

ROTARY: BE THE INSPIRATION

Meeting each Monday 12:00 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth? 2) Is it fair to all concerned?;
3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

OFFICERS

RYAN GILLESPIE, President
DIANE HOLLAND, Secretary
KEITH HILLER, Past President

TROY KLECKER, President Elect
JIM BRUNNER, Treasurer

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PROGRAMS

January 7: Maddy Lykken: “New Generation Exchange”
January 14: Dani Heine, Chief Diversity Officer, Riverland College
January 21: Owatonna Clinic: “Future of Health Care”
January 28: Mac Hamilton, Developer
February 4: Al Zdrzil: “Fight Against Human Trafficking”
February 11: School District Foundation
February 18: Plans for a new high school
February 25: Abby Donahe, “Unlimited Abilities”
March 4: Nancy Williams, Trina Kasperson: Homeless students in Owatonna Public Schools
March 11: Open
March 18: Open
March 25: Mark Coyle, U. of M. Athletic Director
April 1: Open
April 8: Open
April 15: Open
April 22: Open
April 29: Open
May 6: Camp RYLA students and STRIVE graduates
May 15: National Honor Society Students
May 20: Open

ROTARY O'PINION

Monday, January 14, 2019

Editor: Todd Hale

THIS WEEK: Welcome to Dani Heine, Chief Diversity Officer, Riverland College.

BIRTHDAYS: Sorry, None

STUDENTS FOR JANUARY: Welcome to Victoria Dietz, Dawson Ringhofer, Regan Ihlenfeld, David Keller and Emma Maher.

IN-BOUND EXCHANGE STUDENT: Iringo, Romania

NOTES FOR ROTARIANS

From R.I. President Barry Rassin: "ROTARY emphasizes the dignity of every vocation and the worth of every calling. Remember that the four founding members included no doctors or peacemakers...just an attorney, a mining engineer, a coal dealer and a printer. From the beginning, the diversity of those vocations gave ROTARY a special strength. And that diversity is reflected in our classification system, which aims to ensure that each club represents the full range of businesses and professions that serve each community."

Former ROTARIAN Stan Groff had emergency double heart by-pass surgery recently. Stan now lives in Parrish, Florida.

YEEECCHH! Here are five dirty little secrets restaurants don't want you to know from the publication "Bottom Line".

1. Seafood stews and soups feature fish too old to serve any other way.
2. The dirtiest item in most restaurants is the menu...rarely, if ever, cleaned.
3. Free baskets of bread and chips probably have been served at other tables.
4. Even your dog wouldn't want to see how the busboy throws your leftover food into a "doggie bag". (Insist on doing this yourself.
5. Wine by the glass is often poured from a bottle opened days ago!

Did you know? People who ate about 20 cherries every day were less likely to experience flare-ups of gout, according to a study of 633 patients with the condition. Cherries contain compounds that help neutralize uric acid.

Eyestrain? Try Cucumber! Lie on your back and place one cucumber slice (about an eighth inch thick) over each closed eye. Cucumbers contain antioxidants that studies have shown help decrease swelling and relieve pain. Replace the slices with a cooler pair every two or three minutes for up to 15 minutes total.

THE OBJECTIVE OF ROTARY IS TO FOSTER THE IDEAL OF SERVICE AS A BASIS OF WORTHY ENTERPRISE AND, TO ENCOURAGE *HIGH ETHICAL STANDARDS IN BUSINESS AND PROFESSIONS, THE RECOGNITION OF THE WORTHINESS OF ALL USEFUL OCCUPATIONS, AND THE DIGNIFYING OF EACH ROTARIAN'S OCCUPATION AS AN OPPORTUNITY TO SERVE SOCIETY.

Quips from Rodney Dangerfield:

*"I went to see my Dr.....Dr. Vinnie Goomba. He asked if I had this before? I said yes. He said, "Well you got it again".

*I was going out with this girl and she started crying. I said, "Are you going to hate yourself in the morning"? She said, "No, I hate myself now."

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*My wife is such a bad cook, in my house we pray AFTER the meal!