

Rotary O-Pinion

ROTARY: BE THE INSPIRATION

Meeting each Monday 12:00 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth? 2) Is it fair to all concerned?;
3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

OFFICERS

RYAN GILLESPIE, President
DIANE HOLLAND, Secretary
KEITH HILLER, Past President

TROY KLECKER, President Elect
JIM BRUNNER, Treasurer

FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

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PROGRAMS

June 3: Farewell from Iringo
June 10: Preview: Wenger Band Festival
June 17: Claire LaCanne, Master Gardener: Pollinator Week
June 24: Chuck Driessen: History of Culligan and Culligan Ultrapure
July 1: Chuck Long, former U of Iowa Quarterback
July 8: Erica Paley: RYE to Taiwan
July 15: Sue Schroeder: Children's Remedial Fund
July 22: John Hinderaker, president, Greater Minnesota Outreach
July 29: "Nuga" Atewologun, President, Riverland College
August 5: Preview: SCFF: Scott Kozelka
August 12: Brian Wright, Park and Rec. Scholarships
August 19: Christian Berg, OPD...Human Trafficking
August 26: Nikki Erickson: "Visiting My Mother's Murderer"
September 2: No Meeting...Labor Day
September 9: SPAMBassadors from Hormel in Austin
September 16: Al Smith Pencil Drawings
September 23: Open
September 30: Visit from District Governor Paul Perez

ROTARY O'PINION

Monday, June 17, 2019

Editor: Todd Hale

THIS WEEK: Master Gardener Claire LaCanne is with us to discuss Pollinator Week.

BIRTHDAYS: None

NOTES ESPECIALLY FOR ROTARIANS

One of ROTARY'S top priorities is diversifying our membership to ensure that we more fully reflect the communities we serve. There has been an ongoing conversation about the lack of diversity in ROTARY'S leadership. For example, while 22 percent of ROTARY'S members are women, that statistic is not reflected in our leadership. More can be done and in January, ROTARY'S board of directors approved a diversity, equity and inclusion policy for ROTARY INTERNATIONAL. It reads, "As a global network that strives to build a world where people unite and take action to create lasting change, ROTARY values diversity and celebrates the contributions of people of all backgrounds, regardless of their age, ethnicity, race, color, abilities, religion, socioeconomic status, culture, sex, sexual orientation and gender identity. ROTARY will cultivate a diverse, equitable, inclusive culture in which people from underrepresented groups have greater opportunities to participate as members and leaders."

This is a statement for everyone...from the club level to the Secretariat. All of ROTARY needs to make diversity of age, race, gender, culture, sexual orientation and identity etc. a priority.

The board has also set a goal to increase the number of women both in ROTARY and ROTARY leadership positions to 30 percent by June, 2023. To achieve this goal, we all have work to do. We still need to bring good people to our organization, so we should not lose sight of good men either; we want qualified individuals from all sectors.

It is time for ROTARY to create a new future for the organization, one that is more open and inclusive, fair to all, builds goodwill, and is beneficial to all of ROTARY.

When Americans were asked to name the best president in their lifetimes, 31% said Barack Obama, Ronald Reagan came in second with 21% while Bill Clinton was named by 13%. Donald Trump was fourth at 10%.

Air travelers left behind \$960,105.49 in unclaimed cash in bins at TSA checkpoints last year as they dashed to catch flights., a 10% increase from the past 12 months. The agency is planning to use the recovered money for "checkpoint training".

Everyone knows that exercise is good for you. But a new study suggests that NOT exercising could be worse for your overall health than smoking or suffering from diabetes or heart disease. Researchers examined data from some 122,000 patients from 1991 to 2014 giving them regular treadmill tests and later recording mortality rates. They found that exercise was linked to longevity and that serious aerobic fitness was particularly beneficial, especially to people over 70 or with high blood pressure. Those who lived a sedentary lifestyle had a 500 percent higher risk of premature death than the top exercise performers.

Which of the following names are you familiar with? Monica Lewinsky, Spiro Agnew, Benito Mussolini, Adolf Hitler, Jorge Bergolio, Al Capone, Vladmner Putin, Linda Lovelace and Tiger Woods. You had trouble with Jorge Bergolio didn't you. You know all the liars, criminals, adulterers, murderers, thieves and cheaters, but you don't know the Pope? Just lovely....sometimes I worry about you!

How many high schools can boast two graduates in a row that have graduated from Owatonna High School to principal of that school? Owatonna can. OHS grad Kory Kath has been named as the new principal at OHS. He was preceded by OHS grad and ROTARIAN Mark Randall.