



O-Pinion

Owatonna, Minnesota

ROTARY: MAKING A DIFFERENCE

Meeting each Monday 12:00 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth? 2) Is it fair to all concerned?;

3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

OFFICERS

KEITH HILLER: President

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JIM BRUNNER Treasurer

MARK FRITSCH Past President

FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

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Dave Allard

PROGRAMS

June 4: Bob Showers,. “Minn. Twins at the Metrodome”

June 11: Kim Cosens, Preview, Wenger Marching Band Festival, Amy Swain, Audiologist

June 18: Jeffrey Jackson, Managing Editor, Owatonna People’s Press

June 25: Ed Marek, St. Paul Sunrise...”Fast for Hope”

July 2: No Meeting

July 9: Mark Fritsch: Climate Change...why the debate?

July 16: Update: Owatonna Clinic

July 23: Drawing: We All Play raffle

July 30: James Lundgren, Director, Steele County Historical Society

August 6: Preview: Steele County Free Fair: Scott Kozelka

August 13: Open

August 20: Julie Rethemeier: Federated Drive Safely Initiative

August 27: Brew Pub: Roger Wareheim and Dave Effertz

September 3: No meeting...Labor Day

September 10: Steele County Workforce Initiative

September 17: Michael Wells, Sr. Scout Executive, Gamehaven Council Boy Scouts

September 24: Steele County United Way

October 1: Meet the Candidates: Congressional

October 8: Meet the Candidates: County

October 15: Meet the Candidates: City

October 22: Meet the Candidates: Legislative

October 29: Meet the Candidates: School Board

ROTARY O'PINION

Monday, June 4, 2018

Editor: Todd Hale

THIS WEEK: Some baseball reminiscing of the Twins at the Metrodome. Bob Showers is back with us again.

BIRTHDAYS: David Allard, June 8

IN-BOUND EXCHANGE STUDENT: Nado, Indonesia

NOTES FOR ROTARIANS

From RI President Ian H.S. Risely: "All over the world, I have been a part of ROTARIANS commitment to planting trees. We are still awaiting the final count of trees planted, but I am delighted to announce that we have already far surpassed our original goal of 1.2 million trees, one new tree per ROTARIAN. In addition, ROTARY is continuing its advocacy, fundraising, and support for polio eradication. Last year, wild poliovirus caused only 22 cases of paralysis in only two countries. I am confident that number will soon be zero and we will begin a new phase in the timeline of eradication: counting down at least three years from the last sign of wild virus to the certification of a polio-free world."

HAVE YOU JOINED ROTARIANS WHO HAVE DONATED TO THE "WE ALL PLAY" FUND ON BEHALF OF OUR CLUB? MAKE CHECKS TO "WE ALL PLAY" AND GIVE THEM TO TREASURER, JIM BRUNNER. THANKS FOR YOUR SUPPORT!

Did you know? A Holstein cow's spots are like a fingerprint. No two Holsteins have the exact complete same spots.

Here's a study: Conventional wisdom says that moderate drinking is good for you. But a major new study has found that having even just one drink each day could shorten people's lives. The study shows that people that have an average of seven to fourteen alcoholic drinks each week can expect to die about six months sooner, while those who have two to three drinks per day could be shaving up to two years off their lives. Drinking alcohol, researchers say, is associated with a slew of cardiovascular problems including stroke, aortic aneurysm, severe high blood pressure, heart failure and an increased risk for breast cancer and cancers of the digestive system. These findings contradict federal guidelines, which assert that men can safely drink up to two alcoholic drinks per day and women can have up to one drink daily. If you already drink alcohol on a regular basis, drinking less may help you live longer.

So anyway: On the first day, God created the dog and said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. For this I will give you a life span of 20 years." The dog said, "That's a long time barking. How about only 10 years and I'll give you back the other 10." And God said it was good. On the second day, God created the monkey and said, "Entertain people, do tricks and make them laugh. For this I will give you a twenty year life span. The monkey said, "Monkey tricks for 20 years? That's a pretty long time. How 'bout I give you back 10 like the dog did"? And God again said it was good. On the 3rd day God created the cow and said, "You must go into the field and suffer under the sun, have calves and give milk to support the farmer's family. For this I will let you live for 60 years." The cow said, "That's a tough life for 60 years. How 'bout 20 and I'll give you back the other 40?" And God agreed it was good. On the 4th day, God created humans and said, "Eat, sleep, play, marry and enjoy your life. For this I will give you 20 years." The human said, "Just 20 years? Could you possibly give me my 20, the 40 the cow gave back, 10 the monkey gave back and 10 the dog gaveback. That makes 80, ok?" "Ok", says God. "You asked for it". So, that is why for our first 20 years, we eat, sleep, play and enjoy ourselves, for the next 10 years we do monkey tricks to entertain the grandchildren, and for the last 10 years, we sit on the front porch and bark at everyone. Life has now been explained to you. No need to thank me for this valuable information. I'm doing it as a public service. If you are looking for me, I'm on the front porch!

HAVE A GREAT ROTARY WEEK!