O-Pinion



Owatonna, Minnesota

Meeting each Monday 12:10 p.m. - Owatonna Country Club

Four way test: 1) Is it the truth?; 2) Is it fair to all concerned?;

3) Will it build good will and better friendships?; 4) Will it be beneficial to all concerned?

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RENEE LOWERY Secretary
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AREA MEETING PLACES & TIMES Austin Mondays Noon Holiday Inn Winona Wednesdays Noon Westfield Golf Club Mondays 6 PM St. Ann's Parish Northfield Thursdays Northfield Golf Club Janesville Noon Owatonna Early Edition Tuesdays 7 AM Owatonna Fire Hall Great Rochester Thursdays Noon Kahler Grand Hotel Rochester Risers Tuesdays 7 AM Hilton Garden Inn Waseca Thursdays Noon Miller/Armstrong Red Wing Tuesdays Noon St. James Hotel Albert Lea Fridays Noon Ramada Inn Faribault Wednesdays Noon Bernie's Grill North Mankato Fridays Noon Best Western Hotel Mankato Wednesdays Noon Old Main Village

UPCOMING PROGRAMS

<u>Date</u>	Program	
March 12	Craig Wahl: Visiting Angels Elder Services: AT HISTORY CENTER	
March 19	Tanya Paley: Safe and Drug Free Coalition: MEET AT HISTORY CENTER.	
March 26	Meet the 5 th District County Commissioner Candidates (LUNCH; 11:30)	
April 2	Beth Kallestad, Cannon River Watershed Partnership	
April 9	Jacob Forster and Alex Anderson: "From a Student's Perspective"	
April 16	Christy Tryhus: Simply Balanced Coaching and Training	
April 23	STRIVE Students	
April 30	Business Meeting/Camp RYLA student presentation	
May 7	Kim Cosens: 2012 Harry Wenger Marching Band Festival	
May 14	National Honor Society	
May 23	Evening: ROTARY 90 TH Anniversary Party	
May 28	Memorial Day: No meeting	
June 4	Exchange Student Carla Presentation	
June 11	Exchange Student Johan Presentation	

REACH WITHIN TO EMBRACE HUMANITY

ROTARY O'PINION

Monday, March 19, 2012 Editor: Todd Hale

THIS WEEK: Our own member Tanya Paley, Director of the Safe and Drug Free Coalition, will be speaking.

BIRTHDAYS: Terry Schneider, Mar. 22, Melanie Nelson, Mar. 23

STUDENT ROTARIANS: Alyssa Holcomb, Kayla Docken, Audrey Sexter, Brianne Bernard **EXCHANGE STUDENTS:** Carla de Oliveira Silva, Brazil, Johan Wagner Frandsen, Denmark

ROTARY NOTES

MARCH IS LITERACY MONTH ON THE ROTARY CALENDAR.

This past Wednesday, NBC's "Rock Center with Brian Williams" presented a story about exchange student sexual abuse in the United States. The U.S. Department of State has assured us that ROTARY was not one of the programs of concern.

ROTARY and all members of the exchange committee including local exchange officers take their role very seriously when it comes to caring for exchange students. We bring them into our community and watch over them closely and are available to help at any time day or night because we live in the same community as the inbound students.

Unlike ROTARY, other organizations that host J-1 Visa students are allowed to have placement coordinators that live far from inbound students. In fact, the Department of State allows inbound students to live up to 120 miles away from their coordinator. No wondew some students have felt alone...it's because they have been alone.

ROTARIANS are in favor of strict guidelines with exchange students, even if it means that additional volunteers are needed to carry them through.

This feature last week casted exchange programs in a potentially negative light. You should be aware of ROTARY'S position on exchange students in case you are asked about it from friends and neighbors.

A health tip from Dr. Oz: Managing two simple numbers can drastically reduce your risk for heart disease and diabetes. Get your blood pressure down to 115/70 and strive for a waist size that equals half your height.

Question: Will you include the ROTARY FOUNDATION in your estate plans to forever be a part of ROTARY'S Legacy of doing good in the world? Receive a special invitation to join the Bequest Society by contacting 847-866-3100 or plansedgiving@rotary.org.

The Brooktree Municipal Golf Course opened this past Friday. This is the earliest date that the course has ever opened. The former earliest date was March 23, 2000. The Country Club will be opening soon.

Pete McEnaney, son of ROTARIAN Dr. Jim McEnaney is taking his Eagle River, Alaska Pee Wee hockey team to the National Tier II Pee AA tournament in Reston Virgina. The tournament is being held March 28-April 1.

Senior Bumper Stickers

- *I'm retired...I was tired yesterday and I'm tired again today.
- *When I was younger, all I wanted was a BMW. Now I don't care about the W.
- *I was always taught to respect my elders. Now I don't have anyone to respect.
- *I asked my wife if old men wear boxers or briefs. She said, DEPENDS.
- *Senior Campbells new large type alphabet soup.
- *I'm so old that whenever I eat out, they ask me to pay up front!

BACK AT THE COUNTRY CLUB FOR NEXT WEEK'S MEETING.