

Rotary O-Pinion

ROTARY CONNECTS THE WORLD

Meeting each Monday 12:00 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth? 2) Is it fair to all concerned?;
3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

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THE PRIMARY PURPOSE OF ROTARY IS TO SUPPORT COMMUNITY INITIATIVES THAT INCLUDE LEADERSHIP OPPORTUNITIES SO THAT MEMBERS WILL ENGAGE IN SERVICE ACTIVITIES THAT PROMOTE YOUTH IN OUR COMMUNITY AND AROUND THE WORLD.

PROGRAMS

March 2: Al Smith, “Women of War”

March 9: Joe Stiles, Furnishing Hope

March 16: State of the City: Mayor Tom Kuntz and Kris Busse

March 23: Owatonna Police Department

March 30: Lois Nelson, Mayor of Medford

April 6: Kyle Skov, City Engineer

April 13: Dr. Richard Huston, PolioPlus trip to Pakistan

April 20: STRIVE graduation

April 27: Dr. Brian Bunkers, Mayo Clinic Health System

May 4: Camp RYLA Students

May 11: Hosting OHS National Honor Society: Speaker: Joyce Madsen

May 18: Andi Arnold, Safe and Drug Free Coalition

May 25: No meeting...Memorial Day

June 1: Monique Hammond: Hearing Loss, the Silent Epidemic

June 8: Jeff Elstad: Superintendent of Schools: Update on building of new high school

June 15: Open

June 22: Dr. Laura Niederhofer, University of Minnesota Researcher

ROTARY O'PINION

Monday, March 9, 2020

Editor: Todd Hale

THIS WEEK: Welcome to Joe Stiles who will tell us of the “Furnishing Hope” project in Owatonna.

BIRTHDAYS: None

STUDENT ROTARIANS: Julia Dallenbach, Elise Sande, Asia Buryska, Abigall Schroeder

IN-BOUND EXCHANGE STUDENT: Reyk, Germany

NOTES FOR ROTARIANS

Here is a listing of Owatonna ROTARIANS who serve on the Avenues of Service & Committees:

Bulletins/Programs: Todd Hale

Ethics: Dave Allard

Youth Exchange: Andi Arnold

Foundation: Roger Warehime

Public Image: Loren Olson

CICO: Dave Effertz

Membership: Mathew Hughes

Community Service: Ryan Gillespie

Past President: Ryan Gillespie

Pass the hat for Reyk

At this week's meeting we will be passing the hat to benefit Reyk's east coast trip.

Sore knees?

How many in this room, besides your editor, have sore knees? Some interesting notes from Dr. Oz. As so often is the case, timing is everything, and it turns out many folks get timing wrong when it comes to knee replacements. A study from Northwestern University points out that 90% of folks wait too long for the surgery...so long that their deteriorating knee function compromises how mobile they will be post-surgery. There are some folks who get it too soon, meaning they may need to replace the replacement.

When to replace? Generally, it's time when pain is frequent or constant, your mobility is beginning to be seriously compromised, and physical therapy and hyaluronic acid injections do not provide meaningful relief.

Thanks a lot!

A British senior citizen was taken aback after discovering his own grave in a cemetery. “I'm still alive,” protested Alan Harttel as he stood beside his tombstone in Forfar, Scotland. “My phone hasn't rung for three or four months! I've been confused, but now I know why nobody has been calling!” The retired welder, 75, believes his wife, from whom he has been separated for 26 years, was responsible. Harttel said, “I don't even plan to be buried. I plan to be cremated.”

More Gates support

Bill and Melinda Gates, who have financially given so much support to ROTARY, announced they were donating \$100 million to help in the detection and treatment of the Wuhan coronavirus and accelerate the development of a vaccine.

So anyway: Just before the funeral services, the undertaker came up to the very elderly widow and asked, “How old was your husband?” She replied, “98 two years older than me.” “So, you're 96,” the undertaker commented. She responded, “Hardly worth going home, is it?”

Finally, the nice thing about being senile, is that you can hide your own Easter eggs and have fun finding them.