

The

O-Pinion



Owatonna, Minnesota

Meeting each Monday 12:10 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth?; 2) Is it fair to all concerned?;

3) Will it build good will and better friendships?; 4) Will it be beneficial to all concerned?

OFFICERS

JOHN MUELLERLEILE President
RENEE LOWERY Secretary
DAVE EFFERTZ Past President

DAVE KLAWITER President-Elect
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FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

BOARD OF DIRECTORS

John Muellerleile	Pat Greenwood	Kelly Rood	Cindy Scheid
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Keith Hiller	Dave Effertz	Renee Lowery	Penny Vizina
Todd Hale	Dave Allard	Lois Nelson	Chris Herzog

AREA MEETING PLACES & TIMES

Austin	Mondays	Noon	Holiday Inn	Winona	Wednesdays	Noon	Westfield Golf Club
Janesville	Mondays	6 PM	St. Ann's Parish	Northfield	Thursdays	Noon	Northfield Golf Club
Owatonna Early Edition	Tuesdays	7 AM	Owatonna Fire Hall	Great Rochester	Thursdays	Noon	Kahler Grand Hotel
Rochester Risers	Tuesdays	7 AM	Hilton Garden Inn	Waseca	Thursdays	Noon	Miller/Armstrong
Red Wing	Tuesdays	Noon	St. James Hotel	Albert Lea	Fridays	Noon	Ramada Inn
Faribault	Wednesdays	Noon	Bernie's Grill	North Mankato	Fridays	Noon	Best Western Hotel
Mankato	Wednesdays	Noon	Old Main Village				

UPCOMING PROGRAMS

<u>Date</u>	<u>Program</u>
October 22	County Board Candidates
October 29	Business meeting/Presentation by United Way
November 5	Chris Herzog: Rotary Foundation Month
November 12	Program by U. of M. Alumni
November 19	Peter Grant, Supt. of Public Schools
November 26	Business Meeting..Intro.of Exchange Students plus Camp Enterprise student.
December 3	Val Rose: OHS Options Program
December 10	Linda Christianson, Author and personal story about Polio
December 17	Holiday Show
December 24	No meeting
December 31	No meeting
January 7	Dave Hietala, Academic Dean, Riverland
January 14	Alyssa Anderson: Steele County Pork Ambassador
January 21	Ibrahim Hussein: Somali American Cultural Society of Owatonna

ROTARY O'PINION

Monday, October 29, 2012

Editor: Todd Hale

THIS WEEK: Our monthly business meeting, plus a presentation on this year's United Way campaign.

BIRTHDAYS: Dennis VonRuden, Oct. 5; Don Larson, Oct. 8, Mary Kay Feltes, Oct. 12, Dave Albrecht and Tanya Paley, Oct. 14, Jennifer Wignall and Greg Zweber, Oct. 20, Stan Groff, Barb Jacobson and Dave Klawiter, Oct. 24, Chris Herzog, Oct. 30, Mark Fritsch, Oct. 31.

STUDENT ROTARIANS: Last day for our October Students of the Month: Martha Floy, Courtney Lynch, Katy Schroepfer, Leah Hawkins.

EXCHANGE STUDENTS: Minako Itamoto, Japan, Yolanda Marin, Spain, Livia Getzner, Austria

NOVEMBER STUDENT ROTARIANS: Rachel Malo, Andrew Malo, Katie Nosbush, Jacob Warehime

ASPIRIN BY YOUR BEDSIDE

Why keep Aspirin by your bedside? It's about heart attacks according to cardiologist Dr. Virend Somers from the Mayo Clinic. There are other symptoms of a heart attack, besides the pain on the left arm. One must also be aware of an intense pain on the chin, as well as nausea and lots of sweating. NOTE: There may be NO pain in the chest during a heart attack. The majority of people (about 60%) who had a heart attack during their sleep did not wake up. However, if it occurs, the chest pain may wake you up from your deep sleep. If that happens, immediately dissolve two aspirins in your mouth and swallow them with a bit of water. Afterwards: Call 911, phone a neighbor or family member who lives close by. Say "heart attack". Say that you have taken two aspirins, take a seat on a chair or sofa near the front door and wait for help to arrive. DO NOT LIE DOWN!

ROTARY NOTES

Greeters for November: Dewey Polson, Erin Felten, Betsy Lindgren

Invocations for November: Tom Sager

A chair is being sought for the upcoming Dictionary Project. If you are interested, please let President John know.

An orientation for new members will be held tomorrow at 5:00 p.m. at the Owatonna Country Club. All ROTARY members and spouses are invited to the Club Social at 5:30 p.m.

Don Larson has submitted his resignation from the club.

Congratulations to ROTARIAN Dan McIntosh who was recently presented with an Outstanding Leadership Award by the Steele County Safe and Drug Free Coalition. He served as Coalition chair from 2009-2012. ROTARIAN Tanya Paley, project coordinator for the coalition said "McIntosh has been incredibly committed to this coalition." Paley said McIntosh was instrumental in helping set up, structure and launch the organization.

A golfer accidentally overturned his cart. Elizabeth, a "beautiful" golfer who lived in a villa on the golf course heard the noise and yelled over to him. "Hey, are you okay, what's your name?" Willis," he replied. "Willis, forget your troubles. Come to my villa, rest up and I'll help you get the cart up later." "That's mighty nice of you," Willis answered,"but I don't think my wife would like it." "Aw come on," Elizabeth insisted. She was very pretty and persuasive. "Well, ok," Willis finally agreed. And added, "But my wife won't like it." After hearty drink, Willis thanked his host. "I feel a lot better now, but I know my wife is going to be real upset." "Don't be foolish!" Elizabeth said with a smile, "She won't know any thing. By the way, where is she? "Under the cart!"