

# **ROTARY: BE THE INSPIRATION**

Meeting each Monday 12:00 p.m. – Owatonna Country Club **Four way test:** 1) Is it the truth? 2) Is it fair to all concerned?; 3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

#### OFFICERS

RYAN GILLESPIE, President DIANE HOLLAND, Secretary KEITH HILLER, PAST PRESIDENT **TROY KLECKER,** President Elect **JIM BRUNNER**, Treasurer

FACEBOOK PAGE: www.facebook.com/RotaryClubofOwatonna

#### **BOARD OF DIRECTORS**

Keith Hiller Todd Hale Matt Ketelsen Tanya Paley Roger Warehime Mark Fritsch Dave Effertz Loren Olson Corey Mensink Diane Holland Jim Brunner Ryan Gillespie Traci Schimek Dave Allard

### PROGRAMS

August 20: Julie Rethemeier: Federated Drive Safely Initiative August 27: Brew Pub: Roger Wareheim and Dave Effertz September 3: No meeting...Labor Day September 10: Steele County Workforce Initiative September 17: Michael Wells, Sr. Scout Executive, Gamehaven Council Boy Scouts September 24: Steele County United Way October 1: Meet the Candidates: Congressional October 8: Meet the Candidates: State October 15: Meet the Candidates: County October 22: Meet the Candidates: City October 29: Meet the Candidates: School Board November 5: Presentation of Vern White Award November 12: Allied Against Opioid Abuse: Mary Kuna November 19: Kerry Holmgren, Faribault/Owatonna Honoring Choices November 26: Rotary Foundation December 3: Mike Becker, Dist. Gov. December 10: Judge Luening: Veteran's Court December 17: Holiday cheer and songs: Jeff Elstad and Kim Cosens December 24: No meeting December 31: No meeting January 7: Maddy Lykken: "New Generation Exchange

January 14: Laura Beasley, Dean of Nursing, Riverland College: New Medical Assistant program in Owatonna

## **ROTARY O'PINION**

Monday, September 17, 2018

**<u>THIS WEEK</u>**; Senior Gamehaven Council Scout Executive Michael Wells, a fellow ROTARIAN, will update us on the boy scouting program of today.

**BIRTHDAYS:** Jim Brunner, Sept. 17, Mike Gandrud and Edna Ringhofer, Sept. 18, Mathew Hughes, Sept. 20

**STUDENT ROTARIANS:** Melia Olsen, Payton Jorgenson, Jessica Pieper and Joe Edel **IN-BOUND EXCHANGE STUDENT:** Iringo, Romania

<u>A NOTE FROM RI PRESIDENT BARRY RASSIN: "</u>The world needs ROTARY and ROTARY needs strong clubs and engaged members in order to do more good. It is our responsibility, yours and mine, to make sure everyone who shows an interest in joining ROTARY gets and invited. And let's be sure that every member has a reason to stay. By building strong clubs that engage in meaningful projects and have fun along the way, we provide value to our club members that they cannot find anywhere else. *Be the Inspiration* in our community and help ROTARY continue to do good work!"

THE 2019 RI CONVENTION WILL BE HELD IN HAMBURG, GERMANY. SAVE ON YOUR REGISTRATION FOR THE CONVENTION THROUGH DECEMBER 15. SIGN UP AT RICONVENTION.ORG.

Did you know? A full bladder can add 10 to 15 points to your blood pressure. For a more accurate reading, empty your bladder, and sit with legs uncrossed and feet on the ground when the reading is taken.

How does the use of media affect you? From Mathew Hennessey in the National Review: "For many of us, media, by which I mean use of any device with a screen, is the oxygen we breathe. We need it everywhere. We can't work, play or relax without it. 'Digital natives', born and raised in the internet era, don't even recognize it as a problem. It's just life. Grown-ups these days can't concentrate either. A Canadian study showed that while the average human attention span was 12 seconds in 2000. Nearly 20 years of internet influence has pushed that down to eight seconds. We are all losing our ability to sustain concentration. We've all gone voluntarily down this path."

The 50<sup>th</sup> anniversary of OHS boy's hockey will be observed this coming weekend. Hockey players representing all 50 years will play golf on Saturday in the first annual Dudley Otto Classic. Saturday night a banquet will be held at the fairgrounds.

Camping: Where you spend a small fortune to live like a homeless person. I want to grow my own food, but I can't find bacon seeds.

I just spent 15 minutes looking for my phone in my car, using my phone as a flashlight