

O-Pinion Owatonna, Minnesota

ROTARY: MAKING A DIFFERENCE

Meeting each Monday 12:10 p.m. – Owatonna Country Club

Four way test: 1) Is it the truth? 2) Is it fair to all concerned?;

3) Will it build good will and better friendships? 4) Will it be beneficial to all concerned?

OFFICERS

KEITH HILLER: President

SHANE SATTLER/DIANE HOLLAND Secretary

Rvan GILLESPIE, President Elect

JIM BRUNNER Treasurer

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AREA MEETING PLACES & TIMES

Austin Janesville Owatonna Early Edition Rochester Risers Red Wing Faribault Greater Mankato

Mondays Thursdays Wednesdays Tuesdays Tuesdays Wednesdays Wednesdays Noon Holiday Inn Noon Purple Goose Eatery 7 AM Owatonna Fire Hall 7 AM Hilton Garden Inn St. James Hotel Noon Bernie's Grill Noon 11:55 Courtyard by Mariott

Winona Wednesdays Noon Westfield Golf Club Northfield Thursdays 12:15 United Methodist Ch. Great Rochester Wednesdays 12:10 Double Tree Hotel Rochester Thursdays 11:30 Holiday Inn Thursdays Miller/Armstrong Waseca Noon Wednesdays Wedgewood Cove Albert Lea Noon

UPCOMING PROGRAMS

September 4: No meeting...Labor Day

September 11: Brad Meier "School to Work" plus Mike Jensen: Preview of Culturfest

September 18: United Way, Kim Schaufenbuel and Jeff Fedders; "For a Day Foundation Charity Run"

September 25: Dave Beaver, Manager, Owatonna Airport

October 2: Visit from District Governor, Kyle Haugen

October 9: Little Theatre of Owatonna: "How a Production Comes Together

October 16: Patrick Mader, author of "Minnesota Gold"

October 23: Minnesota Railroad Assn.

October 30: Dr. Tyler Destere, Fountain Center Medical Director

November 6: Vern White Award

November 13: Rotary Foundation Month

November 20: Owatonna Forward November 27: Mystery program

December 4: Farewell from Jeff, In-Bound Exchange Student

December 11: Bremer Foundation

ROTARY O'PINION

Editor: Todd Hale

Monday, September 18, 2017

THIS WEEK: A look at this year's United Way campaign with Kim Schaufenbuel and Jeff Fedders plus a preview of the "For a Day Foundation Charity Run".

BIRTHDAYS: Jim Brunner, Sept. 17, Mike Gandrud and Edna Ringhofer, Sept. 18.

IN-BOUND EXCHANGE STUDENTS: Jeff, South Africa, Nada, Indonesia

SEPTEMBER STUDENT ROTARIANS: Greta Jacobson, Audrey Revier, Michelle Benson and Payton Wunderlich.

ROTARY NOTES

Applications are being taken by OHS students interested in going outbound for next year. If you know of someone, contact Traci Schimek at 456-6266 or e-mail at tschimek.33@gmail.com.

FOR MORE ON THE ROTARY INTERNATIONAL CONVENTION IN TORONTO, CHECK RICONVENTION.ORG.

R.I. President-Elect Sam Owori from the ROTARY Club of Kampala, Uganda, passed away recently. One of his impressive quotes were "I feel immense satisfaction knowing that through ROTARY, I've helped someone live better."

Around Town

"The Gainey Experience: The Life and Leadership of Daniel C. Gainey" written by former Jostens employee Jackie Anderson Glenny is available in limited supply at the History Center. Jackie will talk about her book at the library this Thursday at 7:00 p.m. The book highlights Jostens pivotal 1933-1968 CEO's leadership engagement in business, education, politics and equestrian breeding. It also gives insight for those pursuing a future in corporate leadership.

The Owatonna AAUW invites ROTARIANS to the "Taste of Steele County" this Thursday from 5:00-7:00 p.m. at the Eagles Club. Those businesses being featured include Central Park Coffee/Perfect Day Cakes, Costas, El Tequila, Fareway Foods, Mizuki Fusion, Owatonna Eagles and Elks, Steve's Meats in Ellendale, Sparetime Entertainment, The Bakery and Torey's Restaurant. Tickets will be available at the door for \$15.00 for adults and \$10.00 for children 12 and under.

Did you know? Nearly half the sale in the U.S. diet comes from just 10 foods, according to a report from the U.S. Centers for Disease Control and Prevention. Bread, pizza, sandwiches, cold cuts/cured meats and soup make up the top five, followed by burritos and tacos, savory snacks, chicken, cheese and eggs/omelets. The recommended intake of salt is 1,500 mg a day and Americans consume 3,400 which increases the risk of hypertension.

So anyway: I went fishing this morning, but after a short time I ran out of worms, Then I saw a cottonmouth with a frog in its mouth. Knowing the snake couldn't bite me with the frog in its mouth I grabbed it right behind the head, took the frog and put it in my bait bucket. Now, the dilemma was how to release the snake without getting bit. So, I grabbed my bottle of Jack Daniels and poured a little whiskey in its mouth. Its eyes rolled back and it went limp. I released the snake into the lake without incident and carried on fishing, using the frog. Not long after, I felt a nudge on my foot...it was that damn snake with two more frogs! Life is good!