



THE SUN LIGHT

THE ROTARY CLUB OF GEORGETOWN - SUN CITY
District 5870 TUESDAYS 12 NOON
Cowan Creek Amenity Center, Cool Spring Way
August 7, 2012

www.RotaryDistrict5870.com www.rotary.org
1530 Sun City Blvd, Suite 120 Box 441, Georgetown 78633

Every charitable act is a stepping stone toward heaven.

. . . Henry Ward Beecher

LAST WEEK:

Invocation: Kelly Barnett

Pledge: Glynn Hatley

4-Way Test: John Harding

Members Attending: 37

Happy Bucks: \$38.00

ROTARY PRAYER:

Creator and sustainer of all that is or will ever be, accept our thanks for this day and all its blessings. We ask that you guide and direct our club, its leaders and our actions. Grant that each of us may feel our responsibility to Rotary, to our community, to our country, and indeed to all countries and peoples. Bless our friendship today, and bless this meeting. Amen

Visiting Rotarians: Ron Garland/Downtown
Ray Baron/Downtown

Last Week:

Carolyn Holloway introduced Kim Howard who is the Administrator of the Wesleyan Assisted Living at Estrella. The Wesleyan provides multi level care for its residents. The independent living apartments are comfortable with a variety of choices and community amenities including fitness and enrichment programs.

The Assisted Living facility includes several levels of assisted care depending on individual needs. The Rehabilitation unit is a short term full care to transition from hospital care back to the person's home.

Also there is the Memory Care unit for those persons dealing with memory issues. The Wesleyan on Scenic is an award winning nursing home with over 200 beds. There is a waiting list on certain locations so it is wise to plan ahead. Ms. Howard explained that the homes are Methodist affiliated and provide transportation to local churches as well as to doctor appointments and other shopping needs.

All the homes are on a lease plan so no purchase is required. Ms. Howard is gladly available to answer any questions and can be reached at 512-943-9804.

PolioPlus

After 25 years of hard work, Rotary and its partners are on the brink of eradicating this tenacious disease, but a strong push is needed now to root it out once and for all. It is a window of opportunity of historic proportions.

Reaching the ultimate goal of a polio-free world presents ongoing challenges, not the least of which is a US\$535 million funding gap through 2012. Of course, Rotary alone can't fill this gap, but continued Rotarian advocacy for government support can help enormously.

As long as polio threatens even one child anywhere in the world, children everywhere remain at risk. The stakes are that high.

"If we all have the fortitude to see this effort through to the end,
then we *will* eradicate polio." . . . **Bill Gates**

Today: Georgetown Mayor, George Carver, introduced by **Bob Weimer**

Next Week: A Surprise !

Misc. etc: Many birthdays last week: **Harold Bergh** at “three quarters of a century”; **Lou Gibson's** grandson at 5 years; **John Harding's** son at 41 years; and **Glynn Hatley** (no number!); **Stephen Brown** is happy to be back from a great trip to Europe and UK; **Carolyn Holloway** noted the club has been mentioned in the news; **Bill Miller** reminded members about donations to go toward the Honduras project.

Membership Moment with Don Mabray

In 1948 a 21 year old basketball player was on the olympic team that went to the Olympics in London. That basketball player is now 85 years old and had recent heart surgery. He asked his doctor if it was o.k. to go back to London for the games this year and the doctor said "only if you take the doctor and his wife". He did just that and is the only member of the 1948 team in attendance this year.

He fondly remembers staying in the RAF barracks. Britain was just recovering from the second world war and did not build any special buildings etc. for the olympics. The basketball game was played on an outside court before 40,000 spectators. The U.S. team won the gold medals.

The highlight of the trip was that he was selected to personally meet King George VI and during that visit also got to meet his daughters, the Princesses Margaret and Elizabeth(now Queen). The lowpoint of the trip was that his gold medal was stolen while he was there. The Rotary Club of London heard about the theft and restored his gold medal, so he is forever grateful to that Rotary Club.

That athlete's name is Jackie Robinson, an All American basketball player from BAYLOR UNIVERSITY! He was been a life long Baptist Minister in Georgia before retiring.

Reflections on Humanitarian Service to Others:

- Albert Schweitzer (scientist, philosopher, and author) certainly had a Rotary spirit when he penned these words, “Only those among you who have searched and found ways to serve others shall be truly happy.” I find this to be an exceptionally strong statement using words such as only and shall be. As he defined pursuit of happiness for our lives, he did not leave any “wobble room.”
- William Penn (historical political statesman) approached the subject in a strong, but softer manner when he said, “I expect to pass through life but once. If therefore, there be any kindness I can show, or any good thing I can do to any fellow being, let me do it now, and not defer or neglect it, as I shall not pass this way again.”
- Martin Luther King, Jr. (honored American visionary), offered still another perspective using a Biblical reference when he said, “The Good Samaritan reversed the question asked by the Levite regarding what might happen to him (the Levite) if he stopped to help a man by asking, ‘If I do not stop to help this man, what will happen to him?’”
- This treatise would not be complete without a scriptural reference from The Holy Bible, Matthew 25: 34-45. Verse 40 states, “Verily I say unto you, inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me, and verse 45 states, “Verily I say to you, inasmuch as ye did it not to one of the least of these, ye did it not to me.” This spiritual context raises service to others to a higher level, indeed.

... **PDG Gene E. Davenport**

Message from Norm Peters

Fellow Rotarians:

Let me share a few more details on the bio-sand water filter opportunity. As you know, MEDICO works with several host organizations who determinewhere our doctors can best serve in their country. Members of the host organization then become members of each team, helping with crowd control, etc. Obviously this gives the people being served the comfort of knowing MEDICO is partnering with their own people in serving their health care needs.

MEDICO has helped to install water systems in remote mountain villages in Honduras. This current project is being sponsored by the largest Rotary Club in the second largest city in Honduras, a club we have worked with as team hosts and with the school supply project several years ago. The "secondary" sponsors of this particular project are the Grand Rapids Michigan Rotary Club and the Holland Michigan Rotary Club under the leadership of a Rotary medical doctor from Grand Rapids who, like me, has been working in Honduras for several years. His club has already purchased and delivered to Honduras the bio-sand filters we have read about in the "*ROTARIAN*"....the garbage can sized water filtering units placed into each participating village home at a cost of under \$100 a unit, including training costs.

Our club is officially becoming an additional secondary sponsor with a commitment of \$2000. By officially becoming a sponsor it is anticipated that our donation will be matched with appropriate Rotary International Grant funds, assuming the San Pedro Sula Rotary Club application is approved. Training is important as the "buy in" from the community requires just that, buying in to the concept.

Community leaders are challenged to educate their people in the proper use of the easily maintained units, built to last at least 10 years. Naturally this has historical cultural ramifications as it means "changing the way we have always done things".

Having the Honduras Rotarians as sponsors and educators is what gives us, at MEDICO, the comfort zone needed for our \$2000 investment in this project. With clean water being a major Rotary emphasis world wide this project is on target with our goals and objectives. Personally I appreciate our club's willingness to get involved as MEDICO may establish relationships with other Honduras Rotary clubs who seek partnerships of this nature. The challenge of finding locations, shipment of units, and monitoring results is met through this partnership which meets MEDICO's investment requirementsin other words there is no need to re-invent the wheel.

Having already seen the improvement in health conditions in the remote villages being served by MEDICO we are delighted to share in this health care investment program with the Georgetown Sun City Rotary Club.

A mistake is simply another way of doing things.

... Katherine Graham

Future Programmes:

- Aug 7 Georgetown Mayor George Carver
- Aug 14 A Surprise (not to be missed!)
- Aug 21 Ron Swain, Senior Advisor to the Southwestern University President
- Aug 28 Visit from Distric Governor, Rick Price
- Sept 4 Joanne Harrah will introduce a representative from the Palace Theater
- Sept 11 Ray Bergman will present a talk on finance
- Sept 18 Don Mabray's guest will be Ray Bethke
- Sept 25 Don Bender's guest, Laura Antpoine will speak on mentoring in Rotary
- Oct 2 Quarterly Club Assembly

Dates To Remember:

- Sat. Aug 11 Rotary Foundation and Membership Seminar
Lake Aire Medical Center, 2423 Williams Drive, Georgetown.
Cost of \$15 includes lunch. 8:30am – 1:15pm
- Sept 14-15 28th Annual Bi-District Reunion
Two nations coming together providing Peace Through Service.
Embassy Suites, Conference Center, San Marcos. Attendees have an opportunity to win a get-away vacation at the Casa de Los Suenos in Isla Mujeres, Mexico.
- Oct 27 Schwertner Ranch & Event Center, Salado 5:30 – 9:30 pm
Denim & Diamonds, Rotary Foundation Gala & Fundraiser. Gourmet Texas Fare, Entertainment, Prizes, Auction. Win a .5 carat diamond!

August is - Membership & Extension – month

Misc.

Studies in Japan and Texas have found lower rates of suicide, homicide, and rape in areas with lithium in the drinking water. A psychiatrist in Ireland called on the government to add lithium to the public water supply and a cardiologist in Northern Ireland suggested putting statins in the water to help tackle heart disease.

The Rotarian, August edition

Excerpt from The 100/0 Principle, by Al Ritter *

What is the most effective way to create and sustain great relationships with others? It's The 100/0 Principle: You take full responsibility (the 100) for the relationship, expecting nothing (the 0) in return. Implementing The 100/0 Principle is not natural for most of us. It takes real commitment to the relationship and a good dose of self-discipline to think, act and give 100 percent.

The 100/0 Principle applies to those people in your life where the relationships are too important to react automatically or judgmentally. Each of us must determine the relationships to which this principle should apply. For most of us, it applies to work associates, customers, suppliers, family and friends.

STEP 1 - Determine what you can do to make the relationship work...then do it. Demonstrate respect and kindness to the other person, whether he/she deserves it or not.

STEP 2 - Do not expect anything in return. Zero, zip, nada.

STEP 3 - Do not allow anything the other person says or does (no matter how annoying!) to affect you. In other words, don't take the bait.

STEP 4 - Be persistent with your graciousness and kindness. Often we give up too soon, especially when others don't respond in kind. Remember to expect nothing in return.

At times (usually few), the relationship can remain challenging, even toxic, despite your 100 percent commitment and self-discipline. When this occurs, you need to avoid being the "Knower" and shift to being the "Learner." Avoid Knower statements/ thoughts like "that won't work," "I'm right, you are wrong," "I know it and you don't," "I'll teach you," "that's just the way it is," "I need to tell you what I know," etc.

Instead use Learner statements/thoughts like "Let me find out what is going on and try to understand the situation," "I could be wrong," "I wonder if there is anything of value here," "I wonder if..." etc. In other words, as a Learner, be curious!

Principle Paradox

This may strike you as strange, but here's the paradox: When you take authentic responsibility for a relationship, more often than not the other person quickly chooses to take responsibility as well. Consequently, the 100/0 relationship quickly transforms into something approaching 100/100. When that occurs, true breakthroughs happen for the individuals involved, their teams, their organizations and their families.

Doug Ingram

Senior Director of international games for the US Olympic Committee.

* Email sent to **Bob Deffeyes** from his friend, Doug Ingram.

