



The Sun Light

THE ROTARY CLUB OF GEORGETOWN - SUN CITY

District 5870 TUESDAYS 12 NOON

Cowan Creek Amenity Center, Cool Spring Way

February 19, 2013

www.RotaryDistrict5870.com www.rotary.org

1530 Sun City Blvd, Suite 120 Box 441, Georgetown 78633

FEBRUARY IS WORLD UNDERSTANDING MONTH

Rotary Prayer: Today we pray that we receive Your special blessing because we are committed to be a real service organization to help humankind. May each of us in our daily routine come to know the joy of caring and sharing with others not as fortunate as we are. May our motto that includes serving, caring and sharing be for us life in service. Amen.

Today's Programme: Ms. Pat Holland, Assistance League of Georgetown

Next Week: Ms. Ailcea Jones, author, and editor of the *Georgetown View* magazine

Future Programmes:

Feb 26	Ms. Ailcea Jones, author & editor of the <i>Georgetown View</i> magazine
Mar 5	Ms. Sheila Allee, author of "Family Secrets"
Mar 12	Mr. Bob Weimer, Spring Fling
Mar 19	Mr. John Delaney, Drug Policy Forum of Texas
Mar 26	Mr. Norm Peters, MEDICO
Apr 2	Club Assembly
Apr 9	Mr. Dave Lovelace, Sun City Theater building
Apr 16	Biographies
May 14	GSE team from the Philippines

Upcoming Events: May 31 – June 2, 2013 District 5870 Conference of Rotary Clubs, Bastrop
June 23 – 26, 2013 Rotary Int'l Conference in Lisbon, Portugal

Last Week: After all the hard work by **Stephen Brown**, **Adaire Wolf**, and **Barb Pekar** the *Mardi Gras* evening was a great success. Many members, their spouses and significant others donned their green, purple, and gold, a few imaginative masks, and some quite remarkable headgear; the tables were decorated with purple and green cloths and Mardi Gras beads for those who forgot to bring some; The **Nemecs** provided a delicious cajun dinner; and **John Skannal** came through again by bringing King Cakes direct from New Orleans to top it all off.

The evening began with **Harold Bergh**, our resident accordionist, who set the party going with some lively music. And after the awards, Stephen Brown introduced his friend, **Bob Blackshear**, a Sun Citian, who brought his guitar and proceeded to entertain us with some wonderful music.

As the party was breaking up it was talented **Ernestine Brown** who pounded the keys producing great New Orleans jazz!

Happy Bucks received \$640.00

Many thanks to all those who made the evening so enjoyable.

Previously: PDG Suresh Pahwa gave us a very interesting powerpoint presentation on the cleft palate surgery that was performed by a group of medicos and other volunteers in Cebu City, Philippines. There were 4 plastic surgeons, 4 operating room nurses, 4 anæstheologists, a pediatrician, recovery room nurses, a dentist, and 9 non-medical personnel.

Compared to the USA, conditions in the hospital were relatively simple, but during the two week period, the group, sponsored by US Rotary clubs in the north Pacific region, made an unbelievable difference to 100 youngsters and their families. Power went out from time to time but after the governor of Cebu province, Gwen Garcia, visited and saw what was happening, she ensured the reliability of power for the group during their time. The non-medical volunteers played a significant role by ensuring that the right charts went with the right children both during and after the surgery since it was an almost assembly line action with three operating rooms surgeons working.

Parents were often in tears seeing the wonderful difference in their children, and as Suresh said, there was hardly a dry eye in the airport as the group left for home.

Misc. etc: *Bob Derse, Tom Minor's son and daughter, and Janice Jacoby have recently celebrated birthdays; Tom introduced his friend, Don Duplessie, with whom he spent time in the Peace Corp in Africa 27 years ago! Bill Miller reminded us that during the month of February all Happy Bucks will go towards PolioPlus; the Pekar family is celebrating two birthdays; Bob Weimer, his wife, Ellen, and their grandson, along with Lou Gibson are all celebrating birthdays.*

Awards:

DG Ricky Price of Mexia Rotary Club was introduced by President **Jamie Mattison** and with help from **Bill Miller** presented the following awards:

Paul Harris +1 to David Wolf

Paul Harris +2 to Ron Ferreri

Paul Harris +3 to John Skannal

Major Donor level 3 to Stephen Brown along with a large crystal paperweight

Major Donor level 4 to Bill and Joanne Harrah also with the crystal paperweight

Leaving their mark

For more than 75 years, countries around the world have honored the work of Rotary with commemorative stamps. The first appeared in 1931, when Austria created an overprint -- a later printing over an officially issued stamp -- in honor of the RI Convention in Vienna.

Other RI conventions have been commemorated with stamps, including those held in 1940, in Havana, Cuba; 1961 and 1978, in Tokyo; 1981, in São Paulo, Brazil; and 1987, in Munich, Germany.

For Rotary's 50th anniversary in 1955, 27 nations issued commemorative stamps. Many featured familiar Rotary imagery such as the gearwheel, which a Greek stamp incorporated along with the number 50. Images of Paul Harris and common scenes from the issuing country also were popular.

Rotary's 75th anniversary was honored with commemorative stamps from Benin, Cyprus, Djibouti, Dominica, Ghana, Iran, and others. The postal service of the Netherlands Antilles issued several postcards and stamps as well as a postage cancellation stamp in the shape of the Rotary emblem. The Maldives issued a series of stamps based on Health, Hunger and Humanity Grants.

In 2005, Rotary's centennial inspired stamps from nations including France, Ghana, Peru, and Togo. Stamps have also marked the anniversary of Rotary in individual countries and depicted projects and humanitarian activities.

A 1960 Bolivian stamp bears the Rotary emblem and commemorates a children's hospital sponsored by the Rotary Club of La Paz.

A 1976 stamp honors 40 years of Rotary in Fiji by highlighting a club project that raised money to purchase an ambulance.

Many Rotarians collect commemorative Rotary stamps. Since 1955, a group now known as the International Fellowship of Rotary on Stamps has collected and researched Rotary-related philatelic material.

Saturday, February 23rd will be the Memorial Service for Bob Derse's wife, Trudy, at 11AM
at Wellspring United Methodist Church, 6200 Williams Drive.
Members are invited to attend.

Our Crazy Language

A visit to the zoo – thanks to *Richard Lederer*

Some people have a **whale** of an appetite that compels them to eat like **pigs**, drink like a **fish**, stuff themselves to the **gills**, **hog** the **lion's** share, and **wolf** their **elephantine** portions until they become plump as **partridges**. Still others are **batty**, **squirrely**, **bug-eyed**, **cock-eyed cuckoos** who are mad as march **hares** and look like something the **cat** dragged in; crazy as **coots**, **loons**, or **bedbugs**; and who come at us like **bats** out of hell with their **monkeyshines** and drive us **buggy** with their **horsing** around.

Friends show their love in times of trouble, not in happiness.

. . . Euripides

History of The Rotary Foundation

In 1917, RI President Arch C. Klumph proposed that an endowment be set up “for the purpose of doing good in the world.” In 1928, when the endowment fund had grown to more than US\$5,000, it was renamed **The Rotary Foundation**, and it became a distinct entity within Rotary International. Five Trustees, including Klumph, were appointed to “hold, invest, manage, and administer all of its property . . . as a single trust, for the furtherance of the purposes of RI.”

Two years later, the Foundation made its first grant of \$500 to the International Society for Crippled Children. The organization, created by Rotarian Edgar F. “Daddy” Allen, later grew into the Easter Seals.

The Great Depression and World War II both impeded the Foundation’s growth, but the need for lasting world peace generated great postwar interest in its development. After Rotary’s founder, Paul P. Harris, died in 1947, contributions began pouring into Rotary International, and the Paul Harris Memorial Fund was created to build the Foundation.

That year, the first Foundation program – the forerunner of Rotary Foundation **Ambassadorial Scholarships** – was established.

In 1965-66, three new programs were launched: [Group Study Exchange](#), Awards for Technical Training, and Grants for Activities in Keeping with the Objective of The Rotary Foundation, which was later called [Matching Grants](#).

The [Health, Hunger and Humanity \(3-H\) Grants](#) program was launched in 1978, and Rotary Volunteers was created as a part of that program in 1980.

[PolioPlus](#) was announced in 1984-85, and the next year brought [Rotary Grants for University Teachers](#). The first peace forums were held in 1987-88, leading to the [Foundation's peace and conflict studies programs](#).

Throughout this time, support of the Foundation grew tremendously. Since the first donation of \$26.50 in 1917, it has received contributions totaling more than \$1 billion. More than \$70 million was donated in 2003-04 alone.

To date, more than one million individuals have been recognized as [Paul Harris Fellows](#) – people who have given \$1,000 to the Annual Programs Fund or have had that amount contributed in their name. Such strong support, along with Rotarian involvement worldwide, ensures a secure future for The Rotary Foundation as it continues its vital work for international understanding and world peace.

WOMEN KILLED FOR GIVING VACCINES - IN NIGERIA

Gunmen suspected of belonging to a radical Islamic sect shot and killed at least nine women who were taking part in a polio vaccination drive on February 8th, highlighting the religious tensions surrounding the inoculation of children in one of the few nations where the disease remains endemic.

The attack signaled a new wave of anger targeting immunization drives in Nigeria, where clerics claimed the vaccines were part of a plot to sterilize young girls.

Wit is educated insolence.

. . . Aristotle

POLIO VIRUS SPREADS FROM PAKISTAN TO EGYPT

Health officials in Egypt are scrambling to prevent an outbreak of polio after the wild poliovirus from Pakistan was detected in sewage samples collected at two sites in Cairo in December during a routine sampling. The presence of the virus in untreated sewage means that a person – or several people – carried it from Pakistan.

Egypt has been polio-free since 2004 and so far no cases have been found and there is no evidence the virus has established itself. However, there is a great risk. WHO, CDC, and other partners in the global initiative immediately sent teams to help the Egyptian Ministry of Health and Population investigate and plan a response.

Egypt has had two other known poliovirus importations since 2004, but neither one caused any illness. But experts are worried as Egypt has scaled back its national polio vaccinations campaigns from twice a year to only once a year during the turmoil of the revolution.

A polio-free India is proof that Rotary is able to tackle the world's most difficult health challenges, according to Bruce Aylward, assistant director-general for Polio, Emergencies and Country Collaboration at the World Health Organization (WHO). Speaking at Rotary's 2013 International Assembly in San Diego, California, USA, Aylward praised [Rotary's work](#) in bringing the world to the threshold of polio eradication, but reminded the incoming district governors that it will take their leadership to complete the job.

Cardiac Facts to Take to Heart

1. The most common time for a heart attack: Mondays between 8 and 9 a.m.
2. You know what they say about guys with long ring fingers... They're less likely to have early heart attacks. The *British Journal of Cardiology* found that men with ring fingers the same length or only slightly longer than their index fingers have a higher risk of heart attacks in their thirties and forties than men with ring fingers much longer than their index fingers. The reason's testosterone, which is responsible for lengthening ring fingers, protecting against heart.
3. The term "pacemaker" doesn't just refer to an implanted device. The pacemaker cells in the right atrium of a healthy heart control the heart rate. The artificial version relies on electrodes.
4. The average woman's heart beats 78 times per minute. The average man's beats 70 times per minute.
5. The [heartbeat theory](#) uses the known difference between average male and female heart rates to predict the sex of babies. Supposedly, 140-plus beats per minute predicts a girl, and under 140 beats is a sure sign of a boy. Doctors claim there's no proven correlation between heart rate and sex in hearts that young and well, unborn. But go ahead, listen to your baby's heartbeat, take a 50 percent chance, and guess. Or get a sonogram.
6. The bigger the heart, the slower the heart rate. The blue whale's heart is the size of a small car and beats only six times per minute.
7. Mammals are warm-blooded, hairy vertebrates that nurse their young. Know what else some scientists say they all have in common? A lifetime of about [one billion and a half heartbeats](#). Obviously, not all creatures have the same longevity—an elephant lives longer than a cat, for instance. That's because larger animals' hearts beat slower. They don't just have more cells. They have more *efficient* cells.
8. The two sounds of a heartbeat are produced by the valves closing. Their official scientific name is lub-dub (not to be confused with dubstep).
9. Most heart transplants are performed in the United States, but the first one occurred in South Africa on December 3, 1967. The first heart transplant in the U.S. occurred three days later in Brooklyn, New York.

February is Rotary World Understanding Month.

With this in mind, the Rotary Club of Mainz-Churmeyntz, Germany, is working on a project that unites Israel's diverse communities to help local disabled children.

Rotary Foundation Peace Forum.

The Rotary Foundation partially subsidizes international conferences to examine the role civil society can play in the achievement of peace. A 1997 Rotary peace forum in Ushuaia, Tierra del Fuego, Argentina encouraged the continued status of Antarctica as a continent for all people, stressing the importance of peaceful, non-political international collaboration in Antarctica. No military presence is allowed in Antarctica, and access to the continent is reserved primarily for scientific purposes.

The final 2012-13 Peace Forum is scheduled for May 17-18 in Hiroshima, Japan.

Engage Rotary, Change Lives is 2013-14 RI theme

RI President-elect Ron Burton will ask Rotarians to Engage Rotary, Change Lives in 2013-14. He unveiled the RI theme during the opening plenary session of the 2013 International Assembly in San Diego, California, USA, the annual training event for incoming district governors.

“If we really want to take Rotary service forward, then we must make sure that every single Rotarian has the same feeling about Rotary that each one of us here has today,” Burton said. “We need to make sure that every Rotarian has a meaningful role to play, that they’re all making a contribution, and that their contribution is valued.”

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Monthly message from RI Presidentr Sakuji Tanaka

Dear fellow Rotarians,

In December, I spoke at the first of the three Rotary Global Peace Forums we have planned for this Rotary year. This first event, with the theme “Peace Without Borders,” was held in Berlin, the home of the Berlin Peace Clock. The clock, intended as a piece of art, is 3 meters high and weighs over 2 tons. On its side are inscribed the words, *Time bursts all walls asunder*.

The clock was unveiled on 9 November 1989. That was the day the Berlin Wall fell. It was a wonderful coincidence that the moment the hands on the clock began to move, the orders were given to open the border to West Berlin. The words written on the side of the clock had come true.

In Rotary, we do not divide our work by nation, culture, or language. It does not matter what is printed in your passport. What matters is that you believe in *Service Above Self*. But even in Rotary, it is easy to think in terms of countries or communities. This project may help someone in my own community, or that project may help someone from Germany, or Kenya, or South Africa. Sometimes we think of different types of borders. This project, we think, helps the young. This helps the elderly. This helps people who are hungry, poor, or sick, or who have disabilities.

The truth is that *Service Above Self* does not know such borders. When we serve, the impact is not limited to our community, or the community we are helping. We are not only helping the young, or the elderly, or this school, or that orphanage. When we serve, we are helping all of humanity. The effects of what we do go on and on.

When we put *Service Above Self*, we are making a choice. We are choosing to put other people’s needs ahead of our own desires. We are saying, “Your problems are my problems, and I care enough to help you.”

Rotary brings peace by addressing the needs that cause conflict: the need for clean water, for nutrition, sanitation, and health care. When these needs are met, there is opportunity. And there is hope. Hope has no borders. It is the garden from which peace can grow.

Peace Through Service brings out the best in us. It makes us aware of the borders we set up around ourselves – and it helps us tear them down.



Peace
Through Service

Sakuji Tanaka

Rotary International President
2012-13