



THE SUN LIGHT

THE ROTARY CLUB OF GEORGETOWN-SUN CITY
MEETS TUESDAYS, 12:00 P.M. @ SUN CITY BALLROOM
SEPTEMBER 30, 2008

Thought for the Week

Every success is built on the ability to do better than good enough. Anonymous

Today's Program

Greg Bowden is in charge of the program.

Last Program - Sept. 23, 2008

Dr. Stephen Brown introduced our speakers, Heather Ledbetter and Knoel Balin. Heather works as a social worker and Knoel is a psychiatric nurse at Austin Lakes Hospital, a mental health care facility in Austin.

Knoel spoke about the events in our lives which can lead to depression. Also, she listed the signs of depression. She defined therapy as bringing people back to their "normal" selves.

Heather discussed ways of keeping the brain healthy. Physical exercise is one important component. There are newer medicines to help our brains, and eating certain foods also help us.

Presiding Order

PRESIDING Chris Mealy
PRAYER Membership
PLEDGE John Miller
4 WAY TEST Tom Minor

Total Attendance

32 members and 5 guests

Visiting Rotarians

Tom Crawford and Wilson Morris-Downtown Club

Guests of Rotary

Heather Ledbetter and Knoel Balin-guests of Stephen Brown and speakers,
Savannah Truelove – guest of Jamie Mattison and perspective member

Significant Events

The following couples celebrated wedding anniversaries: John and Betty Miller-5 years and Chris and Liz Mealy-39 years.

Linda Roberts' grandmother had her 100th birthday.

Happy Bucks (\$31)

Bob Welton was happy to be back at Rotary after a summer in Wyoming. Many were just happy to be present. Others were happy for their winning teams: Stephen Brown, LSU; Alex Munson, Texas Tech; and Tom Powell, Dallas Cowboys. Tom Minor was happy for the Chicago Cubs winning their division.

*All money collected weekly goes to the Rotary Foundation.

Important Dates, 2008

October 21 Anniversary Dinner at Georgetown Country Club

Nov. 1-2 – Arts and Craft Fair

November 21-22 - Bi-National Reunion in San Antonio

Dec. 13 - Breakfast with Santa

Dec. 20 – Delivery of gifts to families in Georgetown and Jarrell

Future Programs

October 7 – Don Bender

October 14- Tom Minor will present representatives from Chatsworth Products

October 21 –Anniversary Dinner

October 28-Doug Bryce

November 4-Dick Will

November 11-Julian Bucher

November 18 – Byron Calcote

November 25 – John Chenoweth

Dec. 2 – Dean Cleveland

Dec. 9 – Al Cummins

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www.Rotary.org (national)

David Medley

Lou Gibson reported that David Medley's condition has worsened. Let's remember him in our thoughts and prayers.

Charles Ray

Bill Miller presented a Paul Harris +1 award to Charles.

Important Request

Lou Gibson needs everyone to report to him on the results of their contacts from the perspective list of donors for the breakfast.

Anniversary Dinner

Plan to attend this gala event! The anniversary dinner is at the Georgetown Country Club on Tuesday, Oct. 21. There will be a Tuscan theme with cash bar from 6-7 pm and an Italian buffet dinner at 7 o'clock.

Downtown Rotary Invitation

President Tom Crawford extended an invitation to our members to attend their noon meeting on Friday, Oct, 24, 2008.

Their speaker will be Chris Lewis, the son of Jerry Lewis, who is vice president of the Wheelchair Foundation. This group donates wheelchairs to people in need who cannot afford them.

You must notify our President Chris if you will attend, so there will be an accurate lunch count.

A Rotary Prayer

Oh Lord, and giver of

All things good,

We thank thee for our daily food,

May Rotary friends and

Rotary ways,

Help to serve you all our days.

Amen