

Rotary International President Holger Knaack's theme for 2020-21,
Rotary Opens Opportunities,
asks Rotarians to create opportunities that strengthen their leadership,
help put service ideas into action and improve the lives of those in need.

Future Events

18 May - Will Eddowes - BlazeAid

25th May - Shelly Boyce - The Southern Highlands Foundation

1 June - **VENUE KAZCARE** - Kirkham Road - Community Cooking School Demonstration

22 June - First Responders

29 June - Changeover - Drinks will be provided - Book your table now.

Please Note: Apologise by Friday noon, attendance is the default position.

Meeting Notes - May 11th 2021

Venue: The Hermitage, 843 Old South Road, Mittagong

Journalist: Trevor Fair

Welcome from President Rod.

Thank you Trevor for standing in last week.

Welcome to our guest speaker Ashley Stapleton. Also welcome Iain, Faye, Mara & Eric.

Invocation: Brian Elliott

International Toast: Robbie Allen

The Federated States of Micronesia, which is located north of Papua New Guinea and west of The Philippines consist of four independent states in the Compact of Free Association with Palau and Marshall Islands and the United States.

The Federated States consist of 607 islands of land comprising 702 sh lk, stretching 2,700 km East to West and claims 2.6m sq km of the Pacific Ocean.

The islands were controlled by Germany before WWI and were a trust territory of Japan awarded by the League of Nations afterwards. One of these islands, Truk, was the biggest base for the Japanese Navy until they lost it in a fierce battle in the middle of 1945.

Yesterday Micronesia celebrated is independence from the United States in 1979. One of the atolls, Truk, now known as Chuuk Islands has a population of 36,000 and is home to the Rotary Club of Truk Lagoon. The Club was chartered in 2001 in District 2750 which covers part of metropolitan

Tokyo and the Western Pacific. It has 10 members led by President Cindy Mori. One of their continuing projects supported by the Rotary Foundation is the provision of simple fresh water distillation plants to the islands as they have very limited means of catching and storing sufficient water for their needs on the low lying sandy islands.

Announcements:

Rod:

BlazeAid update from Adelong. Numerous members have helped out over the last 2 weeks. The largest number of volunteers happened soon after the fires.

Rod cut himself on barbed wire.

Science & Engineering Challenge. 31st May High Schools, and 1 June for Yr 6 Discovery Day.

This year Rotary is celebrating 100 years in Australia. Rotary Club of Moss Vale is hosting a celebration dinner \$30 pp. See Bulletin for further details.

Trevor: Next Monday's celebration for Ray Williams. I spoke to Courtney, Ray's daughter today, who is being the Celebrant / MC. The formal part of the ceremony is structured, however there will be an opportunity for people to talk briefly from 1 pm onwards.

Michael Dealtry was presented with his official badge.

Guest Speaker - Ashley Stapleton

Introduced by Tony Glenn. Ashley was born in Bowral, attended SH Christian College and has multiple degrees. Young person business award winner, and runs a very successful business in Bowral.

Ashley Stapleton - Highlight Photonics - Basics on computer and cyber security.



What makes us a target for cyber security? Most common is access to financial assets. Do not give remote access of your computer. The only people who should have access are family members and very trusted friends.

Be wary of anyone wanting to give a refund. This gives them access to your bank details.

Google Chrome stores passwords on the computer. See if you can turn off.

Multiple devices are also prevalent with many people now. To secure them is to install a password. Even in the home have a password. Make sure the phone has a password as most accounts can be reset by sending an email to your device.

Fingerprint security is good. As are the master password storage. Password management is one of the keys to security. Use password managers like "Lastpass, 1password, Dashlane".

Scams and viruses - the most common access is via email. Simple steps to prevent this.

Domain name - look at the address to see where the mail is from. For example if it is from bigpond the email address will be *****@bigpond.com

Crooks are getting better at disguising the domain name, may just have one letter different in the address.

Opening the email is not dangerous, it is the link or attachment is where the danger lies. It is possible to hover the mouse over the link without opening it. This should allow you to see the address and verify it as being safe.

Best to do on line banking not by a link, however open a new page and log on as usual. Look for the padlock symbol in the web address as this is an additional step to see whether an address is secure.

Storage - what happens if there is a fire or theft? Must have a back up, preferably offsite, should be 14 km away from site. Businesses operating from the Twin Towers had the backup in the other tower, they have lost all their data and many did not reopen.

Cloud storage - is basically a term for a central storage in large buildings around the world.

If you lose a device, with off site backup it is a lot easier to access data. If possible have local and cloud backup.

Backup software - Apple has Time Machine. Windows 10 has File History.

Also need to have anti-virus software. As Apple has 10% of market is becoming more common for Apple to be susceptible to viruses.

Seek out a family member or trusted professional to have on call to assist.

Summary

Back up

Passcodes

Updates

Be aware of emails and ensure they are genuine.

Vote of thanks - Ian Langford provided the vote of thanks to ashley..

Apologies to Trevor by 12 noon Friday for next week's meeting. Otherwise we look forward to seeing you there. EFT to the General Account \$35. BYO drinks.

May Birthdays:

Rod Aistrop

3/5 Jo

Chalmers 16/5

Will Eddowes

26/5 Jim



Gasson 22/5

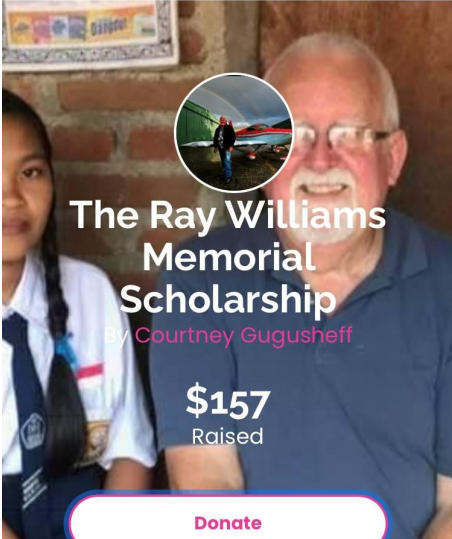
Brian Pattinson 31/5

In lieu of flowers please consider making a
Donation to Bali Children Foundation

Fundraise.balichildrenfoundation.org



It is really going off in Adelong
according to Lynton!





The Ray Williams Memorial Scholarship
By Courtney Gugusheff
\$157
Raised
[Donate](#)

Night clubs are reopening, but only vaccinated people will be allowed...



Community Cooking School

We hope you have enjoyed our classes so far in 2021! It has been fab to reopen the doors and see so many smiling faces again.

Just a heads up we have now released the next class "Breakkie Bonanza" online for sale to be held Friday 28 May @ 9.30am – 12.00pm.

Sick of battling the crowds in town at the moment to get your favourite Sunday breakkie? Us too! Become the ultimate breakfast master in this cooking class & we will teach you how to poach eggs like a pro, make hollandaise from scratch, plus a few sweet brekkie dishes that will melt in your mouth, all for less than the cost of one breakkie at your favourite cafe!

Join in for all the laughs, all the fun & delicious food! Can't make it, tell all your friends & get them to join in or donate a class to someone in need.

Book via the link - we hope to see you again soon.

<https://www.thecommunitycookingschool.org.au/.../brekki e.../>

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