

Tulip Times Club Bulletin: 13th September 2022

Volume 84 No 11



Bowral-Mittagong
Rotary
District 9705
Chartered 26 March 1940



Email : rotarybm@acenet.com.au
www.bowralmittagongrotary.com

RI President:
Jennifer Jones

Club Meetings:

Weekly on Tuesdays, 6.00pm for 6.30pm at various Southern Highlands venues. (See below)

Meeting Apologies by Sunday for the following Tuesday. Please TXT Sec. Trevor.

Next 4 Weeks	Meeting Venues	Speaker/ Topic	Journalist
20 Sep	Bowral Bowling Club	Anatoly Rosenfeld/ Chernobyl	Trevor Fair
27 Sep	Bowral Bowling Club	Libby Henderson/ Big Purple Phone	David McCosh
04 Oct	TBA	Member Stories	Will Eddowes
11 Oct	TBA	Rotary Youth Program of Enrichment (RYPEN) Students	Tim Bowland

International Toast – given by Robbie Allen.

With the passing of Queen Elizabeth last week we mark the end of the Second Elizabethan Age. No one can question her extraordinary devotion to her role as Monarch of the United Kingdom and Head of State of Australia. Her constancy over 70 years will be missed.

She died at Balmoral Castle on the River Dee in Aberdeenshire in the Highlands of Scotland, a place which she and her family have loved for generations.

The nearest Rotary Club to Balmoral meets at the Lord Kinord Hotel in the small town of Dinnet some 20km to the east and would surely have access to some prestigious guest speakers visiting the area.



President Alistair Tong

The Rotary Club of Aboyne and Upper Deeside in District 1010 was Chartered in 1983.

President Alistair Tong leads 30 Members in service to the people of their community.

Their fund raising activities are quite similar to our own including running the barbecue for the Bonfire and Fireworks Night in November and car parking and marshalling for the Aboyne Highland Games. They have recently run a schools public speaking competition and they support an education program in Uganda.

With fond thoughts for our departed Queen would you please rise and mark her passing with our International Toast to the President and Members of the Rotary Club of Aboyne and Upper Deeside.

Venue: Bowral Bowling Club.

Journalist: Ian Langford.

Sergeant Rosemary Kelly called the meeting to order and welcomed Guest Speaker **Jill Snow** who is a local Diabetes Nurse Specialist and Diabetes Educator with many years of experience.

Rosemary then introduced and welcomed **President Leigh Robinson**.

President Leigh gave the acknowledgement of Country, welcomed guest speaker Jill Snow and guest Eric Conley who Leigh felt usually missed out on being welcomed and then he read out the apologies.

After everyone recited the Invocation, **Sergeant Rosemary** proposed a toast in memory of Queen Elizabeth II and then **Robbie Allen** presented the International Toast.

Announcements:

President Leigh: Two Bowral High School students have been selected to attend the Rotary Youth Program of Enrichment (known as RYPEN). They will attend our meeting on October 11th to talk about the program.

President Leigh announced that at the meetings of the 4th October and the 8th of December he will call upon a couple of members to spontaneously talk a bit about themselves for 10 minutes. You have been warned!

We will be providing a barbecue on Thursday 22nd September (now a public holiday) for a private party being held by the Private Hospital in Corbett Gardens in the evening as a thank you to the health workers.

We are also supporting the Interact Club with a barbecue on Wednesday 21st September which **Robbie Allen** said is under control.



Ian Law described a program being developed by the Rotary Club of Woden Daybreak to help protect Bush Peas from the threat of extinction. They are inviting us to join the *Saving the Bush Peas Awareness Program*. Clubs in District 9705 are invited to contribute financially to the production of a video about Australian bush peas by the Royal Botanic Gardens and Domain Trust (RBGDT) in Sydney.



The wonderfully vibrant bush peas are also sometimes called 'eggs and bacon plant' because of their showy orange and yellow flowers. Eight known species of bush peas are in danger of becoming extinct in our District. The video, which will highlight Rotary's funding, will focus on the environmental threat to bush peas and encourage more extensive research into them.

Dr James Clugston, a post-doctoral research fellow based at the RBGDT, is seeking support from our District to make a video outlining the plight of the genus *Pultenaea* (bush peas). *Pultenaea* is a genus of

legume currently under researched and the number of species in this genus is not yet known, although more than 120 have been identified. Over the last year, the RBGDT has discovered 20 new species with more expected. Currently eight known species of bush peas are in danger of becoming extinct in our District. Some bush pea species have been bred for horticultural use and others may have great horticultural potential, but lack of information has hindered their breeding for this purpose.

Dr Clugston hopes that this initial partnership between Rotary and the RBGDT will pave the way for future collaboration on other conservation projects. He is seeking \$8,965 to create a video which will highlight the environmental threat to bush peas, the RBGDT's current and planned research on, and conservation of, bush peas. Also to show how the general public can identify bush peas and assist the RBGDT by logging sightings into iNaturalist, an online social network for sharing biodiversity information.

The RBGDT will coordinate a campaign to distribute the video widely to relevant educational institutions and other stakeholders, including potential research funders, and interested individuals and community groups. Ian Law has further information and will be bringing the project to the next board meeting.

If you are interested in considering this opportunity, there will be a Zoom meeting at 4:30 pm on Tuesday 27th September to brief you on this proposal. Please contact Rosemary Castle of the Woden Daybreak RC so that an invitation can be sent to you (email: wodendaybreak@outlook.com mobile 0431 370 859)

President Leigh said we are looking at how we can support Moss Vale Public School's vegetable garden project. They have applied for a Council grant and Moss Vale Rotary Club is helping.

Tony Glenn reminded members that Dream Cricket will be held on Friday 28th October and it is a labour intensive event which will need a concerted effort from all members. As Covid19 and bad weather means that it's a few years since the last Gala Day so there are probably newer members who are unaware what the program actually is and how powerful and emotional the day can be. You'd have to be a very cold hearted person not to find the day an uplifting and moving experience and make you feel that in Rotary you really are making a difference.

DreamCricket was initiated by Dr Roly Bigg of the Movement Disorder Foundation in concert with the Rotary Clubs of the Southern Highlands and the Bradman Foundation. The aim is to provide primary school students with special needs an opportunity to play cricket activities on Bradman Oval. The

DreamCricket program has grown to encompass schools and children throughout Australia and internationally.



To help let members know what's required on the day there is a "Clinic" being held on this Friday 16th September at 10:00am lasting about 1 hour at the Bradman Oval and your only excuse for not attending would be that you are on the Tulip Time Festival gates! Duties to be covered include 2 adults for every 10 children and so far there are 171 children registered, the barbecue lunch, PA, registration etc.



Ian Langford reported that the Tulip Time Festival gates roster was 100% complete again and he thanked members for the many offers to help out when suddenly we had multiple cancelled shifts in the first few days. Ian hopes to get some more information from the organisers which he can circulate before Friday. He saw the scanners this afternoon and they are simple units like a mobile phone with a camera which is just pointed at the visitor's QR code they will have on their phone or printed ticket.

Ian reported that he and **President Leigh** attended a "Tulip Time Festival Reveal" but there weren't many tulips out. Just hope we have some warmer sunny days by Friday. It was disappointing that Rotary was not mentioned at all by the dignitaries.

President Leigh brought members' attention to the posters for our fundraising charity dinner on November 19th at Centennial Vineyards. By scanning the QR code printed on it with your phone or tablet you can purchase your tickets. Tickets are selling fast so don't leave it too late to get yours.

Guest Speaker:

Will Eddowes then introduced at great length our guest speaker Jill Snow. Jill is a Registered Nurse specialising in Diabetes Education to ensure people with diabetes understand what's wrong and what to do about it. Next year she will have had 50 years of nursing.



Jill gave a very impressive talk about diabetes, the differences between the types, the reasons why modern humans are susceptible and the influence of genetics as well as lifestyle. She gave a very descriptive analogy comparing a poorly maintained car engine with a poorly maintained body.

She bookended her talk with why the recent donation of an insulin pump for a young lady, Kylie,

who has brittle diabetes was such a godsend where she can now live her life with more certainty and less fear. Brittle diabetes is diabetes that's especially difficult to manage and often disrupts everyday life. People with brittle diabetes have severe swings in blood glucose (blood sugar). The swings can cause frequent and dangerous episodes of low or high blood sugar.

Twenty-six years ago local GPs put in a program which Jill ran. Unfortunately bureaucrats and politics interfered and now the work continues without the previous funding and Jill has lost access to a massive local database. She described how all the research and her own experience shows that early diagnoses with regular reviews and treatment in the first couple of years will result in manageable well controlled health 15 years later. Those without early intervention and an uncontrolled lifestyle will cause all sorts of health problems usually ending up with an earlier than expected death.

Jill then concluded her talk by answering some pertinent questions and **David Rees** gave a vote of thanks for an excellent talk from Jill.

The Raffle was drawn by Jill and **Robbie Allen** won a bottle of wine but could only manage an eight of clubs playing card.

Sergeant Rosemary Kelly then fined Ian Langford for asking too many questions of the Tulip Time Festival organisers, Robbie Allen for a great T-Shirt, Des Rudolph for missing too many previous fine sessions, Don Graham for dropping Rose into double concurrent Tulip Time shifts, Don also for something to do with mangoes. Tony had a cross fine on Robbie for her enthusiasm with Dream Cricket organisation. Well done Robbie.

President Leigh then drew the meeting to a close and reminded members that next week at the Bowral Bowling Club we will be able to hear Anatoly Rosenfeld speak about the Chernobyl disaster. Leigh closed the meeting and encouraged us to get our Charity dinner tickets.

