

Apologies must be made BEFORE 11AM EACH TUESDAY to Trevor Fair (trevorf@oxleypartners.com.au), or by text to 0403 176 958 or to his office on 4868 6100

Visiting Rotarians		
Guests		
Next meetings	Tuesday 18 October, 2016	Tuesday 25 October, 2016
Location	Highlands Golf Club	Highlands Golf Club
Program	Southern Highlands Bereavement Care Service	Bowral Fire Station
Speaker	TBA	Max Cottingham
Intro/Vote of Thanks	Rob Uhl / Jacinta Sheridan	Linda Knight
Dinner Fees	Sandra Adams	Jo Chalmers
Journalist	Ray Williams	TBA
Regalia	Rod Aistrope	Ray Coulton

President Linda opened the meeting with introductions (Sue Kearney, guest speaker), Bill Armstrong (a visitor with John Elder) and a toast to Haiti, which suffered enormous loss of life and damage from Hurricane Matthew this last week.

President Linda read an email from PP Trevor Fair (below) outlining why he is taking Leave of Absence.

Serious issues are raised here by a Club stalwart.

This is not just about common courtesy; we have obligations as members to communicate about attendance and duties. If there is no apology it is assumed that you will be attending.

Last week, as PP lan Langford has just advised, in the absence of apologies, we expected 8 more than attended and meals were prepared by the chef.

The Golf Club can't be expected to carry this cost so you can expect to be invoiced for meals if you don't apologise for non-attendance in advance.

Everyone, please take note.

Apologies can still be made to Trevor (trevorf@oxleypartners.com.au), by text to 0403 176 958 or to his office on 4868 6100.

DUTIES: These are allocated alphabetically from the Member list. A new round has just commenced. Please check if you have duties (front page of Tulip Times each week) and be in time to complete them. It is your obligation to arrange a substitute if you are not coming to

the meeting. Please email Ray Williams (rayjenw@bigpond.com) the name of the person who is substituting for you.

AND WHILE WE'RE AT IT:

Despite best efforts, sometimes things go awry and our meeting timetable is affected. It can be equipment, or someone is slowing the start time by engaging with the President or other unforeseen events – offers of help or intervention will always be appreciated.

The International Toast was read by Maiden Toaster John Elder and was made to the **Rotary Club of Agra Tajmahal in India** that has also invited us to take part in an *End Polio Now Project* next January.

It is called the **Polio Free India Mega Campaign** and the Club is calling for volunteers to come to Agra as their guests to take part in an Indian National Immunisation Day.

Home to the beautiful Taj Mahal, Agra is in the cooler north of India. The city's population is about 1.6 million.

The Rotary Club of Agra Tajmahal was chartered in 2007 in District 3110 which has 113 Clubs.

The Club has only 15 Members but has a strong interest in the **Rotary India Literacy Day** and sponsored training for 72 teachers from 13 schools in a *Better and Improved Education Seminar* in September.

The Club's President is Rahul Wadhwa.

Announcements:

Wally Chad has had a stroke and subsequent serious operation; he and Imbi could do with a hand (Ray Williams)

Good progress made by the Vanuatu Team (**Rod Aistrope**)

Gwenda and Robert organizing tickets for another movie night (**Gerry Kroon**)

Music for Dementia sufferers: total approx. \$13,000 raised and Harbison has 15 requests; and Glam recently won the top NSW award for shop design (**Gerry Kroon**)

Birthday: Exchange Student **Rens** has just turned 16 so what better way to celebrate than with a cake, candles, sparklers and an Akubra hat!



Guest speaker: Sue Kearney on Falls Prevention.

The message was to maintain a good level of physical activity ("use it or lose it") to maintain joints, muscle posture and balance. Falls cost the

community more than five times road accidents, with 2016 YTD running at \$400m

So: stay active for muscle mass, strength, power, endurance and flexibility.



Linda's final message: Don't look back, you're not going that way!

From: Trevor Fair [mailto:TrevorF@oxleypartners.com.au]

Sent: Friday, 7 October 2016 4:39 PM **To:** 'Linda Knight (linda@cutabolt.com.au)'

Cc: 'trevorfair5@bigpond.com'

Subject: Rotary

Hi Linda

Firstly, I would like to say that I think you are doing a great job as President.

However, I am currently disillusioned with many of the members of our Club. Some of this disillusionment comes from:

- Annual Subscription complaints Many of the complainers are PP's and should know the costs associated with membership
- Attendance notification (or lack of) there is little or no courtesy from some members
- I am tired of covering for members who do not participate with weekly or special tasks. All that is required is either collect money or manage the regalia (or swap with a mate)

- Sausage sizzle mentality of members (We have done this for 75 years, why change now)
- Individual egos we are a Club (read team) and should participate like one.

I am not looking for any gratitude, I am just tired and the final straw was when we could not get 75% of members to commit to 1 shift for the Food & Wine Fair.

We are acting more like a Probus Club than an active Rotary Club. Members should take note of what other local Service Clubs donate to the community. We are probably the least effective club in the Highlands at present when compared to other Rotary and Lions Clubs.

It is for these reasons as highlighted above I am taking leave of absence until January. Hopefully by then I will be re-enthused and members have re-assessed their commitment to Service Above Self. While I am happy to discuss with you any of these points raised, I will not be re-assessing my decision until December.

Oxley Partners will continue to manage attendance.

Regards

Trevar Fair

DIARY

- Dream Cricket Gala Day Bowral 28 October
- Wine Appreciation Dinner Eling Forest 28 Oct
- District Conference 27 to 30 October, Goulburn
- Bong Bong Races 18 November
- Club Christmas Party 20 December

Free Community Information Sessions November 2016



LOCAL Medical Specialists will be presenting their thoughts on enhancing the health of men (and women) in the Southern Highlands, during the month of NOVEMBER.

Mental Health

Campbell MacBean, Psychologist

Thursday 3rd November

Sleep Disorders

Dr. I Ali, Respiratory Physician

Thursday 10th November

Dr J Barnett, Specialist Geriatrics Dementia/

Thursday 17rd November

Alzheimer's Disease

Bone Health

Dr. N Hartnell, Orthopedic Surgeon

Thursday 24th November

Plus 4 Local GPs, Pharmacy, Exercise Physiology and Diet

WHEN: Four Thursdays in November at 6pm(Sharp)-7:30pm

Proudly supported by

WHERE: St. Jude's Anglican Church Auditorium,

Bendooley St., Bowral

WHO WILL BENEFIT? : Men of all ages and their partners and their familyand their mates.

Plenty of parking, wheelchair access, light refreshments available.

FURTHER INFORMATION: Tom Carroll: 0419482208, or

email:carroll.tom747@gmail.com

Prostate Cancer Foundation of Australia

