

Tulip Times Club Bulletin: 12th Sept 2023

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**CREATE HOPE
in the WORLD**

RI President:

Gordon R McNally



Bowral-Mittagong
Rotary
District 9705
Chartered 26 March 1940

Email : rotarybm@acenet.com.au

www.bowralmittagongrotary.com

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Club Meetings:

Weekly on Tuesdays, 6.00pm for 6.30pm at various Southern Highlands venues. (See below)

If you are an apology please text or phone Denise Coad 0416009395 or email

denisecoad@bigpond.com by 5.00pm Friday before the Tuesday meeting. By default, it will be assumed that members are attending.

Date	Meeting Venues	Speaker/ Topic	Journalist
19 Sept	Annesley	DG Andrea Grosvenor AG Haseena Tweedle	Tim Bowland
26 Sept	Bowral Bowling Club	Marjorie Pagani (Angel flights) BBC	David McCosh
3 Oct	Kookabar	Interact and Assembly	Will Eddowes

Journalist: Trevor Fair

Venue: Bowral Bowling Club

Sergeant : Lynton Kettle

Invocation: Denise Coad

Sergeant Lynton welcomed all. It could be a painful meeting as we have a dentist talking tonight, Peter Tyas. He also welcomed guests: Mary Crammond, Beverley Coffee. Exchange student Parents Vanessa & Daniel Aylett, & Harley Harwood.



Partners: Robyn Liberale, Ria McCosh

President Don has been advised that his meetings are unstructured. To celebrate the way Fiji play rugby, Don has decided that he will continue the unstructured approach to meetings.

Invocation: Denise Coad

International Toast: Robert de Jongh



A coup occurred in Ethiopia on 12 September 1974 to oust the Emperor Haile Selassie.

As one of the oldest countries in Africa, Ethiopian civilization dates back to before 3000BC and through the centuries has had significant external influences through trade, conquest, religion and the constant cultural exchange which takes place with such influences.

Following World War II, Emperor Haile Selassie made numerous efforts to promote the modernization of his nation. The country's first important school of higher education, [University College of Addis Ababa](#), was founded in 1950. The [Constitution was modernised in](#) 1955 with expanded powers of the Parliament.

Ian Langford - Tulip Times Festival - by this time next week will have done the first shifts. Ticketmaster will be on site to assist. Please check the roster to ensure you know when you are on. If you need to change please find your replacement and advise Ian.

Guest speaker:

Tony Glenn Introduced Dr Peter Tyas, BDS, FICD who graduated from Sydney Uni while Tony was in year 6. Many members disputed this comment!?



Peter practiced mainly in the Liverpool Ingleburn area and has volunteered with many dental industry programs. He retired in 2005, was in Apex for 15 years and a Rotarian for 30 years, President twice.

Peter has a prepared talk "Down in your mouth. Musings of a Dental Surgeon". Normally the talk to U3A takes 2 hrs.

Dentistry is an important part of medical health. A link has now been found between dental health and Alzheimer's Disease. Diseases confronted include bad breath, etc.

Mouth ulcers that do not clear up within a week or so may be early signs of cancer.

Joint movement diagnosis, especially the jaw movement is a common ailment causing headaches. Long term headaches may be treated by chiropractors, however often the dentist is able to correct the ailment.

Phobias - dentist and needle phobias. Some patients would faint, or even fit when visiting the dentist. Peter has witnessed patients having an epileptic fit.

Some of the myths:

- Dentists only treat teeth. Gum disease is a major issue. The tartar irritates the gums, causing disease.
- Partial dentures - cause decay. It is necessary to clean as soon as finished eating food - hard toothbrushes are best.
- Fluoride in the water 1 ppm causes poisoning. It is actually very effective for fighting tooth decay.

- Amalgam – causes mercury poisoning. Peter has amalgam fillings that have lasted 60 years.
- Overseas teeth work - Not always a saving - There is a big risk due to poor quality, infection etc. Any saving can be more than negated by the need for remedial work.
- Mouth washes - an overuse of washes will cause an imbalance of oral bacteria. The best mouthwash is salt water.

Most teeth can be restored with self tapping pins.

Take home message is to have regular checkups.



After the slideshow many members lost their appetite!

David McCosh presented Peter with our Certificate to ARH.

More announcements:

Denise Coad - Weekly venues are on the website.

RDU - Clothing range will be on display next week to allow members to order.

Committees - please join a committee to allow the Director to see who is participating. This will be raised at the Assembly.

Dinner Quiz - Ian Donges - Where am I?
Hill End, guessed by Tony Glenn

Raffle - Ian Donges won but the joker was still hiding.

Sergeant Session - Lynton fined the usual suspects.

The meeting closed - unfortunately with Robert de Jongh telling a few dentist jokes.

Next week Annesley