

Tulip Times Club Bulletin: 12-11-2024
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2024-25 President
Rotary International



Bowral-Mittagong
Rotary
District 9705
Chartered 26 March 1940



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Bob Miller
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Will Eddowes
Rosemary Kelly
Tim Bowland
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Club Meetings: Attendance & Apologies

Weekly on Tuesdays, 6.00pm for 6.30pm at various Southern Highlands venues. (See below)

Contact: TREVOR FAIR of your attendance or apologies

Deadline is 5pm Friday. T: 02 4861 6917 M: 0403 176 958 email: trevorfair5@bigpond.com

Please be considerate and respond. Unannounced members and guests may miss out on a meal.

“What’s On?”

Date	Meeting Venues	Speaker/ Topic	Journalist	Invocation & International Toast
15 Nov	Imperial Hotel	BirthDay Lunch. Come and celebrate.	N/A	N/A
19 Nov	NO Meeting	Bong Bong working bee	NA	NA
20 Nov	Bong Bong	Bong Bong working bee		
21 Nov	Bong Bong	Bong Bong working bee BYO everything meeting	David Patton	Ian Law
22 Nov	Bong Bong Races	BBQ team cooking and selling		
26 Nov	Bowral Bowling Club	Leigh Robinson - Foundation	Rosemary Kelly	Robert de Jongh
28 Nove	Leighton Garden Moss Vale	Domestic Violence Rally 11am to 1pm	Leigh Robinson	
29 Nov	Corbet Plaza Bowral	Domestic Violence Rally 11am to 1pm	Leigh Robinson	
3 Dec	Bowral Bowling Club	Domonic Williams - GAZA	Denise Coad	Ian Donges
10 Dec	Bowral Bowling Club	TBA	Steve Escott	David McCosh
17 Dec	Annesley	Christmas Party		
12 Jan	Mittagong	Scout BBQ	NA	NA
26 Jan	The Donges	Australia Day Celebration	NA	NA
Feb		Mental Health Training	NA	NA

NB The journalist and International Toast Roster may have changed. Check for your name.

ROTARY CLUB OF BOWRAL MITTAGONG TULIP TIMES BULLETIN for 12th November

JOURNALIST – Steve Hallis

VENUE: Bowral Bowling Club. (complete with Hawaiian ukulele music and singing)

Sergeant Lynton Kettle opened the meeting and welcomed Guests.

Pres Bob welcomed the guest speakers and guests then continued to report that

- we have secured Annesley as our Christmas Party venue. 17th Dec
- We have now received the Shelterbag funds into our bank account and Bob recognised Mary Crammond and Leigh for their efforts there.
- Our next meeting will be at Bong Bong race course on 21st. Bring your own everything.
- Leigh has met with the Hill Top Community Assoc and the board has agreed to contribute \$4000 to cover the balance of repairs to the new Play Ground that was damaged by vandals.
- We will be having a presence at the Domestic Violence stand at Corbet Plaza on the 29th November. Members who can attend should be there between 11am and 1pm. See below how to order DV shirts.
- Rosemary Kelly is investigating the possibility of the club running a BBQ at the Bowral monthly markets and will get back to us with her findings.



Will Eddowes called for volunteers for the Bong Bong BBQ (22nd Nov) and was pleasantly surprised by the response.

Domestic Violence Apparel

There will be a stand in Corbet Plaza on the 29th Nov. Members are encouraged to join in along with many other parties who will be saying NO to Domestic Violence and YES to respectful relations.

Order your shirts, hats, caps at this address and support the efforts

nationalworkwear.com.au/collections/rotary-collection



International toast and Invocation-**Robbie Allen.**



Recently Robbie visited Spain, Portugal and Morocco with her choir Sing Australia. International toast offered to the Kingdom of Morocco and specifically to the Rotary Club of Casablanca City.

The President of the Rotary Club of Casablanca, Mr Ali Lahrichi said that for this year whose theme is "The Magic of Rotary", we are motivated through our actions and commitment of our Club members to create magic around us to serve people in need; and thus improve their daily lives in the areas of education, health and financial autonomy'

Our belief is that civil society must contribute to the Kingdoms efforts to achieve sustainable development. Through our actions, we try to promote quality education for all from preschool to University.

We provide financial support to develop the local economy, encourage entrepreneurship at the actions we are carrying out and generate sustainable and productive jobs. We provide access to free healthcare in underserved areas so that everyone is well cared for and live healthy lives.

As part of the activities of the club we recently reached out to populations deprived of medical and dental care infrastructure at the Meili Centre to provide dental care to those who attended in large numbers. We also ran a conference on the diagnosis and management of periodontal diseases which was a great success.

The Governor of District 9010 Mr Hamodi Siala recently visited the Club and was very pleased at the actions we are carrying out.

Game Changer challenge Mr John Raison



John introduced Interact young ladies to talk of their work with 'Dignity'. Micah Yap, Rosie Earl, and Jessica de Bella, Jo Earl was their BBQ Committee organizer. Chloe Ward, President Elect of Interact and spoke of various Interact initiatives.



Micah-Good evening, we are year 8 representatives from Interact here to talk about our work with Dignity. Dignity is a charity whose main purpose is to support families who are struggling by providing help in the form provision of food, clothing, and education as a safe place to stay. Rosie- A way we are helping Dignity is to provide food, meals include potato and leek soup, bolognese, pumpkin soup and pesto pasta, once the meals are cooked they will be packaged in containers, labelled and then one of our teachers will transport PCYC in Mittagong where the food will be refrigerated, thereafter the food is provided to anyone without cost.



Guest Speakers-Peter Morris and Sandra Hiscock
Southern Highlands Community Hospice.

- . Established July 2010
- . **Original Charter**-Build 10 bed purpose-built Hospice
- . **New Charter** -Fund and support palliative care patients throughout the Southern Highlands.
- . Adopt an innovative and agile approach.



- . Partnerships – Palliative Care service providers, numerous and diverse.
- . Registered Company and Community based charity.
- . 90 plus volunteers,
- . Timeless Fashion & Furniture
- . Biography Service,
- . Palliative Care Carers

Palliative Care Services.

Our purpose is to further expand funding and support service models to be relevant to our ever-changing demographic and evolving palliative care needs.

Partners. Can Assist- Harbison-End of life Angels-NSW Health- Pharmacies and Doctors- Southern Highlands Private Hospital – PACCS

Pharmaceutical Support Service.

- . Covers on going costs of prescribed palliative care medication
- . Non cancer patients or have reached Can Assist 3k cap
- . Non means tested. Non aged tested
- . Up to \$500 per month capped at \$5k per annum per patient

In -The-Home Palliative Care and equipment hire.

- . PACCS- partnership provides specialist nursing and carer support
- . Equipment Hire-bed, breathing etc. Cleaning in the home
- . End of Life Planning and Bereavement Services

Biography Service.

- . Every life has story
- . Trained volunteers write life story in 1st person narrative
- . Family and Friends encouraged to contribute
- . 24 page bound booklet& electronic version to share.

Pal Care.

- . Supporting palliative care residents in aged care
- . Harbison-Burradoo & Moss Vale

- . Trained volunteers provide friendly support and communication to residents requiring ongoing palliative care.

Timeless Fashion & Furniture.

- . Major fund-raising initiative of SHCH
- . Local community supporting palliative care initiatives through donations
- . Emporium of quality fashion, furniture, art and bric-a-brac
- . Retail team supported by over 70 volunteers.

How can we help?

- . Retail volunteer
- . Timeless- donations
- . Become a member-join our community
- . Become a Palliative Care Carer
- . Join our fund raising team
- . Make an "in Memory" donation
- . Leave a Bequest.

The presentation was thoughtful and received the acclamation from members
A vote of thanks was given by Don Graham.

Club member Leigh spoke to the club about **The Graduate School of Medicine- Volunteer for Simulated Patient Program**- The aim is to help train our future doctors. The program will operate out of the Moss Vale campus. Members are encouraged to consider volunteering. More info can be found at (uow.info/sp) <https://www.uow.edu.au/science-medicine-health/schools-entities/mihs/about/simpatient/>

Ian Donges ran a "Who am I quiz" and once again the winner was in dispute. This was resolved by the President and the Tim Tams went to Guest speaker Peter Morris.

Sgt Lynton Kettle once again had the dope on several members and managed to extract a few dollars.

Pres Bob wrapped up the meeting and

Birthdays

November Robbie Allan 25/11: Ian Johnson 26/11, Ian Langford 23/11: David Patton 28/11
October/November Imperial Hotel Pizza Birthday Lunch November 15, 2024

Youth Report A picture is worth a thousand words



Funnies The week that was



Quote of the week

"THE GOAL OF A TRUE LEADER SHOULD ALWAYS BE GETTING EVERYONE AROUND YOU TO ACHIEVE THE MOST THEY CAN POSSIBLY ACHIEVE."

MARK MALONEY
The National
Rotarians World

Rotary



ROTARY
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Gallery



The End