



Bowral-Mittagong
Rotary
 District 9705
 Chartered 26 March 1940



Board of Directors

President:

Don Graham

Directors:

Trevor Fair - Secretary
 Paul Leotta - Treasurer

Rod Aistroppe
 Robbie Allen
 Denise Coad
 Rosemary Kelly
 Tim Bowland
 Allan Falvay
 Leigh Robinson

**CREATE HOPE
 in the WORLD**

RI President:

Gordon R McNally

Club Meetings:

Weekly on Tuesdays, 6.00pm for 6.30pm at various Southern Highlands venues.

If you are an apology please text or phone Denise Coad 0416009395 or email denisecoad@bigpond.com by 5.00pm Friday before the Tuesday meeting. By default, it will be assumed that members are attending.

Email : rotarybm@acenet.com.au
www.bowralmittagongrotary.com

Date	Meeting Venues	Speaker/ Topic	Journalist
25 Jul	Café Annesley	Debbie Blackah – Aged care self-management	David McCosh
01 Aug	Bowral Bowling Club	Hamish Ta-Me, Beekeeping	Ian Langford
08 Aug	Kookabar	Robbie Allen, Members talk	Tim Bowland

Acting Sergeant Rod Aistroppe opened the meeting. He suggested that Philip Lowe’s proposed new job with Rugby Australia might raise interest for Robbie Allen. Rod also felt that, since the Victorian Government has refused to provide the venue for the Commonwealth Games, Geelong Grammar has adequate facilities to adopt it. Ian Langford’s Geelong connections could probably help! Alternatively, Gladys Berejiklian could propose Wagga Wagga with its excellent Olympic standard shooting range.

President Don Graham welcomed our guests: Justine McKinlay (speaker) Bob Miller, former member introduced by Jim Gasson, Joanne Woodman, whose daughter has been an Interactor, introduced by Denise.

Barbara Humphries gave the Invocation.

Robbie Allen read the International Toast: , **Nelson Rolihlahla Mandela**, byname *Madiba*, was born on 18 July, 1918. Recognised as the first Black president of South Africa (1994–99). His lengthy period of incarceration, subsequent release and his negotiations in the early 1990s



with South African Pres.F. W. de Klerk country’s apartheid system of racial segregation and ushered in a peaceful transition to majority rule. the Nobel Prize for Peace in 1993 for their efforts.

Mandela established in 1995 the Truth and Reconciliation Commission, which investigated human rights violations under apartheid, and he introduced housing, education, and economic development initiatives designed to improve the living standards of the country’s Black population.

In 1996 he oversaw the enactment of a new democratic constitution.

Mandela Day, observed on Mandela's birthday, was created to honour his legacy by promoting community service around the world.

The Rotary Club of Johannesburg is the oldest Club in Johannesburg having been chartered on 1 July 1921 with a current membership of 16 and the President is Gustave Ololo. The Club sponsors a Rotaract Club and an Interact Club. Regrettably, the Club's website has not been updated since 2022.

Of the six Rotary Clubs in Johannesburg only one Club has more than 20 members. The data suggests that Rotary is struggling in that City. This is reflected by the 2022/23 President at the Club's Changeover:

" With reduced financial resources and membership, we will need to consolidate and strengthen our club our club efforts this year through three broad themes:

- A focus on our core projects.*
- Greater use of partnerships with other Rotary, Interact, and Rotaract clubs to run joint projects.*
- Reminding all Club members of their commitment to paying membership dues, participating in at least one committee or ongoing project, and attending at least 50% of in-person meetings wherever possible."*

A common plight of many Rotary Clubs. Please be upstanding and toast President Gustave Ololo and his members in encouragement to prevail in trying times.

Tulip Time Roster. Ian Langford said that there only 6 shifts left to be filled. If the RCBM can fill all the shifts, the club will get all the revenue. The lists were circulated and the only 2 remaining shifts now are on the Wingecarribee St exit, 30 Sept 9.30-1.00 and 2 Oct 1.00-4.30. There are still a number of members who have yet to participate. Please let Ian know if you can help.



Don and Will reported on the BBQ held last Saturday at the Bradman Museum. The occasion was a broadcast by Channel 7 in their Weekend Sunrise program. The Bradman Museum was among several sites featured in the Southern Highlands and the museum asked the club to provide a BBQ. We made a net profit of \$262.00. We had not expected to make a significant amount but felt that it was important to foster good relations with the museum. Dream Cricket,

in particular, comes to mind. They were very helpful and grateful.

Ian Johnson reminded us about recycling our bottles and cans at the facility behind the Mittagong Market Place. In order to credit the returns direct to the club we need to load the app and look for the RCBM. The app is called 'Return and Earn' and can be found in your app store.

Rose Conley reported from the sick bay: David Rees' cardiac operation has been delayed a week till 20 July .

Ria McCosh is recovering well after a hip operation.

Jim Gasson has recovered from his broken ribs President Don hastened to add that he had suffered broken ribs in the UK in May. He doesn't seem to be suffering now!

Mary Ramsay announced she will be sending out the marshalling roster for the **Bowral Classic** cycling event shortly. Please help if possible.

President Don said that Chevalier have asked us to organise car parking for an event on 29 July. Trevor and Paul need to quote and finalise details. Volunteers will be needed.

Chevalier have also asked if we can provide a BBQ on 5 August for 400.(the day before the Fiji party departs). An organiser and volunteers will be needed for this.

President Don and Allan Falvey have an interview appointment at **2ST** on 19 July. It is intended to make this a regular booking.

Rosemary Kelly introduced Justine McKinlay, our guest speaker. Justine has lived in the area for 16 years, volunteered for work with 'Your Angel' cooking school in 2020 and has now been running it for the past 18 months.



The Your Angel motto is "Bring people together through food"

They were providing food support for those in need during Covid and have now produced 22,000 food kits at a cost of \$5 each

They run cooking classes daytime and evening and also a school holiday program.

They have enabled students from Oxley College to get a cooking qualification and they have shown that the combination of cooking and socialising can be great therapy. Justine gave an example of a person with a brain injury gaining self confidence increasing their participation in the kitchen.

They work in partnership with the Uniting Church and Ozharvest and typically prepare 300 meals on Monday for Ozharvest with about 15 volunteers. This activity also manages to use a lot of food that might otherwise go to landfill.

Justine is keen to get maximum use of the kitchen and has plans to start a class for older men where there is a need for both cooking skills and social contact for improved mental and physical health.

President Don asked how they would go about starting a men's group and Justine suggested the Men's Shed in Bowral.

Don then thanked Justine for an interesting and inspiring talk.

Sergeant Rod ran a fines session.

Ian Langford for his Geelong background and supposed ability to contact Geelong Grammar for the Commonwealth Games

Will Eddowes who failed to appear on TV at the Bradman Museum.

Rod complained that he didn't get any applause.

The raffle was organised by Mary Ramsay and won by Rod Aistrope – who didn't pick the joker.

President Don closed the meeting.