

Tulip Times Club Bulletin: 18-6-2024

Volume 85 No 48



**CREATE HOPE
in the WORLD**

RI President:

Gordon R McNally

Bowral-Mittagong
Rotary
District 9705
Chartered 26 March 1940



Email : rotarybm@acenet.com.au
www.bowralmittagongrotary.com

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Trevor Fair - Secretary

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Tim Bowland

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Leigh Robinson

Club Meetings: Attendance & Apologies

Weekly on Tuesdays, 6.00pm for 6.30pm at various Southern Highlands venues. (See below)

Contact: TREVOR FAIR of your attendance or apologies

Deadline is 5pm Friday. T: 02 4861 6917 M: 0403 176 958 email: trevorfair5@bigpond.com

Please be considerate and respond. Unannounced members and guests may miss out on a meal.

"What's On?"

Date	Meeting Venues	Speaker/ Topic	Journalist	Invocation & International Toast
25 June	Bowral Bowling Club	Brooke McGee. Raise a counselling programme for troubled kids	Ian Law	Bruce Sutton
2 July	Annesley	Club Changeover Function	Will Eddowes	
12 Sept-30 Sept	Tulip Time Festival	Roster members on gates (Ian Langford)	NA	NA
4 to 7 Oct	Food & Wine Festival	Roster members on gates (Ian Langford)	NA	NA
25-27 Oct	Mittagong RSL	District 9705 Conference	NA	NA
22 Nov	Bong Bong	BB Races BBQ & Car Parking	Don	

MEMBERS, CAN I HAVE DATES FOR THE CALENDAR PLEASE. Tim

ROTARY CLUB OF BOWRAL MITTAGONG TULIP TIMES BULLETIN
JUNE 18, 2024

JOURNALIST – Denise Coad

VENUE – Annesley

Thank you to Matt for providing a beautiful meal.

Thank you to Danny for putting 4 heaters on to warm us up, and table decorations.

(A food critique from our resident Jam and Cream Sponge Chef to follow)

Changeover Committee

The Committee met at 5.30pm, and plans are well under way for our Changeover Meeting on July 2. Could Members please advise Trevor Fair of their attendance or apology. Also whether they are bringing their Partner or a Guest.

Fellowship

Members enjoyed their 6.00pm get-together at various tables in the Dining Room prior to our Meeting.

Sergeant Lynton Kettle

Lynton welcome all Members and Guests to the Meeting.

David Stranger who will be inducted as a Member of our Club at our next Meeting on June 25.

Andy Buttfield a Guest of Ian Johnson.

Partners:

Christine Graham

Susan Law

Therese Leota

Our Guest Speaker is our Member Janine Brundle – Wellness Puzzle.

Ian Johnson – a Poem

Ian Law

INVOCATION

For good food, for good fellowship and the opportunity to serve, we give thanks.

INTERNATIONAL TOAST

The Rotary Club of Pretoria Capital in the Republic of South Africa in District 9400 was originally named **The Rotary Club of Pretoria 6** that was chartered on 10 July 1981.

The Club meets on Tuesday evenings at 6pm at the Pretoria Country Club. It currently has 13 members who are focused on Fellowship, Projects and Fund Raising. The current President is Dr Antonia Makina and the current secretary is Patricia MacClements.

As a post on the Club's website states:

"We are a small club with a BIG heart and run projects to uplift the community in and around Pretoria".

The Club not only supports the distribution of wheel chairs, blankets, tables, desks and chairs for a local primary school, but it has also built an ablution block for a primary school and is supporting the addition of a school kitchen and tuck shop.

It also runs an annual Quiz for students from 7 schools in Pretoria that is held over 2 evenings often with 64 pupils participating and as the Club President states: "The Rotary Club of Pretoria Capital's quiz is more than a mere academic competition; it's a celebration of learning and a testament to the power of education",

A post on the Club's website states that The Rotary Club of Pretoria Capital remains committed to fostering a love for knowledge and community service among the youth. As this annual event continues to grow, it not only celebrates the achievements of individual students but also contributes significantly to the broader goal of uplifting entire communities through education.

Please be upstanding and raise your glasses to President Dr Antonia Makina and her Club, the Rotary Club of Pretoria Capital.

President Don Graham

Welcomed Members and Guests.

Thanked Janine for filling in as our Guest Speaker as we had no Speaker as our booked Speaker pulled out on short notice.

This happens a lot of times and Members like Mary and Janine have the "I'll do it" attitude.

Welcome back Robbie from Fiji.

Ian Langford had his operation today. Ian has a good Member/Friend support base who will make daily contact with Ian.

Don asked Mary to talk about our Dutch Students.

Mary Crammond

The 2 Dutch Students will be zoom meeting with some club members on July 1. They are two lovely ladies – 20 year old - who are looking for accommodation from September to the beginning of 2025.

Mary asked for a show of hands one being Luciano Liberale.

Don and Christine, Susan and Ian Law, Tim and Alison Bowland and Will and Rosemary Eddowes could also be potential hosts.

The accommodation can be individually or a pair. They will be Student Teachers at Oxley College, and want to work with Rotary. They will volunteer at Tulip Times, Food and Wine Festival, Bowral Classic, etc. They do not have transport.

(Later on at the Meeting, Lynton offered the Wood Truck, but they will have to sell the wood!!).

Will Eddowes

The Tulip Times Roster is going around. Thursday, September 12 to Monday, September 30. There are 242 Shifts if Members could fill six shifts we will have it covered. There are four Night Shifts Friday and Saturday 6.00pm to 9.00pm. September 13, September 14, September 20, September 21.

President Don

Leigh has pulled out as the Charity Dinner Dance Committee Chair. If any Member could please put their name forward to take over from Leigh by the Changeover on July 2 otherwise we will have to cancel the Event,

Rod Aistrope

Our Vanuatu Trip has challenges – Materials, Air Vanuatu - so it will not be happening in August. We will be applying for a District or Global Grant for next April or May 2025. Old hands will be attending, but it is a good bonding experience for new Members.

A flyer with a registration link for a seminar on Humanitarian Engineering next Thursday, 27 AUG 24 at the Mittagong RSL Club from 6:00pm is attached.



A world in need of help - the humanitarian crises

Alarming, the need for humanitarian support is staggering, with roughly one in every 23 individuals worldwide, approximately 350 million people, requiring assistance—a figure that continues to rise, exacerbated by conflicts such as the Israel-Hamas war and the Russian invasion of Ukraine. As projections indicate an improbable resolution to the climate crisis by 2050, the demand for humanitarian aid may indeed double by then, underscoring the urgency of action. Tragically, only half of those in dire need actually receive the assistance they require.

Engineers, long recognized for their pivotal role in crisis response, have been at the forefront since the establishment of organisations like RedR in the 1980s by personalities such as Peter Guthrie, who was pivotal in aiding Vietnamese refugees.

Register Now

About the Speaker

Professor Robert F Care AM Hon FIEAust FREng FTSE FRSN Robert had over 37 years at Arup Group, where he held leadership roles across the globe.

He was Chief Engineer at the National Capital Development Commission and the Head of Public Works ACT. Robert now identifies as a Humanitarian Engineer (anticipating future recognition of that practice from Engineers Australia).

He was awarded an AM in 2012, named UNSW International Alumni of the Year in 2013, and was Engineers Australia's Professional Engineer of the Year in 2014. He became a Fellow of the Royal Academy of Engineering UK in 2015, an Honorary Fellow of Engineers Australia in 2018, and a Fellow of the Royal Society of NSW in 2020. He is Chair of RedR Australia, Chair of RedR International, and Chair of the EA RedR Technical Society.



Date & time

27 June 2024 | Dinner 6.30 to 7.30 pm AEST
Webinar 7.30 to 8.30 pm AEST

Venue

Online and in-person, Springs Room,
Mittagong RSL

Tickets (inc GST):

In person Seminar or Webinar

EA/IPWEA Members, Invited Guests & students \$0.00, Non-Members \$30

Webinar + Dinner

EA/IPWEA Members, Invited Guests & students \$41, Non-members \$71

Registrations close

Dinner + Seminar 11.45 pm AEST Tuesday 25th June
Webinar 7.30 pm AEST 27th June

The Seminar is free to Will and Rod's guests - that is everyone - just use the Discount Code SHTRG24 on the payment page.

\$41 for two course meal.

Tim Bowland

I will be going on holidays for 2 months so I will need a Bulletin Editor whilst on leave. Could a Member please volunteer otherwise we will have no Tulip Times for 2 months.

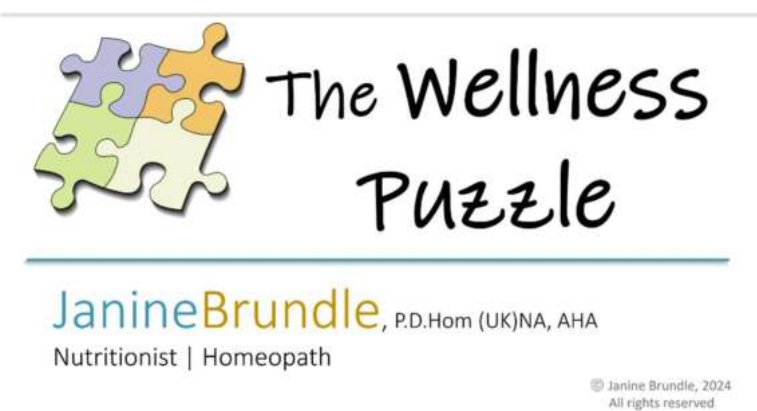
Dinner Served

Main Course Critique by Trevor Fair:

Hasselback Potatoes Very
Wilted Greens
Beef Medallion
Red Wine Jus
Touch of Garlic

For good food
we give thanks

Member Guest Speaker – Janine Brundle



Now, no one is perfect, least of all me, and everyone's perception is going to be different, but I am hoping that what I share with you might help in some small way to lessen your fears, lighten the load and take some pressure off some of your health and food concerns, so please take what resonates with you.

I look at Disease not as a specific illness or symptom that needs to be eradicated or cut out or suppressed, but more of the body trying to tell us that it is in DIS EASE – that there is an imbalance somewhere in the body and therefore the rest of the body is trying to compensate by compromising lesser organs in order to survive.

The information in this talk has been accumulated over my lifetime of personal experience, and most importantly experience of my clients health concerns over 14 years of clinical practice.

- How we react to life's ups and downs
- What foods are best for our optimum health and what illnesses we are predisposed to.

I will highlight the 2 most common O and A briefly-

What makes me, me?? And you, you,?? Why - when we are subjected to the same environment our bodies react differently. This is at the heart of the genetic puzzle.?

Why are some people blessed with great health and live long and energetic lives, even though they may smoke, or drink and/or eat fatty foods, and still they are as strong as an ox, yet others are plagued with constant ill health either mentally and or physically and struggle through their later years?

Lets look at one possible reason -

Does blood type influence our personality, health and wellbeing?

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A single drop of blood contains a biochemical marker as unique as your fingerprint.

Knowing your blood type is a major and profound key to unlocking the secrets of biochemical individuality.

So..... Let's start with what I consider to be the cornerstone of everyone's health and wellbeing –

Knowing your blood type.

Your blood type is your key to your body's immune system_–

it controls the influences of viruses, bacteria, infections, reactions to chemicals, and stress.

Human blood is grouped into four types: O, A, B, and AB, approximately
48% of the world's population is O blood type,

37 is A,

11% is B

4% is AB

Our blood type defines -

- Who we are our moods

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- How we react to life's ups and downs
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Highlight the 2 most common O and A

Janine then proceeded with her Power Point Presentation highlighting the 2 most common O and A.

Ian Johnson Poem – “Said Hanrahan”

SAID HANRAHAN

"We'll all be rooned," said Hanrahan,
In accents most forlorn,
Outside the church, ere Mass began,
One frosty Sunday morn.
The congregation stood about,
Coat-collars to the ears,
And talked of stock, and crops, and drought,
As it had done for years.
"It's lookin' crook," said Daniel Croke;
"Bedad, it's cruke, me lad,
For never since the banks went broke
Has seasons been so bad."
"It's dry, all right," said young O'Neil,
With which astute remark
He squatted down upon his heel
And chewed a piece of bark.
And so around the chorus ran
"It's keepin' dry, no doubt."
"We'll all be rooned," said Hanrahan,
"Before the year is out.
"The crops are done; ye'll have your work
To save one bag of grain;
From here way out to Back-o'-Bourke
They're singin' out for rain.
"They're singin' out for rain," he said,
"And all the tanks are dry."
The congregation scratched its head,
And gazed around the sky.
"There won't be grass, in any case,
Enough to feed an ass;
There's not a blade on Casey's place
As I came down to Mass."
"If rain don't come this month," said Dan,
And cleared his throat to speak--
"We'll all be rooned," said Hanrahan,
"If rain don't come this week."
A heavy silence seemed to steal
On all at this remark;
And each man squatted on his heel,
And chewed a piece of bark.
"We want a inch of rain, we do,"
O'Neil observed at last;
But Croke "maintained" we wanted two
To put the danger past.
"If we don't get three inches, man,
Or four to break this drought,

We'll all be rooned," said Hanrahan,
"Before the year is out."
In God's good time down came the rain;
And all the afternoon
On iron roof and window-pane
It drummed a homely tune.
And through the night it pattered still,
And lightsome, gladsome elves
On dripping spout and window-sill
Kept talking to themselves.
It pelted, pelted all day long,
A-singing at its work,
Till every heart took up the song
Way out to Back-o'Bourke.
And every creek a banker ran,
And dams filled overtop;
"We'll all be rooned," said Hanrahan,
"If this rain doesn't stop."
And stop it did, in God's good time;
And spring came in to fold
A mantle o'er the hills sublime
Of green and pink and gold.
And days went by on dancing feet,
With harvest-hopes immense,
And laughing eyes beheld the wheat
Nid-nodding o'er the fence.
And, oh, the smiles on every face,
As happy lad and lass
Through grass knee-deep on Casey's place
Went riding down to Mass.
While round the church in clothes genteel
Discoursed the men of mark,
And each man squatted on his heel,
And chewed his piece of bark.
"There'll be bush-fires for sure, me man,
There will, without a doubt;
We'll all be rooned," said Hanrahan,
"Before the year is out."

John O'Brien

BIRTHDAYS

June: Robert De Jongh 24/6, Darryl Flegg 24/6, Jeff Furrneaux-Mann 7/6, David McCosh 23/6.

July: Mary Ramsey 10/7, Dom Williams 31/7

Fine Session – Lynton Kettle

Ian Johnson – Old Poem
Trevor Fair – Interest Rates
David Patton – Analyse Blood Group of Members
Will Eddowes – Cycling
Bob Miller – E-Bikes
Jim Gasson – Cycle in Garage
Robbie Allan – Fiji
Don and Chris Graham – 4 hours late Melbourne to Canberra
Cross Fine – Jim Gasson – Italian Drivers

Will Eddowes

St Judes Church tomorrow 10.30am – Braille Music.

Raffle

Won by Andy Buttfield – Bottle of Wine

President Don Graham

4 Items for Members:

Dutch Students
Charity Dinner Chair
Bulletin Editor
Attendance for Changeover July 2 – Annesley - \$55 a head



Ian Langford

Next Meeting at Bowral Bowling Club – June 25

Gallery



This Week's Funnies



If this is a pair of pliers



Then what the hell is this



Thought of the day

"Its hard to beat a person who never gives up.". Babe Ruth