

Over the next month we have an array of interesting speakers.

Commencing next week with Part 2 of Member Talks, then  
 A Dentist, an Author, a Retired Colonel and much more.  
 Bring a friend and enjoy the fellowship.

Next Meetings	Tuesday 9 <sup>th</sup> April 2019 5:30 for 6:30 pm	Tuesday 16 <sup>th</sup> April 2019 5:30 for 6:30 pm
Location	Highland Golf Club	Highland Golf Club
Program	RAMS	
Speaker	John McPherson	TBC
Intro / Vote of Thanks	Trevor Fair	
Dinner Fee Duty	Graham Hicks	John Hoelle
Journalist	Trevor Fair	Denise Coad
Regalia Duty	Don Graham	Ian Johnson

If you are unable to do duty, please find a replacement and advise Trevor Fair by email: [trevorf@oxleypartners.com.au](mailto:trevorf@oxleypartners.com.au)

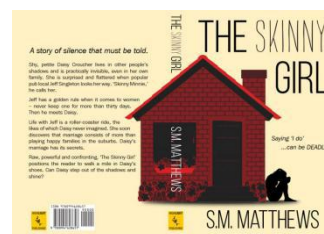


## UPCOMING EVENTS

9<sup>th</sup> April - Rotarian John McPherson - the next Rotary Challenge, malaria and RAMS

30<sup>th</sup> April - author Steve Matthews - "The Skinny Girl" - is a thought-provoking story about a victim of emotional domestic abuse.

7<sup>th</sup> May - Nicole Blaik - SH Community Centre - an update on current issues in the Highlands.



**Journalist: Denise Coad**

## **Welcome**

**President Lynton** welcomed Members and Guests. Guests - A double act - Peter Tyas and Victor Hugo – Probarians.

Welcome back again Ray Williams.

Welcome back Robbie Allen from the wilds of Africa.

**Invocation** – Brian Elliott

## **International Toast - Brian Pattinson**



The **Virgin Islands** are the group of islands to the east of Puerto Rico at the top end of the Antilles Archipelago which runs down to South America and forms the eastern boundary of the Caribbean Sea.

The islands were named for Saint Ursula and her virgin followers in 1493 by Christopher Columbus on his second trip. Over 400 years the islands were colonised by Spain, Holland, Britain, France, Denmark and Norway until in the 19th Century the western group was Spanish and became part of Puerto Rico. The United States claimed it with most of the other Spanish Territories after they won the Spanish-American War at the end of the 19th Century.

The eastern islands were British and remain so. The middle group of islands was Danish. On 31st March, 1917 the United States bought them from Denmark for \$25 million – about \$600 million in today's US dollars.

Last Sunday the people of the US Virgin Islands celebrated the anniversary of that takeover on their

national holiday called **Transfer Day**. Like Puerto Rico the US Virgin Islands are an unincorporated Territory of the US but while its people are American citizens they only send a non-voting delegate to the American Congress and don't vote for the Senate or President.

The population is 105,000 mostly living on the main island St. Thomas and the economy is based on tourism, sugar and rum.

There are however 11 Rotary Clubs, the oldest of which is the **Rotary Club of St. Thomas** which was **Chartered in 1957 in District 7020** which covers ten other small islands states of the eastern Caribbean.

**President Ronnie Lockhart** leads 44 Members. One of their projects is *Wellness Wednesday* aimed at leading their community in healthy living.



## **Announcements**

### **President Lynton**

We will be asking for Members to vote on the amalgamation with District 9670. Tony Glenn will explain later in our Meeting.

### **Will Eddowes**

The Trip to Black Heath on May 12 is undersubscribed. He is also looking at a visit and lunch at Moonacres Organic Farm in Robertson.

### **Trevor Fair**

A lot of Members are going on Leave. Could they please check the attendance sheets, and add their dates to the list where necessary.

### **President Lynton**

We have 4-5 prospective Members in the system. All Male. We need more lady Members to balance up the Club.

## Tony Glenn

There are maps on each table displaying the proposed District merger with District 9670 (Bourke, Cobar, Singleton etc). 47 Clubs who want to merger with us.

The merger of our District with District 9700 has been determined.  
It will be District 9705.

The Board Members at the Board Meeting last night rejected the Merger. Our Club was sponsored by Wollongong in 1940.

We do not travel to Canberra, and would not travel to Cobar.

A show of hands from all Members attending tonight's Meeting was in favour of supporting the Board in their decision to reject the Merger.

## Robert de Jongh

As our President Elect he attended the District Conference with Don Graham. The following was discussed:

District Amalgamation  
Insurance  
Youth  
Working with Children Checks  
RAWCS  
Rotary Foundation  
E-Clubs  
District Budget  
Followed by a nice Dinner

## Guest Speaker - Peter Tyas



Introduced to Members by **Victor Hugo**. Victor said we were blessed to have such an excellent Speaker. Peter was one of the best Dental Surgeons. He graduated from Sydney University in 1962 and travelled the world. Have drill will travel !!

After graduating in 1962 he spent 2 years in London completing Post Graduate Courses. He returned to Australia in 1967 and worked as a Dentist in Liverpool. In 1970 he was made a Partner of the Practice, and for 30 years was the Senior Practice Partner.

He was an Honorary Dentist at Liverpool Hospital attending the 24-hour Emergency and Trauma Dental Department.

In 1995 he was made a Fellow of the International Fellowship of Dentistry. In 1998 He opened his own Practice In Ingleburn. He retired in 2005, and for the last 6 years has lived in the Southern Highlands.

He is a Member of The Highlands Singers, and in the Southern Highlands is known for the Philadelphia Cheese Slice.

He has a great life. He grew up Ingleburn and attended "Westie" Schools. He did not have great teeth as he ate lollies. He has all his own teeth, but a lot of Amalgam.

He went to Homebush Boys High School for 5 years. Mowing lawns and washing cars after School. He met Dr Peter Benson who changed his life when he asked, "Why don't you do Dentistry".

When he went to Homebush BHS there were 25-30 Kids. At University there were 300 Students.

In his first year he studied Physics, Chemistry and Biology. This included Medical School where they worked on bodies. As a 19 year old the smell was bad, but over the years the smell of patient's mouths was worse.

In his second year they did autopsies and dental trauma.

In his third year they did oral health. Gum Disease, Gingivitis, Extractions, etc. Operating the Drill. A high speed Drill does a half a million revs a minute.



In his fourth year they did Ortho-dentistry, bringing teeth into line evenly.

We have 32 teeth including wisdom teeth. He studied root canal, draining nerves, health of gums, oral surgery, cysts, etc.

In his fourth year he graduated. He spent a year working in Hospitals, and developing skills in the Public System.

In the old “Barber’s Chair” people could faint. Dentophobia is the fear of Dentists. Dentists now have Lay Down Chairs, and nobody faints. The high-speed suction prevents dry mouth.

Tooth decay is coming back due to bottled water and sports drinks. X-Rays are important as they diagnose pain. Impressions are important for Dentures.

Nitrous Oxide puts patients into a state of euphoria.

“Dental Tourism” to Thailand and Cambodia is a problem. It is so much cheaper, and about a quarter of the price. Patients should think again about going for the cheaper option.

Clenching jaws, and grinding teeth cause headaches.

With the stress of running a Dental Practice Peter has experienced 3 breakdowns. He has been retired for 13 years, BUT WOULD DO IT AGAIN.

Simple Dentistry is better than prevention and cure.

**Members** then asked questions of Peter.

**Will Eddowes** gave a wonderful anecdote on “Little Red Riding Hood”.

**Joker Draw - Peter Tyas**



**April Birthdays:**

Don Graham 9/4  
Bob Rheinberger 9/4  
Vicki Kelley 13/4  
Brian Elliott 18/4

The March and April Birthday Lunch will be April 12 at the Imperial Pizza Bar,

**EVENT DIARY**

April	19 <sup>th</sup>	Good Friday
	25 <sup>th</sup>	ANZAC Day
May	12 <sup>th</sup>	Coffee Roasters with Altitude, Blackheath
	17 <sup>th</sup> -19 <sup>th</sup>	RYPEN, need candidates
	18 <sup>th</sup>	MUNA, WSC Chambers
	26 <sup>th</sup>	Liberale Golf Day
	26 <sup>th</sup>	Berrima RC - Wheres Wally Fundraiser
June	3 <sup>rd</sup> -4 <sup>th</sup>	S&E Challenge Discovery Day
	15 <sup>th</sup>	Inner Wheel - Wedding Fashion through the ages
Sept	24 <sup>th</sup> to 7 Oct	Tulip Time Festival
Oct	20 <sup>th</sup>	Bowral Cycle Classic



### SOUTHERN HIGHLANDS

Registration \$35/a & \$15/c +12yrs

<https://www.trybooking.com/BBBZU>

- ▲ Create a team with cars/bikes/buses
- ▲ Wear WW costume
- ▲ Sense of adventure
- ▲ Prizes, secret locations, treasures to find
- ▲ Lunch & refreshments provided - BYO Drinks

**RESCHEDULED  
SUNDAY 26TH MAY**

Sunday 26th May 9:00am

@ New Berrima Oval

0418 451 298

## HIGH STREET AND DESIGNER CLOTHING

### POP-UP BOUTIQUE

SUSTAINABLE RE-WEAR,  
NEW CLOTHING,  
SHOES & BAGS  
(Sizes 6 to 16+)

ALL ITEMS ONLY \$10

**SATURDAY 13TH  
APRIL 2019  
10AM TO 2PM**

AT WESTS LEAGUES CLUB  
GARDENIA ROOM  
10 OLD LEUMEAH RD LEUMEAH

All proceeds go to the Dress for  
Success Sydney program

YOUR PURCHASE HELPS DISADVANTAGED WOMEN THROUGH  
THE "DRESS FOR SUCCESS SYDNEY" PROGRAM



**DRESS FOR SUCCESS®**  
SYDNEY

**Rotary**  
Macarthur Sunrise

**wests**  
CARPENTRY

**Rotary**  
Gregory Hills Next Gen

**Travel4Good**

A MEANINGFUL, EDUCATIONAL  
EXPERIENCE LIKE NO OTHER -  
RAISING FUNDS TOGETHER TO  
CHILDREN IN UGANDA

EDUCATE

**Team Sheridan**

Juliet and Jacinta Sheridan will be travelling to Uganda as a parent/child team in July 2019 to  
visit School for Life. Info on the school can be found at: <https://www.schoolforlife.org.au>

Please help us to fundraise \$5000 to be donated directly to School for Life.

All donations are tax deductible.

Please visit our fundraising page:  
<https://travel4good2019.raisely.com/teamsheridan>

Alternatively, we can process cash or a cheque on your behalf.

Thank you for your Support!