

Report for June 21, 2022; Volume 83, No: 46 Rotary Club of Bowral-Mittagong

District 9705 Charter Date 26 March 1940

President: Will Eddowes Secretary: Trevor Fair



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Rotary International President Shekhar Mehta's theme for 2021-22,

Serve to change lives,

is urging members to become more involved in service projects, saying that caring for and serving other is the best way to live because it changes not only other people's lives, but also our own.

Future Events

June 28 - The Hermitage - Rotary Club Changeover - Partners and Guests

July 2 - Highlands Golf Club – District Changeover \$45pp

July 5 - Bowral Bowling Club

July 12 - Kookabar - Social Meeting

July 19 - Bowral Bowling Club

July 26 - The Hermitage

**<mark>*Confirm by Sunday for Tuesday Night</mark>

Venue: Bowral Bowling Club

Journalist: Denise Coad (and thanks for your help Rod Aistrope)

Guest Speaker: Vicki Kelley - Pop In

Sergeant Lynton:

Welcomed Members, and our own special Member and Guest Speaker - Vicki Kelley.

Guests – Eric Conley and Rosemary Eddowes.

Welcomed Tim Boland – not a Guest, but transferring Membership to our Club.

Invocation: Carolina Torregrosa

International Toast: Rose Conley

Yesterday was **World Refugee Day**, a day which recognises the plight of people escaping from threats in their homelands and seeking safe refuge elsewhere.

The day was established in 2001 to mark the 50th anniversary of the creation of the United Nations Convention Relating to the Status of Refugees in 1951. Australia is a party to the Convention.

World Refugee Day follows close on the granting of Bridging Visas to the **Murugappan** family to allow them to return to their previous home in Biloela in Central Queensland.

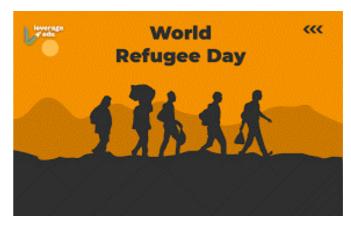


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World Refugee Day follows close on the granting of Bridging Visas to the **Murugappan** family to allow them to return to their previous home in Biloela in Central Queensland.

Everyone knows their story. It was indeed a beautiful thing to see the welcome home that they received from the community and celebrations which followed.

Biloela is a town of 6 000 located about 120km inland from Gladstone in Banana Shire. It is in the middle of the coal fields and is the centre of the cattle country with grazing and meat production the big industries.

The Rotary Club of Biloela was Chartered in District 9560 in 1953 and has 27 Members led by President Kim Campbell.

They are a very active and happy Club. One of their most significant achievements was back in the drought of 2019 when a Member offered the use of 40 acres of pasture land. The Club organised sponsorship, equipment, labour and water to plant out millet grass, raise it, cut, bale and handle the hay and sell it with the proceeds going to families suffering from the drought. What a commitment and what an outcome.

They continue to run youth directed projects like mentoring and careers advice days and a lot more.

So in recognition of World Refugee Day and the return of the Biloela Family would you please raise your glasses and make our International Toast to the President and Members of the Rotary Club of Biloela.

President Will:

Will and Ian Langford's visit to Robertson Public School.

The Science and Engineering Discovery Day Challenge was a draw between Chevalier and Bundanoon/Robertson Schools. As there was only one Trophy on the day, another Trophy was made and presented at Robertson School Assembly on Friday afternoon.



They also sang the second verse of Advance Australia Fair.

Will and Ian Langford will be meeting with Lorna tomorrow to find out about this year's Tulip Times Festival.

The Marulan BBQ ran smoothly, but unfortunately the numbers were down – only about 40 attending not the estimated 200. There was a lot of effort by Members, but the rules will have to be changed.

Denise Coad:

Update on the Club Changeover next week at The Hermitage - 60 plus

attending which is great. We will have 5 Double Movie Passes from the Empire Cinema to Raffle. The closing time has been extended to 9.00pm.

Will Eddowes:

Email from Lismore Rotary regarding our \$2,000 donation. Total Club Donations this year \$12,000 including \$5,000 to the Rotary Foundation, and \$2,000 to Pop In.

The Breakfast Club this morning was cancelled on short notice. Bowral High School Principal cancelled the Breakfast Club because of bad behavior by Students the week before. Unfortunately, our Volunteers, Mary and Denise were only advised 10.15 pm the night before.

The purpose of the Breakfast Club was discussed by Members, and will be reviewed. When it was originally set up it was for 15-20 nominated under-privileged Students. The last Breakfast was for 220 plus. We only need to support the Kids who need it.

Rod Aistrope:

At the change-over at the end of the 2020/2021 Rotary Year Paul Harris Foundation Fellow presentations were made. Since that was a Zoom meeting, whilst the awards were announced the physical presentations were held over until an appropriate time. This turned out to be at this week's meeting.

The Awards made were as follows:

Ray Coulton – Sapphire Pin for accumulated contributions of \$US1000 – Ray has left the Club but was presented with his pin earlier

Robert de Jongh – Paul Harris Fellow for contribution of \$US1000 as Foundation Director last year was presented with his Award



Paul Harris Fellow recognition was established by RI to acknowledge individuals who contribute \$US1,000 to The Rotary Foundation. In Australia and New Zealand we also make the Award of a PHF to acknowledge outstanding service to Rotary or the community and the Club makes the donation in the name of the Awardee.

Vicki Kelley – Paul Harris Fellow for service to the community through establishing and driving the Pop In Domestic Violence Referral Centre and for service to the Club was presented with her Award.



Congratulations to all of the Awardees.

Ian Law:

lan's role for Wingecarribee Shire Council Environmental Day. Greener Footprint Fair this Saturday 11.00am to 4.00pm at old Town Hall, 16 Bendooley Street, Bowral.

Council Brochure from Trevor - attached

Will Eddowes - Membership:

Tim Boland transferring to our Club.

The resignation of Gwenda Webb – so many Members were so disappointed she had resigned. Gwenda will be able to assist the Club at Events when required.

Also resignations from Michael Dealtry who is no longer at Samuel Gees, and he has moved to Wollongong, and Bob Rheinberger.

Denise Coad:

Updated Members on Venues. She has spoken to Kate about the possibility of weekly Meetings at the Bowling Club that would be our permanent Meeting Venue. She will review this in August when Kate and Tony are back from Holidays. We could still continue to have "Social Meetings" at Kookabar or The Hermitage.

Welfare Report – Rose Conley:

It is good to see Ian Johnson back at Meetings. She has rung David McCosh who is getting better.

Robert de Jongh:

Robert is preparing a new Breakfast Club Roster on August 2.

President Will introduced our Member, Vicki Kelley, to update Members on Pop In.

Pop In

A new model for many hundreds of women and children threatened by domestic violence and abuse in our community.

The Southern Highlands.

1,000 women, plus their children, are impacted by domestic violence and abuse or coercive control each year in the Wingecarribee Shire.

At best, the needs of these families are served by severely underfunded, time poor and resource depleted providers.

Pop In Facts

Not crisis accommodation but a centre that provides resources and specialist case workers to enable better decisions with a focus on early intervention – it's a hub.

We operate free from government funding and this enables the women to access the service for as long as they need.

Community is at the heart of what we do.

Our premises are safe, discrete, comfortable – feel like a home.

Our approach is innovative, agile, evidence based and rigorously evaluated to ensure we deliver against the needs of our clients.

We have a long term plan.

Pop In Today

2022 YTD - 159 women and 71 children

May 22 – 41 women receiving intense case work

50% + referrals - self referred

Pop In Today (continued)

50% - never spoken with anyone before coming to Pop In

26% - Moss Vale; 21% - Bowral; 19% - Mittagong

The front line team – 1 x Manager, 2 x FT case workers; 2 X PT case workers; 12 – 18 regular trained volunteers



Goals of our Mother and Children Programmes

To strengthen and promote healthy attachment between the child and their caregiver.

To create a safe community for caregivers and child/ren that enables talk and connection and the opportunity for the caregiver to access further support if needed.

To break down inter-generational domestic violence.

Our Mothers and children programme has three interlocking areas:

- 1. Play and Chat regular supervised play sessions designed to improve mother and child interactions and attachment
- 2. Black Box Parenting an eight week programme around attachment
- 3. Less formal and loosely supervised time for mothers and children to spend time in a calm, safe, comfortable, trusting and bonding environment e.g. reading, drawing, playing.

Black Box Parenting

A parenting program developed specifically for the challenges of parenting the special needs of children post trauma – vital for healthy development

Two accredited facilitators run programme.

Programme has a maximum capacity of five women.

Runs over 16.

Crèche is provided at each session.

Key Challenges

Demand outstrips resources

Fund Raising

Premises

Replicating the model in other communities

The Rotary Club of Bowral Mittagong

Vicki thanked our Club and Members for our support and contribution to Pop In. Below is the work we have completed at Pop In over the past 2 years:

Demolished an existing stair and landing and built a new deck (with the skilled help of Carpenter Tim);

Demolished and existing derelict storage shed and supplied and erected a new storage shed with a compacted crushed concrete floor;

Cleared and removed privet and other bushes and grass from the play area;

Installed a rowing boat sand pit with cover;



Supplied and installed bamboo matting as a soft containment wall:

Supplied and installed a new steel rail fence and pool safety gate and blocked under deck floor spaces;

Supplied and laid weed matting covered by pine bark mulch;

Provided electrical cable reels for play area;



Bright blue play reels behind step railings

Supplied and laid a paver pathway;

Supplied and installed storm water drainage fittings for the studio building; and

Arranged and paid for extension of the house electrical service with lights and power points for the studio.

The total cost of the works in cash spent is in the order of \$8 000 partly funded by a District Grant of \$4 370. Discounts and donations of materials and plant would be worth another \$1 500 on top of the cash spent so the total value to date would be around \$9 500.



Beautiful finished product

Birthday Pizza Lunch July 15, 2022 at the Imperial Hotel for July Birthdays.

June Birthdays:

David McCosh 23/6 Robert de Jongh 24/6 Darryl Flegg 24/6

July Birthdays:

Mary Ramsay 10/7
Gwenda Webb 21/7
Dominic Williams 31/7

Raffle:

Won by Ian Langford – Congrats Ian ©

Next week's Meeting June 28 at The Hermitage - Club Changeover -

Partners and Guests

POST MEETING UPDATE – Brian Ritson kindly sent the editor some photos of a Viking Festival attended by the local Rotary Club at Sussex Inlet. The club provided Viking food from an aged old recipe – See Viking Festival photos below and Council "Greener Footprint Fair" brochure.







Viking
Festival
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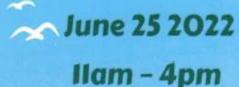


Council Brochure - Fair this Saturday (TOMORROW)



Wingecarribee Greener Footprint Fair

Come celebrate everything low impact



Old Bowral Town Hall 16 Bendooley St, Bowral

Come enjoy live music, animal meet-and-greet, food and drink stalls.

The event will feature guest speakers, stallholders and workshops promoting sustainable living initiatives.



