

Rotary Club of Bowral-Mittagong

District 9710 Charter Date 26 March 1940

President: Robert de Jongh Secretary: Trevor Fair

E: rotarybm@acenet.com.au

W: www.bowralmittagongrotary.com

Geoff Prenter - Sports Journalist will be addressing the members on 22nd October. This will be an interesting presentation, especially for your sports tragic friends.

Next Meetings	Tuesday 1 st October	Tuesday 8 th October
Location	Mittagong RSL	Mittagong RSL
Program	Vanuatu	Retford Park
Speaker	RAWCS Team	Scott Pollock
Intro / Vote of Thanks		
Dinner Fee Duty	TrevorFair	Ian Langford
Journalist	Trevor Fair	Denise Coad
Regalia Duty		
If you are unable to do duty, please find a replacement and advise Trevor Fair by email: trevorf@oxleypartners.com.au		



UPCOMING EVENTS

Bowral Cycle Classic

- Roster is out, need volunteers for both Marshalling and BBQ



Bong Bong Races

Seeking volunteers for

- Marking out - Wed 20th
- Set up - Thu 21st
- Race Day - Fri 22nd
- Race day parking and BBQ

Journalist: Denise Coad

Venue: Mittagong RSL

Observations:

- Good fellowship amongst members prior to the meeting
- The odd couple drinking a bottle of “Oddsocks”.
- Gwenda’s new haircut
- Lady members booking a Christmas Lunch
- AFL GF discussion

Welcome: PE Rod Aistrope welcomed all, especially our guest speaker Bobby Ballas, as well as the Vanuatu returnees.

Invocation: Brian Elliott

International Toast: Ian Johnson – RC Vanuatu

Announcements

Mary Ramsay

The first day of Tulip Times went very well. There were 28 buses and it was a very busy Day. Thank you again to all the Volunteers for the 13 days of Tulip Times!

There is a Meeting on Thursday October 17, 5.30pm at Old Bowral Hall (Memorial Hall) for all involved in the Bowral Classic.

Rosemary Kelly

Bowral Uniting Church Spring Market Fair on Friday 27th & Saturday 28th. Country style Fair with craft, cakes, plants, BBQ, Devonshire tea and a whole lot more.

Jacinta Sheridan

BBQ will be held in Corbett Plaza on Saturday 26th 9am-2pm to support The Southern

Highlands Association of Women.

A clothes sales in conjunction with this event will be held at the Bowral Uniting Church.

Don Graham

The cut off for accepting an exchange student has passed. If the Club is to host a student next year will require commitment of 2-3 host families.

RYLA – Berrima District Rotary has received 2 nominations for next years RYLA and would like our Club to sponsor one of them. Cost \$1200 – please contact Don if you would like to discuss or seek further clarification.

Interact Club – currently has 45 members. Seeking sponsorship in a Bowral HS School Leadership Camp at a cost \$1000 per attendee. This is to occur early next term.

Members are volunteering at CWA for the Tulip Times Festival.

The Recycling Committee are making a presentation to the School Executive at BHS regarding their activities.

Five interactors have gained Prefect positions for next year. Akiko has been elected School Captain and Harry Deputy School Captain.

Robbie Allen is attending the Yr 12 Graduation Presentation night on Wednesday.

Ian Johnson

Vanuatu update – “we finished the job”. Presentation next week – any attendees who have photos please forward to Ian for collation.

Brian Pattinson

Dream Cricket Gala Day Friday October 25th. Seeking volunteers. The workers from the Hospital have agreed to erect the tents this year so the tasks should be a lot easier.

Guest Speaker – Bobby Ballas

Primary Ethics Program



Bobby is the Regional Manager for the Southern Highlands Primary Ethics Program. When she moved to The Highlands she was looking for something to be involved in. There are now 30 Southern Highlands Volunteers.

Primary Ethics is a not-for-profit organisation which resources communities to run ethic classes for children in their local primary school. The NSW Department of Education reviews each topic and ensures each stage from Kindy to Year 6 is age-appropriate.

Ethic classes are facilitated discussions that use a community of inquiry approach to help children puzzle over questions, build on each other's ideas and make well-reasoned decisions rather than those based on habit or peer pressure.

In the Southern Highlands we have been running ethics classes for over 9 years and currently have eight schools running classes with another school coming in board in a few weeks.

Some of the Sample Topics are:

Learn Curious, Opinions, Listen, Build on each other's ideas

Respect but do not question or argue

Disagree Peer Pressure, Think Through Decisions

K- Year 2 Hurting, Truth, Kind, Ownership, Fairness

Primary – Year 3-6 Good Friend, Cheating, Punishment, Teasing

Children are encouraged to ask questions to build on and challenge.

The **Facilitator Volunteers** could be Teachers:

They have background checks.

They are offered support and professional development.

They are trained.

Face to face training.

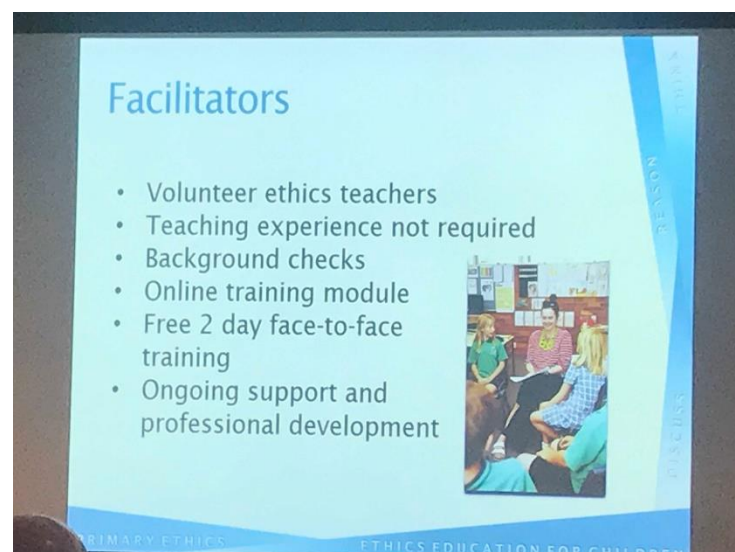
On-line training.

The Ethics Classes are in the same time slot as Scripture.

Bobby then put on a 3 minute Video to close the Presentation.

There were Member questions from Rod Aistrophe, Ian Johnson, Jacinta Sheridan and Louie Liberale.

Jim Gasson then provided an anecdote about the 7 years he was a Teacher at Bargo. He had a young fellow who was a problem, but he was sorted out at Scripture by one of the Fathers.



Vicki Kelley

Next week's Guest Speakers will be the RAWCS Team.

The week after Scott Pollock from Retford Park will be the Guest Speaker.

Photo of the Week!



Spring Garden at St Thomas Aquinas Church

Sept Birthdays:

Fair, Trevor	14 Sep
Kettle, Lynton	16 Sep
Hicks, Graham	17 Sep
Adams, Ken	19 Sep
Sheridan, Jacinta	22 Sep
Rees, David	28 Sep

Birthday celebration Imperial Hotel lunches will recommence in October.

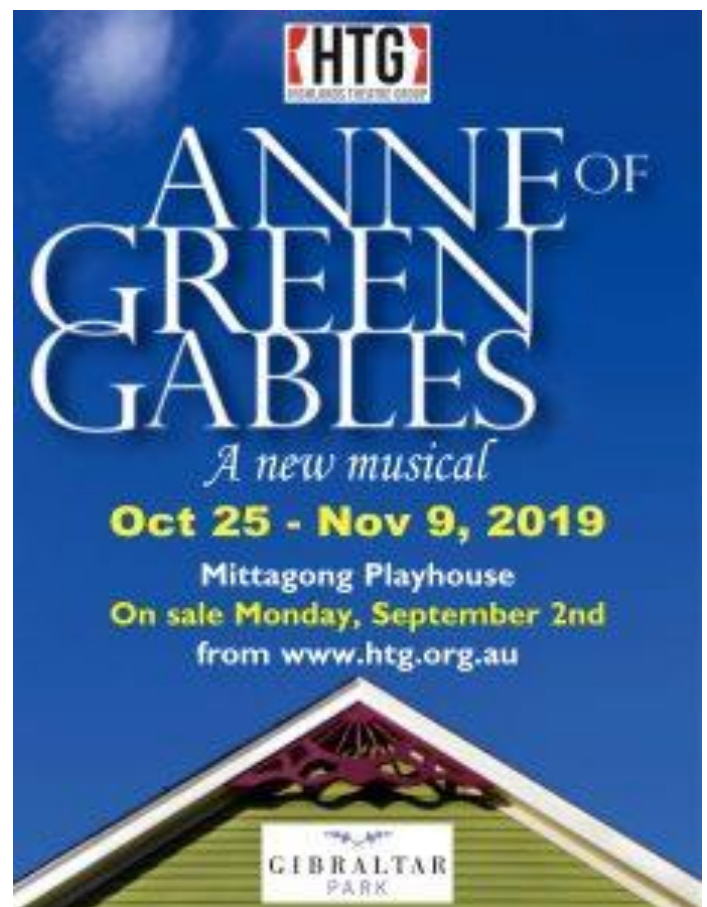
Thursday 24th October – 12 Noon

Thursday 15th November – 12 Noon

EVENT DIARY

Sept	24-th to 7 Oct	Tulip Time Festival
Oct	20 th	Bowral Cycle Classic
	25 th	Dream Cricket - Bowral
Nov	1	Anne of Green Gables http://htg.org.au
	22	Bong Bong Races
Mar 2020	6-8 March	District Conference Ulladulla Roaring 20's theme

www.trybooking.com/book/event?eid=538149



What do I need to bring to RYPEN

- Sleeping bag and a pillow
- Towel and toiletries
- Swimmers
- Casual clothes
- Sensible shoes (ensure that you have sports shoes)
- Writing material
- Junk food (if you cannot last one weekend)
- Sunscreen cream/lotion
- Insect repellent
- Your sense of adventure and a healthy sense of humor

Will I be in the same group as my friends?

You will be assigned to accommodation and activity groups designed to give you the best opportunity to meet new people and develop new friendships and new skills. You probably won't be in a group with your old friends but you are going to make lots of new friends!

Mobile Phones

Mobile phones are to be handed in to the camp supervisor upon registration. They will be held in security and returned to you at the conclusion of the camp.

RYPEN Camp Rules

Strict Rules are enforced at RYPEN to ensure the safety and well-being of each participant. Breaking camp rules may result in the parent/guardian being asked to remove their child from camp.

1. Students must behave appropriately at all times including obeying camp rules, respecting the wishes of the organizers and the rights of fellow students.
2. Smoking and alcohol use by students are not permitted
3. Mobile phones are not permitted. Phones brought to the camp will be securely stored by the camp supervisor.
4. Participants can expect to be in accommodation groups and activity groups separated from friends.
5. Accommodation groups and activity groups will not be altered to group friends together.
6. The camp curfew is 12.00 midnight. Students are not to leave their dormitories after this time. If there is any medical reason to break this curfew, please indicate this on the application form.

To apply for RYPEN:

1. Complete the Application Form and return to your sponsoring Rotary Club
2. Submit the online Medical Consent Form for Borambola
3. Speak to your Rotary Club about the \$360 sponsorship fee
4. Complete these steps by Friday 1 November.

Need help or more information?

Contact your sponsoring Rotary Club or you can contact RYPEN Coordinator Darren Wallace on:
Mobile phone: 0409 120 108 Email: darren@pcresources.com.au

NEED HELP? Contact your sponsoring Rotary club or RYPEN coordinator Darren Wallace on 0409 120 108 darren@pcresources.com.au

RYPEN, or the **ROTARY YOUTH PROGRAM OF ENRICHMENT** is a challenging weekend designed for year 9 students who show a positive and caring attitude in everyday life. The principal aim is to communicate a series of ideas, discuss social issues and run a series of challenging team-building activities that will assist the participants in developing relationships and life skills.

At RYPEN you will make new friends, develop skills you didn't know you had and above all you will have a great time.

For more information and to view photos and videos from previous RYPEN camps visit the [Rotary District 9700 website](http://www.rotary9700.org.au) (go to <http://www.rotary9700.org.au> then select Youth - RYPEN)

Who runs RYPEN

RYPEN is run by members of the Rotary Club of Wollundry Wagga Wagga. The camp is run largely by the **RYPEN Youth Leadership Team**, a hand-picked group of ex-RYPEN students, who are also responsible for guiding and mentoring the RYPEN students. This year the camp will be combined with D9710 participants and supporting staff.

Youth Leadership Team (YLT)

Twelve amazing students that have attended RYPEN in the past have been selected as the Youth Leadership Team. After an intensive training weekend, they are very keen to meet the RYPEN students and spend the weekend with them at the camp. The YLT is open to any student that has previously attended RYPEN.

Where is RYPEN

RYPEN is held at [Borambola Sport & Recreation Camp](http://www.dsr.nsw.gov.au/borambola/) (<http://www.dsr.nsw.gov.au/borambola/>) which is located 25kms east of Wagga Wagga on the Sturt Highway.

Camp Dates

Starts: 5pm Friday 29 November 2019
Ends: 1pm Sunday 1 December 2019

How much does RYPEN Cost

Your local Rotary Club is responsible for the selection of **RYPEN** participants in their area and will discuss arrangements for the payment of the **\$360** nomination fee. The Rotary Club may provide partial or full sponsorship. **All applications must be supported by a Rotary Club.**

Transport To/From RYPEN

Your sponsoring Rotary Club will arrange your travel. Please speak to your Rotary Club about arrangements.

What Happens at RYPEN

At RYPEN you will meet new people and make new friends. You will hear from inspirational speakers covering a range of interesting topics and participate in a host of fun and exciting outdoor and team building activities. You will also learn a lot about yourself and how you can have a positive impact on others. And you will get to meet and chat with all the international Rotary Exchange students that are in Australia in the Wagga Wagga-Griffith-Bathurst area. Check out the RYPEN program in the information package.

NEED HELP? Contact your sponsoring Rotary club or RYPEN coordinator Darren Wallace on 0409 120 108 darren@pcresources.com.au

RYLA 2020

Welcome to RYLA 2020 – a merged Rotary Programme between Districts 9700 and 9710. In 2020 the Rotary Youth Leadership Awards (RYLA) will be held from the Saturday the 11th to Friday the 17th January inclusive at the Greenhills Conference Centre, Cotter, ACT.

Objectives: RYLA is a challenging 7 day residential program for young people aged 18 to 25. RYLA offers a unique opportunity for motivated individuals to access some influential and inspirational speakers and trainers. With presentations, workshops and exercises, attendees will be introduced to concepts of effective leadership including:

- Leadership Theory
- Communication,
- Resilience,
- Mental Health,
- Values & Ethics,
- Leadership in Service & Community,
- Youth Leadership,
- Goal Setting/Visioning
- Conflict Resolution & Mindfulness

What do the RYLARIAN'S take home with them? The programme aims to help them to:

- Build communication and problem-solving skills
- Discover strategies for becoming a dynamic leader in your school or community
- Learn from community leaders, inspirational speakers, and peer mentors
- Unlock your potential to turn motivation into action
- Have fun and form lasting friendships
- Build on the existing leadership of participants
- Encourage participants to further develop their own skills, talents and abilities, and
- Remind participants of their responsibility to their communities and to the world.

Applications will open on the 1st September 2019. For ease of management this year fees will be invoiced from the District 9710 Treasurer to participating Clubs and cover accommodation, all meals and programme expenses. The full registration fee is \$910. The Committee has decided to drop the early Bird reduced fee inducement this year to cover the cost of the extra nights accommodation. Please note that we have merged the two Districts for this year's RYLA so we anticipate a lot of applications ... so get in quick & don't forget to check out our external Website -

<https://www.ryla9705.com/> and our Facebook page
<https://www.facebook.com/Districts97109700RYLA>

Where to find Candidates: Clubs should seek applications from candidates and their employers to sponsor suitable employees. Potential RYLA Candidates are already in your community now! is easy to find them then what you may first think. Here are some suggestions:

- Previous participants in Rotary Youth Programs (eg. Youth Exchange, RYPEN, public speaking, NYSF etc)
- TAFE/Educational facilities
- Community organisations
- Various workplaces and sporting clubs
- Community leaders
- Your own networks
- Fellow Rotary member's suggestions

Discuss these suggestions at your club. Chances are it will lead to further ideas that can be used in your own community. Further information is available in the downloadable documents on this page (2020 Recruitment Pack, RYLA Brochure & Application Form) or by contacting the District Chair, Lyndall Dalley, on 0418861612 or at ryla9705@gmail.com