Tulip Times

The Rotary Club of Bowral-Mittagong District 9710 - Chartered 26 March 1940

E: rotarybm@acenet.com.au W: www.bowralmittagongrotary.com

> President: David McCosh Secretary: Tony Glenn

Meetings: 6:00 for 6:30 Highlands Golf Club, Old Hume Highway Mittagong NSW 2575

Visiting Rotarians		
Next meetings	Tuesday 5 th September 2017	Tuesday 12 th Sepember, 2017
Location	Highlands Golf Club	Highlands Golf Club
	Old Hume Highway Mittagong	Old Hume Highway Mittagong
Program	DG visit – Bill Seelis	Member – Trivia Night
Speaker	Bill Seelis	Trevor Fair
Intro/Vote of Thanks	David McCosh	
Dinner Fees	Mary Ramsey	Michael Lendrum
Journalist		
Regalia	Brian Pattinson	Terry Mortensen

If you are unable to do duty, please find a replacement and advise Trevor Fair by email trevorf@oxleypartners.com.au

Welcome by President David

Guests – Vicki Miller, Shake it Up Foundation Porbus members – Chris & Hillary Cotner Interactors – Hayden Koek and Sophie Hall Outgoing exchange student – Julie Bourrigaud

International Toast – Don Graham

Thursday is the Independence Day of Kyrgyzstan. The country is located in the centre of the Asia/Europe landmass with China to its east, Kazakhstan to the north, Uzbekistan to the west and Tajikistan to the south. It has a population of 6 million.

Kyrgyzstan has a recorded history of over 2 000 years. It was a part of the Silk Road and submitted to the Mongol Empire in 1207, was overrun by the Chinese in the 17th Century and ceded to Russia at the end of the 19th Century. With the collapse of the Soviet Union it declared and peacefully achieved its statehood in 1991.

The capital is Bishkek, a city of about 1 million near the northern border. The Rotary Club of Bishkek was Chartered in District 2430 in 1999 and remains the only Club in Kyrgyzstan but one of 93 Clubs over 6 countries from Turkey to Afghanistan.President Maria Bespalova leads 28 Members who have a strong commitment to improving the lives of the poor in their country.

They have raised funds themselves including from a Ball last May, matched by \$15 000 from the Rotary Club of Geneva and \$36 000 from the Rotary Foundation for their *Give a Cow Project*. So far they have provided 74 cows to rural families. With the extra funds they have raised their target to 110 by the end of this summer.

Past projects have included a drinkable water project for rural villages, creation of day care centres for children with disabilities and their *Keep a Kid in School Project* which provides books, food and transport for children in remote villages.



Announcements

Rod Aistrope – Challenge House – Thank you to everyone who participated. One last task for this weekend is to finish the front of the building and will include paying and turfing.

Don Graham – 4 Way Speaking Competition is to be held this Wednesday, 30th at RC Berrima Dist.

Ray Coulton – Peter Bunting Update – is currently at Bowral DH. Please check before visiting to see whether Peter is up to visitors.

Challenge House - Before



Challenge House - After



Photos courtesy of Jacinta

Interact Presentation Sister School – Cambodia

The Bowral HS Interact Club is working with the School SRC to raise \$20k to repair the school library in Cambodia. The damage was caused by a big monsoon last season.

Some of the fundraising strategies include concerts, BBQs (would like to borrow the Rotary BBQ, please), staff donations in lieu of coffee one day a week.

Project Overview



Guest Speaker – Vicki Miller Shake It Up Foundation (Parkinsons Australia)



Vicki Miller – introduced by Rose Conley

About Parkinson's

- The disease affects an estimated 10 million individuals worldwide – 80,000 in Australia.
- It is the second most common neurological disease in Australia after dementia.
- **32** Aussies are diagnosed with the disease every day.
- **20%** of sufferers are under **50 years old** and 10% are diagnosed before the age of 40.

Our Research

- We create a culture of collaboration within the Australian Parkinson's research community.
- We fund only world's best cutting edge research in Australia.
- Our partnership with MJFF provides opportunities for real time sharing of data and tools to accelerate knowledge and speed progress towards breakthroughs.
- It also means our research is globally competitive, strategically managed and non redundant.

Innovative Parkinson's Australasian Clinical Trials Initiative

- We are a collaborative partner in an innovative clinical trial involving a range of new disease-modifying therapeutics aimed at slowing or stopping long-term neurodegeneration in patients with Parkinson's.
- ImPACT is a collaboration between, the Garvan Institute, Shake It Up, Parkinson's Australia, The Cure Parkinson's Trust (UK), MJFF and The Van Andel Institute.
- Eight drugs already approved for use in humans will be included in the repurposing study which will significantly reduce the length of pre-clinical time required which means a faster outcome for patients.

Parkinsons Australia is closely aligned to the Michael J Fox Foundation (MJFF) and last year received \$90m \$1 for \$1 from the Foundation.

Carer Tips

- 1. Talk so someone about your situation
- 2. Make time to cry
- 3. Make time for your self
- 4. Make contact with a support group

NEW - Public Notices

Station St Upgrade - The below link is for the Station St, Bowral upgrade – makes interesting reading. <u>http://www.yoursaywingecarribee.com.au/SSU</u>

National MUNA - The Rotary national Model United Nations Assembly (MUNA) was conducted in the historic House of Representatives Chamber of the Old Parliament House, home to the Museum of Australian Democracy from 18 - 20 August. This was the 21st consecutive MUNA event that the Rotary Club of Canberra Sunrise has run on behalf of Rotary District 9710, with the aim of increasing international understanding and goodwill. Club President, Rosemary Everett hailed the event a great success, noting the high quality of debate throughout, great enthusiasm from the participants and some fine work within and between blocs of countries to influence the debate outcome.

Sixty-eight Year 9 to 12 students from schools in Queensland, NSW, ACT, Victoria and Tasmania participated in the event. Teams of two-three students made up 26 teams, each representing a country, to debate six real-world United Nations resolutions over the weekend. The topics, all of which were well researched by students and debated with passion were:

- Measures to prevent the proliferation of nuclear weapons in the Korean peninsula;
- Regulating international migration;
- Protection of human rights and fundamental freedoms while countering terrorism;
- Non-state actors and WMD;
- The situation in the Syrian Arab Republic; and
- Intensification of efforts to eliminate all forms of violence against women and girls.

The SH MUNA will again be run in early 2018 – Please find some time to assist this worthwhile project.

Calendar of upcoming events

- 9 & 10 Sept Home & Garden Show, Bong
- 12 24 Sept Tulip Time, Corbett Gardens
- 30 Sept Bowral Rugby 7's Eridge Park
- 30 Sep 1 Oct Food & Wine Festival, Corbett Gdns
- 14 Oct Opoberfest Bowral Memorial Hall
- 15 Oct Bowral Long Lunch, Centennial
- 22 Oct Bowral Cycle Classic
- 27 Oct Dream Cricket Bowral, Bradman