

Meeting Report 3 Sept, 2019 Volume: 81 No: 09

Rotary Club of Bowral-Mittagong



President: Robert de Jongh Secretary: Trevor Fair

E: rotarybm@acenet.com.au

W: www.bowralmittagongrotary.com

Tulip Festival Please check the roster to ensure you know when you have volunteered to help

Tuesday 10 th September	Tuesday 17 th September		
Mittagong RSL	Kookabar, Wingecarribee St		
Exercise Physiologist	Social		
Scott Connolly			
lan Langford			
Trevor Fair			
	Mittagong RSL Exercise Physiologist Scott Connolly Ian Langford		

If you are unable to do duty, please find a replacement and advise Trevor Fair by email: trevor@oxleypartners.com.au



UPCOMING EVENTS

Bowral Cycle Classic

 Roster is out, need volunteers for both Marshalling and BBQ



Bong Bong Races Seeking volunteers for

- Marking out Wed 20th
- Set up Thu 21st
- Race Day Fri 22nd
- Race day parking and BBQ

Journalist: David Rees

Venue: Mittagong RSL

Sergeant Lynton welcomed everyone and

announced President Robert.

Invocation: Will Eddowes

International Toast: Gwenda Webb



Slovakia is located in central Europe surrounded by Poland to the north, Ukraine to the east, Hungary to the south, Austria to the west and the Czech, Republic to the north-west.

It was a part of the Roman Empire, then Slavs arrived in the 5th century AD but given the number of kingdoms and empires around it, it is not surprising that ownership has changed hands a lot.

Up to the First World War it was part of the Austro-Hungarian Empire and after the Second War it was united as part of Czechoslovakia. But in 1948 it was taken over in a communist coup and was dominated by the Soviets until the collapse of communism in 1989.

The Czech Republic and Slovakia separated peacefully in the Velvet Revolution that year in what became known as the Velvet Divorce.

The First of September is celebrated in Slovakia as **Constitution Day** marking the adoption of their new independent constitution in 1992.

Slovakia has a population of 5½ million of whom 240 000 live in the second largest city, Kosice in the east of the country.

The **Rotary Club of Kosice** was Chartered in 1928 but didn't exist during the war and communist years.

It was revived in 1990 and is now in District 2240 which re-unites Czechs and Slovaks. It has 22 Members led by **President Juraj Micko**.

Announcements

President Robert

Police Ball

Rosemary

Reminder to helpers at BBQ on Sunday, 8th Sept. Lake Alexandra 08:30 _10.00 hrs

Reminder plus thanks; food drive for Uniting Church. This is part of community service.

Ken Adams

A letter of thanks has been sent to the club. Published below. Some fellows have donated cash to the scheme which is perfectly acceptable.

Don Graham

Thanked helpers, Robbie and David R for BBQ at BHS to feed Japanese students. BHS students cooked 450 -500 sausages with onions. Thanks to Don for towing trailer.

24th September David R will be cooking at PBS (Positive Behaviour Scheme) BBQ at BHS. Don will tow trailer. Anyone available to give David a hand?

Reminder that Anne of Green Gables play will be presented at Mittagong Playhouse as a fund raiser by Berrima Club for PYCC.

MUNA next year will NOT be held at Wingecarribee Council chambers. Will be held at Chev.

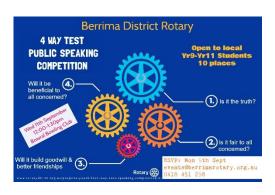
RYPEN location has changed. Not at Mogo but moved to Wagga. Don is looking for a volunteer(s) to transport students.

Vickie and David R will be representing our Club at the 4 Way speaking contest to be held at the Bowral Golf Club, on Wed 11th Sept. 12.00 - 13.30hrs. You are welcome to attend.

Our Club will be audited for WWC accreditation. Please ensure that your is up to date.

Mary Ramsay

Cycle Classic still needs volunteers for marshalling duties. BBQ is fully manned.



Guest speaker: Zac Hulm



Has just completed a Kokoda Trek to raise funds for "Rare Cancers Australia" (RCA). A survivor of Leukemia, this is not his first trek. He has done this before to raise funds for Camp Quality. RCA has an office and a patient care team in Bowral.

Zac related several anecdotes and reflections of his journey which covered 157 km over 10 days. He has a deeper appreciation for what the original diggers, who fought in New Guinea during WW II, endured. Members of RAN joined the trek which generated wide interest and publicity.

A brief but profitable sergeant's session was followed by a new look raffle system which no one but president Robert understood. Wine was won by Gwenda.

Sept Birthdays:

Fair, Trevor	14 Sep
Kettle, Lynton	16 Sep
Hicks, Graham	17 Sep
Adams, Ken	19 Sep
Sheridan, Jacinta	22 Sep
Rees, David	28 Sep

Photo of the week



Courtesy of Jacinta, who wishes the Vanuatu Team a safe and productive trip and thanks them for representing the Club and doing good in the world. Heads up on the beer they will be drinking after a hard day's work!

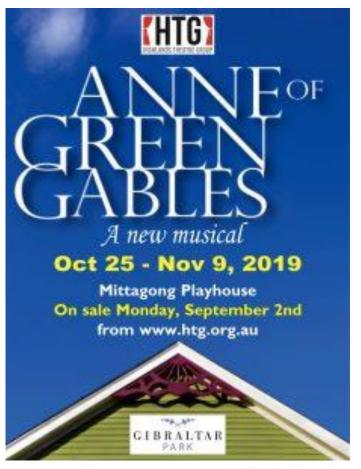
Kidney Health 2019 Big Red Kidney Walk

 $\underline{https://www.bigredkidneywalk.org.au/events/15/southernhighl} \ \underline{ands}$



Hospital Staff are co-ordinating the SH Kidney been able to secure donations of food and equipment. They have asked if Rotary could assist by cooking the breakfast. Please see Rosemary or Trevor for additional details.

www.trybooking.com/book/event?eid=538149



2019 RYPEN CHALLENGE **Borambola Sport & Recreation Centre** via Wagga Wagga



INFORMATION FOR APPLICANTS (continued)

What do I need to bring to RYPEN

- Sleeping bag and a pillow
- Towel and toiletries
- Swimmers
- Casual clothes
- Sensible shoes (ensure that you have sports shoes)
- Writing material
- Junk food (if you cannot last one weekend)
- Sunscreen cream/lotion
- Insect repellant
- Your sense of adventure and a healthy sense of humor

You will be assigned to accommodation and activity groups designed to give you the best opportunity to meet new people and develop new friendships and new skills. You probably won't be in a group with your old friends but you

Mobile Phones

Mobile phones are to be handed in to the camp supervisor upon registration. They will be held in security and returned to you at the conclusion of the camp.

Strict Rules are enforced at RYPEN to ensure the safety and well-being of each participant. Breaking camp rules may result in the parent/guardian being asked to remove their child from camp

- Students must behave appropriately at all times including obeying camp rules, respecting the wishes of the organizers and the rights of fellow students.
- Smoking and alcohol use by students are not permitted Mobile phones are not permitted. Phones brought to the camp will be securely stored by the camp
- Participants can expect to be in accommodation groups and activity groups separated from friends.

 Accommodation groups and activity groups will not be altered to group friends together.

 The camp curfew is 12.00 midnight. Students are not to leave their dormitories after this time. If there is any medical reason to break this curfew, please indicate this on the application form.

- 1. Complete the Application Form and return to your sponsoring Rotary Club
- 2. Submit the online Medical Consent Form for Borambola
- 3. Speak to your Rotary Club about the \$360 sponsorship fee
- 4. Complete these steps by Friday 1 November.

Need help or more information?

Contact your sponsoring Rotary Club or you can contact RYPEN Coordinator Darren Wallace on: Mobile phone: 0409 120 108 Email: darren@pcresources.com.au

NEED HELP? Contact your sponsoring Rotary club or RYPEN coordinator Darren Wallace on 0409 120 108 darren@pcresources.com.au

2019 RYPEN CHALLENGE

29 November – 1 December **Borambola Sport & Recreation Centre** via Wagga Wagga



INFORMATION FOR APPLICANTS

RYPEN, or the ROTARY YOUTH PROGRAM OF ENRICHMENT is a challenging weekend designed for year 9 students who show a positive and caring attitude in everyday life. The principal aim is to communicate a series of ideas discuss social issues and run a series of challenging team-building activities that will assist the participants in developing relationships and life skills.

At RYPEN you will make new friends, develop skills you didn't know you had and above all you will have a great time.

For more information and to view photos and videos from previous RYPEN camps visit the Rotary District 9700 website (go to http://www.rotary9700.org.au then select Youth - RYPEN)

RYPEN is run by members of the Rotary Club of Wollundry Wagga Wagga. The camp is run largely by the RYPEN Youth Leadership Team, a hand-picked group of ex-RYPEN students, who are also responsible for guiding and mentoring the RYPEN students. This year the camp will be combined with D9710 participants and supporting staff.

Youth Leadership Team (YLT)

Twelve amazing students that have attended RYPEN in the past have been selected as the Youth Leadership Team After an intensive training weekend, they are very keen to meet the RYPEN students and spend the weekend with them at the camp. The YLT is open to any student that has previously attended RYPEN.

Where is RYPEN

RYPEN is held at Borambola Sport & Recreation Camp (http://www.dsr.nsw.gov.au/borambola/) which is located 25kms east of Wagga Wagga on the Sturt Highway.

Starts: 5pm Friday 29 November 2019 Ends: 1pm Sunday 1 December 2019

Your local Rotary Club is responsible for the selection of RYPEN participants in their area and will discuss arrangements for the payment of the \$360 nomination fee. The Rotary Club may provide partial or full sponsorship. All applications must be supported by a Rotary Club.

Transport To/From RYPEN

Your sponsoring Rotary Club will arrange your travel. Please speak to your Rotary Club about arrangements.

What Happens at RYPEN

At RYPEN you will meet new people and make new friends. You will hear from inspirational speakers covering a range of interesting topics and participate in a host of fun and exciting outdoor and team building activities. You will also learn a lot about yourself and how you can have a positive impact on others. And you will get to meet and chat with all the international Rotary Exchange students that are in Australia in the Wagga Wagga-Griffith-Bathurst area. Check out the RYPEN program in the information package.

NEED HELP? Contact your sponsoring Rotary club or RYPEN coordinator Darren Wallace on 0409 120 108 darren@pcresources.com.au

EVENT DIARY

Sept	24-th to 7 Oct	Tulip Time Festival
Oct	20 th	Bowral Cycle Classic
	26 th	Interact Club Fun Run - Glebe Park
Nov	1	Anne of Green Gables http://htg.org.au
	22	Bong Bong Races
Mar 2020	6-8 March	District Conference Ulladulla Roaring 20's theme

RYLA 2020

Welcome to RYLA 2020 – a merged Rotary Programme between Districts 9700 and 9710. In 2020 the Rotary Youth Leadership Awards (RYLA) will be held from the Saturday the 11th to Friday the 17th January inclusive at the Greenhills Conference Centre, Cotter, ACT.

Objectives: RYLA is a challenging 7 day residential program for young people aged 18 to 25. RYLA offers a unique opportunity for motivated individuals to access some influential and inspirational speakers and trainers. With presentations, workshops and exercises, attendees will be introduced to concepts of effective leadership including:

- Leadership Theory
- Communication,
- Resilience.
- Mental Health.
- Values & Ethics.
- Leadership in Service & Community,
- Youth Leadership.
- Goal Setting/Visioning
- Conflict Resolution & Mindfulness

What do the RYLARIAN'S take home with them? The programme aims to help them to:

- Build communication and problem-solving skills
- Discover strategies for becoming a dynamic leader in your school or community
- Learn from community leaders, inspirational speakers, and peer mentors
- Unlock your potential to turn motivation into action
- · Have fun and form lasting friendships
- Build on the existing leadership of participants
- Encourage participants to further develop their own skills, talents and abilities, and
- Remind participants of their responsibility to their communities and to the world.

Applications will open on the 1st September 2019. For ease of management this year fees will be invoiced from the District 9710 Treasurer to participating Clubs and cover accommodation, all meals and programme expenses. The full registration fee is \$910. The Committee has decided to drop the early Bird reduced fee inducement this year to cover the cost of the extra nights accommodation. Please note that we have merged the two Districts for this year's RYLA so we anticipate a lot of applications ... so get in quick & don't forget to check out our external Website -

https://www.ryla9705.com/ and our Facebook page https://www.facebook.com/Districts97109700RYLA

Where to find Candidates: Clubs should seek applications from candidates and their employers to sponsor suitable employees. Potential RYLA Candidates are already in your community now! is easy to find them then what you may first think. Here are some suggestions:

- Previous participants in Rotary Youth Programs (eg. Youth Exchange, RYPEN, public speaking, NYSF etc)
- TAFE/Educational facilities
- Community organisations
- Various workplaces and sporting clubs
- Community leaders
- Your own networks
- Fellow Rotary member's suggestions

Discuss these suggestions at your club. Chances are it will lead to further ideas that can be used in your own community. Further information is available in the downloadable documents on this page (2020 Recruitment Pack, RYLA Brochure & Application Form) or by contacting the District Chair, Lyndall Dalley, on 0418861612 or at ryla9705@gmail.com