

RI President:

Gordon R McInally

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Email: rotarybm@acenet.com.au www.bowralmittagongrotary.com

Board of Directors President:Don Graham

Directors:

Trevor Fair - Secretary Paul Leotta - Treasurer Rod Aistrope Robbie Allen Denise Coad Rosemary Kelly Tim Bowland Allan Falvey Leigh Robinson

Club Meetings:

Weekly on Tuesdays, 6.00pm for 6.30pm at various Southern Highlands venues. (See below) If you are an apology please text or phone Denise Coad 0416009395 or email denisecoad@bigpond.com by 5.00pm Friday before the Tuesday meeting. By default, it will be assumed that members are attending.

Date	Meeting Venues	Speaker/ Topic	Journalist
7 Nov	Bowral Bowling Club	Julie Haseler Reilly (Sculpture/Painter)	Will Eddowes
14 Nov	Southern Highlands Winery	PP.AG. Leigh Robinson Rotary Foundation	Tim Bowland
21 Nov	No Meeting		
23 Nov	Bong Bong Race Course		Pam Brown

Journalist: David McCosh

Welcome: by Sergeant Lynton. Guest Speaker Antionette Sampson on the topic Angels in our Town.

Also welcome to Beverley Coffey, Mary Crammond, Asher, Vanessa, and Daniel Aylett, Robin Rankin, Marjorie Porgorni, and Rotary partners Kate Fair, Alison Bowland, and Robyn Liberale.

Welcome to all by PP Trevor Fair standing in for the still-hospitalised Pres. Don Graham.

Invocation and International Toast by David Rees

This evening's international toast is not a toast recognising any particular Club.

The essence of the toast today, tomorrow being the 1st of November, is to recognise the leading international charity Movember which is changing the face of men's health on a global scale, focusing on men's health, suicide prevention, prostate cancer and testicular cancer.

Having said that, we must recognise our own Australian Rotary Health which presently has a significant emphasis in mental health research for all Australians.

Apart from its primary research into mental health with its significance and relevance in our current world it operates a number of programs including the Indigenous Health Scholarship Program, the Rural Medicine Scholarship Program and the Rural Nursing Scholarship Program.

I encourage you all to consider a donation to Australian Rotary Health. As with all Rotary causes it always gives added value to all its work and our society is the benefactor.

Please be upstanding and toast the drivers of the Movember movement and Australian Rotary Health for their work and causes to assist us to be better people and in turn, somehow, a better world.

Announcements:

PP Trevor wished Rosemary Kelly a happy birthday on this auspicious Halloween Night.

Trevor visited Pres Don in hospital and reported that he is recovering well and looking forward to catching up at the Board meeting next week on all that is happening.

Food and Wine Festival

Ian Langford, an apology tonight, asked Trevor to remind everyone of the Food and Wine Festival roster which still has too many shifts to be filled. If members commit to two shifts each, we have the job done. (8th-10th Dec). Ian will distribute the Roster again this week.

Southern Highlands "Say No to Domestic and Family Violence" Campaign



Tim Bowland gave us an update on the activities of the SH Domestic Violence Forum which will launch its campaign in Corbett Plaza on the 1st December at Corbett Gardens, and on the 2nd December there will

be a march down Bong Bong Street. Tim demonstrated the campaign 'T' and collared awareness shirts (\$24 and \$38 respectively), encouraging members to buy and to wear them at the Dec 1st and 2nd events. Another initiative is garbage bin posters advertising "Say No to Domestic and Family Violence", a few of which were available at the meeting.

Tim also spoke of the packages the police now give to the children of a domestic violence rescue.

The Board will consider a donation at the next meeting. Barbara Humphries took orders for shirts. Any questions see Tim; Shirts see Barbara.

Southern Highlands Classic

Tony Glenn gave us an update on the BBQ revenue. It appears to be similar to the revenue at the previous event although there appeared to be possible differences in accounting. The numbers are \$4,083 and \$4,333 respectively. Analysis shows that the BBQ sausages were the best sellers, hot dogs the worst.

The TimTam Challenge - "Who am I".

Ian Donges ran another of his popular challenges only this time he had hardly opened his mouth before the answer was out. Too easy Ian!
Vanessa Aylett won with "Nicole Kidman".



Outward Exchange Student : Asher Aylett on his preparation for Japan.



Asher had prepared a slide presentation only to find that there were no projection facilities at the Kookabar. He did an admirable with no "props". Asher started his talk with an update on his recent busking success. Setting himself a target of raising

sufficient funds for a 'ShelterBag', his takings exceeded \$300, i.e. Three ShelterBags!! Congratulations!! Asher then introduced himself in fluent Japanese, - early steps in his mastery of the Japanese language. His away-home will be Osaka, the second largest city in Japan and he will be there for the 2024/25 Academic year.

Louie wished him a fantastic time in Japan recalling that our Club had in the past hosted three Japanese students and he hoped that maybe Asher could catch up with one or more of them when he is over there.

Guest Speaker: Antoinette Sampson : Angels in our Town.



Antoinette was returning to our Club having previously spoken to us prior to the inaugural Angels celebration and parade last year.

A passionate Antoinette introduced her address by telling us she had come to our meeting with two

aims, - firstly to tell something of what the First Responders were doing, and secondly, by the end of the talk, to make us all ambassadors of Angels in our Town, encouraging everyone to come to the parade on the 2nd of December.

Antoinette conjured up the National pride and excitement of the Matilda's win over France, -at which point Pascal, listening in, disappeared into the kitchen unhappily shaking his head! When the unintended disruption subsided, Antoinette recalled the emotions of the parade last year. "We wept, we cried, we laughed, we played, we made a huge noise" while the bashful and humble first responders who had been dragged kicking and screaming to the parade marched up the street. The truth is, we needed to do this. Antoinette then expressed her gratitude, especially to the Bowral High School Interact students, so kind and helpful. Also, to Rotary with its BBQ, and the other volunteer organisations that helped to get the first parade off the ground. Following the parade the organisation received so many appreciative emails, some citing that they had never felt such community connection before, while the responders themselves were stunned by the reception they received, - they really loved it! The Red Cross had people waving and cheering from the windows, an appreciation they had never felt before.

Antoinette's vision is that every year the responders come out with pride and the community has the opportunity to show its appreciation for the wonderful work they do year after year. Also, all volunteer organisations need more volunteers, and this is a showcase to encourage others. We are all going to need the help of our first responders at some time in our lives. One can't be what you can't see. This celebration is a showcase.

Antoinette then recalled how last year she was concerned that the SES had not responded to her call. (the coordinator had moved, and she had the wrong contact details). She gate-crashed a weekly meeting where she listened to the review of all the incidents that had been attended to during the past week. She was amazed at the number and variety of callouts, some quite disastrous and traumatic, and by the modesty and selflessness of the volunteers who had attended the calls. At the end she felt embarrassed to get up and say, "would you like to come and join our parade"!

She wrapped up with an impassioned call for support for this expression of community appreciation for the volunteer organisations on which we are all dependant. She recognised the amazing work that Rotary is doing around the world and the wonderful work being done for and by, the high school Interact kids. Please spread the word and participate on the 2nd December.

Please all become ambassadors of Angels in our Town. Thank you.

Check out the website https://www.angelsinourtown.org.au/event

The raffle was drawn.

Lynton ran a Sargent's Session:

PP Trevor closed the meeting with special thanks to Pascal for all the care and good food he has prepared for us over the years, both here and at the Highlands Golf Club.

MORE INFORMATION ON DOMESTIC & FAMILY VIOLENCE

Rotary and NSW Police press release 25 October 2023

The high incidence of DV is creating a rising cost to family units, to support organisations and to the local economy. Domestic violence results in spouses and partners are being physically and emotionally abused and families breaking apart. A further outcome is the damage to the children who become involved in the situation being subjected to mental anguish and emotional turmoil. We are all products of our environment and the habits we learn at home stay with us into adulthood. Do not allow your children to become victims and then perpetrators of domestic violence.

Officers in the Hume Police Command and the Rotary Clubs of the Southern Highlands and the Southern Tablelands have joined forces to raise community awareness of the incidence of this scourge in the region.

Friday 1st December has been designated as A Day of Action Against Domestic Violence. An information stall will be in Corbett Plaza, Bowral between 11:AM and 2:00PM on that day. Representatives of the local domestic violence unit and of Rotary will be present to assist members of the public to Say NO to Domestic Violence, to Say YES to respectful Relationships and to STAND UP and SPEAK OUT against domestic violence.

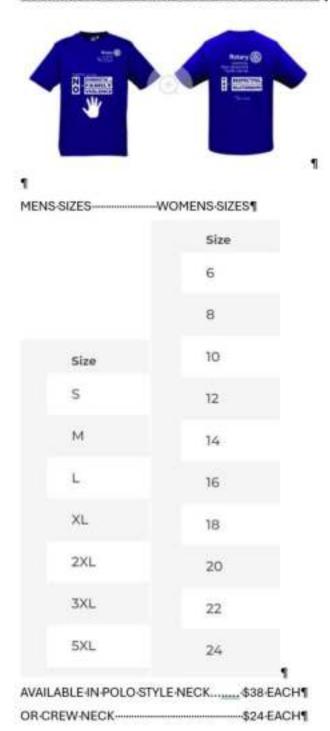
On the following day, the Police and Rotarians will march together in the 'Angels in Our Town' parade to say thank you to those who take a stand against domestic violence.

Look out for the purple shirts worn by those supporting this campaign which is being promoted through the Rotary Clubs in NSW with the support of the NSW Police Force.

What can you do to support the campaign? TAKE ACTION

Buy a shirt, wear it at D&FV events, BBQ's and other Rotary events

SAY-NO-TO-DOMESTIC-VIOLENCE®



Contact Barbara or Tim to place an order



Rouges Gallery







Pascal,
Thankyou for hosting our meetings at Kookabar we appreciate everything you have done for our club.over the years.
Best wishes for the future.

Rotary Club of Bowral-Mittagong