The Reno Rotarian



The Rotary Club of Reno • www.renorotaryclub.org • District 5190



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Rotary International

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GRACE NICHOLS

Reno Rotary Foundation

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HARVEY FENNELL, Treasurer
JOHN SPEARS, Investments
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CRAIG WESNER, Ex-officio

Trustees:

BRIAN ARMON STEVE KENT LAURIE LEONARD KEVIN LEVEZU KIM MAZERES TOM TAELOUR



Chartered August 1, 1916 | Volume 29, No. 39 | May 23, 2016 The Rotary Club of Reno meets at Harrah's Reno at Noon on Monday

Monday's Program

Dr. Kerry Nemovicher

Is Cyber Security Possible?

Dr. Nemovicher is the Principal Consultant of C. Kerry Ltd., a practice through which he provides his clients with the benefit of his insights, creativity, and the



more than 40 years of his leadership and technology experience. During the course of his career, Dr.Nemovicher has been a prolific innovator and actively involved in many aspects of Information Technology (IT) Systems, Intellectual Property, and Security Consulting. He is the inventor of the patented Keneisys Virtual StrongBox Technology and of the V. N. Hermes patented secure email system.

As a consultant to various financial services, investor groups, and software companies, Dr. Nemovicher has provided his expertise in Information Security, Physical Security, Strategic System Design, Business Continuity Planning, IP Management, and Cyber Risk Analysis. His professional experience includes: CEO of Keneisys Corp, CEO of VN Hermes, Inc., President of CKN Knowledge Engineering Inc. and CIO of ABB Turbocharger Inc. (US). In addition he has served in technology management positions at AT&T/Bell Labs, Israel Aircraft Industries, and NYNEX.

The problem is one that has so far been addressed by myriad attempts to fit square pegs into round holes. It is the problem of providing cyber security in an environment that was designed to be open. There are, however, alternatives. This lecture will address some of these, as well as the obstacles to their implementation.

Potential New Members

The following individuals have been approved for membership by the Board of Directors of the Rotary Club of Reno, and have completed orientation. If you have any comments on their proposed membership in the Rotary Club of Reno, please submit them in writing to the Club Secretary.

Corry Castaneda

Commercial Property Manager Sponsor: Harvey Fennell

Victor Sherbondy

Secondary Ed - Principal Sponsor: Scott Maryott



Some of the Interact kids who stayed at the Mestre's for district conference

Upcoming Meetings

May 23: Dr. Kerry Nemovicher Is Cyber Security Possible?

May 30: No Meeting Memorial Day

June 6: Robert C. Enlow Education Savings Accounts

Last Meeting Volunteers

Stefanie Scoppettone Scanner: Greeter: Rich Schreinert Greeter: Stefanie Scoppettone Raffle Tickets: Bruce Foster Vinnie Lucido Invocation: Ivonne Richardson Pledge: Sgt. At Arms: Jim Marshall Sgt. At Arms: Charlie Santiago Photographer: Dan Nichols Piano: Genie Mathews

Honor Roll

Kim Mazeres	. \$500
Kirk Bailey	.\$200
Greg Evangelatos	.\$100
Dick Gammick	.\$100
Tim Hall	.\$100
Jim Pfrommer	.\$100
Phil Mahoney	.\$100

Club Board

Club Board Meeting – **June 9**, 4:30 pm, Sunshine Reporting Services, 151 Country Estates, Reno.

All members are welcome to attend.

Foundation Trustees

Foundation Trustees Meeting - Tuesday, May 24, 8:00 am, Rounds Bakery, 294 East Moana Lane #10, Reno.

All members are welcome to attend.

District 5190 Newsletter Link:

http://www.rotarydistrict5190.org/

2016 District 5190 Conference Awards



Club Awards (Large Club category)

- International Service
- · Youth Service
- · Best Club Website



Governor's Citations (Large Club category)

- · Public Image
- · Club Administration
- Vocational
- POY RAW
- Youth
- · POY International
- Area Clubs Collaboration KNPB Kids Writing Contest

Rotary International Awards

RI President K.R. "Ravi" Ravindran's Presidential Citation

• Our club was one of only six within our 59 club district to receive the prestigious Presidential Citation Award this year!

The Rotary Foundation Helps All Year Long

Our Rotary Year is almost over, but the continuing mission of The Rotary Foundation never ends. For, you see, the programs of The Rotary Foundation are for present and future needs: educational programs, medical assistance programs, community assistance and development programs, and various self-help programs-all to improve the lives of the people of the world. Thank you for your support of The Rotary Foundation programs and allowing the "good work" of Rotary to go forward!

If you haven't yet designated one of your bell-ringers this year for The Rotary Foundation, you still have a few weeks left. You can choose to donate to either the Annual Projects Fund or Polio Plus. Your gift to The Rotary Foundation will count towards your next Paul Harris Fellowship pin.

For more information about The Rotary Foundation, contact any club officer or the club TRF chair, Anne-Louise Bennett. To find out how close you are to your next PHF, check with club Secretary Carl Fuetsch or Anne-Louise Bennett.



Linnea Wolters (second from right) receives the Educator of the Month Award from Dr. Kelly Humphries, Principal at Rita Cannon Elementary School (second from left), Jim Pfrommer (left), and President Curt.



Reno Rotary Foundation Nugget Recipients: left to right - Jim Pfrommer, Gretchen Hughs, David Morgan, and Joe Murin.

TMCC facility is officially named Dr. Maria C. Sheehan Fitness Center

In celebration of the health and wellness measures introduced by the eighth president of Truckee Meadows Community College, its fitness facility was on May 10 officially named the Dr. Maria C. Sheehan Fitness Center.

J. Kyle Dalpe, Ph.D., Acting President of TMCC, presided at the sign unveiling.

"During the last legislative session, when the wellness benefit was cut, Dr. Sheehan responded by making a very generous donation to a wellness initiative at the College," he said in a press release. "The newly created wellness initiative is going strong. Dr. Sheehan, you're a model of health and wellness yourself, you believe in eating healthy and exercising regularly in spite of a very busy schedule."

Dalpe added that exercise and working out can improve physical health and relieve stress.

"On behalf of the faculty, staff and students of TMCC, we're proud of this naming because it exemplifies Dr. Sheehan's commitment to health and wellness and will carry her legacy as TMCC's eighth president," he said. "It will also pay tribute to the many accomplishments of her leadership of TMCC in the past eight years."

María Sheehan, Ed.D. said that she is proud of the progress staff members have made in the wellness programs. "I'm so

excited about the wellness initiative that is of the employees and for the employees — the best kind of program is one that you initiate yourselves, and the progress that has been made is amazing," she said. "I thank you all for being here today and for investing in the most precious gift we have; and that is our own health and wellness."

Health and wellness initiative

During the second annual TMCC Wellness Program, staff participants completed individual and team activities. Amanda Sagun, WebCollege, administrative assistant co-chaired the multi-site effort with Julia Bledsoe, assessment and planning program officer. Staff participated at the Dandini campus, William N. Pennington Applied Technology Center and Meadowood Center. Cyndi Jakus, ABE/ESL coordinator, led the Meadowood wellness activities.

The individual challenge was made up of three phases. Those who completed all three phases were entered into a drawing for a \$200 gift certificate to the Atlantis Casino Resort Spa. Team challenge awards went to the three teams achieving the greatest weight loss totals. Winning teams credited strategies such as portion control, walking around campus, working out together, and meeting with each other to show support.

How To Introduce Your Guests And New Members At A Club Meeting

When introducing a guest or new members during a Club meeting, the correct way is to greet the Club President, fellow Rotarians and guests, introduce yourself and state your classification, and then introduce your guest, their title and business affiliation. Please do not introduce any guest as a prospective new member or that they are looking for a position or clients.

Attendance And Make Up Reminder

Your attendance is important to both you as a member and to the Club in meeting attendance percentage requirements. Please make sure you turn in make-ups to our Club Secretary at a club meeting or by email. Don't forget that you need to attend or make up at least 50% of club regular meetings in each half of the year (rolling six months) and attend at least 30% of this club's meetings in each half of the year. Credit can be received for Rotary committee work and other official Rotary functions. You can also do make ups on-line. A list of E-Clubs can be found at http://www.rotary. org/RIdocuments/en pdf/ eclub list.pdf Just click on this link and it will lead you to others.

There are a variety of clubs listed, but all must offer at least 30 minutes of content for any makeup. For additional information, please check out http://www.rotary.org/en/members/generalinformation/PilotClubsAnde-clubs/Pages/ridefault.aspx

AREAS OF FOCUS



Peace and conflict prevention/resolution



Disease prevention



Water and sanitation



Maternal and



Basic education and literacy



Economic and community development

May Birthdays

Bruce Foster	May 01
Luther Mack Jr	May 07
David Spillers	May 08
John Mulligan	May 12
Ronald Baumgarten	May 13
Lindsey York	May 18
Erika Pinto	May 20
Paul Havas	May 21
Gerald Swanson	May 22
Dave Bianchi	May 27
Brian Armon	May 28
Kim Mazeres	May 29

The Four-Way Test

Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?



Local Area Rotary Clubs

MONDAY

12:00 p.m. 12:15 p.m. 6:00 p.m. RENO - Harrah's

INCLINE VILLAGE - The Parasol Foundation

RENO MIDTOWN - Silver Peak on Wonder & Holcomb

TUESDAY

7:00 a.m.

12:00 p.m. 12:00 p.m. 12:00 p.m. 12:00 p.m. 12:00 p.m. 12:10 p.m. 6:00 p.m. 6:00 p.m. 7:00 p.m.

TRUCKEE SUNRISE - Marty's Cafe, RENO CENTRAL - Peppermill

CARSON CITY - CC Nugget MINDEN - Carson Valley Inn

FALLON - Fallon Convention Center BISHOP - Astorga's Restaurant TONOPAH - Kozy Korner Kafe

RENO CENTENNIAL SUNSET - Tamarack Junction

TAHOE CITY - Jake's on the Lake

YERINGTON - Giuseppes' Steak House

WEDNESDAY

7:00 a.m. 7:10 a.m. 12:00 p.m. 12:15 p.m. 6:00 p.m.

MAMMOTH SUNRISE - CJ's Grill

BISHOP SUNRISE - Northern Inyo Hospital Board Room

SPARKS - Nugget Casino Resort S. LAKE TAHOE - Harrah's S. Lake

RENO ROTARACT CLUB - check www.renorotaract.org

THURSDAY

7:00 a.m. 7:00 a.m. 12:00 p.m. 12:00 p.m. 12:10 p.m. 12:15 p.m. 12:00 p.m. SPARKS SUNRISE - The Resort at Red Hawk TAHOE-INCLINE - Hyatt

MAMMOTH - Rafters Restaurant and Lounge TRUCKEE - Truckee Community & Cultural Center

LOYALTON - Community Church

RENO SOUTH - Atlantis FERNLEY - Black Bear Diner

C.C. SUNSET - Red's Old 395 Grill

6:00 p.m. SMITH VALLEY - Heyday Inn, Wellington 7:00 p.m.

FRIDAY

7:00 a.m. 12:15 p.m. RENO SUNRISE - Atlantis TAHOE DOUGLAS - MontBleu

Attendance

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