

THE Renotarian

Rotary
Club of Reno



Chartered August 1, 1916 || Volume 41, No. 12 || October 2, 2023
We Meet on Monday's at Noon at The National Automobile Museum

Monday's Program

Evelyn Klatt

Reno Philharmonic



I think it's safe to say music is my life. While I am not a performer on stage, I've spent nearly a decade engrossing myself in the symphonic music world and have witnessed first hand the transformative power music to connect, heal, and inspire.

My job- put simply- is to attract audiences to the concert hall and to connect donors to a cause that they are passionate about. I live in a world where I am surrounded by the arts every single day- and it's completely changed my life.

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You can join us with Zoom:

[CLICK HERE TO JOIN MEETING](#)

Upcoming Events

**District 5190 Rotary Foundation
Recognition Dinner**

October 6, 2023 | 5:30 pm

Nugget Casino Resort - [Register Here](#)

Rotary Clubs in Action Training

October 7, 2023 | 8:30 am - 2:00 pm

TMCC - [Register Here](#)

**District 5190 Rotary Football Night
UNR vs UNLV**

October 14, 2023 | 2:00 pm

Mackay Stadium

Discount Tickets: [Click Here](#)

Sparks Rotary 75th Anniversary

October 14, 2023 | 5:30 pm - 9:00 pm

Nugget Casino Resort - [Register Here](#)

Trunk or Treat Car-nival

October 31, 2023 | 3:00 pm - 6:30 pm

The National Automobile Museum

Upcoming Speakers

No Meeting

October 9, 2023

Columbus Day Holiday

Kevin Sunde

October 16, 2023

Reno Ice

The Rotary Club of Reno Officers and Directors

David Spillers President
Laurie Leonard President Elect
Carl Fuetsch Executive Secretary
Kevin Melcher Treasurer
Kirk Allaire Director
Stacy Asteriadis Director
Andrea Cantlon Director
Jim Endres Director
Julie Griffiths Director
Kim Mazeres Director
Richard Schreinert Director

Committee Chairs

Club Administration Carl Fuetsch
Community Service Marlene Olsen
Finance Kevin Melcher
Fundraising Julie Griffiths
International Projects Phil Mahoney
Marketing/PR Oliver Grosz
Membership Shenea Strader
Programs Debe Fennell, Jim Endres
Sunshine Stefanie Scoppettone
Vocational John Tatum
Youth Services Kim Mazeres, Jon Olsen

Reno Rotary Foundation

Mike Blakely President
Corry Castaneda Ex-officio RRF P. Pres.
David Spillers Ex-officio RCR President
Laurie Leonard ... Ex-officio RCR Pres. Elect
Anne-Louise Bennett Trustee
Dave Gallagher Trustee
Oliver Grosz Trustee
Charlie Dodson Trustee
Art Rangel Trustee
Steve Kent Trustee
Stefanie Scoppettone Trustee
Carl Fuetsch Secretary
Kevin Melcher Treasurer
John Spears Investments

Newsletter/Website

David Spillers Newsletter Editor
Julie Griffiths Web-master
Alex Phillips Web-master
Oliver Grosz Reno Rotary Roundup

Last Meeting Volunteers

Thought of the Day: Maria Sheehan
Pledge: Alex Phillips
Scanner Liza Maupin
Sergeant At Arms Kim Mazeres
Cashier Steve Kent
Photographer Karen Grosz
Raffle Pat Horgan
Secretary Carl Fuetsch
Zoom Greeter Debe Fennell
Set Up/Take Down Anne-Louise Bennett
Set Up/Take Down Carl Fuetsch
Set Up/Take Down Mike Blakely



CREATE HOPE
in the WORLD

Membership Information

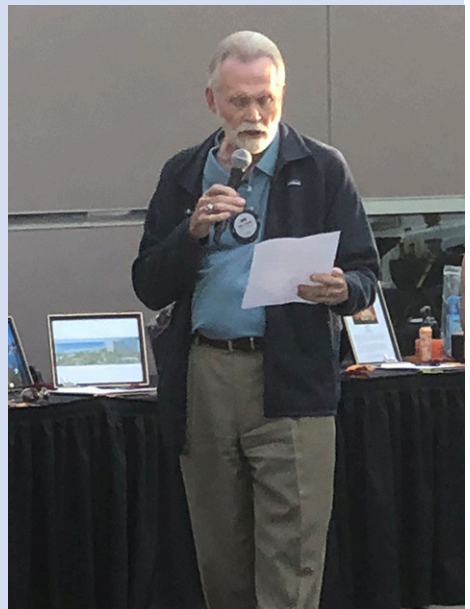
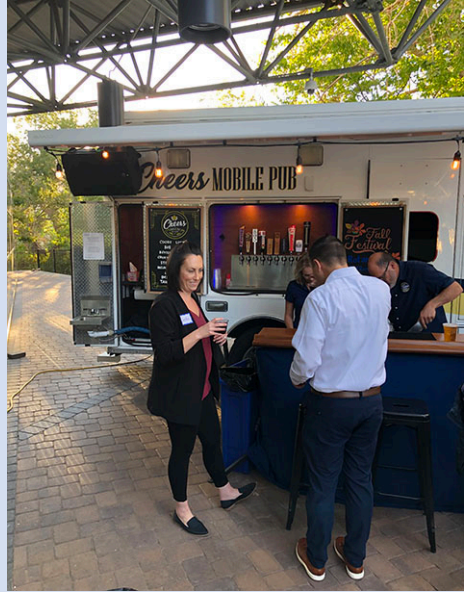
Please contact **Shenea Strader** at shenea.strader@gmail.com if you have any membership questions or need information about joining our club.

RYE Host Family Needed

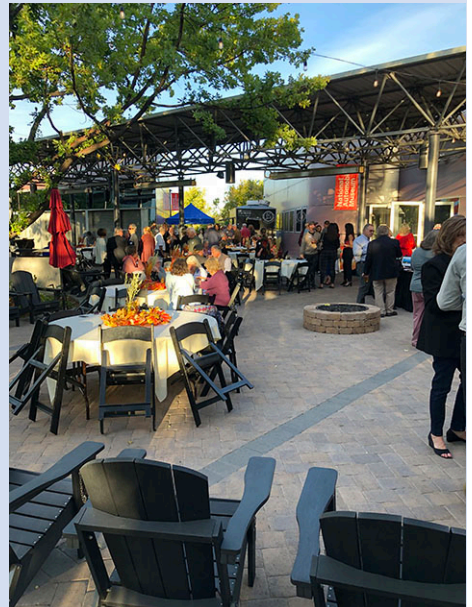
We need 2 host families to host an inbound Rotary Youth Exchange student for 3 months during the August 2023-June 2024 school year. If you are interested or would like further details, please reach out to Bill Creekbaum:

william.creekbaum@morganstanley.com

**The Rotary Club of Reno Fall Fundraiser
September 26, 2023 at The National Automobile Museum**



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September 26, 2023 at The National Automobile Museum**



Evelyn Klatt

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For lots of us work tends to get in the way of living – so what are some strategies to create an environment where we can be happy, healthy, and productive? Where we can be in harmony with our daily tasks? I've got an easy solution for you – add the arts! Science has shown that we are 15% more productive when we are in an arts filled environment. Not only that, but engaging with arts regularly can help our overall well-being, reduce stress, increase creativity, and even help us live up to 10 years longer.

There is a mountain of research about the benefits of listening to music while working– it's been proven to make us smarter, lower stress and anxiety, help make repetitive tasks more bearable, and make us happier. The “Mozart Effect” is a popular theory that listening to Mozart's compositions (and other classical compositions) for only 10 minutes will immediately increase your spatial intelligence, i.e. you can boost your brainpower. Listening to classical music at a moderate volume (or music without lyrics) has the ability to help us hone our focus and prevent distractions. Studies have shown that people who listen to music while they work tend to be in better moods, produce work with fewer mistakes, and work more efficiently.

In addition to all of these amazing benefits, each time we listen to music is a chance to tap into a universal source of comfort, emotional expression, and joy. The power of the arts is undeniable. Doctors have even started prescribing museum visits to address loneliness, dementia, and many other physical and mental health concerns. We are on the verge of a cultural shift in which engaging with art can be a tool for overall wellbeing.

Art is hard-wired in our DNA. Art creates culture. Culture creates community. Community, in turn, creates humanity. The arts aren't just a form of entertainment, they are an essential part of our existence with the power to transform our lives.

Please join me at Rotary Club of Reno on October 2, 2023 where I'll take a deeper look at:

- How the arts make us more productive
- The value arts and culture missions bring to you and the community
- How the arts affect our brains
- Easy ways to add art into your day
- What the Reno Phil does to support the community and how you can support the arts

Evelyn Klatt is the Chief Development & Marketing Officer for the Reno Phil, the largest performing arts organization in the state of Nevada.

Rotary People of Action

Rotary is where neighbors, friends, and problem-solvers share ideas, join leaders, and take action to create lasting change.

WE CONNECT PEOPLE

Rotary unites more than a million people

Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

WE TRANSFORM COMMUNITIES

We take action locally and globally

Each day, our members pour their passion, integrity, and intelligence into completing projects that have a lasting impact. We persevere until we deliver real, lasting solutions.

WE SOLVE PROBLEMS

No challenge is too big for us

For more than 110 years, we've bridged cultures and connected continents to champion peace, fight illiteracy and poverty, promote clean water and sanitation, and fight disease.



Notes

[illegible]

the 4 way test

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Rotary started with the vision of one man — Paul Harris. The Chicago attorney formed the Rotary Club of Chicago on 23 February 1905, so professionals with diverse backgrounds could exchange ideas, form meaningful, lifelong friendships, and give back to their communities.



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