# THE Renotarian









Chartered August 1, 1916 | Volume 42, No. 2 | July 8, 2024 We Meet on Monday's at noon at the Atlantis Casino Resort

## Monday's Program Dr. Mindy Lokshin

Parkinson's Disease 101: A brief overview of the disease and how it impacts our community



Dr. Mindy Lokshin received her MD from the University of Arizona College of Medicine and did her residency in Family Medicine at the University of lowa and the University of

Missouri, where she also received her MSPH. She practiced family medicine in Connecticut and Reno, Nevada. Dr. Lokshin also worked for the Bureau of Disability for 3 years.

After retiring from medicine, Dr. Lokshin founded the Parkinson Support Center of Northern Nevada. She has several family members and close friends with Parkinson's disease, saw the needs in northern Nevada, and never lost her passion for helping others.



#### **Membership Information**

Please contact **Shenea Strader** at <u>shenea.strader@gmail.com</u> if you have any membership questions or need information about joining our club.

#### **Upcoming Events**

#### **Rotary Club of Reno Board Meeting**

July 16, 2024 | 4:00 pm - 5:30 pm Dickson Commercial Realty

#### **Reno Rotary Foundation Board Meeting**

July 18, 2024 | 4:00 pm - 5:30 pm Dickson Commercial Realty

#### **Upcoming Speakers**

#### Paul Pentilla

July 15, 2024 Scouting

#### TBD

July 22, 2024

#### Tom Hall

July 29, 2024 *AA* 

#### The Renotarian

### The Rotary Club of Reno Officers and Directors

Laurie Leonard	President
David Spillers	Secretary
Kathy Fraser	Treasurer
Stacy Asteriadis	Director
Andrea Cantlon	Director
Julie Griffiths	Director
Chesa Keane	Director
Jon Olsen	Director
Richard Schreinert	Director
Shenea Strader	Director

#### **Committee Chairs**

Club Administr	ration David Spillers
	rviceAndrea Cantlon
Finance	Kathy Fraser
Fundraising	Julie Griffiths
International P	Projects Phil Mahoney
Marketing/PR.	Oliver Grosz
Membership	Shenea Strader
Programs	Liza Maupin
Social	Stacy Asteriadis
Sunshine	Stefanie Scoppettone
Vocational	John Tatum
Youth Services	Kim Mazeres Ion Olsen

#### **Reno Rotary Foundation**

Mike Blakely	President
Corry Castaneda Ex-off	
Laurie Leonard Ex-officie	
Steve Kent	Vice President
Anne-Louise Bennett	Trustee
Dave Gallagher	Trustee
Oliver Grosz	Trustee
Charlie Dodson	Trustee
Liza Maupin	Trustee
Stefanie Scoppettone	Trustee
Gary Warren	Trustee
David Spillers	Secretary
Richard Schreinert	Treasurer
John Spears	Investments

#### Newsletter/Website

David Spillers	Newsletter Editor
Julie Griffiths	Web-master
Alex Phillips	Web-master
Oliver Grosz Re	eno Rotary Roundup

#### **Last Meeting Volunteers**

Thought of the Day:	Maria Sheehan
Pledge:	Sarah Mahmoud
Scanner	Gary Warren
Sergeant At Arms	Liza Maupin
Cashier	Steve Kent
Photographer	Karen Grosz
Raffle	Chesa Keane
Secretary	David Spillers
Set Up/Take DownAn	ne-Louise Bennett
Set Up/Take Down	Carl Fuetsch
Set Up/Take Down	Mike Blakely



President Laurie presents the Distinguished Service Citation to **Carl Fuetsch**. Carl is a Past President of our club, and has served as our Executive Secretary for the past 10 years! Thank you, Carl.



#### The Renotarian



President Laurie Leonard leads the first Rotary meeting of her year. Great job, Laurie!

#### **Collection Bin at the Meeting**



UNLOCKING A BETTER TOMORROW

Items always needed:

Tampons/Pads
Infant/Adult Diapers
Baby Wipes
Hand/Body Lotion
Chap Stick/Lip Balms
Beauty Supplies
Deodorants

Razors/Shaving Cream or Gel Combs/Brushes

Cold weather clothing for women/children
Women's underwear any size
Bras any size
Shoes/boots (no heels)



New members! Left to right: Chris Strader, Bria Hanson, Christine Barnicki, and Judy Maruszko. President Laurie is on the right. Welcome! Thank you for joining our club!

#### The Renotarian



Rotary is where neighbors, friends, and problem-solvers share ideas, join leaders, and take action to create lasting change.

#### WE CONNECT PEOPLE

Rotary unites more than a million people

Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

#### **WE TRANSFORM COMMUNITIES**

We take action locally and globally

Each day, our members pour their passion, integrity, and intelligence into completing projects that have a lasting impact. We persevere until we deliver real, lasting solutions.

#### WE SOLVE PROBLEMS

No challenge is too big for us

For more than 110 years, we've bridged cultures and connected continents to champion peace, fight illiteracy and poverty, promote clean water and sanitation, and fight disease.

#### Notes

## the **4. way test**

Of the things we think, say or do

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

Rotary started with the vision of one man — Paul Harris. The Chicago attorney formed the Rotary Club of Chicago on 23 February 1905, so professionals with diverse backgrounds could exchange ideas, form meaningful, lifelong friendships, and give back to their communities

