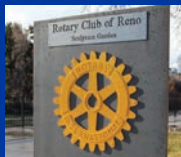


THE Renotarian

Rotary
Club of Reno



Chartered August 1, 1916 || Volume 44, No. 15 || September 29, 2025

We Meet on Monday's at noon at the Atlantis Casino Resort

Monday's Program

Naomi Albertson, MD

Senior Fitness



Naomi Albertson, MD, is a board-certified sports medicine and family medicine physician with over 20 years of clinical experience. A former NCAA collegiate athlete, her fascination with biomechanics and athletic performance led her to a career focused on the non-surgical treatment of musculoskeletal injuries and joint pain.

Dr. Albertson earned her medical degree from Tufts University and completed her residency and sports medicine fellowship at Stanford University. In addition to her clinical practice, she is an entrepreneur. Dr. Albertson owned and sold a supplement company, and owned and merged her sports performance company, Nevada Sports Science with Kime Peak. She continues her dedication to the advancement of sport performance and injury prevention as a physician advisor on the board of directors for Kime Peak. Her expertise is in helping patients of all ages, from children to seniors, recover from injuries and improve their overall performance through personalized treatment plans, including exercise and nutrition programs. Dr. Albertson is passionate about her work and giving back to the community through teaching, volunteering, and public speaking.

**September is Basic Education
and Literacy Month**

Upcoming Events

Fall Festival

October 14 | 5:30 pm - 8:30 pm

The J Resort Glow Plaza

Rotary Club of Reno Board Meeting

October 21, 2025 | 4:00 pm - 5:30 pm

Dickson Realty Caughlin Ranch Office

Reno Rotary Foundation Board Meeting

October 23, 2025 | 4:00 pm - 5:30 pm

Dickson Commercial Group

Membership Information

Please contact **Shenea Strader** at shenea.strader@gmail.com if you have any membership questions or need information about joining our club.

Upcoming Speakers

Brenda Silis

October 6, 2025

Foster Parents

No Meeting

October 13, 2025

Fall Fundraiser 10-14-25

Amanda Hilton

October 20, 2025

Nevada Mining Association

The Rotary Club of Reno Officers and Directors

Mark Growdon	President
Julie Griffiths	President Elect
Laurie Leonard	Ex-officio Past President
David Spillers	Secretary
Kathy Fraser	Treasurer
Christine Barnicki	Director
Mark Cameron	Director
Andrea Cantlon	Director
Pat Dunn	Director
Sarah Elliott	Director
Julie Griffiths	Director
Chesa Keane	Director
Shenea Strader	Director

Committee Chairs

Club Administration	David Spillers
Community Service	Pat Dunn
Finance	Kathy Fraser
Fundraising	Mark Growdon
International Projects	Colburn Shindel
	Vanda Tarlea
Marketing/PR	Oliver Grosz
Membership	Shenea Strader
Programs	Dave Bianchi
Social	Christine Barnicki
Sunshine	Stefanie Scoppettone
Vocational	David Spillers
Youth Services	Chesa Keane

Reno Rotary Foundation

Steve Kent	President
Mike Blakely	Ex-officio RRF P. Pres.
Mark Growdon	Ex-officio RCR President
Julie Griffiths	Ex-officio RCR P. Elect
Stacy Asteriadis	Trustee
Dave Gallagher	Trustee
Oliver Grosz	Trustee
Charlie Dodson	Trustee
Alex Phillips	Trustee
Stefanie Scoppettone	Trustee
Gary Warren	Trustee
David Spillers	Secretary
John Spears	Investments

Newsletter/Website

David Spillers	Newsletter Editor
Pat Dunn	Web-master

Last Meeting Volunteers

Thought of the Day	Pat Dunn
Pledge:	Andrea Cantlon
Scanner	Judy Maruszko
Sergeant At Arms	Art Rangel
Cashier	Christine Barnicki
Photographer	Chesa Keane
Raffle	Sonja Leonard
Set Up/Takedown	Art Rangel

Honor Roll

Mark Cameron	\$100
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No challenge is too big for us

For more than a century, Rotarians have bridged cultures and connected continents. We champion peace, fight illiteracy and poverty, help people get access to clean water and sanitation, and fight disease. Our newest cause is to protect our planet and its resources.

Fall Festival

Tuesday, October 14, 2025.

This year we are sponsored by J Resort. J Resort is generously covering our licensing fees, event set-up equipment and waving the event location fee for Glow Plaza.

Glow Plaza is Reno's newest outdoor event center located in downtown Reno.

Please RSVP at this link [CLICK HERE](#)

Or email Julie Griffiths at jkmedia3@gmail.com or Tony Padavich at tonyp@tworld.com

Tickets are \$100 per person and sponsorships are available at \$500 and \$1000.

This is the fundraiser that floats our club for the next year so please support with the purchase of tickets or a sponsorship and invite friends and family!



POTENTIAL NEW MEMBER

The following individual has been approved for membership by the Board of Directors of the Rotary Club of Reno. If you have any comments on their proposed membership in the Rotary Club of Reno, please submit them in writing to David Spillers, Club Secretary, david@digiprintreno.com

Vanessa Vaupel

Classification: Pharmacist

Sponsor: Mark Growdon



Pat Dunn gives the Thought of the Day at our last meeting.



President Mark presents a Rotary Coin to last weeks speakers: Mike Shain and Nick Tscheekar.



Enroll in Rotary Direct
my.rotary.org/en/rotary-direct

Thank you Rotarians for your dedication, leadership, and support on behalf of The Rotary Foundation. You play an essential role in ensuring that Rotary Foundation programs can continue to create positive and lasting change in your community and around the globe. One way you can help Rotary continue to do good in the world is to [enroll in Rotary Direct](https://my.rotary.org/en/rotary-direct), our Foundation's recurring giving program.

Last year, thanks to generous donors, our Foundation was able to fund 1,424 global grants, 468 district grants, and 74 disaster response grants to help communities in need. Rotary Direct is one of the easiest and most secure ways for our donors to support the Foundation: because contributions are automated, donors don't need to worry about sending checks or remembering to make an annual contribution on time.

Rotary Direct saves time and reduces administrative costs. Monthly, quarterly, and annual gift options are available. Members can enroll at the [Rotary Direct page](https://my.rotary.org/en/rotary-direct), return a completed [Rotary Direct enrollment form](https://my.rotary.org/en/rotary-direct), or enroll by phone by calling the [international office](https://my.rotary.org/en/rotary-direct) that serves their area or +1-866-976-8279.

For more information, you can refer to these [frequently asked questions](https://my.rotary.org/en/rotary-direct). If you have additional questions, email our [Donor Engagement staff](https://my.rotary.org/en/rotary-direct).

Thank you for your dedication to Doing Good in the World.

Sincerely,

Eric Schmelling
Chief Philanthropy Officer
The Rotary Foundation

Collection Bin at the Meeting



OUR Place is the largest emergency housing provider for women and families in our community. We provide shelter and wrap around services for 138 women, 38 families, 28 seniors, and all of their animal companions every day.

Items always needed:

Tampons/Pads
Infant/Adult Diapers
Baby Wipes
Hand/Body Lotion
Chap Stick/Lip Balms
Beauty Supplies
Deodorants
Razors/Shaving Cream or Gel
Combs/Brushes
Cold weather clothing for women/children
Women's underwear any size
Bras any size
Shoes/boots (no heels)

Notes

the 4 way test

Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Rotary started with the vision of one man — Paul Harris. The Chicago attorney formed the Rotary Club of Chicago on 23 February 1905, so professionals with diverse backgrounds could exchange ideas, form meaningful, lifelong friendships, and give back to their communities.



[Rotary Club
of Reno](#)



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The Renotarian

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