




**THE FOUR-WAY TEST**  
OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERN?

# The Spoke Newsletter



Club 529 chartered March 16, 1925



**Rotary**  
Club of Grass Valley

## BOARD OF DIRECTORS

Sean Jackson - President  
Jesse Wilson - President Elect  
Ed Pinto - Vice President  
Sandra Barrington - Immediate Past President  
Tim McCall - Executive Secretary  
Jennifer Malone - Secretary

Bob Long - Treasurer  
Heather Thorpe - Director Year 2  
Andrew Jackson - Director Year 2  
Derek Williams - Director Year 2  
Judy Bagley - Director Year 1  
P. Scott - Director Year 1  
Gina Will - Director Year 1

- Sergeant at Arms - Ed Pinto  
- The Spoke Editor - Ryan Sykes  
- Photographer - Fred Claessens



Spoke Notes were recorded by:  
Anita Daniels

## President of Rotary International

Stephanie A. Urchick



## Governor of District 5190

Dennis Geare

April 14th, 2025

[www.gvrotary.org](http://www.gvrotary.org)

Volume 97, Issue 60

## MEETING HIGHLIGHTS

At today's meeting, we had no visiting Rotarians, but we did have several guests. Tyler Zwick (introduced by Larry McGraff) and Kimberly Lyland (introduced by Stephanie) joined us on this beautiful Spring day!

Our speaker today was Sonja Keller. She is the Membership Sales Manager for [Air Med Care Network](http://Air Med Care Network).



This company provides air transport for patients who have medical emergencies; including accidents, strokes, heart attacks, etc. in areas that are difficult to reach via vehicle. They additionally provide service to patients that need to be moved to a trauma center out of their immediate area.

They also offer the Fly U Home program. Using this program, a person can be transported from a hospital outside of their home area to a local hospital or to their home. They also offer international medical air transport. There are several plans available. For more information: Contact Sonja Keller at [sonja.keller@gmr.net](mailto:sonja.keller@gmr.net)

Pat presented Fran with her permanent badge:



Sean presented Paul Harris Fellow pins to:  
Don (+4)      Larry (+3)      Marcia (+7)



## UPCOMING EVENTS

<a href="#">Area Community Outreach Event: Film "Join or Die" @ Miners Foundry</a>	April 27
<a href="#">Club Board Meeting: Noon at WSMC Glasson</a>	April 28
<a href="#">Club Meeting: DARK</a>	April 28
<a href="#">Area Social - Trivia Night: Alta Sierra Country Club</a>	April 29
<a href="#">District 5190 Top Gun Conference</a>	May 2-4
<a href="#">Gold Country Challenge</a>	June 7
<a href="#">Rotary International Convention</a>	June 21-25

## UPCOMING PROJECTS - People of Action

<a href="#">Plastic Recycling Project</a>	Ongoing
Support Lyman Gilmore and Union Hill Schools	Ongoing
Alzheimer's Garden and Litton Trail: Upkeep and Maintenance	Ongoing
Rotary Magazines in Professional and Business Waiting Rooms	Ongoing
Chicago Park Middle School: Goodie Bag Project	Ongoing
Gold Country Challenge - Committee Meeting: Roundtable at Noon	April 18
North Star House: Rotary At Work Day	April 26
Bright Futures For Youth: Planter Box Assembly	April 26
Chicago Park Middle School: Playground Paint Refresh	May TBD
Chicago Park Middle School: Graduation Breakfast	June 5
Bright Futures: Help with Garden Area Pickle Ball Court	TBD
Interfaith Food Ministries: Saturdays 2 to 4 times a year	TBD
Kare Crisis Nursery: Help Repairing a Fence	TBD
Center Stage: Shelves for Costumes	TBD
Grass Valley Charter School: Sign Repair	TBD
Wolf Creek Trail - Glenn Jones Park : Signage and Maintenance	TBD

## IMPORTANT MEMBER DATES IN APRIL

Birthdays		Rotary Anniversaries	
Shauneen Deschaine	April 3	Dave Peeler	16 Yrs
Connie Stone	April 9	Kris Stepanian	25 Yrs
		Patti Ingram Spencer	29 Yrs

## ANNOUNCEMENTS & CONFESSIONS

- ◆ Sean read a letter from the family of Al Alstrand thanking the club for Al's special recognition.
- ◆ Marcia shared with us her recent trip to Los Barrillos with the Nevada City Rotary club. The project this year was Children's Health Screening. Marcia said it was a very rewarding experience!

## THOUGHT FOR THE DAY

"Motivation is what gets habit is what keeps you going." - Jim Rohn

### Rotary Club of Grass Valley

P.O. Box 1213  
Grass Valley, CA 95945

Meets @ the [Wild Eye Pub](#) on the 1st, 2nd, and 3rd Mon at 12:15 pm

### Area 4 Rotary Clubs

[Penn Valley Rotary](#) meets @ [Players Pizza](#) at 12 pm on every other Tues

[Grass Valley South](#) meets @ the [Courtyard Suites](#) at 7 am on Tues

[Nevada City Rotary](#) meets @ [TJ's Roadhouse](#) 2nd and 4th Thurs at 12:15 pm  
Food order RSVP needed the day prior at [ncrotary.org](http://ncrotary.org). On the 1st and 3rd Thurs, meeting is 5:30 pm at [Round Table Pizza](#)

[49er Rotary Breakfast Club](#) meets @ the [Miners Foundry](#) on Wed at 7 - 8 am





**THE FOUR-WAY TEST**  
OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERN?

# The Spoke Newsletter



**Rotary**  
Club of Grass Valley



Club 529 chartered March 16, 1925

## Plastic Recycling Project

Commercial Plastic Wrap is picked-up at the following locations:

- ◆ Nevada County Food Bank
- ◆ AJA Electronics
- ◆ Hills Flat Lumber

The plastic is then recycled and made into [TREX Benches](#)

Next bench will be dedicated to Larry Allen at WSMC Glasson!

Please contact [Bob](#) for more info!



We have collected 1,104 lbs of plastic so far this year!

## Great work!



**THE FOUR-WAY TEST**  
OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERN?

# The Spoke Newsletter

**Rotary**  
Club of Grass Valley



*Club 529 chartered March 16, 1925*

**Sunday  
April 27**

2pm doors open  
3pm film starts  
4:30pm panel

**Miners Foundry  
Cultural Center**  
325 Spring St  
Nevada City

Tickets (FREE): [49erRotary.org/join](http://49erRotary.org/join)

**JOIN  
or  
DIE**

A film  
about why  
you should **join a club**  
... and why the **fate of America** depends on it.

- Hosted by 49er Breakfast Club
- Film Screening – "Join or Die"
- Panel of local service organizations
- Club information table
- Free admission
- Contact [Fred](#) for reservation



**THE FOUR-WAY TEST**  
OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERN?

# The Spoke Newsletter



Club 529 chartered March 16, 1925

**Rotary**  
Club of Grass Valley



**ROTARY CLUB OF GRASS VALLEY SOUTH PRESENTS**

Annual Nevada County  
Rotary Clubs Social



**TRIVIA NIGHT**

**TUESDAY, APRIL 29**  
**5:30 - 8 PM**

Alta Sierra Country Club

---

Hearty appetizers & desserts  
No host bar  
\$35 per person  
Sign up with your club treasurer

**PLEASE RSVP BY APRIL 23**

- RSVP to Club by April 23
- Billed by Club
- Bring your knowledge of little-known things



**THE FOUR-WAY TEST**  
OF THE THINGS WE THINK, SAY OR DO

- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERN?
- 3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERN?

# The Spoke Newsletter



Club 529 chartered March 16, 1925

**Rotary**   
Club of Grass Valley

Rotary District 5190

2025 Top Gun District Conference

Join Us For

The 2025 Top Gun District 5190 Conference

May 2-4, 2025 in Fallon NV.

Rotary District 5190

Click The Plane To Register Today



**Dennis Geare**  
District 5190 Governor

This year's conference is going to be the don't miss event of the year.

Join us in beautiful Fallon, Nevada, home to the U.S. Navy Top Gun Fighter School.

Come and celebrate all the great moments and memories we made this Rotary year.



**THE FOUR-WAY TEST**  
OF THE THINGS WE THINK, SAY OR DO

- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERN?
- 3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERN?

# The Spoke Newsletter



Club 529 chartered March 16, 1925

Rotary  
Club of Grass Valley



# The Spoke Newsletter

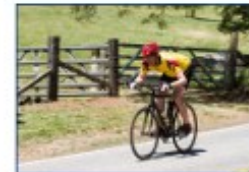
Rotary  
Club of Grass Valley



Club 529 chartered March 16, 1925



## June 7th



Ride the beautiful and historic back country of Nevada County.

Nevada County was the heart of California's gold rush. Surrounding the charming mining era towns of Grass Valley and Nevada City, you'll ride through some of the most beautiful landscape California has to offer.

Discover why the [Amgen](#) has selected to ride through Nevada County on multiple occasions.

Visit [www.rotarygoldcountrychallenge.com](http://www.rotarygoldcountrychallenge.com) and pick from five different routes

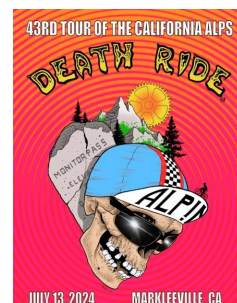
All rides will be fully supported with water, rest stops, lunch and SAG vehicles.

Rides will begin and end at Gate 1 of the Nevada County Fairgrounds. Afterwards, join us for a delicious, unique hot meal ....and of course, beer and wine (or chocolate milk if you prefer).

Register now for the Death Ride on July 12th

Train at the Rotary Gold Country Challenge 100 miles with 10,000 feet of climbing, but at the 3400 foot elevation level...

Then [Register](#) for the Gold Country Challenge to train up!





THE FOUR-WAY TEST  
OF THE THINGS WE THINK, SAY OR DO

- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERN?
- 3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERN?

# The Spoke Newsletter



Rotary  
Club of Grass Valley

Club 529 chartered March 16, 1925

## 2025 International Convention

**MAGIC ALL AROUND**  
21-25 JUNE 2025 • CALGARY, CANADA

Click the image below!



# Register [HERE](#)