



NEWSLETTER



Upcoming Events

Check out www.rotarydistrict5190.org for more event details

- March: Water and Sanitation Month
- Mar 4-6: FAR-WEST PETS, San Jose, CA
- Mar 31: Preregistration ends for International Conference
- Apr 2: RLI III Session, Reno, NV
- Apr 8: Grant Management Training, Reno, NV
- Apr 8: [Paul Harris Society Dinner](#), Reno, NV
- Apr 9: [District 5190 Club Leadership Assembly](#), Reno, NV



Coach's Corner

Mid Year Visits with the District Governor are underway!

Register Now

[District 5190 Conference, May 12-15](#)

House of Friendship

Reserve space for your club display

Golf Tournament

Four friends + clubs + manicured greens = fun at the Washoe Golf Course

In My Words

From the heart - The Four Way Test

Digital X-Ray Project

A gift of life saving technology for Tanzania



COACH'S CORNER



When you read this, we will have celebrated Rotary International's 111th birthday! 111 years of fellowship, networking, and doing immense good in the world. Dan and I hope that you are as proud to be Rotarians as we are. As we have travelled the District and

listened to your stories and visited many of the projects in which your clubs are participating, it is easy to see how the world is so much better with Rotary in it. It makes it very exciting to think of the possibilities for the next 111 years.

March is Rotary's Water and Sanitation Month. We know that many of you have conducted projects that have made it safer for children all over the world to have clean and safe water. We are fortunate in this part of the world as mother nature has been kind to us with the heavenly precipitation we have enjoyed so far this winter. So get out there and enjoy it! It is reported that the Rotary Club of Tonopah had 700 participants attend their Ice Fishing Derby. And after being cancelled last year due to no snow, that situation has been remedied and the Rotary Club of Tahoe City will hold its unique 40th Annual Dick Linkey Rotary Ski Challenge on Friday, March 11, boasting of the "world's largest gathering of skiing Rotarians". Don't miss it!

While club visits have been completed, mid-year visits are right around the corner. We are looking forward to revisiting each of the 13 Areas to hear how you are doing on accomplishing your audacious goals and to provide additional support to help our 59 clubs become bigger, better and bolder!

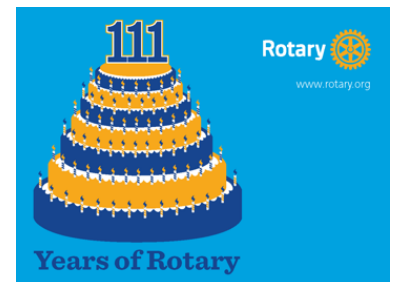
We just announced round 2 of District Service Grants (DSGs) and we are thrilled to report that clubs are jumping in with both feet! While it appeared that our Grants program would be undersubscribed this year, your response has been overwhelming. It looks like we will come very close to awarding all \$102,000 in grants to our clubs and spread more good in our communities! Well done!

Winner, winner, chicken dinner! Well not quite, but close. President Matt Cruse of the Rotary Club of Alturas is our first monthly winner of the District Conference Registration contest. Every month, we will draw a winner from those registered for the District Conference and Matt was one of 12 who registered as soon as we opened registration in January! All prizes will be presented in the House of Friendship at the District Conference by yours truly! So sign up now! The hotel registration is also available! Don't wait. Increase your chance of winning by getting in this month's drawing!

Our District is on fire for Interact! New clubs recently have been chartered in Fernley, Loyalton, South Tahoe High School, Plymouth Foothills, and one is in process for Whittell High School, also in South Lake Tahoe. Many thanks to those who are engaging our young people in such a meaningful manner!

4 months to go to achieve our Rotary year goals and dreams! Go Team Virus!

Virus



Be a gift to the world

THIS COULD BE AN OPPORTUNITY FOR YOU!

The Rotary Foundation Cadre of Technical Advisors is composed of volunteer Rotarians from around the world who are familiar with the grant program and who also have technical and professional expertise in one or more of Rotary's six areas of focus. The Cadre provides assistance and technical expertise to Rotarians planning and implementing projects, ensures the proper stewardship of Foundation grant funds, and assists Foundation trustees in the funding process. Members act as application and project advisers, technical reviewers, site visitors and auditors.

The cadre will be used increasingly to assist Rotarians with planning measurable and sustainable grant projects. The Rotary Foundation is looking to add members with the following skills and areas of expertise:

- Community needs assessments
- Monitoring and evaluation plans
- Sustainable projects development
- Water and sanitation professionals

- Health professionals
- Spanish-speaking auditors in North and Central America
- Rotarians living in Africa, Southeast Asia and Central America in all areas of focus

Additionally, in North America there is a special need for Spanish-speaking Rotarians, especially females, who are experienced professionals in Obstetrics and Gynecology, Nursing and Midwifery including Education and Training, Clinical Nutrition, Library Training, Small Enterprise, Finance, Community Assessments, Monitoring and Evaluation, and Sustainable Development.

For more information, including how to apply, and how to request cadre assistance for your project, email: cadre@Rotary.org More resources are located in TRF Resources/Grants/Cadre here on the Zone website.



PREPARING FOR THE NEW ROTARY YEAR

Club Leadership Assembly

Here we are in March and we are already preparing for the upcoming Rotary year which begins July 1, 2016. Such is the Rotary cycle, which gives each club, and our organization as a whole, the opportunity for new leadership each year.

Coming up first is the **CLUB LEADERSHIP ASSEMBLY** that it is all about the **CLUBS!** This is the chance for the Club Leadership Team for the year beginning July 1, 2016, future leaders, and other interested Rotarians to attend, along with their President Elect, to gain information, share ideas

and to start the process of planning and goal setting.

We have revamped the session offerings to capture what your Club Leadership Team would like to know. In addition to traditional offerings for Presidents-Elect, Secretaries and Treasurers, we will offer 25 focused sessions. Topics will include: Engaging Emerging Leaders--developing your Club's toolbox; How to Use Rotary's Voice and Visual Image to benefit your Club; New Youth Programs--Most Improved Student; Girls Who Code and Club Learning Chair--putting the new Club position into Action.

Each 60-minute session will be independent so that you can pick and choose the topics that

are most meaningful to you.

Club roundtables at the end of the day are a "keeper" to give your Club Leadership Team the chance to debrief the great ideas of the day, and to share input on where the President Elect and Team see the Club going in the next year. Alternatively there will be a few optional sessions to end the day: additional tech sessions, roundtable for small clubs to share ideas, and Vision to Action Skills workshop to help you bring those great ideas into reality.

Plan now to attend the Club Leadership Assembly on Saturday, April 9, 2015 at the Atlantis Resort in Reno. Registration is open at the Rotary District 5190 website.

John Sullivan
District Governor-Elect
Rotary District 5190



Club Leadership Assembly

April 9, 2016

Rotary

District 5190

Discussion Rooms	1	2	3	4	5	6	7	8	9	10	11			
Start														
Finish														
Duration														
8:00	8:45	45	CONTINENTAL BREAKFAST- REGISTRATION											
8:45	9:15	30	OPENING GENERAL SESSION											
9:15	9:30	15	Adjourn to Discussion Rooms- Session 1											
Session 1 9:30 to 10:30	Club President Elect 2016-2017	Get involved in International Service and Global Grants	Attracting New Members to your Club	TBA	What do Rotary Foundation Chairs Need to Know?	President Nominee Roundtable 2017-2018	Current Club Presidents Roundtable 2015-2016	Club Treasurer's Workshop-Bring your Questions!	Interact and Rotary Eighth Grade Leadership	Hands On Technology Workshop My Rotary, Rotary Club Central, District 5190 Website and more!	The Basics for New Club Secretaries			
10:30	10:50	20	Break and adjourn to Discussion Room for Session 2											
Session 2 10:50 to 11:50	Club President Elect 2016-2017	How you can create a Vocational Training Team	Inductions and New Member Orientation Programs	Public Speaking Tips and Techniques	Everything you want to know about District & Global Scholarships	Club Learning Chair -- putting the new Club position into Action	RYLA--Looking to the Future!	How to Use Rotary's Voice and Visual Image to benefit your Club	New Youth Programs: Most Improved Students, Girls Who Code	Hands On Technology Workshop My Rotary, Rotary Club Central, District 5190 Website and more!	RYE: Focus on Inbound Students			
11:50	12:00	10	Break and adjourn to Luncheon General Session											
12:00	1:00 PM	60	Luncheon General Session											
1:00	1:10 PM	10	Adjourn to Discussion Rooms- Session 3											
Session 3 1:10 to 2:10	Engaging Emerging Leaders-developing your Club's toolbox	Your Club Foundation: Legal and Tax implications	Changing your Club Culture to make your Club more Vibrant	Public Speaking Tips and Techniques	How to apply and receive a District Service Grant	Risk Management, Insurance, and Crisis Management	Fundraising Best Practices and New Ideas	Gaining Positive Media Attention for Your Club	New Youth Protection Policy for all Rotarians working with youth	Hands On Technology Workshop Special focus for Club PE's	RYE: Focus on Outbound Students			
2:10	2:25 PM	15	Break and adjourn to Goal Setting and Closing General Session											
2:25	3:00 PM	35	Goal Setting and Closing General Session											
Session 4 3:00 to 4:00	Club Roundtables or Value Added Session	Meet with your Club Members to discuss goals for the coming year or Value Added Session									Hands On Technology Workshop My Rotary, Rotary Club Central, District 5190 Website and more!	Small Club Roundtable	Hands On Technology Workshop My Rotary, Rotary Club Central, District 5190 Website and more!	Vision to Action Skills Workshop

BE THE ONE

Club Presidents - please assign a member of your Club to be your District **Conference Champion** to help promote our wonderful District Conference. Each Sunday leading up to the District Conference your Conference Champion will be emailed a flyer to announce and to place on tables at your weekly meetings.

Assigned Champions - contact Brandy Rosse at blrosse@gmail.com to let her know you are your club's point of contact. If a Champion does not contact Brandy, flyers will continue to be emailed to Presidents.

It is going to be a great conference and we would like to get as many Rotarians to attend as possible!! Thank you!



BE A CHAMPION

In My Words

The **Four Way Test** of the things we think, say or do is a test Rotarians use as a moral code for personal and business relationships. The test was scripted by Herbert J. Taylor from Chicago as he set out to save the Club Aluminum Products Distribution Company from bankruptcy. In the 1940s, when Taylor served as international director of Rotary he offered the Four Way Test to the organization and it was adopted by Rotary for its international and promotional use. Never changed, the test remains today a central part of the permanent Rotary structure throughout the world, and is held as the standard by which all behavior should be measured.

The following Rotarians tell what the Four Way Test means to them:

First, is it the Truth? Truth is an undeniable fact; it is reality and it is pure. Unless it is chosen you cannot be free. *Jim Cavasso*

Second, is it fair to all concerned? Life isn't fair; fair is something you go to in September. All I know is that if I try to make things equitable for others it will make my life better. *Dick Read*

Third, will it build goodwill and better friendships? Life is full of decisions! How a Rotarian handles those decision is key to the character of the person making those decisions. Human nature is to have the upper hand or the deal of your life after the decision. Is the decision going to build that human bond on the other side of the transaction? Often times the best decisions of my life have been to give more than I received. Remember, no one can take away what you give. *Walt Davis*

Fourth, is it beneficial to all concerned? Will our actions as a club benefit those we desire to help? *Jeanne Cain.*

Carol Sharp
Public Image Chair, Rotary Club of Alturas



There's no better way for your club to show support for District 5190 than reserving a club display at the House of Friendship at this year's District Conference. The House of Friendship will be the gathering place for Rotarians to interact and share success stories and information. *Prizes will be awarded for the best displays in 1st, 2nd, and 3rd in the House of Friendship.* There are no fees for clubs to have displays in the House of Friendship.

Please fill out the form below and email or fax to: Don Daniels (Rotary Club of Grass Valley) Email: dondaniels@sbcglobal.net Fax: (530) 272-3996; Questions: Home (530) 272-6036; Cell (530) 913-6036.

Don't miss out on the fun and Rotarian camaraderie. Help share and take pride in all the great projects and accomplishments of your club for this year with all our Rotarians and guests in District 5190.

Please respond by April 15th

Rotary Club: _____

Contact Name: _____

Email: _____

Phone: _____

HOUSE OF FRIENDSHIP - request for exhibit space (check the appropriate items)

6 foot table (whole table) half a table Need electricity (bring your own extension cord).

Description of exhibit planned _____

Any special requests or needs: _____

NOTE: Exhibits can be set up starting at 3:30PM Thursday afternoon, May 12th, and should be set up no later than Friday morning May 13th. Grand Opening of the House of Friendship is at 10:00AM on Friday. Exhibits should be removed on Sunday May 15th at the conclusion of the Conference. The House of Friendship is not in a secure area, and no items of value should be left unattended.

Volunteers needed: We need help "house-sitting" the House of Friendship during the conference. If you can help, please complete the following:

Name: _____ Phone: _____ Email: _____

Name: _____ Phone: _____ Email: _____



*Rotary District Conference
May 12 - 15, 2016*



Rotary
District 5190



Rotary District 5190 Golf Tournament

Thursday, May 12, 2016

Check In: Starts at 11:30 a.m.

Luncheon: 12 noon

Shotgun Start: 1 p.m.



Washoe Golf Course
2601 Foley Way
Reno, NV 89505

4-Person Scramble Format
Deadline for Sign-up May 6, 2016
Entry Fee \$125.00

ENTRY FEE INCLUDES THE FOLLOWING:

- Green Fees & Cart
- Range Balls for practice prior to play
- Lunch prior to play
- Hosted Reception at the Atlantis from 5:00 to 6:30 p.m.

*Awards to immediately follow the Tournament
Awards for First & Second Place Teams
Longest Drive & Closest to the Pin Prizes
Raffle Tickets will be available for purchase*

Winning numbers will be drawn during tournament & posted by 3:00 p.m.



Enclosed is \$ _____ for _____ Player(s) @ \$125 each

No cancellations or refunds after May 6, 2016

Make checks payable to: Rotary District 5190

Mail form & payment to: Mike Hix, 5335 Kietzke Lane, Reno, NV 89511

Or scan and e-mail to: mhix@firstindependentnv.com

Inquiries: (775) 824-4350

First Name: _____ Last Name: _____ Rotary Club: _____ City / Zip: _____ Phone: _____ Email: _____ <input type="checkbox"/> Check (Payable to Rotary District 5190) <input type="checkbox"/> Visa <input type="checkbox"/> M/C Exp Date ___/___ Amount \$ _____ No: ___/___/___/___/___/___/___/___/___/___/___/___/___/___/___/___ Name on Card: _____ Signature: _____ <input type="checkbox"/> Rotarian <input type="checkbox"/> Guest	First Name: _____ Last Name: _____ Rotary Club: _____ City / Zip: _____ Phone: _____ Email: _____ <input type="checkbox"/> Check (Payable to Rotary District 5190) <input type="checkbox"/> Visa <input type="checkbox"/> M/C Exp Date ___/___ Amount \$ _____ No: ___/___/___/___/___/___/___/___/___/___/___/___/___/___/___/___ Name on Card: _____ Signature: _____ <input type="checkbox"/> Rotarian <input type="checkbox"/> Guest
First Name: _____ Last Name: _____ Rotary Club: _____ City / Zip: _____ Phone: _____ Email: _____ <input type="checkbox"/> Check (Payable to Rotary District 5190) <input type="checkbox"/> Visa <input type="checkbox"/> M/C Exp Date ___/___ Amount \$ _____ No: ___/___/___/___/___/___/___/___/___/___/___/___/___/___/___/___ Name on Card: _____ Signature: _____ <input type="checkbox"/> Rotarian <input type="checkbox"/> Guest	First Name: _____ Last Name: _____ Rotary Club: _____ City / Zip: _____ Phone: _____ Email: _____ <input type="checkbox"/> Check (Payable to Rotary District 5190) <input type="checkbox"/> Visa <input type="checkbox"/> M/C Exp Date ___/___ Amount \$ _____ No: ___/___/___/___/___/___/___/___/___/___/___/___/___/___/___/___ Name on Card: _____ Signature: _____ <input type="checkbox"/> Rotarian <input type="checkbox"/> Guest



POLIO THIS WEEK

As of 10 February 2016

	WPV	cVDPV
Year-to-date 2106:	1	2
Year-to-date 2015:	7	0
Total in 2015:	74	28

WPV = Wild poliovirus

cVDPV = Circulating vaccine-derived poliovirus

[Read more](#) about overcoming the final hurdles that need to be overcome in order for Nigeria to be polio free once and for all.

BREAKING NEWS

- ☀️ [Reserve your room](#) for District Conference at the Atlantis Casino Resort Spa; Group Code SRTRY16
- ☀️ District Speech Contest materials are available at www.rotarydistrict5190.org
- ☀️ Find out how your club can [share a photo](#) celebrating Rotary's anniversary
- ☀️ Learn about [supporting Rotary through eBay Live Auctions](#)

TEAM ROSTER: January 2016

	Official Start Number	Current # Members	Attendance	Annual Giving YTD	Restricted Giving YTD
Alturas	27	28	86.00%	\$5,841	\$4,310
Alturas Sunrise	28	28	NR	\$1,099	\$2,500
Amador Upcountry	20	21	NR	\$2,275	\$285
Auburn	112	113	88.45%	\$14,879	\$3,700
Auburn Daybreak	12	11	100.00%	\$1,301	\$0
Auburn Gold Country	39	36	86.48%	\$4,035	\$1,500
Auburn Sunset	24	19	NR	\$0	\$0
Bishop	33	37	46.53%	\$4,130	\$533
Bishop Sunrise	27	28	64.29%	\$2,220	\$100
Cameron Park	59	58	74.90%	\$5,980	\$2,134
Carson City	68	75	66.05%	\$15,557	\$1,554
Carson City - Sunset	16	14	62.50%	\$1,595	\$110
Chester	21	18	43.00%	\$1,600	\$100
Elko	75	73	57.78%	\$6,636	\$626
Elko Desert Sunrise	32	33	62.60%	\$3,200	\$2,860
Ely	30	30	56.90%	\$0	\$0
Fallon	45	42	66.45%	\$5,804	\$367
Fernley	27	33	78.48%	\$1,270	\$320
Georgetown Divide	35	32	47.50%	\$70	\$0
Grass Valley	63	62	86.50%	\$16,413	\$388
Grass Valley South	19	21	NR	\$3,400	\$1,308
Greenville	7	7	NR	\$2,190	\$0
Incline Village	30	30	NR	\$0	\$0
Ione	30	34	84.03%	\$4,960	\$50
Jackson	62	60	83.25%	\$9,437	\$950
Loyalton	20	19	80.00%	\$2,870	\$420
Mammoth Lakes Noon	47	38	27.03%	\$700	\$0
Mammoth Lakes Sunrise	12	11	NR	\$0	\$0
Minden	32	30	NR	\$890	\$250
Nevada City	40	42	74.50%	\$3,633	\$948
Nevada City 49 Breakfast	90	90	81.46%	\$13,400	\$500
Penn Valley	34	36	65.65%	\$7,433	\$3,139
Placerville	35	32	41.00%	\$2,328	\$357
Plymouth-Foothills	35	41	51.00%	\$1,907	\$10,660
Pollock Pines-Camino	17	16	82.81%	\$1,030	\$1,032
Portola	22	23	NR	\$570	\$0
Quincy	47	45	85.96%	\$2,032	\$475
Reno	192	192	71.17%	\$21,830	\$4,940
Reno Centennial Sunset	28	33	NR	\$4,525	\$1,643
Reno Central	74	76	82.55%	\$10,809	\$850
Reno Midtown	23	23	NR	\$1,175	\$0
Reno South	56	58	73.00%	\$6,219	\$1,560
Reno Sunrise	47	52	65.69%	\$5,115	\$3,556
Smith Valley	32	34	75.00%	\$2,742	\$200
South Lake Tahoe	42	41	48.61%	\$4,485	\$140
Sparks	118	120	81.28%	\$11,796	\$4,013
Sparks Centennial Sunrise	33	33	57.58%	\$10,841	\$2,528
Surprise Valley	17	16	81.00%	\$0	\$400
Susanville	60	61	66.12%	\$1,400	\$107
Susanville Sunrise	31	31	62.10%	\$10,700	\$435
Tahoe City	38	30	58.62%	\$1,185	\$300
Tahoe-Douglas	76	57	57.18%	\$25,903	\$0
Tahoe-Incline	45	45	NR	\$7,400	\$8,540
Tonopah	16	18	55.55%	\$50	\$0
Truckee	83	89	83.54%	\$9,094	\$100
Truckee Sunrise	16	15	60.00%	\$1,254	\$1,181
Westwood-Lake Almanor	16	18	88.00%	\$0	\$0
Winnemucca	40	43	38.01%	\$4,912	\$760
Yerington	56	50	59.86%	\$2,540	\$2,960
TOTALS	2511	2501		\$294,660	\$75,689

NR - No Attendance Report Filed Last Known Member count used

Phil Mahoney
Secretary, District 5190

Digital X-Ray Project Completed

The Rotary Club of Tahoe Incline is pleased to announce the completion of its Global Grant to install a digital x-ray system at Kagondo St. Joseph Hospital in northwest Tanzania. The \$42,000 project was co-sponsored by the Rotary Clubs of Solvang, CA, Santa Ynez, CA and Anthem, AZ, and several individual members of our Rotary club.



Staff using the digital system

Digital x-ray has become the world standard for imaging even in developing nations because there are no chemicals or film to be disposed of, or an expensive developing system to be maintained. The initial expense is significant but the costs are quickly offset by the inexpensive system that uses computerized images.

St Joseph Hospital has three remote viewing stations, one of which is connected to a TV set in their conference room.

St Joseph Hospital is located in the Kagera Province of Tanzania near the Uganda Border. The main occupation is agricultural but the poverty level in the area is the highest in Tanzania. Malnutrition is not a problem there, but there is little money left over for health care. As

better roads are built with increasing traffic, the incidence of motor vehicle accidents (MVA) is rising rapidly. Motorcycles acting as taxi's are a major cause of accident



Deadly motorcycle taxi

victims entering St. Joseph hospital. In developing nations throughout the world deaths from (MVA) now exceed the combined death totals from malaria and tuberculosis. St Joseph Hospital has become the trauma center for about one million people who live in the area.

Wend Schaefer, M.D.
Member of International Committee
Rotary Club of Tahoe Incline

Rotary Officers 2015-16

Rotary International

President: K.R. "Ravi" Ravindran
President-elect: John F. Germ
Vice President: Greg E. Podd
Treasurer: Per Hoyen
Director Zones 25/26: Bradford R. Howard

Rotary District 5190 Advisory Board

District Governor: Gail "Virus" Ellingwood
Immediate Past District Governor: Joe Zarachoff
District Governor Elect: John Sullivan
District Treasurer: Cheryl Zarachoff
District Secretary: Phil Mahoney
District Administration: Wyn Spiller
Service: Lindy Beatie
Foundation: Vic Slaughter
Membership: Sam Wilbanks
Youth Service: Bill Boon
Club Administration: Larry Harvey
Technology: Oliver Grosz
Public Image: Dave Zybert

Non-Voting Advisory Board Members

District Governor Nominee: Doug McDonald
District Governor Nominee Designate: Tina Spencer-Mulhern
District Conference Chairs: Dick and Carol Hatch
District Executive Assistant: Ginny Lewis

Assistant Governors

Area 1: Fred Autenrieb
Area 2: Ralph Taylor
Area 3: Jim O'Brien
Area 4: Dennis Geare
Area 5: Jim Greenlee
Area 6: Donna Mullens
Area 7: Roberta Pickett
Area 8: Joel Muller / Tina Spencer-Mulhern
Area 9: Bob Conner
Area 10: Mel Foremaster
Area 11: Anita Franzoia
Area 12: Edie Asrow
Area 13: Ramona Delmas

The Rotary District 5190 newsletter is published monthly by District Governor Gail "Virus" Ellingwood. Submit stories and photographs (300 dpi resolution digital images only) to Editor Elizabeth Cavasso at ecavasso@gmail.com by the 20th of the month.