





GOVERNOR'S MESSAGE

From the Back of the Bike...

April is "Maternal and Child Health" month on the Rotary calendar. With COVID-19 impacting everything this is certainly a time to do anything we can to see that mothers and children are protected and supported.

The RALLYE, all Foundation Dinners, Mid-Year visits and the Rotary International Convention in Honolulu are canceled and we are all finding ourselves with time on our hands. I share with all of you the communication I sent to the District Governor line and Club Presidents.

This has certainly been a year like no other. When I encouraged you to try new things and take your bike in new directions, I had no idea we'd be heading for the events of the past few weeks. As Foundation Dinners, Fundraising Events, Mid-year Visits, the RALLYE and, most critically, Club meetings are being cancelled, it is a time for us to remember that we are a Rotary family. Family's deal with issues together, supporting, encouraging, caring and praying.

While we may not meet face to face nor share the celebrations and camaraderie of gathering together, we should still stay in touch with our club members and our compatriots. We have a Club in the District that has not met face to face since its inception, The E-Club of District 5190. I hope you all will utilize some electronic method of staying in touch and perhaps even meeting, while this medical situation proceeds. Certainly, feel free to reach out to our E-Club for ideas, input and suggestions.

UPCOMING ACTIVITIES

Apr 1-30 Stay in touch with family and friends

April 1-30: Be well

April 1-30: Check out the article on passing time and having fun





Happy Spring

Rotary was started with four gentlemen getting together for lunch. If a few of your members want to get together, as Paul Harris did, the balance of the Club could be updated or participate remotely.

This is also a time when Service Above Self may mean offering our support to our communities and members thereof. Rotary undertook the overwhelming task of eradication polio from the face of the earth; helping our communities deal with the impacts of COVID-19 is at the basics of community support.

Reach out to and stay in touch with your members; utilize our District team; make this an opportunity to grow. We are still "On the Back of Your Bike" let's ride together through this bump in the road of our year.

Thank you and God Bless,

Randy Van Tassell District Governor 2019-2020 Rotary International District 5190

AREA UPDATES

Area 4

The clubs of Area 4 have been continuously in motion, given the shifting tides of the requirements associated with the COVID-19 virus. Most of the meetings have been cancelled until after spring break, pending further guidelines, and many of the events have been postponed. However one of the exciting highlights of the year, the Area 4 speech contest, went on as planned. Five talented young women, all from local Ghidotti Early College High School, delivered magnificent speeches using the theme ""Making Connections as We Create Lasting Change". This year's winner was Hannah West from the Rotary Club of Grass Valley. Hannah is also a REGL graduate of Ready Spring school. And as a junior, she hopes to attend RYLA this year.

These same five clubs honored leaders from the area at the Community Awards in February. The awards went to: Citizen of the Year – Bill Drown; Volunteer of the Year – Tina Skrukrud; and



Contestants pause for a photo at the Area 4 Speech Contest

Business of the Year – Hansen Bros. Congratulations to all our tireless leaders who make our community great.



The current presidents and the presidents' elect met with DG Randy and DGE Berta for the area Mid-Year. They all discussed the status of current activities and plans for the future. It was a great night of getting to know each other and hearing what great service activities are planned for the coming year.



Let your smile change the world

Club activities in February and March included: Grass Valley's Casino Night fundraiser with a Speakeasy theme; 49er Breakfast's Pinewood Car Derby with donations going to the Boys Scouts and recovering Scout Ryan Bodine; and Penn Valley helped with William Ranch School's Science Night.

> Lindy Beatie Area 4 Assistant Governor Elect

FEATURE STORIES

District Grants Update

2019 - 2020 Grants, reporting, and close out dates

March 20, our Grants Steering Committee made several decisions I want to share with you:

- Our second and final round of District Grants will close on March 31, 2020. If you have a grant application in progress or a grant you want to pursue, please finish your grant application, with signatures, budget details, all parts of the application tabs complete, prior to March 31, 2020. Signatures will need to be done individually, scanned and emailed/uploaded. Fax also works. We can help with how to accomplish this without leaving your home. Contact information below.
- The final date to report and close all 2019-20 District grants is September 15, 2020. Recognizing that our activities are now restricted, we are extending the time to complete your grant-funded projects.
- To apply for a District Grant in 2020-21, your 2019-20 grant(s) must be closed. If you have finished the work of your 2019-20 grant(s) now, please complete your final reports, upload receipts, cancelled checks, at least one high-res photo. No need to wait until later!

- Looking ahead: Visit our District
 website's Grant page here for all
 needed documents for 2020-21 as well
 as information on grant management
 training. We will offer an in-person
 GMT as soon as it is feasible this
 summer.
- Contact information: Ramona Delmas, District 5190 Grants Chair (760)
 920-3795 radelmas@gmail.com

Wyn Spiller District 5190 Rotary Foundation Chair 2018-21



Members of the Rotary Club of Alturas worked with students of the Alturas Head Start preschool program to assemble and fill their new fish tank purchased with D5190 Bonus Allocation Grant funds.

Doing Good in the World

There is no doubt that as we move beyond the immediate challenge of COVID-19, the needs in our communities, both here at home and around the world, will abound. Rotarians and Our Rotary Foundation will be needed more than ever. While we shelter in place, we have a wonderful opportunity to plan, to gather our resources, to think about the beneficial and lasting impact we will be able to make when we are able to be active in our communities again.



What can we do now from home?

- •If possible, make a donation to Our Rotary Foundation. Annual Fund SHARE is the source of our funds for both District and Global Grant projects. Help build our resources to ensure much needed projects will have the funding required. Give Online HERE at www.rotary.org or Call the Rotary Support Center 866-976-8279
- •Hold a Virtual Meeting to discuss the status of your current District Grant and other service projects; plan your next steps when we return to full activity.
- Hold a Virtual Meeting to brainstorm critical needs in your community and possible projects to meet
 those needs. If decided, fill in and submit your Club's District Grant Plan for 2020-21. It and all other
 needed documents are on the District Website HERE.
- Consider creating or enhancing your Rotary Legacy to continue the work of Rotarians and Our Rotary Foundation in perpetuity. Click <u>HERE</u> for more information

As Arch Klumph said so many years ago, "No one knows what tomorrow will be but one thing is certain. What tomorrow will be depends on what we Rotarians do today."

Thank you for *Doing Good in the World* through Our Rotary Foundation!

Passing Time and Having Fun

Are you finding that you have more free time on your hands? Maybe some of the activities below will will add laughter and joy to your day.

- 1. Complete a puzzle: The more pieces the better! Feeling extra saucy? Take on a Rubik's Cube. More of a word person? Crossword puzzle!
- 2. Start a journal or blog. It can be about a specific interest from chess to cheese.
- 3. Dust off that old instrument and practice.
- 4. Watch all the really long movies you've avoided until now.
- 5. Download <u>Duolingo</u>, or a similar app, and teach yourself a foreign language.
- 6. Treat yourself to a 10-step skin care routine you don't have time for during a normal work week.
- 7. Write letters to family and friends. After that? Write thank-you notes to service people who you remember went out of their way for you.
- 8. Learn calligraphy. YouTube can help.
- 9. Try on all your clothes and determine whether they "spark joy" or need to be passed along.
- 10. Better yet, go through this process with your junk drawer and supply shelves.
- 11. Watch the films that won Oscars for best picture.
- 12. Use Skype, FaceTime, Google Hangouts or Marco Polo to video chat with your long-distance friends.
- 13. Listen to uplifting music.
- 14. Coloring books: They're not just for kids.
- 15. Take time to reflect: What have you accomplished in the last year? What goals are you setting for yourself in the next year?
- 16. Write a short story or get started on that novel.
- 17. Clear out the family room and camp indoors with blankets, popcorn and movies.
- 18. Learn how to braid (fishtail, French, etc.) via YouTube tutorial.
- 19. Interview your grandparents (over the phone, of course) and save the audio. Can you create an audio story or book with that file?
- 20. Pick your favorite pics from the past year and make a photo book.
- 21. Make a list of things for which you are grateful.
- 22. No March Madness? Have a Scrabble tournament. Pictionary, anyone?
- 23. Have an indoor scavenger hunt.
- 24. Make lists of the museums, sporting events and concerts you want to visit.
- 25. Rearrange your furniture to make it seem like your home is a totally different space.
- 26. Attempt things with your non-dominant hand, from writing to brushing your teeth.
- 27. Sleep. Get lots of it.

APRIL MEMBERSHIP CORNER

Club Growth for District #5190				1 July	2019-2020	29 Feb 2020		
Club Name (#)	Membership Chair		2018 - 2019	2019 - 2020	Goal	#	# % Growth	
Alturas (517)	Michael	Mason	27	26	28	29	12%	
Alturas Sunrise (50455)	Jim	Irvin	22	16	18	17	6%	
Amador Upcountry (Pioneer) (21329)	Bob	Wood	21	22	23	21	(5%)	
Auburn (519)	Jeffrey	Wood	93	105	108	107	2%	
Auburn Gold Country (21951)	Jerry	Askew	27	30	31	31	3%	
Auburn Sunset (86799)	David	Detmer	21	18	23	16	(11%)	
Bishop (696)	Leo	Pisculli	27	27	29	28	4%	
Bishop Sunrise (51057)	Erik	Leitch	32	30	32	34	13%	
Cameron Park (520)	Anne	Eckert	45	44	43	40	(9%)	
Cap City Passport (29911)	Lisa	Hollenbeck	9	4	6	4	0%	
Carson City (561)	Peter	Fishburn	66	66	70	61	(8%)	
Chester (29041)	Terry	Johnson	16	13	Not Entered	11	(15%)	
E-Club of District 5190 (87456)	Kammi	Foote	23	21	Not Entered	22	5%	
Elko (562)	None	Listed	61	55	Not Entered	51	(7%)	
Elko Desert Sunrise Rotary (26617)	Pedro	Ormaza	26	25	28	27	8%	
Ely (563)	None	Listed	28	30	Not Entered	31	3%	
Fallon (564)	Chris	Pierce	38	41	43	42	2%	
Fernley (73840)	Pat	Hon	26	31	35	36	16%	
Georgetown Divide (528)	Terry	Hall	38	39	44	39	0%	
Grass Valley (529)	Kathleen	Shaffer	66	65	70	64	(2%)	
Grass Valley South (58704)	Corinne	Pryor	35	27	32	29	7%	
Greenville (530)	John	Banks	14	13	15	11	(15%)	
Incline Village (565)	Ray	Steinberg	25	26	31	27	4%	
Ione (24986)	Richard	Forster	33	27	29	25	(7%)	
Jackson (532)	Frank	Verardi	51	47	52	49	4%	
Loyalton (534)	Chuck	Henson	12	11	Not Entered	10	(9%)	
Mammoth Lakes (708)	None	Listed	25	17	22	21	24%	
Minden (566)	John	Fisher	32	37	43	40	8%	
Nevada City 49er Breakfast (27616)	Stacy	Drake Robinson	33	29	31	30	3%	
Nevada City (536)	Stacey	Davidson	80	76	76	72	(5%)	
Passport to Amador (89249)	None	Listed	34	36	37	32	(11%)	
Penn Valley (29308)	Bob	Kline	30	37	39	37	0%	
Placerville (542)	Ed	Mathews	31	33	37	39	18%	
Plymouth-Foothills (75202)	Jessica	Herndon	37	31	37	31	0%	
Pollock Pines-Camino (543)	Ginger	Swigart	21	18	Not Entered	20	11%	
Portola (544)	Kim	Wilbanks	27	24	27	24	0%	
Quincy (545)	Douglas	Ely	47	48	51	47	(2%)	
Reno (567)	Steve	Mestre	155	150	150	142	(5%)	
Reno Centennial Sunset (66916)	Joe	Musser	34	37	43	38	3%	
Reno Central (21034)	Carole	Gauler	72	67	71	76	13%	
Reno Midtown (82762)	Tova	McGilvray	27	35	44	35	0%	
Reno South (568)	Bodie	Monroe	51	51	53	50	(2%)	
Reno Sunrise (26317)	Mike	Kattelman	46	44	Not Entered	40	(9%)	
Sierra Passport (30579)	None	Listed	23	16	20	18	13%	
Smith Valley (569)	PDG Gail	Ellingwood	32	34	36	33	(3%)	
South Lake Tahoe (549)	Theresa	Papandrea	23	24	27	23	(4%)	
Sparks (570)	Stacie	Perkins	100	101	105	103	2%	
Sparks Centennial Sunrise (68274)	Doreen	Barta	25	28	35	32	14%	
Susanville (554)	Rod	Chambers	53	45	Not Entered	47	4%	
Susanville Sunrise (57664)	None	Listed	29	33	Not Entered	34	3%	
Tahoe City (555)	Dale	Chamblin	33	29	32	27	(7%)	
Tahoe-Douglas (571)	Kristi	Kandel	53	51	55	47	(8%)	
Tahoe-Incline (50115)	Linda	Offerdahl	52	61	70	66	8%	
Tonopah (572)	John	McCormick	15	17	19	21	24%	
Truckee (556)	Wes	Beyer	89	90	92	88	(2%)	
Truckee Sunrise (29467)	Kent	Mowry	11	14	Not Entered	14	0%	
Winnemucca (76845)	Nora	Stevens	46	35	40	36	3%	
Yerington (573)	None	Listed	43	40	46	39	(3%)	
Total Member Count For District #5190			2291	2247	2128	2264	1%	
							Made Goal	

Through the end of February we are holding our own as a District with a slight membership increase since July 1st.

Seven clubs have achieved the membership goals that have been set! Congratulations to Alturas, Auburn Gold Country, Bishop Sunrise, Fernley, Placerville, Reno Central, and Tonopah for making their goals. It's not too late to set or adjust your goals, just go to Rotary Club Central to enter them!

Ten clubs have experience double-digit growth: Alturas, Bishop Sunrise, Fernley, Mammoth Lakes (+24%!), Placerville, Pollock Pines-Camino, Reno Central, Sierra Passport, Sparks Centennial Sunrise, and Tonopah (+24%!). Way to go!

Spring is the perfect time to check on your members to be sure they are getting the most out of their Rotary experience. Use the membership check-up surveys on the membership page of our district website to survey your club.

And with the stay-at-home environment we are living in, connect with your club members by meeting with your club electronically via a Zoom or Go-to-Meeting, or make some calls and check-in with your fellow Rotarians.

Best wishes! Stay safe and healthy!

Doug McDonald District Membership Chair dougmcdonald49@gmail.com

FOUNDATION GIVING AS OF MARCH 22, 2020

Name	Annual Fund	Goal %	AF Per Capita	Annual Fund	Other Funds	Endowment	
	Goal Amount	Achieved		YTD	YTD	YTD	Total
District 5190 Contributions	\$0.00	0%	\$0.00	\$1,269.20	\$339.00	\$0.00	\$1,608.20
Alturas	\$6,000.00	128%	\$294.58	\$7,659.00	\$5,383.46	\$0.00	\$13,042.46
Alturas Sunrise	\$3,000.00	111%	\$207.22	\$3,315.48	\$0.00	\$0.00	\$3,315.48
Amador Upcountry (Pioneer)	\$2,000.00	190%	\$172.64	\$3,798.00	\$1,503.40	\$0.00	\$5,301.40
Auburn	\$10,000.00	105%	\$100.14	\$10,515.00	\$3,696.00	\$0.00	\$14,211.00
Auburn Gold Country	\$3,000.00	157%	\$156.83	\$4,705.00	\$400.00	\$0.00	\$5,105.00
Auburn Sunset	\$1,500.00	195%	\$162.58	\$2,926.50	\$134.00	\$0.00	\$3,060.50
Bishop	\$8,000.00	94%	\$278.15	\$7,510.00	\$12,900.50	\$100.00	\$20,510.50
Bishop Sunrise	\$3,500.00	140%	\$162.88	\$4,886.50	\$1,591.50	\$0.00	\$6,478.00
Cameron Park	\$10,000.00	70%	\$159.52	\$7,019.00	\$2,045.26	\$10,000.00	\$19,064.26
Cap City Passport	\$350.00	0%	\$0.00	\$0.00	\$200.00	\$0.00	\$200.00
Carson City	\$13,000.00	87%	\$172.06	\$11,355.87	\$6,885.17	\$239.78	\$18,480.82
Chester	\$500.00	220%	\$84.62	\$1,100.00	\$100.00	\$0.00	\$1,200.00
E-Club of District 5190	\$0.00	0%	\$85.71	\$1,800.00	\$1,450.00	\$0.00	\$3,250.00
Elko	\$0.00	0%	\$22.60	\$1,243.00	\$1,434.00	\$0.00	\$2,677.00
Elko Desert Sunrise Rotary	\$5,000.00	104%	\$207.28	\$5,182.00	\$8,935.00	\$0.00	\$14,117.00
Ely	\$0.00	0%	\$0.00	\$0.00	\$240.00	\$0.00	\$240.00
Fallon	\$5,500.00	43%	\$57.68	\$2,365.00	\$3,605.00	\$900.00	\$6,870.00
Fernley	\$3,500.00	60%	\$67.28	\$2,085.60	\$175.24	\$0.00	\$2,260.84
Georgetown Divide	\$3,000.00	20%	\$15.38	\$600.00	\$0.00	\$0.00	\$600.00
Grass Valley	\$14,000.00	103%	\$221.25	\$14,381.00	\$658.00	\$0.00	\$15,039.00
Grass Valley South	\$6,700.00	99%	\$246.11	\$6,645.00	\$3.730.00	\$0.00	\$10,375.00
Greenville	\$1,000.00	100%	\$76.92	\$1,000.00	\$0.00	\$0.00	\$1,000.00
Incline Village	\$5,000.00	49%	\$94.81	\$2,465.00	\$705.00	\$0.00	\$3,170.00
Ione	\$5,000.00	70%	\$129.81	\$3,505.00	\$300.00	\$0.00	\$3,805.00
Jackson	\$4,000.00	488%	\$415.57	\$19,532.00	\$13,025.00	\$0.00	\$32,557.00
Loyalton	\$0.00	0%	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Mammoth Lakes	\$3,500.00	48%	\$98.82	\$1,680.00	\$1,650.00	\$0.00	\$3,330.00
Minden	\$3,200.00	68%	\$58.38	\$2,160.00	\$2,652.00	\$0.00	\$4,812.00
Nevada City	\$1,500.00	271%	\$140.24	\$4,067.00	\$0.00	\$0.00	\$4,067.00
Nevada City 49er Breakfast	\$26,000.00	55%	\$187.26	\$14,232.00	\$1,869.00	\$0.00	\$16,101.00
Passport to Amador	\$1,500.00	126%	\$52.64	\$1.895.00	\$392.00	\$0.00	\$2,287.00
Penn Valley	\$6,000.00	107%	\$174.05	\$6,440.00	\$1,056.00	\$0.00	\$7,496.00
Placerville	\$4,000.00	82%	\$99.97	\$3,299.00	\$504.00	\$0.00	\$3,803.00
Plymouth-Foothills	\$7,000.00	70%	\$157.77	\$4,891.00	\$758.25	\$125.00	\$5,774.25
Pollock Pines-Camino	\$600.00	63%	\$20.83	\$375.00	\$50.00	\$0.00	\$425.00
Portola	\$5,000.00	60%	\$124.79	\$2,995.00	\$200.00	\$0.00	\$3,195.00
Quincy	\$5,000.00	39%	\$40.10	\$1,925.00	\$2,067.00	\$0.00	\$3,992.00
Reno	\$40,000.00	62%	\$164.10	\$24,615.00	\$64,802.00	\$0.00	\$89,417.00
Reno Centennial Sunset	\$6,000.00	140%	\$227.81	\$8,429.00	\$1,132.00	\$0.00	\$9,561.00
Reno Central	\$14,000.00	93%	\$193.71	\$12,978.50	\$14,600.00	\$87,757.50	\$115,336.00
Reno Midtown	\$900.00	166%	\$42.77	\$1,497.00	\$1,562.00	\$0.00	\$3,059.00
Reno South	\$7,500.00	93%	\$136.11	\$6,941.68	\$2,435.00	\$0.00	\$9,376.68
Reno Sunrise	\$0.00	0%	\$124.16	\$5,463.00	\$7,140.00	\$0.00	\$12,603.00
Sierra Passport	\$1,000.00	205%	\$127.81	\$2,045.00	\$220.00	\$0.00	\$2,265.00
Smith Valley	\$3,000.00	106%	\$93.56	\$3,181.00	\$169.00	\$0.00	\$3,350.00
South Lake Tahoe	\$2,300.00	129%	\$123.33	\$2,960.00	\$2,080.00	\$0.00	\$5,040.00
Sparks	\$18,500.00	100%	\$182.42	\$18,424.00	\$3,694.43	\$0.00	\$22,118.43
Sparks Centennial Sunrise	\$10,000.00	98%	\$349.07	\$9,774.00	\$2,249.00	\$0.00	\$12,023.00
Susanville	\$0.00	0%	\$2.22	\$100.00	\$756.00	\$0.00	\$856.00
Susanville Sunrise	\$0.00	0%	\$168.30	\$5,554.00	\$1,312.00	\$0.00	\$6,866.00
Tahoe City	\$2,500.00	40%	\$34.48	\$1,000.00	\$60.00	\$0.00	\$1,060.00
Tahoe City Tahoe-Douglas	\$18,000.00	10%	\$36.39	\$1,856.00	\$2,200.00	\$0.00	\$4,056.00
Tahoe-Douglas Tahoe-Incline	\$30,000.00	47%	\$233.00	\$1,000.00	\$1,375.00	\$0.00	\$15,588.00
Tonopah	\$50,000.00	531%	\$255.00 \$156.15	\$2,654.53	\$0.00	\$0.00	\$2,654.53
Truckee	\$12,000.00	83%	\$130.13	\$2,004.00	\$9,678.00	\$0.00	
		0%					\$19,580.00
Truckee Sunrise	\$0.00		\$81.93 \$29.00	\$1,147.00 \$1,015.00	\$1,673.00	\$0.00	\$2,820.00
Winnemucca Yerington	\$1,500.00 \$2,000.00	68% 47%	\$29.00 \$23.25	\$1,015.00 \$930.00	\$1,000.00 \$100.00	\$0.00 \$0.00	\$2,015.00 \$1,030.00
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BREAKING NEWS – GRANTS!

On Tuesday March 24th, the Executive Committee of Our Rotary Foundation Board of Trustees, acting for the full board, took measures to allow Rotarians, Clubs and Districts to be more immediately responsive to community needs as a result of the COVID-19 pandemic.

We want to do the same!

Effective immediately:

DISTRICT GRANTS

 Building on our previous action to conclude the second round of District Grant funding, grant applications must be complete and ready for approval by March 31, 2020 with the following exception:

Clubs may apply from now to April 30, 2020 for District Grants addressing COVID-19 needs.

- All grants must be closed, as previously communicated, by September 15, 2020 (earlier if possible).
- COVID-19 grants will follow the same 1:1 matching up to \$2000 plus Bonus DDF (if not yet used).
- Maximum grant dollars a club can receive this Rotary year is \$4000 plus Bonus DDF.
- Grants in progress not yet approved:
 - You may complete your grant application by March 31, 2020
 - You may cancel your grant application and re-apply for a grant addressing COVID-19 needs
- Funded Grants not yet started or not yet complete:
 - You may continue and complete your final report by September 15, 2020
 - You may decide not to go forward and return your grant funds to the District
 - You may decide not to go forward and ask to re-work your grant to address COVID-19 needs
- As a one-time exception, the Foundation will allow expenses related to COVID-19 that were incurred since 15 March 2020 to be reimbursed through 2020-21 district grants.

This means that you may apply for a District Grant project related to COVID-19 after April 30, 2020 (or after available funding is depleted) and have <u>that grant and its funding</u> be part of the 2020-21 District Block Grant.

Your Club would pay the grant expenses in 2019-20 and be reimbursed after July 1, 2020 (probably mid-July to mid-August). Unless there is a second round of funding in 2020-21, maximum matching dollars are \$2000 for a single club project plus Bonus DDF or \$2500 for a multi-club project plus Bonus DDF.

• If we have projects that significantly exceed our available funding, we will consider bundling them into a District Disaster Response Grant.

GLOBAL GRANTS from Our Rotary Foundation

Global grants remain an excellent way to make a transformative impact in a community. If medical equipment is needed in order to respond effectively to COVID-19, global grants can help pay for these items. The Foundation is waiving the 30 percent foreign financing requirement for any new global grant that addresses COVID-19.

We are so incredibly proud of Our Rotary Foundation! It is your support that makes it possible for us to harness the power of our Foundation to not only continue our needed and planned projects but also to respond quickly to the immediate COVID-19 Pandemic.

Please contact District Rotary Foundation Chair Wyn <u>wyn.spiller@gmail.com</u> or District Grants Chair Ramona <u>radelmas@gmail.com</u> for more details.