



NEWSLETTER



Upcoming Events

Check out www.rotarydistrict5190.org for more event details

- February: Peace and Conflict Prevention/Resolution Month
- Feb 5: Grants Management Training, Reno, NV
- Feb 6: Pre-PETS, Reno, NV
- Feb 12-14: RLI I & II Marathon, Winnemucca, NV
- Feb 13: RLI II, Nevada City, CA
- Mar 4-6: FAR-WEST PETS, San Jose, CA



Coach's Corner

This month, on February 23, Rotary will celebrate it's 111th anniversary - Have a Rotary party!

Register Now

[District 5190 Conference, May 12-15](#)

Supplies for Bwindi

Seeking help to fund costs of shipping medical supplies to Uganda and provide scholarships for Masters Degrees in Nursing Science

Beyond Expectations

Creating a special space for special needs infants near Colon Panama

House of Friendship

Submit your application for a club display at District Conference

Rotary
Districts 5180/5190

RYLA

[DOWNLOAD INFORMATION FOR CLUB'S CAMP RYLA CHAIRPERSONS](#)

REGISTER FOR ROTARY DISTRICT 5190 CONFERENCE MAY 12 - 15, 2016

READ ABOUT RI PRESIDENT-ELECT JOHN F. GERM'S THEME "ROTARY SERVING HUMANITY"

COACH'S CORNER



As I look out on a winter wonder landscape, I welcome you to February and Rotary's celebration of Peace and Conflict Prevention/Resolution Month! In case you did not know, you are members of a Rotary Peacebuilder District. Every year for several years, our District has given "leftover" District Designated Funds (DDF) to Rotary International's Peace

efforts. And we have now nominated our 2nd consecutive, successful Peace Fellow applicant. District 5190 is, indeed, contributing to a more peaceful world. These two amazing young people will continue to be a resource to us long after their studies are complete, so keep them in mind as you celebrate our Foundation in your areas, over the next few years, as they will be excellent speakers and examples of how your TRF contributions make our communities and our world better.

As expected, the Rotary Rose Parade float walk was a once in a lifetime experience, and not only because I ended up with 19,500 steps on my Fitbit at day's end or that I felt like I was racing NBA legend and Laker Kareem Abdul Jabbar for a port-a-pottie at parade's end! I send out another big thank you to the clubs that sponsored my ability to say Happy New Year to nearly one million people on the parade route. I am certainly thinking about going down to participate in the float building and other activities in the future. Working side-by-side with Rotarians dedicated to getting our message out into the world was priceless.

Dan and I have one club left to visit: my home club of Loyalton on 2/4. If you had asked me 6 months ago what this would feel like, I would not have been able to verbalize how exciting it has been to visit with our marvelous Rotarians across the width and breadth of the largest geographic District in the lower 48 states. We have also completed one Mid-Year Visit, with Area 9, and it brought home to me how much more we can accomplish before our Rotary year together ends.

This month, on February 23, Rotary will celebrate it's 111th anniversary. Have a Rotary party! And think about how amazing it is that we have a club in our District that will be celebrating 100 years in August! Congratulations to the Rotary Club of Reno!

It is only 3 ½ months away from our District Conference Celebration, May 13-15, 2016 at the Atlantis Resort and

Spa in Reno, and the planning is in high gear. Registration is open! Please register early! There will be a special prize awarded each month to a lucky registrant. The first drawing will be happening later today, after I finish this newsletter. One change that we are implementing this year is that there will be no walk up registrations. Please pass the word on this. We want to be able to make everyone's experience extra special and that includes our dedicated registration staff who, typically, do not get to enjoy much of our celebration as they jump through hoops to accommodate those who wait until the last minute. All details are available on the District Website. Click [HERE](#) to be the next potential winner!

Do you have a club project in which you are particularly proud? Take this opportunity to notify me of the details and get your club nominated for this prestigious Rotary International Award! The RI Significant Achievement Award recognizes club projects that have done the following:

- Addressed a significant problem or need in the local community (international service projects, no matter how worthy, are not eligible for this award)
- Involved most or all of the club's members in personal rather than monetary service
- Been commensurate with the size of the club and its available resources
- Enhanced the image of Rotary in the community
- Been able to be emulated by other Rotary clubs
- Been active during the Rotary year for which the award is being given (though it need not have been initiated, and may have been completed, in the current Rotary year)

I must nominate a club by 15 March, so need your information by 1 March! Contact me immediately if you would like to submit your club project for consideration!

Another piece of news is that the Share our Success (SOS) has been sent out to Presidents and will be available on the District Website! Take the initiative and submit your club for awards at the District Conference!

I could go on and on; there are so many ways we can make our clubs bigger, better, and bolder in the few short months ahead of us. Let's keep the momentum going and keep our sights on the finish line! I am blessed by every one of you and thank you, now and always, for your Rotary hearts!

5 months to go to achieve our Rotary year goals and dreams! Go Team Virus!

Virus



Be a gift to the world

You Are Invited

Area 8 clubs will be the sponsor for the Western Industrial Nevada (WIN) breakfast on Friday, May 20, at the Peppermill. The meeting runs from 7:00 to 9:00 am and it's typical to have a few hundred in attendance.

We are looking for Rotarians to join us for breakfast. With several members being introduced, each can say "I am a Rotarian," an impactful message for a room of businesspeople.



For more information contact me at joelrotary@yahoo.com.

Joel Muller
Co-Assistant Governor, Area 8

RYLA 2016

Information for RYLA Chairpersons

A new web address for Rotarians only, with downloadable forms and updated reports, is: www.camp-ryla.org/rotary/.

Information for RYLA Campers

Students can access Camp RYLA details such as dates, getting to and from camp, what to bring, and more at: <http://camp-ryla.org>



Steve Singer
RYLA Executive Director

IRA Charitable Rollover

The law that allows you to make a tax-free gift from your individual retirement account (IRA) directly to charity has been reinstated and made permanent! Known as the IRA charitable rollover, this law no longer has an expiration date so you are free to make annual gifts to The Rotary Foundation from your IRA this year and well into the future.

The recently reinstated law allows individuals 70½ and older the ability to transfer up to \$100,000 from their individual retirement accounts directly to a qualified charitable organization without being subject to federal income taxes on the distribution.

Are you eligible?

- You must be at least age 70½ or older at the time of the gift.
- You may transfer up to \$100,000 directly from your IRA. This opportunity applies only to IRAs and not other types of retirement plans.
- You may transfer the funds outright to one or more qualified charities.
- The legislation does not permit direct transfers to charitable trusts, donor advised funds, charitable gift annuities or supporting organizations.

An IRA charitable rollover gift can satisfy all or part of your minimum distribution requirement, and is a great way to meet your Paul Harris Society goal through a gift to the Annual Fund!

John Sullivan
District Governor Elect 2016-2017



Supplies for Bwindi

The Rotary Club of Grass Valley has agreed to apply for a Global Grant to continue the expansion of services at the Bwindi Hospital in Uganda.

District 5190 has been incredibly generous in its support of the work at the Bwindi Hospital. The results speak for themselves. From using the branches of a tree as IV poles to the modern facility now in use, District 5190 has played the lead role. We have dramatically reduced infant and maternal mortality rates, lowered the prevalence of diarrhea in children, and markedly diminished rates of mother to child transmission of HIV. More importantly, we have helped establish a school of nursing, which will lead the way toward a healthier future. We now have the chance to further expand services.

The complex has the expertise to perform complicated elective orthopedic and gynecological cases thanks to medical teams sent by Switzerland, Austria, and the U.S. They now have the needed space in a post-operative surgical ward for the needed follow-up, due to a generous donation. What they lack is the equipment to support this new service. They need specialized beds, ventilators, incubators, monitors and other supplies to support this new ward. And while they have a nursing school, they still need more locally trained public health nursing instructors.

This Global grant will have two facets: one, collect the needed equipment, load a shipping container, and ship it to Uganda; two, offer scholarships leading to a Masters in Nursing Science for two Ugandan nurses

who will return to teach at the Bwindi nursing school.

The good news is that all this equipment is here in the U.S. and waiting to be shipped. All we need is the container.

Additionally, there are local students who have the basic nursing skills who want to move on to advanced training. The Rotary Club of Grass Valley and Scott Kellerman MD have agreed to lead this effort.

Our preliminary budget is \$30,000, we need the help of other clubs to raise this amount.

Please contact Bob Long at boblong162@gmail.com for more information, a request for a presentation to your club, or to offer your assistance in this project.

Bob Long
Rotary Club of Grass Valley

**Register today and celebrate District 5190's Gifts to the World
Reserve your room at the Atlantis Casino Resort Spa**



*Rotary District Conference
May 12 - 15, 2016*



Rotary
District 5190



90th Birthday Bash for Grass Valley

On March 16, 2015, Rotary of Grass Valley will hold an evening celebration of their 90th birthday at the Holiday Express Gold Miner's Inn in Grass Valley! The club was officially admitted to membership in Rotary International on March 16, 1925, and the Charter Celebration was held April 13th, 1925 at the Elks Lodge in Grass Valley with 500 people in attendance. The club has been honored to have 4 District Governors in their membership over the years, which were Gordon D. Moyer, Kenneth J. Casper and in more recent years, Charles "Chuck" Elizondo and Wyn Spiller both well known in the district and beyond. The club is known for many important projects in Western Nevada County as well as assisting in International Projects over many years.

Please come and help us celebrate our birthday. Contact Chuck Elizondo at ccelizondo@att.net, (530) 272-4715 for more information and price of tickets.

MEMBERSHIP TIP

As we enter the second half of the Rotary year, we are all focused on hanging on to the gains we have made in membership. On New Year's Eve most of us raised a glass and toasted last year, and next with a hardy CHEERS! It reminds one of the old TV series Cheers, where each week we followed the exploits of a group of very close friends who met regularly in a bar. The name of the bar? Cheers. What made it so special? Everyone knew each other's names, and when you got there, they were "always glad you came." A warm, welcoming and friendly place.



What a great way to approach making your club more attractive. Is your club like Cheers? How can you make changes that would make visitors feel even more welcome? How about your current members (especially those newer ones)? Does everyone know their names? What's more, do they know what they do in their work lives?

There are lots of creative ways to enhance your meetings to make them more fun and welcoming. One excellent idea is to invite a "Mystery Visitor" from another club that is unknown to your club. Have that person come to a meeting and afterwards give an honest appraisal of what kind of impression your club made on her/him. Put this information to use to "Cheer Up" your club and make it even more attractive to current and prospective members.

Sam "Woody" Wilbanks
Chair, D5190 Membership

FOUNDATION TIP

Looking Forward

to next year's District Grants

We are just a couple of months away from the deadline to close out 2015-2016 District Service Grants, March 31st.

The next Grant milestone will be the District Scholarship Applications due to the District Scholarship Committee on April 15th (tax day). Clubs wanting to apply for a District Scholarship should be reviewing their candidates and then make out one application to be turned in by the deadline. If the club applies for a District Scholarship, it should be shown on the Club Spending Plan that is due on April 30th. 2016-17 Spending plans can be turned in any time to the District Rotary Foundation Chair. All the supporting instructions and documentation is located on District5190.org/Foundation/global-and-district-scholarships. The Spending Plan is at District5190.org/Foundation/Grants.

Club Foundation Chairs should brief their Club Board about next year's Grant opportunities for 2016-17. The plan should include either getting their club qualified or keeping their club qualified. It is anticipated there will be similar amount for District Grants next year. Actual District Service Grants and District Scholarship will be announced in May.

Vic Slaughter
Chair, D5190 Rotary Foundation



There's no better way for your club to show support for District 5190 than reserving a club display at the House of Friendship at this year's District Conference. The House of Friendship will be the gathering place for Rotarians to interact and share success stories and information. *Prizes will be awarded for the best displays in 1st, 2nd, and 3rd in the House of Friendship.* There are no fees for clubs to have displays in the House of Friendship.

Please fill out the form below and email or fax to: Don Daniels (Rotary Club of Grass Valley) Email: dondaniels@sbcglobal.net Fax: (530) 272-3996; Questions: Home (530) 272-6036; Cell (530) 913-6036.

Don't miss out on the fun and Rotarian camaraderie. Help share and take pride in all the great projects and accomplishments of your club for this year with all our Rotarians and guests in District 5190.

Please respond by April 15th

Rotary Club: _____

Contact Name: _____

Email: _____

Phone: _____

HOUSE OF FRIENDSHIP - request for exhibit space (check the appropriate items)

6 foot table (whole table) half a table Need electricity (bring your own extension cord).

Description of exhibit planned _____

Any special requests or needs: _____

NOTE: Exhibits can be set up starting at 3:30PM Thursday afternoon, May 12th, and should be set up no later than Friday morning May 13th. Grand Opening of the House of Friendship is at 10:00AM on Friday. Exhibits should be removed on Sunday May 15th at the conclusion of the Conference. The House of Friendship is not in a secure area, and no items of value should be left unattended.

Volunteers needed: We need help "house-sitting" the House of Friendship during the conference. If you can help, please complete the following:

Name: _____ Phone: _____ Email: _____

Name: _____ Phone: _____ Email: _____



POLIO THIS WEEK

As of 27 January 2016

	WPV	cVDPV
Year-to-date 2106:	0	0
Year-to-date 2015:	3	0
Total in 2015:	72	28

WPV = Wild poliovirus


cVDPV = Circulating vaccine-derived poliovirus


[Read more](#) about Pakistan progress on polio. The Technical Advisory Group in Islamabad is optimistic.

BREAKING NEWS

 [The Rotary Foundation is Turning 100!](#)



 West African Project Fair, Port Harcourt, Nigeria, October 2016

 Rotary Club of Reno Centennial Sunrise Shamrock Shindig Fund Raiser, 3/12/2016. Tickets can be purchased at www.shamrockshindig.org or at the door. Contact: Carol Hannigan carolmhannigan@sbcglobal.net

TEAM ROSTER: December 2015

	Official Start Number	Current # Members	Attendance	Annual Giving YTD	Restricted Giving YTD
Alturas	27	28	94.00%	\$5,488	\$4,310
Alturas Sunrise	28	28	NR	\$1,014	\$2,500
Amador Upcountry	20	21	NR	\$1,460	\$285
Auburn	112	112	92.23%	\$12,209	\$3,500
Auburn Daybreak	12	11	100.00%	\$1,301	\$0
Auburn Gold Country	39	36	88.15%	\$3,575	\$1,500
Auburn Sunset	24	NR	NR	\$0	\$0
Bishop	33	35	26.06%	\$3,625	\$493
Bishop Sunrise	27	28	58.33%	\$2,135	\$100
Cameron Park	59	57	82.80%	\$5,690	\$2,114
Carson City	68	75	54.10%	\$14,937	\$1,554
Carson City - Sunset	16	14	61.90%	\$1,510	\$100
Chester	21	18	56.00%	\$1,600	\$100
Elko	75	74	49.13%	\$5,599	\$546
Elko Desert Sunrise	32	32	61.46%	\$3,025	\$2,460
Ely	30	30	NR	\$0	\$0
Fallon	45	42	49.77%	\$5,669	\$367
Fernley	27	32	71.88%	\$1,270	\$320
Georgetown Divide	35	33	53.33%	\$70	\$0
Grass Valley	63	62	74.40%	\$13,878	\$363
Grass Valley South	19	21	NR	\$2,500	\$1,308
Greenville	7	7	NR	\$2,020	\$0
Incline Village	30	30	NR	\$0	\$0
Ione	30	32	83.15%	\$4,650	\$50
Jackson	62	60	68.67%	\$9,267	\$950
Loyalton	20	19	84.00%	\$2,485	\$420
Mammoth Lakes Noon	47	38	45.16%	\$450	\$0
Mammoth Lakes Sunrise	12	11	NR	\$0	\$0
Minden	32	30	81.11%	\$870	\$250
Nevada City	40	42	69.10%	\$3,468	\$448
Nevada City 49 Breakfast	90	90	88.16%	\$12,750	\$500
Penn Valley	34	36	71.79%	\$7,308	\$3,039
Placerville	35	33	NR	\$2,328	\$357
Plymouth-Foothills	35	41	64.00%	\$1,586	\$10,660
Pollock Pines-Camino	17	17	NR	\$305	\$72
Portola	22	23	61.11%	\$560	\$0
Quincy CA	47	45	74.68%	\$1,932	\$475
Reno	192	196	79.63%	\$17,820	\$4,890
Reno Centennial Sunset	28	33	79.84%	\$4,400	\$835
Reno Central	74	73	74.36%	\$10,379	\$750
Reno Midtown	23	23	NR	\$1,050	\$0
Reno South	56	58	75.00%	\$5,394	\$1,380
Reno Sunrise	47	49	NR	\$3,503	\$2,260
Smith Valley	32	34	NR	\$2,592	\$200
South Lake Tahoe	42	40	NR	\$4,151	\$115
Sparks	118	121	76.01%	\$11,206	\$4,013
Sparks Centennial Sunrise	33	33	67.68%	\$10,281	\$2,528
Surprise Valley	17	16	91.00%	\$0	\$400
Susanville	60	62	51.63%	\$1,300	\$60
Susanville Sunrise	31	31	67.74%	\$6,330	\$410
Tahoe City	38	31	66.67%	\$930	\$300
Tahoe-Douglas	76	57	48.08%	\$25,686	\$0
Tahoe-Incline	45	45	NR	\$5,350	\$8,370
Tonopah	16	18	50.00%	\$50	\$0
Truckee	83	89	NR	\$7,726	\$100
Truckee Sunrise	16	15	64.44%	\$1,254	\$1,181
Westwood-Lake Almanor	16	18	88.00%	\$0	\$0
Winnemucca	40	43	33.49%	\$3,931	\$50
Yerington	56	52	58.21%	\$2,540	\$2,960
TOTALS	2511	2480		\$262,407	\$69,943

NR - No Attendance Report Filed Last Known Member count used

Phil Mahoney
Secretary, District 5190

Beyond Expectations - Casa Providencia

Providence House – a special place for special needs infants near Colon Panama. This soon-to-be-operating orphanage is beyond expectations. With a ratio of one caregiver to two infants, a high degree of care and love will be provided to each child along with medically prescribed therapy. The expectation is to provide these special needs children with the best care, treatments and support to maximize the opportunity for their adoption.

To facilitate Rotary’s involvement in the project,



Casa Providencia watercolor by Karen Grosz

Rotarians led by Charlie Dodson and Maria Sheehan of Reno RC met with the partner

organization (Hearts Cry Ministry) and members from the Panama City West and Colon Panama Rotary Clubs to discuss the details of the project and the specific information needed to augment the global grant.

Others worked on cleaning roof tiles and scraping loose paint and plaster from walls. In addition, the group had an opportunity to transit the Panama Canal and



learn about biodiversity, history and culture of Panama. The entire experience was beyond expectations. For more information contact Charlie

Dodson at chnldodson@aol.com.

Helen Hankins,
Chair, International Service

Rotary Officers 2015-16

Rotary International

President: K.R. “Ravi” Ravindran
 President-elect: John F. Germ
 Vice President: Greg E. Podd
 Treasurer: Per Hoyen
 Director Zones 25/26: Bradford R. Howard

Rotary District 5190 Advisory Board

District Governor: Gail “Virus” Ellingwood
 Immediate Past President: Joe Zarachoff
 District Governor Elect: John Sullivan
 District Treasurer: Cheryl Zarachoff
 District Secretary: Phil Mahoney
 District Administration: Wyn Spiller
 Service: Lindy Beatie
 Foundation: Vic Slaughter
 Membership: Sam Wilbanks
 Youth Service: Bill Boon
 Club Administration: Larry Harvey
 Technology: Oliver Grosz
 Public Image: Dave Zybert

Non-Voting Advisory Board Members

District Governor Nominee: Doug Mc Donald
 District Governor Nominee Designate: Tina Spencer-Mulhern
 District Conference Chairs: Dick and Carol Hatch
 District Executive Assistant: Ginny Lewis

Assistant Governors

Area 1: Fred Autenrieb
 Area 2: Ralph Taylor
 Area 3: Jim O’Brien
 Area 4: Dennis Geare
 Area 5: Jim Greenlee
 Area 6: Donna Mullens
 Area 7: Roberta Pickett
 Area 8: Joel Muller / Tina Spencer-Mulhern
 Area 9: Bob Conner
 Area 10: Mel Foremaster
 Area 11: Anita Franzoia
 Area 12: Edie Asrow
 Area 13: Ramona Delmas

The Rotary District 5190 newsletter is published monthly by District Governor Gail “Virus” Ellingwood. Submit stories and photographs (300 dpi resolution digital images only) to Editor Elizabeth Cavasso at ecavasso@gmail.com by the 20th of the month.