



THE FOUR-WAY TEST
OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERN?

The Spoke Newsletter



Club 529 chartered March 16, 1925



Rotary
Club of Grass Valley

BOARD OF DIRECTORS

Jesse Wilson - President
Ed Pinto - President Elect
Heather Thorpe - Vice President
Sean Jackson - Immediate Past President
Tim McCall - Executive Secretary
Judy Bagley - Executive Treasurer

P. Scott Brown - Director Year 2
Judy Bagley - Director Year 2
Gina Will - Director Year 2
James Delcour - Director Year 1
Stephanie Fischer - Director Year 1
Jennifer Malone - Director Year 1

- Sergeant at Arms - Ed Pinto
- The Spoke Editor - Ryan Sykes
- Photographer - Fred Claessens



Spoke Notes were recorded by: Helen Sands

President of Rotary International

[Francesco Arezzo](#)



Governor of District 5190

[Larry Harvey](#)

June 1, 2026

www.gvrotary.org

Volume 101, Issue 33

MEETING HIGHLIGHTS

Another beautiful day in Grass Valley made for a perfect setting for the Wild Eye Pup to host our weekly meeting. Pres. Jesse rang us in at 12:15 and our meeting was now officially underway.

We had no Visiting Rotarians, however we did have a guest. Ryan's daughter just graduated college and is home for a bit enjoying a little R & R...and doing the Spoke Notes!

Kelsey from [Comfort Keepers](#) presented today. They provide kind and comprehensive care for vulnerable older adults in the area, meal prep, medication aid, transportation, light house keeping, personal care, and non medical in home care. They are VA certified and they do accept long term care insurance. They cover a large geographical area; Nevada, Collusa, and Butte Counties, Auburn, Yuba-Sutter, and most other places in between.



Their mission is to provide their clients with the highest level of quality of life that is achievable. They treat each client with the respect and dignity they deserve, as though they were caring for a member of our their family.

In 2002, Neil and Jennifer Goforth recognized the need for quality in home care services in Yuba, Sutter, and Nevada Counties. They saw that Comfort Keepers as way to help seniors age in place by remaining in the comfort and safety of their own homes. Neil has noted: "The seniors in our community never cease to amaze me. Some lived through the adversity of The Great Depression. Some have lived through the challenges of fires and floods. Many of the seniors helped build , or even rebuild our communities. In addition, we are here for the sacrifices made by Veterans and their families. Comfort Keepers gives the opportunity to assist these valued individuals and their families in their time of need."

ANNOUNCEMENTS AND CONFESSIONS

- ◆ Kris' child got married and had another was touring and opening for huge names all over the world
- ◆ Bob's grandson just graduated from Boise State University
- ◆ Sean helped Boy Scouts build a fairly complex obstacle course

UPCOMING EVENTS

Chicago Park 8th Grade Grad Breakfast	June 4
Gold Country Challenge	June 6
Club Meeting: Living Well	June 8
Joint Board Meeting: Ed's House @ 6:30-8:30	June 11
GV Thursday Night Market...Contact Ed to help	June 11 – July 9
Rotary International Convention	June 13-17
Club President Demotion Event: Condon Park @ 5:30	June 15
RYLA Camp at Grizzly Creek Ranch	June 21-26
Club Meeting: DARK	June 22+29
Club Meeting: DARK	July 6
Club Meeting: TBD	July 13
Club Meeting: TBD	July 20
Club Meeting: DARK / Board Meeting: 12 @ WSMC	July 27

UPCOMING PROJECTS - People of Action

Plastic Recycling Project	Ongoing
Alzheimer's Garden and Litton Trail: Upkeep and Maintenance	Ongoing
Rotary Magazines in Professional and Business Waiting Rooms	Ongoing
Chicago Park Middle School: Goodie Bag Project	Ongoing
Interfaith Food Ministries: Saturdays 2 to 4 times a year	TBD
Kare Crisis Nursery: Help Repairing a Fence	TBD
Grass Valley Charter School: Sign Repair	TBD
Wolf Creek Trail - Glenn Jones Park : Signage and Maintenance	TBD
Highway 49 Gateway Sign Rebuild	TBD
Salvation Army: Build Planter Boxes and Chicken Coop	Spring '26
Western Sierra Medical Clinic: Planter Boxes	Spring '26

IMPORTANT MEMBER DATES IN JUNE

Birthdays		Rotary Anniversaries	
Kathy Egenes	June 6	Monty East (Senior Club Member)	40 Yrs
Rich Keene	June 7	Jerry Trammell	23 Yrs
Larry McGrath	June 15	Derek Williams	4 Yrs
Patti Ingram-Spencer	June 21	Kellie Gruenefeldt	4 Yrs

THOUGHT OF THE DAY



Rotary Club of Grass Valley

P.O. Box 1213
Grass Valley, CA 95945

Meets @ the [Wild Eye Pub](#) on the 1st, 2nd, and 3rd Mon at 12:15 pm

Area 4 Rotary Clubs

[Penn Valley Rotary](#) meets @ [Players Pizza](#) at 12 pm on every other Tues

[Grass Valley South](#) meets @ the [Litton Bldg, Rm 300](#) at 7am on Tuesday

[Nevada City Rotary](#) meets the 1st and 3rd Thursdays at 5:30pm for our Social meetings [Contact](#) them for the location that week
On the 1st and 3rd Thurs, meeting is 5:30 pm at [Round Table Pizza](#)

[49er Rotary Breakfast Club](#) meets @ the [Miners Foundry](#) on Wed at 7 - 8 am



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They belong to organizations such as the:

Yuba-Sutter Chamber of Commerce
Professionals Caring for Seniors
Yuba Sutter Healthcare Council
California Home Health Care Consortium
National Federation of Independent Businesses,

They are also a Better Business Bureau Accredited Business.

They also belong to the Elder Care Providers Coalition, the Grass Valley Chamber of Commerce, and they were recently certified by Home Care Pulse.

Their philosophy encompasses Interactive Caregiving and is based on four primary pillars:

- An active senior mind promotes independence, better mental and physical health, happiness, and a longer life
- A physically active senior maintains strength and independence, lessening or delaying the effects of aging
- A well-nourished senior is more energetic, both physically and mentally
- A safe senior lives in an environment that reduces the likelihood of accidents and promotes timely response when illness or accidents occur



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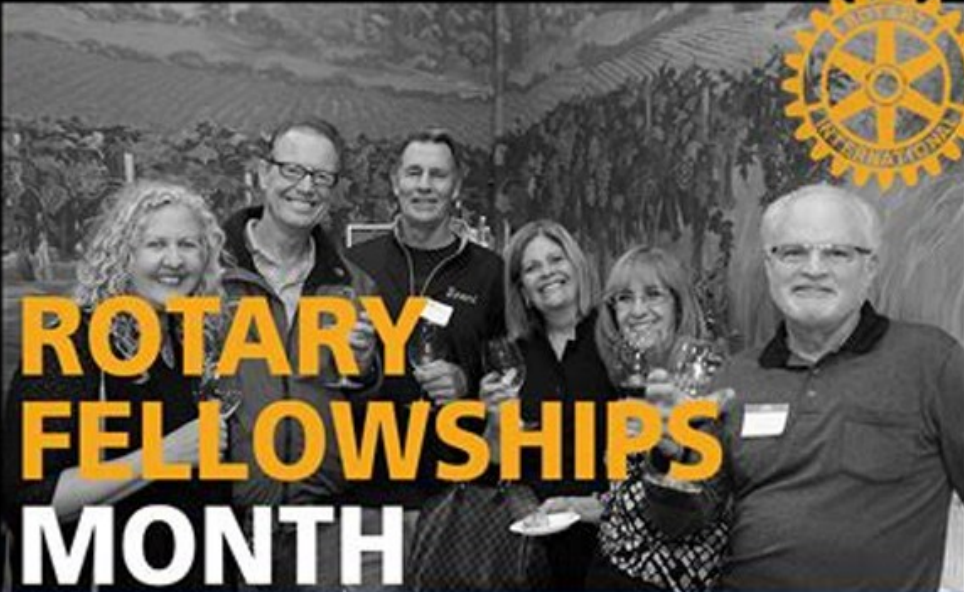


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JUNE IS





ROTARY
FELLOWSHIPS
MONTH

"Don't adventures ever have an end? I suppose not. Someone else always has to carry on the story." - J.R.R. Tolkiens, The Fellowship of the Ring



Rotary

www.rotary.org

[Click on the above image to go to the Rotary Fellowship page and start exploring!](#)



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Plastic Recycling Project

Commercial Plastic Wrap is picked-up at the following locations:

- ◆ Sierra Nevada Memorial Hospital
- ◆ Nevada County Food Bank
- ◆ AJA Electronics
- ◆ Hills Flat Lumber

The plastic is then recycled and made into [TREX Benches](#)



We have collected and recycled almost 2,000 pounds of commercial plastic this year.
We are well on our way to a goal of 4,000 lbs. in 2026

Good Luck, Rotarians!





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Rechargeable Lithium-Ion Battery Recycling

Rechargeable Lithium-Ion Battery Recycling

Saturday May 30, 2026
9am-12noon

Peace Lutheran Church Parking Lot
828 West Main St, Grass Valley

[MAP](#)

Eligible items include cell phones, tablets, laptops, electric toothbrush handles, e-shavers, vapes, wireless headphones and earbuds, Bluetooth speakers, power tool batteries, e-bike batteries, video game controllers, etc.

Peace Lutheran does a regular CRV bottles/cans collection event, on Saturday May 30. The public can make it a one-stop recycling day at the church to drop off your CRV bottles and cans (along with plastic #1, 2, and 5) then leave all your Lithium Ion (rechargeable) devices and batteries with the Nevada City Rotary team.









Lithium-Ion batteries & devices

Do you have old rechargeable devices or lithium-ion batteries you no longer use? Less than 5% of these devices are recycled today. Bring them in to recycle with Redwood Materials.

Rotary 
Club of Nevada City

Rotary  **ESRAG**
ENVIRONMENTAL SUSTAINABILITY ROTARY ACTION GROUP

REDWOOD
MATERIALS

 RECHARGEABLE TOOLS	 LOOSE LI-ION OR NICKEL METAL HYDRIDE BATTERIES	 ELECTRIC TOOTHBRUSHES	 WIRELESS HEADPHONES
 BLUETOOTH SPEAKERS	 SMARTWATCHES	 TABLETS	 CELLPHONES

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June 6th

Ride the beautiful and historic back country of Nevada County.

Nevada County was the heart of California's gold rush. Surrounding the charming mining era towns of Grass Valley and Nevada City, you'll ride through some of the most beautiful landscape California has to offer.

Discover why the [Amgen](#) has selected to ride through Nevada County on multiple occasions.

Benefits youth programs supported in part by the [Rotary Club of Grass Valley](#) and [Bright Futures for Youth](#).

Train here for the [Death Ride](#) on July 11th.

Visit www.rotarygoldcountrychallenge.com

Rides will be supported and well-marked

Rides will begin/end at Gate 1 of the Nevada County Fairgrounds





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Program Overview

- General Sessions will take place Sunday-Wednesday, 14-17 June 2026
- Breakout Sessions will take place Monday-Wednesday, 15-17 June 2026
- The House of Friendship will be open Saturday-Wednesday, 13-17 June 2026



Click [HERE](#) for more info