





THE FOUR-WAY TEST
OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERN?

The Spoke Newsletter



Club 529 chartered March 16, 1925



Rotary
Club of Grass Valley

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Spoke Notes
recorded by
Sandra Barrington

President of Rotary International

[Gordon R. McNally](#)



2023-2024 Theme

CREATE HOPE in the WORLD



Governor of District 5190

[Stacy Graham](#)

March 18th, 2024

www.gvrotary.org

Volume 97, Issue 23

MEETING HIGHLIGHTS

There were no visiting Rotarians or Guests of Rotarians. However, we had the honor of hosting some potential future Rotarians! Lyman Gilmore's February & March Students of the Month were in the house!

They are as follows:

5th Grade: Ramon & Rylan

6th Grade: Fernando & Leah

7th Grade: Isabell & Jeremy

8th Grade: Alice & Abby



A Lyman Gilmore student won the recent speech contest and the Basketball team won the championship! There must be something in the water at Lyman Gilmore! Way to go!

Ryan Sykes gave his Craft Talk today. He gave some background on his childhood prior to accruing his Severe Traumatic Brain Injury (TBI) during one of his many deployments overseas with the US Navy. After spending years in different hospitals and rehabilitation facilities, Ryan now volunteers for a disability awareness organization, [A Touch Of Understanding](#). Ryan speaks to kids about the wide range of adaptive activities that he participates in and how he is able to make living fun no matter what life throws at you!

UPCOMING EVENTS

Club Board Meeting – Club Social – WSMC Woman's Health Clinic	March 25
Club Meeting - DARK - Easter	April 1
Past Presidents Advisory Council Meeting – Tofanelli's	April 3
Club Meeting – Chris Enz – Female Physicians of the West	April 8
Area 4 Music Contest	April 14
Club Meeting - SoM – RYE Student Kellie G.	April 15
Area 4 Social – Ananda's Crystal Hermitage Garden Tour	April 15
Club Board Meeting – Club Social	April 22
Club Meeting - Nevada County Media	April 29
Club Meeting - SPIRIT Empowerment Center	May 6
Club Meeting – Bear Yuba Land Trust	May 13
District Conference	May 17-19
Club Meeting – SoM, Joint Board Planning Mtg, New Rotary Year	May 20
Rotary International Convention	May 25-29
Club Meeting - DARK – Memorial Day	May 27
Gold Country Challenge	June 1
Demotion	June 17
RYLA – Week 1	June 16-21
RYLA – Week 2	June 23-28

CLUB WORKDAYS

Plastic Recycling Project Ongoing

IMPORTANT MEMBER DATES IN MARCH

Birthdays		Rotary Anniversaries	
John Peplowski	Mar 14	Gina Will	1 Yr
Stephanie Fischer	Mar 18	Jamie Jones	2 Yrs
James Delcour	Mar 23	James Delcour	2 Yrs
		Sandra Barrington	11 Yrs
		Bobbie Swanson	22 Yrs
		Kim Zwick	25 Yrs
		Kathleen Egenes	26 Yrs
		Lee Osnas	40 Yrs

Rotary
Club of Grass Valley

Vocational Talk

CREATE HOPE
in the WORLD



Ryan Sykes
U.S. Navy
Retired



ANNOUNCEMENTS AND CONFESSIONS

Larry faller is back and feeling good! He had a great experience at the hospital in the Infusion Center and he is grateful for the care. Tim had more fun than he expected watching his Grandson in a Baseball Tournament in Fort Bragg, which they won!

THOUGHT OF THE DAY

"The day is what you make of it." Unknown

[Rotary Club of Grass Valley](#)

P.O. Box 1213
[Grass Valley, CA 95945](#)

Meets @ the [Wild Eye Pub](#) on the
1st, 2nd, and 3rd Mon at 12:15 pm

[Area 4 Rotary Clubs](#)

[Penn Valley Rotary](#) meets @
[Players Pizza](#) at 12 pm on every other Tues

[Grass Valley South](#) meets @
the Courtyard Suites at 7 am on Tues

[Nevada City Rotary](#) meets @ [TJ's Roadhouse](#)
2nd and 4th Thurs at 12:15 pm
Food order RSVP needed the day prior at
ncrotary.org. On the 1st and 3rd Thurs,
meeting is 5:30 pm at [Round Table Pizza](#)

[49er Rotary Breakfast Club](#) meets @ the
[Miners Foundry](#) on Wed at 7 - 8 am





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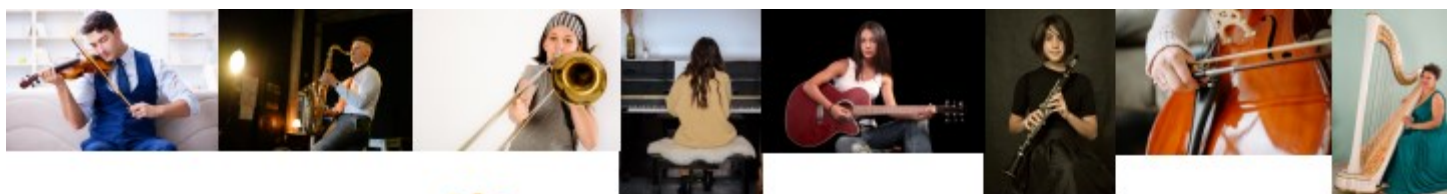
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Rotary
District 5190



Annual High School Youth Instrumental Music Contest

Area 4 Rotary Clubs (Nevada City, 49er Breakfast Club of Nevada City, Grass Valley, Grass Valley South, and Penn Valley) are having a contest for Solo Instrumentalists and we invite you to compete.

April 14, 2024, 2:00 pm
Peace Lutheran Church
828 W. Main Street, Grass Valley

PRIZES: 1st prize: \$250 2nd prize: \$150 3rd prize: \$75

Performances are 3 to 8 minutes long, rules are listed on the student application form.

If you win 1st prize at the Area contest April 14, you will go on to compete for \$1,000.00 at the District Conference in Reno, Nevada on Saturday, May 18.

To request an application or more information contact
Derek Williams at dmw@derekwilliams.com or text 530-205-3336.





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**Rotary**
Club of Grass Valley



A special invitation for Area 4 Rotarians and family

Spring time is tulip time at **Ananda's Crystal Hermitage Gardens**. Each year some 20,000 tulips are replanted to create a lush garden display of some 100 varieties of pink, purple, orange and yellow tulips.

By special invitation, Area 4 Rotarians and family will be treated to a private tour of the gardens led by fellow **Rotarian Mai Lee** who also serves as **Volunteer Marketing Manager for Crystal Hermitage**.

Join us for a very special tour and **Social for the Rotary Clubs of Western Nevada County!**

Monday April 15 at 5:30pm (Rain or Shine)
Crystal Hermitage Gardens
14618 Tyler Foote Rd, [Click for Directions](#)
Nevada City, CA 95959

We encourage carpooling from the Rood Center or other location. Please plan to arrive before 5:30pm for the tour.

A **\$10 donation** is suggested for each participant.

For questions and more information contact [Cathy Wilcox-Barnes](#) or [Mai Lee 310-621-3721](#)

Please RSVP



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Rotary Is Better Together

Multi - District Conference

5150 / 5180 / 5190



A fabulous venue -
The Grand Sierra Resort in Reno NV

Fun for the entire
family

Arcade
Bowling
Casino
Escape Room
Golf & Target Golf
Movies
Swimming
Virtual Reality

Variety of programs
including

Student Speech Contest
Student Music Performance
Comedy Show Presentation
Inspirational Rotary Speaker
House of Friendship
Awards Presentations

Amazing Savings when you Register Early

Ticket prices/levels and sale dates

- \$245 "**BUY NOW**" from April 28, 2023 to May 5, 2023
- \$295 "**EARLY BIRD**" from May 6, 2023 to December 31, 2023
- \$315 "**REGULAR**" from January 1, 2024 to May 19, 2024

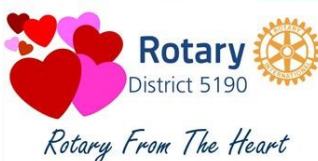
* Prices include conference registration fee and meals. Registration fee is non-refundable.

BUT WAIT!!! - And There's MORE! –

Register by May 5, 2023 and **YOU will be entered** in a drawing to win 1 (one) conference registration including meals! That's a \$245 value!!

Sign up at the 2023 District Conference and be entered into a drawing for 1000 Paul Harris Points (3 winners)!

Stay Tuned for **MORE Exciting Promotions** and fun in the days and weeks to come!!!



Click [HERE](#) for additional information



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**SHARING
HOPE
WITH THE
WORLD**

SINGAPORE | 25-29 MAY 2024

#Rotary24

Rotary 



Click [HERE](#) for more info



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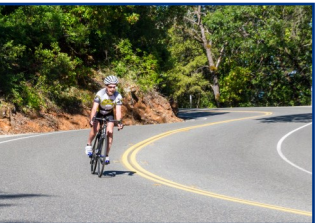
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June 1st

PEDAL IN STYLE WITH OUR CYCLING JERSEYS!

RIDE IN STYLE WITH OUR JERSEYS ON SALE!

MANY OF YOU ASKED AND NOW THEY ARE HERE



Ride the beautiful and historic back country of Nevada County. Nevada County was the heart of California's gold rush. Surrounding the charming mining era towns of Grass Valley and Nevada City, you'll ride through some of the most beautiful landscape California has to offer. Discover why the [Amgen](#) has selected to ride through Nevada County on multiple occasions.

Visit the [website](#) to sign and gear up!

Rides will be fully supported and well-marked!

Rides will begin at Gate 1 of the Nevada County Fairgrounds

