

Rotary Club of Grass Valley



The Spoke



Be a gift to the world

Chartered March 16, 1925



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This week's spoke notes by: Wyn Spiller

President, Rotary International

K.R. "Ravi" Ravindran

Rotary Theme 2015-2016

Be a Gift to the World

Governor, District 5190

Gail Ellingwood

March 28, 2016

www.gvrotary.org

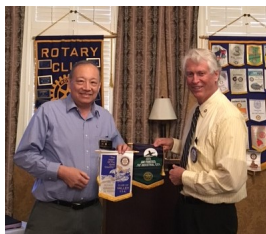
Volume 90, Issue 26

March 21, 2016 Meeting Notes

Speakers:

President Bob called the meeting to order with Grandfather bell, Bella having declined to attend due to fear for her safety. Larry Fowler led us in the pledge and John Voter provided the thought for the day. President Bob commented on his evening as MC of the Middle School Speech Contest where he filled in the 'quiet' time with interesting facts about numbers. One straightforward example: 57 on Heinz Ketchup originally represented the varieties of pickles the company once had....but then Bob shared an interesting but somewhat confused narrative related to the Big Bang and creation of the first atom, first star, the planet earth and life on earth. Seeing the dazed looks, Bob shifted to Club matters, thanking Monty East and Steve Sauer as Greeters, Ken Holbrook, Monty, Chuck Elizondo and Larry Faller as SAAs.

Gary Chow, visiting from the South San Francisco Club, exchanged banners with President Bob. Gary serves as Programs Chair in D5150. Bob reminded us to sign up for the Area Speech Contest next Tuesday, March 29 at the GV Methodist Church, 11:45. District Training Assembly is Saturday April 9 at the Atlantis in Reno. Contact Bob or Eric for carpooling. There is a great line up of sessions preparing for the next Rotary year! Cost to attend is covered by the Club. Our District Grant project in partnership with the Nevada



City Club has begun with the purchase of 13 computers. Telestream, also a project sponsor, purchased additional needed computers. There will be a workday soon to unbox the computers and set up the lab. We sang to April birthdays (ahead of schedule) and then President Bob recognized Rod Fivelstad with his Paul Harris Fellow +8 and Susan Fivelstad with her +7. Congratulations and thank you to Rod and Susan for their continuing support of The Rotary Foundation!

In response to a question President Bob received about why we have two fundraisers, Bob gave an excellent summary of why we decided to move away from Casino Night (didn't want to sell tickets, event has run its course, wanted a fundraiser more community and family oriented). We settled on the Gold Country Challenge which brings in 2/3 of its money from outside the community, showcases Western Nevada County, benefits our city and is not about gambling and drinking! To support the Club's projects and donations, we need about \$22,000 a year. Ideally, bike ride sponsors cover the costs of the event itself (just under \$13,000) and rider fees create income to the club. 200 riders (which we hope to have this year) produce \$13,500; 300 riders, \$20,500 and 400 riders, \$36,500, do-able over time. So far this year we have \$5500 of our needed \$13,500 in sponsorships – we need help for more. Please

- Mar 28** Adam Weiss re: the drought - yes it is still there
- Apr 4** Student of the Month and Jasmine our RYE student
- Apr 11** Jenn Singer from the Friendship Club

Dates to Remember:

- April 2 Clean up of Memory Garden
- April 9 [District Assembly](#) Reno
- April 10 Area Music Contest– [7th Day Adventist Church](#)
- April 18 Annual visit to [Lyman Gilmore School](#)
- April 30 Home repair with [Habitat for Humanity](#)
- May 14 [Gold Country Challenge](#)
- May 12-15 [District Conference Atlantis Resort Hotel Reno](#)
- May 28 [Rotary International Convention Seoul, S. Korea](#)
- June 27 Demotion Party

contact Monty East with any names and he will follow up. Why can't we add an easy ride and shoot for over 1000 riders like the rides in Reno and Sacramento? We simply do not have an 'easy' course – everything has fairly significant elevation. So our ride will remain one of the 10 most difficult in CA but one that fits a niche and is well produced.

Sandra Barrington introduced our guest speaker Rob Riley from the Sierra Nevada Memorial Hospital Ambulance Service. Rob is a Nevada County native and began his emergency medical services career in 1985. He joined the Sierra Nevada Ambulance Service in 1988 and become manager in 2001. In addition to managing the Ambulance Service, Rob teaches emergency medicine at Sierra College. Rob explained that our model of a hospital owned ambulance service is a rarity but has distinct advantages, which include quality control and a cohesive team approach between the Emergency Department and ambulance staff, including training together. Also, in terms of responding to transfer needs, our hospital and its patients are a priority. We learned that when calling 911, calls from cell phones are routed first to Sacramento CHP while calls from a landline go direct to our local command center dispatch. What about staffing? Rod finds many of his staff from his Sierra College EMT classes. If we think we could be experiencing a heart attack, should we call an ambulance? Yes! Calling the ambulance is far better. Not only will you avoid someone driving under stressed conditions and then needing to go through the emergency room check-in process, the ambulance actually saves time by evaluating you and calling ahead so that everything is ready the minute you arrive. Additionally, for certain heart attacks, the ambulance will take you directly to the closest facility with a cath lab. Great program! And Bob Lenhard drew the white marble.



Rotary Club of Grass Valley

P.O. Box 1213 – Grass Valley, CA 95945
Meeting location: **Monday** at 12:15 PM
Holbrooke Hotel, 212 W. Main St, GV

Make Up Meetings

Members who miss a regular meeting may make-up by attending any other Rotary club's meeting within 14 days before or after the missed meeting.

E-makeup: www.rotaryclubone.org

Tuesday

7:00 a.m. Grass Valley South,
151 Mill Street, Grass Valley
12:00 Auburn, Auburn Elks Lodge
12:15 Penn Valley, Players Pizza
5:30 p.m. Auburn Sunset, Sierra Grill

Wednesday

7:00 a.m. 49er Breakfast Club,
Escaton Lodge

7:00 a.m. Auburn Daybreak,
Sierra Smokehouse Grill
12:15 Yuba City, The Refuge

Thursday

7:00 a.m. South Yuba County Sunrise
Peachtree Restaurant (Marysville)
12:15 Auburn Gold Country,
The Ridge Golf Course
12:15 Nevada City, National Hotel