




THE FOUR-WAY TEST
OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO ALL CONCERN?

The Spoke Newsletter



Club 529 chartered March 16, 1925



Rotary
Club of Grass Valley

BOARD OF DIRECTORS

Sean Jackson - President
Jesse Wilson - President Elect
Ed Pinto - Vice President
Sandra Barrington - Immediate Past President
Tim McCall - Executive Secretary
Jennifer Malone - Secretary

Bob Long - Treasurer
Heather Thorpe - Director Year 2
Andrew Jackson - Director Year 2
Derek Williams - Director Year 2
Judy Bagley - Director Year 1
P. Scott - Director Year 1
Gina Will - Director Year 1

- Sergeant at Arms - Ed Pinto
- The Spoke Editor - Ryan Sykes
- Photographer - Fred Claessens



Spoke Notes were recorded by: Rod Fivelstad

President of Rotary International

[Stephanie A. Urchick](#)



Governor of District 5190

[Dennis Geare](#)

March 3rd, 2025

www.gvrotary.org

Volume 97, Issue 54

MEETING HIGHLIGHTS

Here we are in March, Team Captain Rod Fivelstad procrastinated so long he was scrambling for help. Fortunately, many came to his aid just in time!

President Sean called the meeting to order at 12:15.



Heather greeted, Pat lead the pledge, Rod gave the Thought for the Day. As usual, Fred was there to take photos and Ryan and Pat coordinated the A/V. Don assisted Ed with the Sergeant of Arms duties.

We noted March Birthdays and Anniversaries. We honored our Rotary Anniversaries with a special shout out to Kathy Egenes (27 years) and Lee Osnas (41 years) among others.

Our program was on Scams and Hacking by Penn Valley Rotarian Dan Happ, the Chief Information Officer for Western Sierra Medical Clinic and Sierra Family Health Center. It is a pretty scary world out in the World Wide Web (www.), but a healthy skepticism on offers that seem too good to be true is a good idea, because the offer is more than likely a scam. Keep Aware.



Protection

 <p>Turn on Multifactor Authentication Implement multifactor authentication on your accounts and make it significantly less likely you'll get hacked.</p>	 <p>Update Your Software Update your software. In fact, turn on automatic updates.</p>	 <p>Think Before You Click Think before you click. More than 90% of successful cyber-attacks start with a phishing email.</p>	 <p>Use Strong Passwords Use strong passwords, and ideally a password manager to generate and store unique passwords.</p>
---	--	---	---

UPCOMING EVENTS

Area Foundation Recognition Event	March 16
Area 4 Music Contest	March 22
Area 4 Social Event	March 23
Rotary Club of Grass Valley Centennial Celebration	March 28
District 5190 Top Gun Conference	May 2-4
Gold Country Challenge	June 7
Rotary International Convention	June 21-25

UPCOMING PROJECTS - People of Action

Plastic Recycling Project	Ongoing
Support Lyman Gilmore and Union Hill Schools	Ongoing
Alzheimer's Garden and Litton Trail upkeep and maintenance	Ongoing
Rotary Magazines in Professional and Business Waiting Rooms	Ongoing
Bright Futures - Help with Garden Area Pickle Ball Court	TBD
Interfaith Food Ministries: Saturdays 2 to 4 times a year	TBD
Kare Crisis Nursery: Help Repairing a Fence	TBD
Center Stage: Shelves for Costumes	TBD
Grass Valley Charter School: Community Sign Repair	TBD
Glenn Jones Park - Wolf Creek Trail: Signage and Maintenance	TBD
Gaga Ball Pit Installation at TLC	March 22
Rotary At Work Day @ North Star House	April 25
Area Community Outreach Event: Film "Join or Die" @ Miners Foundry	April 27
Grad Breakfast at Chicago Park Middle School	June

IMPORTANT MEMBER DATES IN MARCH

Birthdays		Rotary Anniversaries	
John Peplowski	Mar 14	Lee Osnas	41 Yrs
Stephanie Fischer	Mar 18	Kathleen Egenes	27 Yrs
James Delcour	Mar 23	Bobbie Swanson	23 Yrs
		Sandra Barrington	12 Yrs
		James Delcour	3 Yrs
		Gina Will	2 Yrs

ANNOUNCEMENTS & CONFESSIONS

Marsh won the raffle, AGAIN!
If you were not at the meeting we missed you, but you also missed a fun and informative meeting.

THOUGHT OF THE DAY

"Nothing in life is to be feared, it is only to be understood. Now is the time to understand more, so that we may fear less." — Marie Curie

Rotary Club of Grass Valley

P.O. Box 1213
Grass Valley, CA 95945

Meets @ the [Wild Eye Pub](#) on the 1st, 2nd, and 3rd Mon at 12:15 pm

Area 4 Rotary Clubs

[Penn Valley Rotary](#) meets @ [Players Pizza](#) at 12 pm on every other Tues

[Grass Valley South](#) meets @ the [Courtyard Suites](#) at 7 am on Tues

[Nevada City Rotary](#) meets @ [TJ's Roadhouse](#) 2nd and 4th Thurs at 12:15 pm
Food order RSVP needed the day prior at nrotary.org. On the 1st and 3rd Thurs, meeting is 5:30 pm at [Round Table Pizza](#)

[49er Rotary Breakfast Club](#) meets @ the [Miners Foundry](#) on Wed at 7 - 8 am





The Spoke Newsletter



Club 529 chartered March 16, 1925

Plastic Recycling Project

Commercial Plastic Wrap is picked-up at the following locations:

- ◆ Nevada County Food Bank
- ◆ AJA Electronics
- ◆ Hills Flat Lumber

The plastic is then recycled and made into [TREX Benches](#)

Next bench will be dedicated to Larry Allen at WSMC Glasson!

Please contact [Bob](#) for more info!



3,629 pounds of commercial plastic has been collected so far!

GREAT WORK, KEEP IT UP!



THE FOUR-WAY TEST
OF THE THINGS WE THINK, SAY OR DO

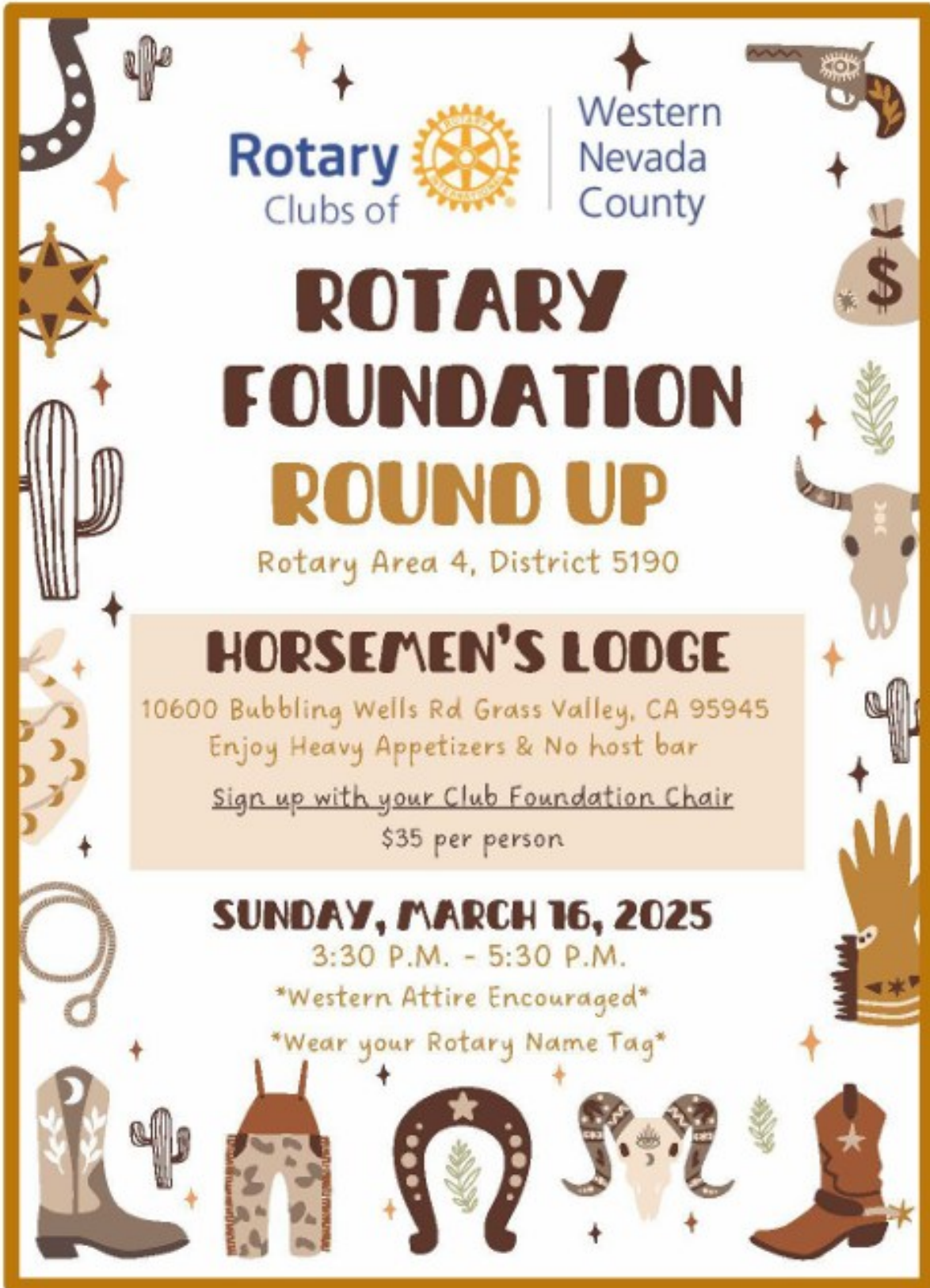
- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERN?
- 3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERN?


The Spoke Newsletter



Club 529 chartered March 16, 1925

Rotary
Club of Grass Valley 



Rotary Clubs of  Western Nevada County

ROTARY FOUNDATION ROUND UP

Rotary Area 4, District 5190

HORSEMEN'S LODGE
10600 Bubbling Wells Rd Grass Valley, CA 95945
Enjoy Heavy Appetizers & No host bar
Sign up with your Club Foundation Chair
\$35 per person

SUNDAY, MARCH 16, 2025
3:30 P.M. - 5:30 P.M.
Western Attire Encouraged
Wear your Rotary Name Tag

[Please contact Tim to RSVP](#)



THE FOUR-WAY TEST
OF THE THINGS WE THINK, SAY OR DO

1. IS IT THE TRUTH?
2. IS IT FAIR TO ALL CONCERN?
3. WILL IT BUILD GOOD WILL
AND BETTER FRIENDSHIPS?
4. WILL IT BE BENEFICIAL TO
ALL CONCERN?

The Spoke Newsletter



Club 529 chartered March 16, 1925

Rotary
Club of Grass Valley



Instrumental Music Contest

Area 4 Rotary Clubs are having a
contest for Solo Instrumentalists and
we invite you to compete...

PRIZES:

1ST- \$500; 2ND -\$250; 3RD \$125

Performances are 3 to 8 minutes long,
rules are listed on the student application
form.. To request an application, contact:

Lindy Beatie

lindybeatie@gmail.com

Text: 916-849-5347

March 22, 2025
Grass Valley United
Methodist Church
236 So Church
Street, Grass Valley
2pm

Rotary



Click [HERE](#) for more info



THE FOUR-WAY TEST
OF THE THINGS WE THINK, SAY OR DO

- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERN?
- 3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERN?

The Spoke Newsletter



Club 529 chartered March 16, 1925

Rotary
Club of Grass Valley



Centennial Celebration Dinner

5:30 Cocktails ~ 6:30 Dinner

Entertainment ~ Cornish Choir
Dom Stepanian Guitarist

\$75 per person

FRIDAY MARCH 28, 2025

GOLD MINERS INN ~ 121 BANK ST. GRASS VALLEY CA

Scan or send check
to:



Rotary Club of
Grass Valley

PO Box 1213
Grass Valley Ca, 95945

Click [HERE](#) for more info



THE FOUR-WAY TEST
OF THE THINGS WE THINK, SAY OR DO

- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERN?
- 3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERN?

The Spoke Newsletter



Club 529 chartered March 16, 1925

Rotary
Club of Grass Valley



Dennis Geare
District 5190 Governor

This year's conference is going to be the don't miss event of the year.

Join us in beautiful Fallon, Nevada, home to the U.S. Navy Top Gun Fighter School.

Come and celebrate all the great moments and memories we made this Rotary year.

Click [HERE](#) for more info



THE FOUR-WAY TEST
OF THE THINGS WE THINK, SAY OR DO

- 1. IS IT THE TRUTH?
- 2. IS IT FAIR TO ALL CONCERN?
- 3. WILL IT BUILD GOOD WILL AND BETTER FRIENDSHIPS?
- 4. WILL IT BE BENEFICIAL TO ALL CONCERN?

The Spoke Newsletter



Rotary
Club of Grass Valley

Club 529 chartered March 16, 1925

2025 International Convention

MAGIC ALL AROUND
21-25 JUNE 2025 • CALGARY, CANADA

Click the image below!



Register [HERE](#)