



Club 529 chartered March 16, 1925

BOARD OF DIRECTORS

Andrew Jackson Seth Leishman Kris Stepanian Heather Thorpe

OFFICERS

Club of Grass Valley

Rotary 3

- President -Sean Jackson Vice President -Moe Allen

- Secretary -Jennifer Malone - Treasurer -**Bob Long**

- Sergeant at Arms -Ed Pinto - The Spoke Editor -Ryan Sykes - Photographer - Fred Claessens



recorded by

Kellie Gruenefeldt

President of Rotary International

Gordon R. McInally

2023-2024 Theme **CREATE HOPE in the WORLD**

www.gvrotary.org

Volume 97, Issue 12

Governor of District 5190

Executive Secretary -Tim McCall

Stacy Graham

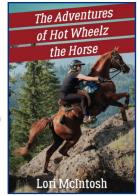
November 6th, 2023 **MEETING HIGHLIGHTS**

Pres. Sean was out of town this Monday, so Larry "Moe" Allen took over his duties.

We welcomed Stephanie Fischer as a guest to our Club Meeting. Pat W then opened

with information regarding Wreaths Across America. Wreaths will need to be placed at the gravesites of local Veterans. Bob Long also gave an update on our club's Plastic Recycling Project. Please see the next page for additional details regarding both activities.

Lori McIntosh, a member of the Auburn Rotary Club, spoke to our club about her experiences riding Hot Wheelz in the <u>Tevis Cup</u>. According to Time Magazine, this race is one of the top ten endurance races of all time! She put in a lot of miles to train for this. They completed over 40 endurance rides that calculated to over 50 miles per ride. It takes a whole team to successfully complete this event, too. Chiropractors and nutritionists, for both the rider and the horse are needed.



Soon inro her training with Hot Wheelz, she experienced the deep connection between horses and humans.

Lori highlighted the amazing healing power of horses; they can help reduce stress, improve both mental and physical well-being, and also boost a person's social well-being.

UPCOMING EVENTS

Club Program - Chapa De Indian Health November 13 Area 4 Foundation Dinner November 19 Club Meeting - DARK - Due to Foundation Dinner November 20 Club Meeting - DARK - Thanksgiving **November 27** Club Meeting - Vocational Talk w/ Heather Thorpe December 04 Wreaths Across America December 16 Club Christmas Party Social (Scott Browne's House) December 16 Club Meeting - Rotary Global Music Fellowship (Rod FiveIstad) **December 18** Club Meeting - DARK - Christmas December 25 **Area 4 Blood Drive** December 28-30 **Casino Night** February 3 District Conference May 17-19

CLUB WORKDAYS

Meal Packing at Nevada County Food Bank Meal Distribution at Nevada County Food Bank Turkey Donation at Nevada County Food Bank Women Of Worth - Thanksgiving Day Meal Prep Christmas Faire / Drink Pour Salvation Army Bell Ringing @ GV SPD **Plastic Recycling Project**

November 14 (9-12) Late November TBD **Late November TBD** November 22 (Noon) November 24-26 **December 23 & 26** Ongoing

IMPORTANT MEMBER DATES IN NOVEMBER

| <u>Birthdays</u> | | Rotary Anniversaries | |
|------------------|--------|----------------------|--------|
| Jamie Jones | Nov 8 | Fred Claessens | 13 Yrs |
| Heather Thorpe | Nov 23 | Dennis Burbridge | 25 Yrs |
| Monty East | Nov 30 | Anita Daniels | 28 Yrs |
| | | Wyn Spiller | 29 Yrs |
| | | Kelly Quinn | 30 Yrs |
| | | Pat Ward | 31 Yrs |

James asked for 5-10 volunteers to help during Thanksgiving Day week at Interfaith Food Ministry. Please email James if able.

Heather stated that they will be collecting coats at the Edward Jones Office.





THOUGHT OF THE DAY

Giving is one of the best investments that you can ever make. Selflessness feels good. The more you give, the more you receive. Marcia Salter

Rotary Club of Grass Valley

Area 4 Rotary Clubs

P.O. Box 1213 Grass Valley, CA 95945

Penn Valley Rotary meets @ Players Pizza every other Tuesday at 12 pm

Nevada City Rotary meets @ TJ's Roadhouse on the 2nd and 4th Thursdays at 12:15PM. Food order RSVP needed by the day prior at ncrotary.org. On the 1st and 3rd Thursdays, the meeting is at 5:30PM at Round Table Pizza

49er Rotary Breakfast Club meets @ the Miners Foundry on Wednesdays at 7 - 8 am

Meets @ the Wild Eye Pub on the 1st, 2nd, and 3rd Monday at 12:15 pm

Grass Valley South meets @ the Litton Bldg on Tuesdays at 7 am





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WREATHS ACROSS AMERICA

Wreaths Across America began unofficially in 1992 at Arlington National Cemetery. Since that time the mission of Wreaths Across America had spread to cemeteries throughout all 50 states and beyond. This year the Wreaths Across America Ceremony will be held on December 16 at over 3500 cemeteries to demonstrate our gratitude and respect for our veterans and the sacrifices they have made. Our ceremony, which commemorates the 31st year of Wreaths Across America, will be held at noon at St. Patrick's Cemetery on Rough and Ready Hwy (next to NID). Ceremonial wreaths will be laid to honor each branch of the U.S. military. Following our ceremony the public will be invited to choose a wreath to place on the grave of a veteran and say the name of the individual. All ages are invited to attend as we Remember the fallen, Honor those that serve and Teach the next generation the value of freedom.

The wreaths are \$17 each and the deadline for donations for this year is November 28. All donations must be back to the headquarters in Maine by then. Our goal is to place wreaths on the graves of veterans at St. Patrick's, Greenwood and Sierra Lawn Cemeteries. To do so we need about 1500 wreaths. You may sponsor a wreath by going directly to:

wreathsacrossamerica.org/CA0231P or by mailing a check to:

Bonnie Magnetti 22627 Sunset Ridge Dr. Auburn, CA 95602

December 16th 12 Noon

(Cut off for wreath sponsorship is) (November 28th.)

For questions call Bonnie Magnetti at 530-210-1941 or Sally Knutson at 530-478-0192









Plastic Recycling



Commercial Plastic recycled into <u>Trex</u> Benches

- Plastic set aside by Hills Flat Lumber and Food Bank
- Picked up and bagged by club volunteers
- Delivered to pick-up point at Save Mart
- Picked up by vendor from Sacramento for distribution to TREX
- Quantity collected by club recorded online at <u>Trex</u> Website
- Trex gives a recycled plastic bench for every 500 pounds collected
- Club has received three benches to date.
- Benches donated with plaque to Memory Garden, SNMH and TBD
- Exceeded 500 lbs. of plastic collected every 6-month period











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Doing Good in the World















ROTARY FOUNDATION RECOGNITION EVENT

NOVEMBER 19

Lake Room
Lake Wildwood
Community Center

I 9088 Wildflower Drive Penn Valley 3-6 pm

\$35 per person

RSVP to your club Foundation chair

Due by Nov 13







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District Conference





May 17-19, 2024

- Multi-District Conference
- Grand Sierra Resort Reno
- RI President Keynote Speaker
- Variety of Programs
- Family Fun
- Register Early Will Sell out

Click **HERE** for additional information Sign up ASAP for the best hotel rate!