

# NEWSLETTER



## Upcoming Events

Check out [www.rotarydistrict5190.org](http://www.rotarydistrict5190.org) for more event details

- October: Economic and Community Development Month
- Oct 17: District Governor Information Seminar, Incline Village, NV
- Oct 17: District Leadership Meeting, Incline Village, NV
- Oct 24: RYE Inbound Orientation #2, Reno, NV
- Oct 24: RYE 2016-17 Outbound Briefing, Reno, NV

## IN THE



### Coach's Corner

Through economic and community development Rotarians help 1.4 billion people who live on less than \$1.25 per day

### Amazing Calendar Women

Surprise Valley 4-H and Rotary clubs partner to raise funds for a local educational foundation

### Let's Go to College

Reno Sunrise Rotary provides elementary students with inspiring school supplies

### Membership Tip

"What is Rotary" in two seconds

### Power of Teamwork

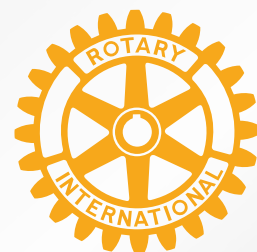
Vocational Training Team provided training to health care providers of the remote highlands of Chiapas



**OPEN WORLD LEADERSHIP CENTER SELECTED NEVADA CITY ROTARY TO HOST YOUNG KAZAKHSTAN ENTREPRENEURS**



**PREPARE FOR WORLD POLIO DAY, OCTOBER 23 - WORLD POLIO DAY TOOL KIT & GRAPHICS**



**ROTARY AND SHELTERBOX SUPPORT SYRIAN REFUGEES**

## COACH'S CORNER



Welcome to October and Rotary's new monthly theme of Economic and Community Development. The Rotary International website states "Nearly 1.4 billion employed people live on less than \$1.25 a day. Our members promote economic and community development and reduce poverty in underserved communities through training, well-

paying jobs, and access to financial management institutions. Projects range from providing people with equipment to vocational training. Our members work to strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities." Dan and I have traveled to 31 clubs and continue to be amazed by the impact our clubs have on our communities on a daily basis.

Recently, after listening to an impressive catalog of club achievements in their community, a member told me that she still felt that the club was not doing enough. While I think that that is certainly a noble feeling, I asked her, and I ask you all, to take a few moments of quiet time, close your eyes, and imagine what your community would be without you. Open your eyes and smile with the confidence that everything you do fills a vacuum.

In keeping with the theme of Economic and Community Development, the Rotary Club of Grass Valley sponsored a group of young entrepreneurs from Kazakhstan and Dan and I were fortunate enough to spend an evening listening to their hope-filled stories. We also had dinner with their interpreter, a linguist from Kyrgyzstan.

On September 19, a Membership/Public Image seminar was conducted by our Zone 25/26 Team at no cost to club members or clubs. The feedback has been very good and the energy in the room was high and the exchange of experiences and information inspiring.

As of 25 September, Nigeria has, indeed been removed from the list of countries where Polio is endemic. Afghanistan and Pakistan are the only two countries where polio remains endemic, as it has been 14 months since any cases of the wild polio

virus have been detected in Nigeria. Officials will certify polio eradicated in Africa, once 3 years have passed without a case.

A short time ago, I sent out an email to all of our Rotarians regarding options of assistance for victims of the Butte and Lake County Fires. For those of you on Facebook who would like to continue to assist those affected by the Butte Fire, go to the Butte Fire Recovery Page and like it. While the list of needed items does not include clothes, many other items will be accepted (e.g., new packaged socks, underwear and T-shirts, plastic garbage cans, heavy duty garbage bags, plastic bins with lids, fingernail clippers, can openers, first aid kits, camping equipment (tents, lanterns, camp stoves) sleeping bags, air mattresses/sleeping pads, new pillows, towels, washcloths, kitchen items (pots, pans, utensils), laundry soap, dish soap, propane tanks (large & small), rain gear, tarps, lighter fluid, bug repellent, ice chests, water storage containers (5 gals or less), solar showers.) All items must be clean and in good repair. If you would like to donate any of the above items, please take them to The Butte Fire Recovery Center, 7 Main Street, San Andreas, CA 95249.

I had an exciting meeting with our new Scouting Chair, Greg Felton, from the Rotary Club of Tahoe Douglas and he will be reaching out soon to compile a catalog of which of our clubs support Scouting and what that support looks like (e.g., chartering, monetary, regular involvement in projects, etc.) Please provide thorough and comprehensive information when you hear from him.

We are 1/4 of the way through our year together. Please don't forget about 2 more training opportunities: Rotary Leadership Institute (RLI) and Rotary Academy. RLI I, II, and III sessions are being offered this year at no cost to you or your clubs. Contact your Assistant Governor or Dave Bianchi for more information. Rotary Academy is an online opportunity to learn more about Rotary at your own pace during the year. Chair Carol Sharp can help you get started!

Nine months to go to achieve our Rotary year goals and dreams! Go Team Virus!

*Virus*



Be a gift to the world



## Understanding the Role of District Governor

Interested in finding out more about the role of the District Governor in Rotary? All Rotarians are invited to our regular informational seminar, “Understanding the Role of the District Governor”, to be held at the Parasol Building in Incline Village on October 17, 2015, at 2:00 p.m. (following the District Leadership and Advisory Board Meetings).

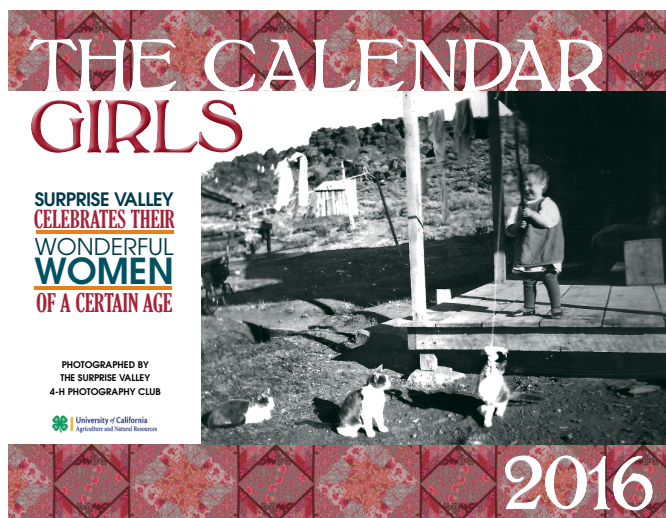
The seminar is designed for Rotarians who may be interested in serving as District Governor in upcoming years, and will focus on the “nuts and bolts” of responsibilities, training, and, frankly, the fun of serving your District as Governor. All Rotarians are invited—it is a great way to learn more about how Rotary operates at the District level and—who knows—you might decide that you want to serve your fellow District 5190 Rotarians as their Governor someday.

RSVPs are not required, but appreciated. Please email District Executive Assistant Ginny Lewis at [glewis5190@gmail.com](mailto:glewis5190@gmail.com) if you’re planning to attend. We look forward to seeing you!

Tom Hardy  
Member, District 5190 Nominating Committee and  
Advisory Committee of Past District Governors

## Honoring Strong and Beautiful Surprise Valley Women

This year we underwrote part of the production of THE CALENDAR GIRLS - a calendar for 2016 that was the brainchild of a local woman, Sarah Denison. She asked the 4-H Photography Club members to Photograph 13 amazing older women from Surprise Valley (over the age of 85 was the criteria). Sarah did an interview of each subject and wrote a short biography of each woman. She came to me to design the calendar, which I was so happy to do.



The Calendar has been met with great enthusiasm here in the valley, and the proceeds will be split evenly between the local 4-H and the Surprise Valley Education Foundation. Once we sell all 1,000 that were printed, it will generate nearly \$13,000 for local kids. Sarah is now planning another version for 2017 featuring the amazing older men of the Valley! We are all so honored to be a part of this wonderful project celebrating these wonderful women.

In the latter part of August, at the County Fair Parade, our Rotary club named THE CALENDAR GIRLS as the Grand Marshals - they rode proudly in the parade on float and had a grand time.

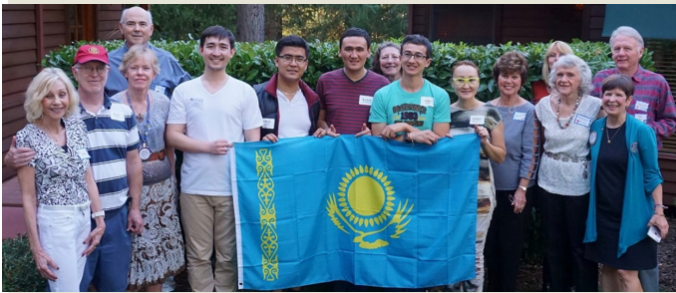
If you are interested in purchasing a 2016 calendar, please contact Sarah Denison at

[sarahdenison@hotmail.com](mailto:sarahdenison@hotmail.com). Please put CALENDARS in the subject line of your message.

Bunne Hartmann  
Rotary Club of Surprise Valley

## Open World Kazakhstan Delegation to Nevada City Rotary

Five young, enterprising entrepreneurs from Kazakhstan spent a very full week September 25 - October 3, 2015, in Northern California hosted by Nevada City Rotary. The delegates included small business owners, directors of private and public entrepreneur service agencies, a cultural facilitator and an interpreter.



The Kazakh delegation was sponsored by the [Open World Leadership Center](#), an international cultural exchange program run by the US Congress for countries of the post-Soviet era. Rotary and hundreds of other service organizations, colleges and civic groups act as host agencies. The Nevada City delegation is the first Open World delegation from Kazakhstan to be hosted by Rotary.



Modern Kazakhstan, in the heart of Eurasia, is home to a rich and diverse culture representing 130 nationalities. Its ancient history was shaped by the Silk Road trade route and the military campaigns of legendary leaders such as Alexander the Great and Genghis Kahn. Since gaining independence from the Soviet Union in 1991, the country has embarked on an ambitious program to diversify its economy and modernize. The Open World Program serves this end. The intention of the Nevada City delegation was to exchange ideas and information about success factors and public-private partnerships to support entrepreneurs and small businesses.



During their visit the delegation met with local businesses leaders, state and local government officials, and entrepreneur service providers. Nevada County executive staff hosted a business roundtable with County Supervisors, department heads and business leaders exploring many facets of starting and operating successful businesses in Nevada County. The delegation toured a variety of businesses from high tech television broadcast to emerging food services. The group also visited Pride Industries to explore a special interest in employment opportunities for people with disabilities. The group was delighted to be interviewed live on KVMR radio by Rotarian Michael Young.



Side trips included sightseeing in San Francisco, Sacramento, and Lake Tahoe. Kazakhstan is the largest landlocked country in the world so for most of the group seeing the Pacific was their first time ever in an ocean. Their open hearted, infectious enthusiasm captured the hearts of Rotarians and our community. At our farewell dinner, the delegates referred to their Rotary hosts as “adopted parents.”

Nevada City Rotarians Carolyn Feuille, Nancy Kemp and Dave Bunje were project coordinators. Read more about the Nevada City delegation and the [Open World Leadership Program](#) in [Open World Kazakhstan Special Edition Rotario](#)<sup>2</sup>. See video at <https://animoto.com/play/pNVVdeUBebSHKdenrSZRdg>

Robin Milam  
Rotary Club of Nevada City

## Partners in Education

### Reno Sunrise Rotary buys TMCC-branded school supplies

Students at Virginia Palmer Elementary School were surprised with school supplies all branded with the TMCC logo, mascot, and the words, “Let’s Go to College.” Reno Sunrise Rotary Club donated \$2250 to purchase specially printed spiral notebooks, pens and pencils for the entire student body which is over 500 students. These are the supplies that every student needs to start the school year successfully. As these supplies include the TMCC logo, teachers will use them to encourage students to work to continue their education beyond high school and into college. The Reno Sunrise Rotary Club is the “partner-in-education,” with Virginia Palmer Elementary School. The club has other projects with the school including purchasing books for the school library and reading activities with the students. Virginia Palmer is located in Sun Valley.



A video of the event is available on TMCC’s YOU TUBE at <https://youtu.be/gq5NfhpbKxA>. If your club is interested in replicating this project at another elementary school, please contact John Albrecht at [johnnypalbrecht51@gmail.com](mailto:johnnypalbrecht51@gmail.com).

John Albrecht  
Rotary Club of Reno Sunrise

## WHERE ARE THEY NOW?

A couple of years ago your club sponsored a student to RYLA, where is he now?



Five years ago your club sponsored a RYE student, has anyone heard from her lately?



Larie Trippet and I are co-chairs of the district’s Rotary alumni program. We have a Facebook page (Rotary Alumni, District 5190) and we are contacting this year’s RYLA and RYE students through Facebook. Please consider “liking” this page in Facebook!

However, other Rotary alumni include former GSE team members, Ambassadorial Scholars, Peace Scholars and Rotary Volunteers. The best connection to all Rotary alumni is with the Rotary club they are familiar with. Soon, we will be contacting the club presidents with more information on our new program to stay in touch with Rotary alumni associated with your club. It will be a great opportunity to increase participation in your activities, as well as, possibly, grow membership.

The plan is that a member of each club will be responsible

with staying connected with the club’s Rotary alumni through the club’s newsletter, regular e-mail or in person contact. Invite them to meetings and projects. Ask them to present a program about their experiences. Ask them to help interview prospective program participants. Invite them to become members. It is a cliché but these young people are Rotary’s future.

If you are interested in connecting with Rotary alumni, please discuss it with your club President.

Martha Greene  
Co-Chair, Rotary Alumni Program,  
District 5190

## MEMBERSHIP TIP

### What is Rotary?

How many times have you been asked: "What's Rotary?" only to have a difficult time coming up with a concise way to describe this movement we all know and love. These are great opportunities to reach out and interest potential new members, but we have to be prepared.

When someone asks you "What's Rotary?" you have about 2 seconds to start to say something. After that, you only have about 20 seconds to "set the hook" and generate some interest in Rotary. If you go on much longer and the people are not interested, you'll bore them, if they are interested you'll be preventing them from asking questions. Here is a great answer to the question, that is short and succinct, and hits on the primary reasons **WHY** people join and stay in Rotary.

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"It's a **leadership** organization...We're made up of **local** business, professional and civic **leaders**. We meet regularly, get to know each other, **form friendships**, and through that, we're able to **get things done in this community**."

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This simple answer is a great tool to start a deeper conversation about Rotary with those who are interested. Memorize it and have it at the top of your toolbox to use the next time someone asks you: "So, what's Rotary?"

That's All! Take Care!

Sam "Woody" Wilbanks  
Chair, D5190 Membership

## FOUNDATION TIP

### Submitting your donation to the Rotary Foundation

Some clubs collect Rotary Foundation donations from its members and then send them in from time to time. Did you know it is simple to send in your own donations? Get on the internet and go to Rotary.org. There is an orange button at the top right labeled GIVE. Clicking on that button will take you to the page with options to help the world. I would suggest you give to Annual Fund and Share, but you have many other options. Just follow the prompts use your credit card to make your donation.

Should you want to donate by check, which is easy as well? Go to Rotary.org and click on MyRotary. Then under the heading Manage/Club & District Administration/Club Administration. Scroll down to Club Giving/Online/individual contribution form. That will show you a populated form with all your information on it. Just print it out, check the box Check enclosed payable to the Rotary Foundation, check the Annual Program Fund (or another choice), check number and mail it to address on page two, The Rotary Foundation, 14280 Collections, Center Drive, Chicago, IL 60693.

Better yet, enroll in Rotary Direct, monthly, quarterly or annually!

Vic Slaughter  
Chair, D5190 Rotary Foundation



## THE POWER OF TEAMWORK

### BISHOP CLUBS PARTNER WITH MAMMOTH MEDICAL MISSIONS, INC. ON VOCATIONAL TRAINING TEAM GRANT PROJECT

In May 2015, the Rotary Clubs of Bishop Sunrise and Bishop, along with the Rotary Clubs of Oriente de Tuxtla Gutiérrez and San Cristóbal de las Casas in Chiapas, sponsored a Vocational Training Team (VTT) consisting of physicians and nurses from Mammoth Medical Missions, Inc. that traveled to Chiapas, Mexico. The VTT was funded in large part by the Rotary Foundation, including very generous support from District 5190's District Designated Funds.



The VTT provided intensive, practical austere medicine skills-training for local health care providers in the remote highlands of Chiapas, one of the poorest and most disaster-vulnerable regions in Mexico. Austere medicine is the practice of medicine in challenging, resource-constrained environments with minimal or no infrastructure, such as in remote or wilderness areas, in rural areas of developing countries, in war, or in the wake of widespread disaster or mass casualty events. The goal of the austere medicine training team is to 'train the trainers,' thus to improve the scope and efficacy of care provided to the indigenous

population of the region in an ongoing manner. Specialties to be addressed include rural obstetrics, austere emergency room skills, mass casualty and disaster medicine.

Bishop Sunrise Rotarian Ramona Delmas (and current Area 13 Assistant Governor) lead the team and assisted in the training and health care. In December 2014, four Rotarians from both Bishop Clubs traveled to Chiapas to meet with local Rotarians and government officials and to review community needs. Health care providers from Chiapas will be coming to Bishop in January 2015, for follow-up training and experience in U.S. hospital care.




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**“This effort shows how effective even small clubs can be when they partner with other non-profits and the Rotary Foundation to provide critical health services”, said AG Ramona. “All you have to do is try.”**

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Tom Hardy  
Past District Governor



## POLIO THIS WEEK

As of 30 September 2015




	WPV	cVDPV
Year-to-date 2105:	44	13
Year-to-date 2014:	208	36
Total in 2014:	359	55

WPV = Wild poliovirus

cVDPV = Circulating vaccine-derived poliovirus

[Read more](#) about the World Health Organization announcing that Nigeria is no longer polio endemic.

## BREAKING NEWS

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 The Ethics Leadership Enterprise for Rotary Clubs and Districts is a non-profit organization, more simply known as The Ethics Initiative.
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 The Ethics Initiative Board is organizing a Rotarian Action Group titled “Rotarians for Integrity Initiative. To learn more visit <http://www.ethicsinitiative.org>
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 An updated “living the Four-Way Test Manual” is available in hard copy binders for \$50 plus \$15 shipping. To order your own copy email [Chuck Barnes](mailto:ChuckBarnes).

## TEAM ROSTER: August 2015

	Official Start Number	Current # Members	Attendance	Annual Giving YTD	Restricted Giving YTD
Alturas	27	29	77.00%	\$723	
Alturas Sunrise	29	NR	NR	\$674	\$0
Amador Upcountry	20	21	77.34%	\$25	\$0
Auburn	112	114	93.10%	\$5,125	\$2,100
Auburn Daybreak	12	11	86.84%	\$1,101	\$0
Auburn Gold Country	37	39	80.58%	\$1,910	\$1,500
Auburn Sunset	24	NR	NR	\$0	\$0
Bishop	33	35	46.48%	\$905	\$130
Bishop Sunrise	27	27	50.93%	\$170	\$100
Cameron Park	59	59	NR	\$1,815	\$890
Carson City	68	70	63.64%	\$4,590	\$0
Carson City - Sunset	16	16	49.26%	\$170	\$100
Chester	21	18	71.00%	\$0	\$0
Elko	74	73	52.21%	\$2,306	\$235
Elko Desert Sunrise	32	33	53.79%	\$2,210	\$685
Ely	30	30	51.00%	\$0	\$0
Fallon	45	43	60.84%	\$325	\$0
Fernley	27	28	74.07%	\$110	\$0
Georgetown Divide	35	32	51.67%	\$70	\$0
Grass Valley	63	62	78.30%	\$1,170	\$50
Grass Valley South	19	21	NR	\$0	\$0
Greenville	7	7	NR	\$340	\$0
Incline Village	30	30	NR	\$0	\$0
Ione	30	28	70.00%	\$1,200	\$0
Jackson	63	60	84.73%	\$1,930	\$100
Loyalton	20	20	88.00%	\$645	\$151
Mammoth Lakes Noon	47	50	65.56%	\$100	\$0
Mammoth Lakes Sunrise	12	12	80.00%	\$0	\$0
Minden	32	32	81.25%	\$820	\$250
Nevada City	38	40	75.00%	\$130	\$30
Nevada City 49 Breakfast	90	91	83.70%	\$1,500	\$0
Penn Valley	31	32	73.02%	\$3,105	\$1,100
Placerville	35	35	NR	\$0	\$0
Plymouth-Foothills	35	39	79.00%	\$497	\$0
Pollock Pines-Camino	17	17	NR	\$45	\$0
Portola	22	22	NR	\$120	\$0
Quincy CA	47	46	86.98%	\$300	\$300
Reno	192	193	53.47%	\$6,160	\$160
Reno Centennial Sunset	28	33	81.03%	\$250	\$170
Reno Central	74	73	NR	\$2,454	\$50
Reno Midtown	23	23	NR	\$25	\$0
Reno South	56	58	75.01%	\$3,244	\$230
Reno Sunrise	47	49	70.21%	\$2,249	\$900
Smith Valley	32	34	NR	\$1,128	\$100
South Lake Tahoe	42	40	40.58%	\$370	\$0
Sparks	121	118	90.04%	\$5,936	\$3,763
Sparks Centennial Sunrise	33	33	69.70%	\$6,112	\$200
Surprise Valley	17	17	74.00%	\$0	\$400
Susanville	60	60	80.00%	\$0	\$60
Susanville Sunrise	32	31	63.71%	\$4,110	\$0
Tahoe City	35	38	NR	\$310	\$0
Tahoe-Douglas	76	76	NR	\$250	\$0
Tahoe-Incline	45	45	NR	\$1,750	\$3,290
Tonopah	16	16	59.37%	\$50	\$0
Truckee	83	83	NR	\$3,288	\$0
Truckee Sunrise	17	16	62.50%	\$0	\$0
Westwood-Lake Almanor	16	13	NR	\$0	\$0
Winnemucca	40	40	40.76%	\$731	\$10
Yerington	55	53	67.94%	\$1,500	\$0
<b>TOTALS</b>	<b>2506</b>	<b>2464</b>		<b>\$74,048</b>	<b>\$17,054</b>
NR - No Attendance Report Filed Last Known Member count used					

Phil Mahoney  
Secretary, District 5190



## LET'S PLAY BALL

On Sunday, August 30, about 100 Rotarians, spouses, family and friends attended the 5th Annual District 5190 Rotary Day at the Aces park in Reno. PDG Joe and Cheryl Z graciously checked in Rotarians outside of the park. Each \$20 ticket sale resulted in \$4 donated to Polio Plus, generating nearly \$400 for that worthy cause.



Our Rotary table on the mezzanine sported Polio Plus posters and brochures, and Area 8 Rotary Club brochures. The

table was primarily staffed by Area 3 AG Jim O'Brien and his lovely wife, Fi. They sold about \$150 worth of tickets. Tickets were drawn every 30 minutes for Polio Plus water bottles, and other prizes. In addition, the Aces management donated an autographed baseball

which was raffled off at the beginning of the 9th inning. The grand prize winner, fittingly, was one of only three people who returned to the table at the beginning of the 9th inning. She and her daughter were jumping up and down with excitement when her ticket was drawn by another young man who had returned to the table multiple times in hopes of winning. He received a consolation prize of a 4 Way Test bracelet.

The day was warm and most Rotarians had seats in the shade, thanks to great negotiating by Cheryl Z. Many thanks to all who participated in a very fun day.

Gail "Virus" Ellingwood  
District Governor, Rotary District 5190



### Rotary Officers 2015-16

#### Rotary International

President: K.R. "Ravi" Ravindran  
President-elect: John F. Germ  
Vice President: Greg E. Podd  
Treasurer: Per Hoyen  
Director Zones 25/26: Bradford R. Howard

#### Rotary District 5190 Advisory Board

District Governor: Gail "Virus" Ellingwood  
Immediate Past President: Joe Zarachoff  
District Governor Elect: John Sullivan  
District Treasurer: Cheryl Zarachoff  
District Secretary: Phil Mahoney  
District Administration: Wyn Spiller  
Service: Lindy Beatie  
Foundation: Vic Slaughter  
Membership: Sam Wilbanks  
Youth Service: Bill Boon  
Club Administration: Larry Harvey  
Technology: Oliver Grosz  
Public Image: Dave Zybert

#### Non-Voting Advisory Board Members

District Governor Nominee: Doug Mc Donald  
District Governor Nominee Designate: TBD  
District Conference Chairs: Dick and Carol Hatch  
District Executive Assistant: Ginny Lewis

#### Assistant Governors

Area 1: Fred Autenrieb  
Area 2: Ralph Taylor  
Area 3: Jim O'Brien  
Area 4: Dennis Geare  
Area 5: Jim Greenlee  
Area 6: Donna Mullens  
Area 7: Roberta Pickett  
Area 8: Joel Muller / Tina Spencer  
Area 9: Bob Conner  
Area 10: Mel Foremaster  
Area 11: Anita Franzoia  
Area 12: Edie Asrow  
Area 13: Ramona Delmas

The Rotary District 5190 newsletter is published monthly by District Governor Gail "Virus" Ellingwood. Submit stories and photographs (300 dpi resolution digital images only) to Editor Elizabeth Cavasso at [ecavasso@gmail.com](mailto:ecavasso@gmail.com) by the 20th of the month.